

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## President's Corner

HAPPY NEW YEAR! I am sure we would all agree that Carolyn Miller has done an exemplary job as President of TTA and I realize I have HUGE shoes to fill. First, I would like to thank the organization for allowing me to lead our club as President. I am honored to be given this opportunity to serve and am dedicated to the causes of TTA, old and new.

My present goal for TTA is to make a positive contribution to the organization striving to preserve our history and to move forward with new goals. At the beginning of 2019 I will be contacting each Chapter Chair to arrange to attend one of your meetings. This will give you a chance to meet me, for me to become familiar with the workings of your club and to personally hear your thoughts about our direction.

Fellow members, a single head achieves nothing so I am counting on your support and energy to achieve the growth and goals of TTA.

To quote Frank Lloyd Wright, "I go to nature every day for inspiration in the day's work." Enjoy and protect our landscape and remember "Life is good."

*Mary Etta Ward*

## January 1 New Year's Day Hike Edgar Evins State Park

Silver Point, between Smithville and Cookeville.

**ALL TTA CHAPTERS AND MEMBERS ARE INVITED TO THE NEW YEAR'S DAY 1ST HIKE AND FEAST AT EDGAR EVINS STATE PARK.**

Meet at 10:00 am CT in the marina parking lot next to the covered picnic shelters to sign in, drop off food, and a group picture. Then we'll carpool to the trailhead for an easy to moderate hike of 2.5 miles before returning to a blazing fire, hot beverages and a hearty lunch.

Bring a prepared dish to share of foods you would normally enjoy New Year's Day. Disposable plates, cups and utensils will be furnished by Friends of Edgar Evins State Park. There are electrical outlets.

After the meal those who wish to hike more may do the easy to moderate 2 mile Highland Rim Nature Trail next to the Visitors Center. For information, contact Fount or Anna Bertram, [fwbertram@dtccom.net](mailto:fwbertram@dtccom.net) or 615-765-5357.



**Office Location:** 409 Thurman Avenue, Ste 102  
 Crossville, TN 38555  
**Office Hours:** Tuesday – Friday  
 10 am – 3 pm CT  
**Phone:** 931-456-6259  
**Office Staff:** Teresa Kemmer  
**Email:** [ctcoffice2014@gmail.com](mailto:ctcoffice2014@gmail.com)  
**Website:** [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

**Congratulations CTC Trail Crew!!!** The first Soak Creek segment of The Cumberland Trail has been built: 4.3 miles of new trail was built in 8 months and one week. However, there is still more trail to build in order to complete the Cumberland Trail. If you want to join the trail crew and build this section of the trail, please contact the CTC office to register and receive information about where to meet the CTC trail crew. We have a new e-mail address for volunteer questions and registration for programs: [VolunteeratCTC@gmail.com](mailto:VolunteeratCTC@gmail.com).

**Trail Building Assistant (Crew)** – seeking applicants for open positions. Apply now!!  
 Part-time: Part time, flexible; average 2 to 4 days per week, including some weekends. Work days vary with weather, season and scheduled construction projects.  
 Current Location: Crossville area.  
 Qualifications: Community members who love to build trail. Previous trail building preferred but not necessary. We will train you. If interested, contact the CTC office.

Other volunteer opportunities may be available. If you have a skill and want to help CTC to build the Cumberland Trail, also contact us. We always need help with program support and hosting trail builders, so we may have a position for you.

**Save the Dates: March 3 – 30 and April 1 – 6**  
 Spring Alternative Spring Break (ASB) or better known as Breakaway. Come join the crew and college students as we add miles to the Cumberland Trail. Lodging provided at Camp Ozone near Crossville, TN. Location: Black Mountain Section of the Cumberland Trail.

## CLARKSVILLE CHAPTER

**CHAPTER CHAIR:** Philip Anderson 931-561-0925  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**VICE-CHAIR and CHAPTER REPRESENTATIVE:**  
 Paul Schwab 931-801-9484  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**TREASURER:**  
 Mary Schwab 931-645-9068  
[clarksvilletreas@tennesseetrails.org](mailto:clarksvilletreas@tennesseetrails.org)  
**SECRETARY:**  
 Mary Ann Harris 931-647-9321  
[clarksvilleshsecy@tennesseetrails.org](mailto:clarksvilleshsecy@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Paul Schwab 931-801-9484  
[clarksvillehikes@tennesseetrails.org](mailto:clarksvillehikes@tennesseetrails.org)  
*(call Paul & volunteer to lead an outing)*  
**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 6:00 pm CT,  
 Crow Community Center, 211 Richview Rd.

