

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SUPPORTING THE CUMBERLAND TRAIL



Jan 1 – New Year’s Day Hike and Potluck Feast Edgar Evins State Park Silver Point Between Smithville and Cookeville

ALL TTA CHAPTERS AND MEMBERS ARE INVITED TO THE NEW YEAR’S DAY 1ST HIKE AND POTLUCK FEAST AT EDGAR EVINS STATE PARK.

Meet at 10:00 am CT in the marina parking lot next to the covered picnic shelters to sign in, drop off food, and a group picture. Then we’ll carpool to the trail head for an easy to moderate hike of 2.5 miles before returning to a blazing fire, hot beverages and a hearty lunch.

Bring a prepared dish to share of foods you would normally enjoy New Year’s Day. Disposable plates, cups and utensils will be furnished by Friends of Edgar Evins State Park. There are electrical outlets. After the meal those who wish to hike more may do the easy to moderate 2 mile Highland Rim Nature Trail next to the Visitors Center.

As in past years you may contact Fount or Anna Bertram, abertram@dtccom.net or 615-765-5357 for information although this year they will not be able to attend. Because they will not be present, we are inviting TTA members to jump in and help setup and take down. Please let Anna know if you are willing and able to report an hour early to help the Park Ranger set up.

PRESIDENT’S CORNER

2019 has been a great year to venture onto Tennessee’s scenic countryside. Even though it’s a cold month December woods are no exception so embrace the cold and spend your winter outside having fun. Enjoy the quiet of God’s scenic view - rock formations, mushrooms, trees with outstretched arms reaching toward the sky, and shelf lichen colonizing. Slow your pace, discover more of yourself, use your imagination, what memories or secrets have you forgotten and write your own story. These times will solidify your relationship and give you an appreciation of the outdoors and nature. Also, be prepared with the right gear, clothing, attitude and stay hydrated. Also, try to time your hike when the sun is warmest and highest in the sky and wear a hat to prevent heat loss through the top of your head.

The next time you head out on your next adventure, read motivational quotes to get you inspired and remind you how wonderful it is to explore this incredible world in which we live. Whether you are young or old, there is a trail out there that is perfect for you.

A few of my favorites:

“You’re off to great places, today is your day. Your mountain is waiting, so get on your way.” - Dr. Seuss

“A walk in nature walks the soul back home.” Mary Davis

“Nature is not a place to visit. It is home.” Gary Snyder

Keep on hiking!

Mary Etta Ward



Office Location: 409 Thurman Avenue, Ste 102
 Crossville, TN 38555
Office Hours: Tuesday – Friday
 10 am – 3 pm CT
Phone: 931-456-6259
Office Staff: Teresa Kemmer
Email: ctcoffice2014@gmail.com
Website: www.cumberlandtrail.org

IN MEMORIAM

Tony Hook, former CTC Trail Manager, passed away on Sunday, September 29, 2019 after a long bout with cancer. He was 56.

Tony started with the CTC in the mid 1990's as a volunteer. Later he gave up his career manufacturing process engineering to become full time Trail Manager for the CTC, a position he held until 2014.

Known for his passion and focus on making the Cumberland Trail a premiere hiking experience, Tony brought his organizing talents to bear, expanding the yearly BreakAway program and successfully bring numerous construction grants to the Cumberland Trail. Tony devoted so much of his energy to the trail – far beyond what was required for the job. This included projects that required multiple over nights on the trail because the build site was so far from a trailhead.

Many CTC volunteers learned much more than the basics of trail construction from Tony. Those who were privileged to work with him learned how to approach technical construction problems with new eyes and see possibilities where none were apparent

The Cumberland Trail is a better place for his work, passion and technical skill. Trail building is a way to leave a lasting legacy – Tony Hook has left a legacy all hikers should celebrate.

Planning ahead:

The Alternative Spring Break (ASB) 2020, otherwise known as Breakaway, will be March - early April 2020. The work will be in Bledsoe, Cumberland and Rhea counties with food and lodging provided.

More details will follow, but if you are interested in volunteering to work with college students to complete the Cumberland Trail, please contact the CTC office and put your name on the list of volunteers.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Philip Anderson 931-561-0925
clarksville@tennesseetrails.org
VICE-CHAIR/BOARD REP: Paul Schwab 931-801-9484
clarksville@tennesseetrails.org
TREASURER: Mary Schwab 931-645-9068
clarksvilletreas@tennesseetrails.org
SECRETARY: Mary Ann Harris 931-647-9321
clarkvillesecy@tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-801-9484
clarkvillehikes@tennesseetrails.org
(call Paul & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
 Crow Community Center, 211 Richview Rd.

Dec 7 - Nashville Urban Hike. 4 miles. Easy to moderate. Start at Bicentennial Capitol Mall and hike along the Downtown Cumberland Greenway, cross John Seigenthaler Pedestrian Bridge where there is a restroom. We will return to the mall through city streets and eat lunch at the Farmers Market. Paul Schwab 931-801-9484. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 39 miles to trailhead.

Dec 14 - Dunbar Cave SP, Recovery Trail and prairie. 2.5 miles. Moderate. Cinde Jones 870-215-8993. Meet 9:00 am CT at the picnic table next to the parking lot.

Dec 17 - Christmas Party. 6:00 pm CT. Crow Community Center, 211 Richview Rd, Clarksville. Philip Anderson 931-561-0925.

Dec 21 - Clarksville Greenway hike from McGregor Park Pavilion out-and-back to where the Greenway will cross the Red River. 2.8 miles. Easy. Eat after the hike at Wendy's on Riverside Drive. Paul Schwab 931-801-9484. Meet 9:00 am CT at McGregor Park Pavilion on Riverside Drive.

Dec 28 - LBL Pickett Loop area. 3.6 miles. Moderate. Paul Schwab 931-801-9484. Meet 8:00 am CT at Dover Crossing Kroger park lot. 45 miles to trailhead.

Dec 31 - New Year's Eve Hike. We will hike from McGregor Park Pavilion through downtown Clarksville. 3.5 miles. Moderate. After the hike we will meet at the Blackhorse Pub and Brewery for a New Year's Eve Toast. Lionel Senseney 931-551-6738. Meet 7:00 pm CT, McGregor Park Pavilion on Riverside Drive.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CO-CHAIR: Jane Coffey 615-516-6551
columbia@tennesseetrails.org

CHAPTER CO-CHAIR/BOARD REP:
Marvin Caine 931-486-1632
columbia@tennesseetrails.org

HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org

MEETS QUARTERLY: Meets quarterly at the Barnabas Center at
506 Fair Street, Franklin, TN 37064. The Barnabas
Center is located behind St. Paul's Episcopal Church.
Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

Please check the TTA website for updates on our hikes.

Dec 3 – Quarterly Chapter Meeting. The Barnabas Center is located at 506 Fair Street, Franklin, TN 37064, which is behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting starts at 7:00 pm. Be prepared to share your choices for winter hikes and activities. For our program Libby Francis and friends from the Nashville Chapter journey to Anchorage, Alaska, Denali National Park and the Kenai Peninsula of Alaska. NOT a cruise, but a two week journey by bush plane, rental car, Catamaran tour boat, school bus and train to see amazing mountains, glaciers, animals, migrating birds, quaint Russian Churches, scenic fishing villages, homesteads and Native American culture. It will be an exciting way to spend the evening. Marvin Caine: *mlcaine@aol.com* or Jane Coffey: *jecoffey0644@gmail.com*.