**Jan 1 - New Year's Day hike, Montgomery Bell State Park, Montgomery Bell Trail. 5.4 miles. Moderate.** Suva Bastin 931-645-2849. We will have a Pot Luck lunch near "The birthplace of the Cumberland Presbyterian Church in 1810"; black-eyed peas, cornbread, bowls, cups and plasticware will be provided for everyone. Meet 9:00 am CT, Big Lots parking area, Riverside Drive, Clarksville, TN. 33 miles to trailhead.

**Jan 5 - Beaman Park, Highland Trail. 5.8 miles. Moderate.** Lili Ball 931-552-2773. Meet 8:30 am CT, I 24 Exit 11 commuter parking lot. 32 miles to trailhead.

**Jan 12 - Erin Rails to Trails. 4 miles, out-and-back, level and paved. Easy.** Eat lunch at Paul's Pizza which is where our hike ends. Paul Schwab 931-801-9484. Meet 9:00 am CT, Big Lots parking area, Riverside Drive, Clarksville. 25 miles to trailhead.

**Jan 15 - Monthly Chapter Meeting.**

**Jan 19 - Dunbar Cave SNA, Discovery Trail. 2.5 miles. Moderate.** Dona Fondren 931-472-5185. Meet 8:30 am CT at the trailhead near the picnic table.

**Jan 21 - Martin Luther King's Birthday. LBL, Canal Loop Trail. 11.0 miles. Difficult due to length.** Paul Schwab 931-801-9484. Meet 7:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville. 77 miles to trailhead.

**Jan 26 - Rotary Park, Clarksville. 3 miles. Moderate.** Renatte Gillis 931-624-3148. Meet 8:30 am CT, first shelter on left after entering park.

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CO-CHAIR:** Jane Coffey 66615-516-6551  
*columbia@tennesseetrails.org*

**CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:**  
Marvin Caine 931-486-1632

**HIKE COORDINATOR:** Jane Coffey 615-516-6551  
*columbiahikes@tennesseetrails.org*

**MEETS QUARTERLY:** Meets quarterly at the Barnabas Center at 506 Fair Street, Franklin, TN 37064. The Barnabas Center is located behind St. Paul's Episcopal Church. Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

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Please check the TTA website for updates on our hikes.

**Jan 1 - Edgar Evins State Park.** We are supporting the annual New Year's Day hike and feast at Edgar Evins State Park, Silver Point, TN. Millennium Trail, 2.5 miles easy and Highland Rim Nature Trail, 2 miles easy. We need to be at Edgar Evins' covered picnic shelter at the marina parking lot at 10:00 am CT to drop off our potluck food and carpool to the Millennium Trailhead. After our hike we will enjoy our potluck lunch under the covered picnic shelter with a warm fire in the fireplace. If wanted, we will hike the Highland Rim Nature Trail after lunch. If you want to join us for this hike, we can meet at Tollgate Medical Center at 8:15 am and carpool from there. The drive is approximately 90 minutes. This hike will give you a chance to meet and hike with others from many TTA chapters. Contact Marvin Caine, 931-626-2754 or *mlcaine@aol.com* or Jane Coffey, 615-516-6551 or *jecoffey0644@gmail.com*.

**Jan 8 - Chapter Meeting,** Barnabas Center (behind St. Paul Episcopal Church), 506 Fair Street, Franklin. Please be prepared to discuss potential hikes for the first half of 2019. Social hour from 6 pm to 7 pm. Actual meeting starts at 7:00 pm. Looking forward to seeing everyone in the New Year. Marvin Caine – 931-626-2754 or *mlcaine@aol.com*.

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### Attention:

#### Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website: [www.tennesseetrails.org/release.php](http://www.tennesseetrails.org/release.php).