Dec 7 - Warner Park Access Trail, 2.5 miles. Moderate to strenuous (some rather steep inclines). Harpeth Woods Trail is a 2.5 mile heavily trafficked loop trail located near Nashville, TN that offers the chance to see wildlife and is rated as moderate. The trail offers a number of activity options and is accessible year-round. Hike leader is Jane Coffey. We will meet at Tollgate Medical Center at 8 am and carpool to Edwin Warner Park. If you want to meet at the trailhead, contact the hike leader and plan to be there around 8:45 am. Jane Coffey: *jecoffey0644@gmail.com* or 615-516-6551.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
easttennessee@tennesseetrails.org

WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Dec 1 - Join us for a celebration for a successful 2019 hiking year. We'll start by meeting at Victor Ashe Park off Pleasant Ridge Road at 2:00 pm for chili and fixins. Next we'll plan our 2020 hikes. Be sure to bring your favorite hikes to put on our schedule. As usual "nothing is set in stone", just come with your great ideas and we'll do the rest. Last but not least, we'll take a 2 mile walk past little creeks, some small farm animals and very nice residential areas. Any questions, call Rosie 865-985-9144 or email *rosemary_1@hotmail.com*.

Dec 14 - Western perimeter-Whaley-Will Skelton Trails Knoxville Urban Wilderness. 5 to 6 miles. Easy. This hike is mostly through the woods, with rolling hills, none very steep. About 2 miles will be along the French Broad River with good views. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other appropriate clothing, a snack, a drink and a camera. We will meet in the Central Baptist Church of Bearden parking lot for car-pooling and leave at 9:00 am. If you prefer to meet us at 9:30 am at the trailhead located at the parking lot at the end of McClure Lane. McClure Lane is on the left just after you pass the parking lot for Meads Quarry. Don't forget to bring \$\$\$ for carpooling. After the hike plan on stopping on the way back for a meal and refreshments, perhaps at Calhoun's or somewhere in South Knoxville. For specific information, please call Tom at 865-588-5622 or send an email to *cressler@utk.edu*.

REMINDER

Many chapters elect new officers, board representatives and hike coordinators in January.

Please check your chapter masthead this month. If there are updates needed, please include that information with your next chapter submission so that your chapter contact information can be updated.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Tom Bentley 931-455-5849

highlandrim@tennesseetrails.org

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666

highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER

CONTACT: Joan Hartvigsen 931-962-0811

highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W.

Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Dec 7 – South Rim Trail and Savage Falls. Savage Gulf State Natural Area, 3157 TN Hwy 399, Palmer, TN. 10 miles round trip. Flat. Good tread. Moderate. We will visit beautiful Savage Falls and then continue on the South Rim Trail to enjoy several outstanding gulf views. Please bring water, snacks, lunch, head lamp, hiking sticks. Wear sturdy hiking boots. Contact Joan Hartvigsen at jhartvigs@comcast.net or 931-962-0811.

Dec 14 – Hike to Piney Point on the Sewanee Perimeter Trail. 2 miles. Easy. Piney Point is a striking promontory that offers sweeping views out over Shakerag Hollow and Roark's Cove. Meet at Marcia Medford's house, 112 Midway Road, Sewanee, TN at 3 pm CT before our Chapter Christmas Party. Bring water, hiking sticks and a head lamp. Contact Joan Hartvigsen, jhartvigs@comcast.net or 931-962-0811.

Dec 14 – Chapter Christmas Party. Gather at Marcia Medford's house, 112 Midway Road, Sewanee TN at 5 pm CT after our hike to Piney Point. Bring a wrapped gift valued about \$10 if you wish to participate in a gift exchange. Tom Hartvigsen will bring baked ham. Please contact Marcia Medford concerning what food you plan to bring so she can coordinate our menu. Marcia's email is marciamedford@yahoo.com, or phone 931-598-5331.

Dec 21 – Sewanee Perimeter Trail, The University of the South, Sewanee, TN. 9 miles. Moderate to difficult because of distance, rocky areas and elevation change. Joint hike with the Nashville Chapter. We will begin at Green's View and hike counterclockwise to a nice overlook before walking across the plateau on a forest road that passes by the Equestrian Center. On the other side of the plateau we will hike down to Bridal Veil Falls and then across to the Memorial Cross. From there we will walk across the University campus back to Green's View. Please bring water, snacks, lunch, hiking sticks, head lamp and sturdy hiking boots. Please contact Marietta Poteet at nannietta@blomand.net or 931-924-7666 for more information.

Highland Rim Chapter – con't.

Planning Ahead:

Jan 1 - New Year's Day Hike and Potluck Feast. Edgar Evins State Park, Silver Point, TN. Between Smithville and Cookville. All TTA Chapters, members and friends are invited. Meet at 10:00 am CT at the marina parking lot near the covered picnic shelter to sign in, drop off food and group photo. We will then carpool to the trailhead for a 2.5 mile hike on the Millennium Trail, rated easy to moderate. After the hike we will return to a blazing fire, hot beverages and a hearty lunch. Bring a prepared dish to share. The Friends of Edgar Evins State Park will provide the paper plates, cups and utensils. There are electric outlets. After our meal we will hike the Highland Rim Nature Trail next to the Visitor Center. This trail is a 2 mile loop rated easy to moderate. Please contact Joan Hartvigsen for carpool information and information on the event. You will need hiking sticks, hiking boots, warm clothing and water for the hikes. Joan's email is jhartvigs@comcast.net, phone is 931-962-0811.

GO GREENER

You may have noticed a change to the membership form on the last page of the newsletter. In an effort to be more environmentally friendly and reduce our printing and mailing costs, we will be transitioning to e-mail as the default setting for our monthly newsletter. This will happen on your renewal date. You will have the opportunity to stay with a monthly hard copy.

The benefit to you? You'll receive your newsletter earlier in the month so you'll be able to plan for upcoming hikes and events.

You don't need to wait until your renewal date. If you'd like to switch over to an e-mailed newsletter now, please contact Cheryl Heckler at membership@tennesseetrails.org and please include your email address.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293
jackson@tennesseetrails.org

TREASURER: Anne Goodson 731-664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Terry McCoy 731-535-0625
jacksonsecy@tennesseetrails.org

HIKE & FACEBOOK COORDINATOR:
Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Panera Bread, Vann Dr.,
Jackson. Dinner 6:00 pm CT; Meeting 6:45 pm

Dec 2 - Monthly meeting.

Dec 14 - Harbortown Christmas Lights, Memphis. 3 miles. Meet at The Peabody Hotel lobby at 5 pm. We will walk across the bridge to Harbortown and view the Christmas lights. Eat dessert along the way or when we return to the Peabody Hotel. Wear comfortable clothes and shoes. Please let Terry Warren know if you plan to attend at 731-535-0625 or at *terrymccoy832@yahoo.com*.

Planning Ahead:

Jan 6 - Monthly meeting.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 662-701-6284
memphisvice@tennesseetrails.org

Dec 5 - Chapter Christmas Party and Potluck. Katie and Mike Gecewich will be hosting our annual party at Oaks at Woodchase Clubhouse, 1680 W Southfield Circle, Cordova. BYOB and your favorite festive dish to share with the group. The club will supply ham. Socializing begins around 5:00 pm with dinner at 6:30 pm. We will supply plates, glasses, and eating utensils. If you would like to participate in the gift exchange, bring a \$10 gift. RSVP by December 2 *kgecewich@yahoo.com* or call 901-567-4904 or 712-251-7163.

Dec 7 - Tour de Wolf Trail, Shelby Farms. 6 miles. Easy. Meet at 9:00 am in the parking lot across from the Woodland Discovery Playground just north of the Visitor's Center. Trail is not paved so wear sturdy shoes or boots. Bring water and snacks. Rain will cancel the hike. For information contact Katie 712-251-7163.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Tony Jones 615-397-4463
murfreesoroblog@tennesseetrails.org

TREASURER/BOARD REP: Sara Pollard 615-714-3610
murfreesoroblog@tennesseetrails.org

MEMBERSHIP COORDINATOR: Jennifer Zahn 615-943-8853
murfreesoroblog@tennesseetrails.org

BLOGMASTER Craig McBride 615-394-6121
murfreesoroblog@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

BLOG: *www.tennesseetrails.org/blog/murfreesboro*

Dec 10 - Chapter Meeting. 6:00 pm. NOTE TIME CHANGE. Barfield Crescent Park Wilderness Station. This is our annual Christmas celebration. Please bring your family and a covered dish or dessert to share for our Christmas dinner. Chapter will provide utensils, plates, napkins and beverages. Please RSVP to Tony Jones at 615-397-4463 or *tonjon1968@gmail.com*.