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-985-9144  
*easttennessee@tennesseetrails.org*

**WEBMASTER:** Sherry Barber 865-209-6189  
*sbarber6189@comcast.net*

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**Jan 1 - Multi-Chapter New Year's Day First Hike and Feast at Edgar Evins State Park.** The trail is moderate and short (2.5 miles or 4.5 miles). We'll be leaving Knoxville about 8:00 am ET to meet up with other chapter hikers at 10:00 am CT. Anyone who is interested in carpooling, just call Rosie 865-985-9144 or *mrosemary04@gmail.com*.

**Jan 19 - Middle Prong Trail to Indian Flats Fall, GSMNP.** This hike will be along Lynns Camp Creek and is rated moderate. The trail gains about 1100 feet and is on an old railroad bed with about a 5.5 percent grade. At about mile 2 we will see an old vehicle, not much left of it. According to someone who worked at the CCC camp the vehicle is an old Cadillac that belonged to the supervisor and when it quit running it was pushed off the road and left to rust away. At about mile 3 are the remains of the Middle Prong CCC Camp. The one-way distance to the falls is slightly less than 4 miles. For carpooling, we will meet at Central Baptist Church in Bearden and leave there at 8:30 am ET. Another meeting place will be in Maryville's Brown's Creek Shopping Center parking lot nearest the Sonic and we will leave there at 9:00 am ET. Be sure to bring snacks, drink and dollars for carpooling. For any questions, call Tom Cressler and leave a message at 865-588-5622 or email at *cressler@UTK.edu*.

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### REMINDER

Many chapters elect new officers, board representatives and hike coordinators in January.

Please check your chapter masthead this month. If there are updates needed, please include that information with your next chapter submission so that your chapter contact information can be updated.

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## HIGHLAND RIM CHAPTER

### (Coffee and Franklin Counties)

CHAPTER CHAIR: Tom Bentley 931-455-5849

*highlandrim@tennesseetrails.org*

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666

*highlandrimtreas@tennesseetrails.org*

### OUTINGS & PROGRAM COORDINATOR & NEWSLETTER

CONTACT: Joan Hartvigsen 931-962-0811

*highlandrimhikes@tennesseetrails.org*

*(contact Joan & volunteer to lead an outing)*

MEETS MONTHLY: 4<sup>th</sup> Monday at 7:00 pm CT at the D. W.

Wilson Community Ctr., 501 N. Collins St., Tullahoma.

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**Jan 1 – Annual Multi-Chapter New Year's Day Hike and Feast. Edgar Evins State Park, Silver Point, TN. Millennium Trail, 2.5 miles easy and Highland Rim Nature Trail, 2 miles easy.** Contact Joan Hartvigsen for carpool information, *jhartvigs@comcast.net* or 931-962-0811. We need to be at the Edgar Evins covered picnic shelter at the marina parking lot at 10:00 am CT to drop off our potluck food and carpool to the Millennium Trailhead. After our hike we will enjoy our potluck lunch under the covered picnic shelter with a warm fire in the fireplace. After lunch we will hike the Highland Rim Nature Trail.

**Jan 12 – West Collins Trail to Horsepound Falls. West Collins Trailhead. South Cumberland State Park, Gruetli-Laager, TN. .5 miles round trip. Moderate to strenuous because of the 800 foot elevation change and a boulder field. Joint hike with the Murfreesboro Chapter.** There are two beautiful waterfalls, Suter Falls and Horsepound Falls, which should be running high at this time of year. Hopefully there will be snow and ice for a winter wonderland but our footing might be trickier. Dress for the weather and bring water, lunch, snacks, hiking sticks and hiking boots. Call or email Marietta Poteet at 931-924-7666 or *nannietta@blomand.net* for more information.

**Jan 19 – Big Frog Trail to summit of Big Frog Mountain. Cherokee National Forest, Ocoee District. 10 miles round trip. Moderate.** This ridge line hike offers outstanding views of the surrounding mountains, including the Cohutta Wilderness to the south and the Tennessee Valley to the west. The trailhead is located off Hwy 64 near Ocoee Powerhouse No. 3 and Thunder Rock Campground. Contact Joan Hartvigsen for carpool information at *jhartvigs@comcast.net* or 931-962-0811. Bring water, lunch, snacks, headlamp, hiking sticks and wear sturdy hiking boots. Dress for the weather!