Planning Ahead:

Jan 1 - New Year's Day Hike and Potluck Feast. Edgar Evins State Park, Silver Point, TN. Between Smithville and Cookeville. All TTA Chapters, members and friends are invited. Meet at 10:00 am CT at the marina parking lot near the covered picnic shelter to sign in, drop off food and group photo. We will then carpool to the trailhead for a 2.5 mile hike on the Millennium Trail, rated easy to moderate. After the hike we will return to a blazing fire, hot beverages and a hearty lunch. Bring a prepared dish to share. The Friends of Edgar Evins State Park will provide the paper plates, cups and utensils. There are electric outlets. After our meal we will hike the Highland Rim Nature Trail next to the Visitor Center. This trail is a 2 mile loop rated easy to moderate. Please contact Sara Pollard at 615-714-3610 or *sarapollard@gmail.com* for carpool information and information on the event. You will need hiking sticks, hiking boots, warm clothing and water for the hikes.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI
Community Room, 261 Franklin Road, Brentwood. For
directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Dec. 7 - Gift wrap fund raiser at REI. Brentwood TN.

2019 will be the eighteenth year we have been invited to wrap customer gifts at REI in exchange for donations. We will be wrapping gifts on from 10:00 to 6:00. We need volunteers for 2 hour shifts to both wrap gifts and talk about TTA. The donations we receive are used to help with the completion of the Cumberland Trail. So come join us for this fundraiser and volunteer for a 2 hour shift. To volunteer contact Amy Sutton at 615 739-5858 or at amy109@gmail.com.

Dec 14 - Lakes of Bowie Loop, Bowie Nature Park, Fairview, TN. 2.2 mile loop. Easy. Joint Nashville Chapter and Columbia/Franklin Chapter hike. This is a water and wildlife lover's walk that meanders by small lakes, beneath tall pines, and through quiet hollows. Keep your eyes open as you walk along the edges of the lakes and edges where field and forest meet. There are additional trails, if you need to stretch your legs some more. We will visit the Bowie Park Nature Center following the hike. Wear sturdy hiking shoes. Christmas sweaters optional!! Plan on joining us for lunch following the hike at a Fairview restaurant. Contact Libby Francis at libbylibbys@comcast.net or text/call, 615-319-7501 for meeting time and carpool options.

Dec.14 - Nashville Chapter HOLIDAY PARTY. We'll start festivities at 6 pm CT at the home of Wendy and Frank Fish, 6532 Cornwall Ct., Nashville TN 37205, in the West Meade area of Nashville. For directions, contact Wendy Fish, 4fishies@comcast.net. Bring a dish to share and BYOB. Bring a friend too! Our party takes the place of the monthly chapter meeting for December. We'll be back at REI in January.

Nashville Chapter – con't.

Dec. 21 - Sewanee Perimeter Loop, Sewanee, TN: 9 miles: Moderate to Difficult (due to distance and elevation changes). We will start at Greens View and hike counter-clockwise to a nice overlook before walking across the plateau on a forest road that passes by the equestrian center. On the other side of the plateau, we'll hike down to Bridalveil Falls and then across to the War Memorial at University View. From there, we walk across the University campus back to the start. Bring lunch/snacks, water, good hiking boots, and clothing appropriate to the weather. Option: Shenanagin's for post-hike nourishment. Contact Doug Burroughs at doughburroughs@tennessee.usa.com or 615-587-0085 (please leave a message) for more information and to register. Meeting Place: Conn's HomePlus (formerly Target): 5330 Cane Ridge Road, Antioch TN 37013. Be sure to register in case the schedule has to be changed. Meeting Time: 7:00 am. Should be at trailhead around 9:30 am

Dec 29 - Stones River Greenway post-holiday hike. This is a chance to work off some of those holiday culinary indulgences. We'll cover up to 8 miles of mostly easy terrain from Percy Priest to Wave Country. This will involve shuttling, and folks can choose shorter lengths using alternate trailheads as end points. A number of us will likely grab lunch afterwards. Please register and coordinate with Mark Hubbard at mark.hubbard@mhub.us or 615-715-1517.

2020 TTA Board of Directors Meetings

Saturday, Feb 8: 11 AM	Hermitage Library 3700 James Kay Lane Hermitage
Saturday, May 2: 11 AM	Hermitage Library 3700 James Kay Lane Hermitage
Saturday, Aug 1: 11 AM	Hermitage Library 3700 James Kay Lane Hermitage
Sunday, Oct 25	Time and Location to be announced.

PLATEAU CHAPTER (Crossville)

CHAPTER CO-CHAIRS: Bruce Whitehead 941-716-3620
plateau@tennesseetrails.org
TREASURER: Gena Whitehead 941-716-3620
plateautreas@tennesseetrails.org
MEETS MONTHLY: 2nd Thursday at 6:00 pm CT
BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to register for any of our hikes (unless otherwise noted), contact the hike coordinator, Deb Westervelt, via email plateauhikes@tennesseetrails.org or text/call 931-267-2243. For a list of monthly hikes, visit the Plateau Chapter blog. **Check the blog one hour prior to hike time for cancellation or for any other updates/changes to our schedule before hiking.**

Dec 4 - Frozen Head State Park, Bird Mountain, Wartburg, TN. We'll hike 7.6 moderate sometimes strenuous miles with 1000' elevation change making a loop on Lookout Tower West, North Bird Mountain and Bird Mountain Trails.
<https://tnstateparks.com/assets/pdf/additional-content/park-maps/09-frozen-head.jpg>. Depart 8 am CT from the Crossville Outlet Mall west parking lot. Carpool cost is \$6. Pack water, snacks and lunch.

Dec 5 - Christmas Party at the Fairfield Glade Library building on Lakewood Dr at 4 pm. Bring a dish to share plus a \$15 nice gift for the non-mandatory Dirty Santa gift exchange. BYOB.

Dec 11 - Reflection Riding Arboretum and Nature Center. We'll walk around the nature center home to the red wolf then a 4 mi moderate loop hike of the Kiddie, Skyuka, Gum Spring, Bluff, Rifle Pit, Upper Truck trails. Carpool cost \$8. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. Depart at 8 am from Trinity Tabernacle on HY127 South.

Dec 14 - Little Cedar Mountain Trail, Rankin Cove, TN. This is a 5 mile figure 8 hike rated moderate with a 400 ft elevation change along the Tennessee River. Carpool cost \$8. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch. Depart at 8 am from Trinity Tabernacle on HY127 South.

Dec 18 - J Percy Priest Lake, Nashville, TN, Bryant Grove Trail. We'll hike along the lake. Short Hike - 4 moderate miles one way. Long Hike - 8 moderate miles in/out. Depart 8 am CT from the Crossville Cracker Barrel SW parking lot. Carpool cost is \$8. Pack water, snacks and lunch.

Dec 21 - Rockwood Forest, Rockwood, TN, Rockwood Forest Loop and Sevens Mounds Trails. 7.2 miles. Moderate. Depart at 8 am from Dorton United Methodist Church 1 mile East of Peavine on Hwy 70E. Carpool cost is \$3. Don't forget tick/bug spray and sunscreen. Pack water, snacks and lunch.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: Jean Smith 423-596-7681
soddydaisy@tennesseetrails.org
TREASURER: Robertson (Bob) McGavock 423-667-2960
soddydaisytreas@tennesseetrails.org
HIKE COORDINATOR: Patricia Appleton 423-332-6517
soddydaisyhikes@tennesseetrails.org

MEETS QUARTERLY: Tuesday of the week following the TTA Board Meetings in Feb, May, Aug and Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Dec 3 - Raccoon Mountain east rim overlook to switchyard and back. Easy to moderate. 4.5 miles. Meet at Food City in Red Bank at 8:30. Hike leader - Earl Helmer, 770-877-0600.