## Highland Rim Chapter – con't.

**Jan 26 – Jim & Marietta Poteet's 17<sup>th</sup> Annual Chilly Chili Hike.** We will meet at the Sherwood Forest Trailhead at 10:00 am CT. Directions will be sent out later. Be prepared for possible bushwhacking. The hike is 3 miles and rated moderate because a portion of the hike may be off trail. Sherwood Forest Trail is the newest trail in South Cumberland State Park. There are fabulous views of Lost Cove. If you are not hiking please meet at 12:30 p.m. at the Poteet's house for our chili lunch. The gate code to enter Cliff Tops will be sent later. We will serve three different kinds of chili, cornbread and brownies with several kinds of beverages (soda, coffee, beer, wine). Please email or call Marietta if you plan to attend at 931-924-7666 or *nannietta@blomand.net*. Please feel free to bring a side dish to go with the above menu or a dessert. If you are hiking, bring water and a snack, hiking sticks and hiking boots and dress for the weather. The Poteets' address inside Cliff Tops is 525 Huckleberry Place, Monteagle, TN.

**Jan 28 – Chapter Meeting.** Dinner 5:00 pm. One22West Restaurant, 122 W. Lincoln Street, Tullahoma. Meeting is 7:00 pm. D. W. Wilson Community Center. We will plan hikes, camping trips and floats for 2019.

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## Wilderness First Aid Course Outdoor Recreation Center Vanderbilt University February 2-3, 2019

The Wilderness First Aid course provides relevant and realistic first-aid training for outdoor activities. The course is 8 hours each day and is filled with helpful material and experiential learning that can help you become a more knowledgeable outdoor recreationalist. The course is \$275 which includes the course provided by Wilderness Medical Associates, course material and lunch both days. Space is limited, so register early.

If you would like more information about the company providing the course you can find it here: <http://www.wildmed.com/wilderness-medical-courses/first-aid/wilderness-first-aid/course-6542/>.

To register for the course, you can do so here: <https://rec.vanderbilt.edu/Program/GetProducts?classification=b322887c-e18d-4163-a155-11d0f5f5bb42>.

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Melinda Pearson 731-225-4293  
*jackson@tennesseetrails.org*  
**TREASURER:** Anne Goodson 731-664-1556  
*jacksontreas@tennesseetrails.org*  
**SECRETARY:** Terry McCoy 731-535-0625  
*jacksonsecy@tennesseetrails.org*  
**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966  
*jacksonhikes@tennesseetrails.org*

*(call Glen & volunteer to lead an outing)*

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

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No meeting this month.

**Jan 5 - Land Between the Lakes, Dover, TN.** Meet at Panera Bread at 8:00 am or at the south station at 10:00 am. Trail is mostly flat. May go through some creeks. Wear hiking shoes, dress warmly and bring snacks/water. Hike Leader: Jeff Chambers.

**Jan 19-21 - Ramsey Cave.** Travel to Gatlinburg on Saturday (on your own or carpool). Jeff Chambers will lead us to Ramsey Cave on Sunday, January 20. Drive six miles east of Gatlinburg on Hwy 321 & turn at the Greenbrier entrance to the park. Follow the signs for 4.7 miles to the trailhead. The roundtrip distance to the waterfall is 8 miles and the hike is considered strenuous to difficult. It takes about 5-7 hours to hike roundtrip. Carry water & snacks with you. Portions of the trail are very rocky so sturdy hiking shoes with ankle support are recommended. Do not attempt to hike the trail in sandals, flip flops or tennis shoes. Ramsey Cascades is the tallest waterfall in the park and one of the most spectacular falls. Water drops over 100 feet over rock outcroppings and collects in a small pool where numerous well-camouflaged salamanders can be found. The trail to the waterfall gains over 2,000 feet in elevation over its 4 mile course. You will be responsible for making your own motel, hotel, cabin, chalet, etc. accommodations. Please let Jeff know at *chambers.jeffreyb@gmail.com* or at 731-431-1538. Monday, January 21 -- return to Jackson.