Dec 7 - Lookout Mountain hike from the Garden Road Parking area to Jackson Gap and return. 9.1 miles. Moderately strenuous. We will meet at the parking lot at Browns Ferry at 8:30a m. Take a right and go past the La Quinta Inn to the large parking lot (on the left), near the drug store. Hike Leader - Tammy Hendrick, 315-949-8187.

Dec 10 - Hike near Sewanee. 4 to 5 miles. Meet at the parking lot behind La Quinta at Browns Ferry Rd. at 8:30 am. Hike Leaders Roy and Marti Owensby, 423-386-5222 or 423-309-0579.

Dec 14 - Oswald Dome Trail from the Quinn Springs Trailhead (Hiwassee River) to the Bean Mountain Lookout and return. 7.6 miles. Moderately strenuous. Meet at Food City at Ooltewah at 8:30 am. John Politte, 423-304-8327.

Dec 17 - Turtletown Falls. 3 to 4 mile loop trail. Easy to moderate. We'll see 2 waterfalls, one a gorgeous double waterfall in the Cherokee National Forest. There is some elevation gain. The trail is located just north of Ducktown on the far side of the Ocoee Gorge. Meet at Food City in Ooltewah at 8:30 am. Hike leader, Sue Christensen and Gloria Nelson 423-645-9008

Dec 28 - In-and-out hike to the Small Wilds Campsite and return to the trailhead via the Climber's Loop. 5.5 miles. Moderate. Meet at the Red Bank Food City at 830 am. Tom McElhone.

SUMNER TRAILS CHAPTER

CHAPTER CHAIR: Marcia Powell 217-855-3013
sumner@tennesseetrails.org
CHAPTER CO-CHAIR: Jenny Fitzgerald 615-517-8185
sumner@tennesseetrails.org
TREASURER: John Jones 615-533-0127
summertreas@tennesseetrails.org
CHAPTER BOARD REP: Duane Frichtl 309-830-9720
sumner@tennesseetrails.org

Dec 17 - Bledsoe Creek State Park, High Ridge and Shoreline Trails Loop. 2.4 miles. Easy to Moderate. 9:30 am. We will start and end at the Visitor Center/Park Office, 400 Ziegler Fort, Gallatin, TN. Trail surface includes gravel, dirt, rocks and steep stairs. Recommend water, hiking shoes and poles. For questions contact Bob Dudney 615-415-7115, *rdudney@yahoo.com*.

Dec 21 - White House Greenway. 3 miles. Easy. Join us for an easy out and back Winter Solstice Hike on the paved and mostly level White House Greenway along Honey Run Creek from the Tyree Springs trailhead at White House High School parking lot, 508 Tyree Springs Rd. (New Shackle Island Road) to the Veterans Memorial trailhead. We will meet at the Kroger parking lot at Glenbrook Shopping Center, 1010 Glenbrook Way, Hendersonville for carpooling at 10:00 am or at the high school at 10:30. After the hike we will have lunch at the Colorado Grill Steakhouse, 2747 Hwy. 31 W in White House, about 1 mile from the trailhead. For more information or questions, contact John Thomas at *Johndt@sbcglobal.net*, 925-759-0517 or Donna Thomas at *donnamt2@sbcglobal.net*, 925-759-0518.

Dec 28 - Holiday Tromp Hendersonville Greenway. 3 miles. Easy. This will be a one-way walk starting on Stop 30 Road, connecting with the Hendersonville Greenway, then connecting with the Drakes Creek Greenway ending up at the ball fields. Meet at St. Timothy Lutheran Church, 650 East Main Street in Hendersonville at 10 am. We will leave a car at the end of the walk to take the drivers back to St. Tim's. After the walk we will go to lunch at a local restaurant. For further information contact St. Owl at *ballallenger@aol.com* or call/text 615-454-7673.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Cynthia Karrington 931-303-3409
uppercumberland@tennesseetrails.org
HIKE COORDINATOR: Cathy Moran 931-544-2764
uppercumberlandhikes@tennesseetrails.org

Dec 7 - Cloudland Canyon, Rising Fawn, GA. There are spectacular views of Cloudland Canyon as well as Trenton, Ga. and neighboring Sand Mountain. We will hike on the Waterfalls trail down over 500 steps to 60 ft. Cherokee Falls and 90 ft. Hemlock Falls. Weather permitting, we will then hike the Rim Trail (4.8 mi.) and if visibility is bad we will hike Sitton's Gulch Trail, which follows Daniel Creek. Either way we go it will be about 7 miles or less. The hike is moderate to strenuous because of the number of steps up and down. We can meet at 7:30 am CT in the Penny's parking lot in Cookeville, or at the U.S. Bank across from McDonalds in Sparta at 8:00 am. Trailhead in GA Between 10:00 am and 10:20 am CT. Wear sturdy hiking boots and bring snacks, water and lunch. After the hike, we will stop in Chattanooga, TN. for dinner. To register contact Pete Broehl at 931-738-3551 or *pabroehl@blomand.net*.

Dec 14 - Annual Christmas party. We will hike locally and meet for early afternoon lunch (between 2 and 3) to a local restaurant. Watch for updated information on state calendar and email. All are welcome.

OFFICERS:

President

Mary Etta Ward 931-581-9906
president@tennesseetrails.org

Vice-President

Linda Latter 615-419-4845
vicepresident@tennesseetrails.org

Treasurer

David Bowling 931-273-4202
treasurer@tennesseetrails.org

Secretary

Melinda Pearson 731-225-4293
secretary@tennesseetrails.org

At-large Directors (terms expiring listed after name)

Mary Etta Ward (2021) 931-581-9906
president@tennesseetrails.org

Libby Francis (2021) 615-889-5718
board@tennesseetrails.org

David Bowling (2021) 931-273-4202
treasurer@tennesseetrails.org

Mark Hubbard (2022) 615-715-1517
board@tennesseetrails.org

Melinda Pearson (2022) 731-225-4293
secretary@tennesseetrails.org

Vacancy (2019)
board@tennesseetrails.org

Cheryl Heckler (2020) 931-200-7436
membership@tennesseetrails.org

Linda Latter (2020) 615-419-4845
vicepresident@tennesseetrails.org

Jane Coffey (2020) 615-614-1083
board@tennesseetrails.org

Regional Directors

West TN

Vacancy (2020)
westregional@tennesseetrails.org

Middle TN

Joan Hartvigsen (2019) 931-962-0811
middleregional@tennesseetrails.org

East TN

Garnett Rush (2021) 865-268-5181
eastregional@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835
editor@tennesseetrails.org

Evan Means Small Grants Program Deadline is Dec 31, 2019

In February 2020, TTA's Board of Directors will award small grants memorializing Evan Means. The grants support special volunteer projects that are compatible with the chartered objectives of TTA: promoting and developing a system of hiking trails in Tennessee as well as working for the conservation of natural resources. Project proposals are due no later than December 31, 2019.

All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grant application for the February 2020 Evan Means Small Grant Program Award.

Grant requests in the range of \$300-\$600 are encouraged. However, if a project requires additional grant money, considerations will be made.

For additional information and an application, please write to: TTA Grants Administrator P. O. Box 41446 Nashville, TN 37204.

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Dec 19

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Primary Phone (___) _____ Zip _____ -- _____
Alternate Phone (___) _____
Primary e-mail _____
Alternate e-mail _____

For privacy, please do not list the following in the TTA Annual Membership Directory

- E-mail addresses
 Mailing address
 Telephone numbers

I would like to receive my newsletter by mail.

Please list me with the following chapter:

___ Clarksville
___ Columbia/Franklin
___ East TN (Oak Ridge/Knoxville)
___ Highland Rim (Manchester/Tullahoma)
___ Jackson
___ Memphis
___ Murfreesboro
___ Nashville
___ Plateau (Crossville)
___ Soddy Daisy
___ Sumner Trails (Sumner County)
___ Upper Cumberland (Sparta/Cookeville)
___ At Large

When you become a TTA member, you will receive: (1) TTA's Annual Membership Directory and Hiking Handbook, listing members by chapter and how to reach them and including a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA hikes or functions.
Not a member yet? Please check out one of our hikes or meetings soon!