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## GO GREEN

### Electronic Newsletter Available

This is reminder that you can now receive your monthly newsletter via email. If interested please contact Cheryl Heckler at *membership@tennesseetrails.org* and please include your email address.

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:** Charlie Bright 901-829-4434  
*memphis@tennesseetrails.org*  
**VICE-CHAIR:** Francis Ruffin 662-701-6284  
*memphisvice@tennesseetrails.org*

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**Jan 1 - T.O. Fuller State Park, 1500 Mitchell Road. New Year's Day Hike.** Meet at the Campground (NOT the Visitor Center) at 9:30 am. The Discovery Loop Trail is four miles long and ranges from moderate to strenuous. It includes part of the Nature Bluff Trail of Chucalissa Indian Village. Hiking boots or sturdy shoes recommended. Bring water and a snack. Rain/sleet/snow will cancel the hike. For more information call Janet at 901-761-0705. Directions: From I-55, take Exit 7 South to Highway 61 (3rd Street). Drive approximately 1.5 miles. Turn right onto Mitchell Road, continue 3 miles west to the T. O. Fuller Park sign. In the park, continue on Mitchell Road. Turn left onto Boxtown Rd, turn right at a fork in the road, then turn left into the camp ground and park along road.

**Jan 5 - Herb Parsons Lake State Park, Fisherville.** Here's an easy 6-mile hike around the lake and through the woods. Meet at 9:30 am at the lake and bring snacks and water. Rain or snow will cancel. For questions contact Nancy Wark, 901-240-1521.

**Jan 12 - Lucius Burch Natural Area Wolf River South of Walnut Grove.** Meet at 9:00 am in the unpaved parking lot on the south side of Walnut Grove immediately east of the Wolf River. The hike will be 5 to 6 miles on the Yellow/Blue/White trails. If it has been raining we may have a stream crossing. In that case a hiking stick will be useful. Bring water and a snack. Rain or snow will cancel the hike. For additional information call Nancy Wark, 901-240-1521.

**Jan 19 - Nesbit Park in Bartlett.** Meet at 8:45 am in Nesbit Park parking lot. We will hike the white trail with possible additions for a total of 6 to 6.5 miles. One ravine crossing is part of this trail (we may have to cross through water) so wear hiking boots. Bring water and a snack and allow 3 hours for this hike. After the hike all are welcome to come to Sweetpeas' (home cooking) in Bartlett for lunch. Contact: *charlie.bright2010@gmail.com*. Hike Location: Nesbit Park is on Yale Road in Bartlett between Bartlett Blvd and Old Brownsville Rd on the north side of Yale.

**Jan 26 - Meeman-Shelby, Horse Trail.** Join us for a moderately strenuous 7-mile hiker/horse loop trail over a mixture of hills and flat areas around Poplar Tree Lake. We will meet at the parking lot near the stables at 9:15 am. There will be restrooms available next to the parking lot. Hike will leave promptly at 9:30. Bring water and snacks. Hiking boots are recommended. Rain or snow will cancel. Contact: Lynne at 901-230-1501.

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## MURFREESBORO CHAPTER

**CHAPTER CHAIR:** Tony Jones 615-397-4463  
*murfreesboro@tennesseetrails.org*

**TREASURER:** Sara Pollard 615-714-3610  
*murfreesborotreas@tennesseetrails.org*

**PROGRAM COORDINATOR:** Valerie Galan 615-516-6441  
*murfreesboroprogram@tennesseetrails.org*

**HIKE & MEMBERSHIP COORDINATOR:**  
Jennifer Zahn 615-943-8853  
*murfreesborohikes@tennesseetrails.org*

**BLOGMASTER**  
Craig McBride 615-394-6121  
*murfreesboroblog@tennesseetrails.org*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

**BLOG:** [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

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**Jan 1 – New Year's Day Hike. Edgar Evins State Park.** See page 1 for hike details and registration information.

**Jan 8 – Chapter Meeting.** Speaker to be determined. Check the website calendar for updates.

**Jan 12 – West Collins Gulf - 5 miles. Moderate. South Cumberland State Park in Gruetli-Laager. Joint hike with the Highland Rim chapter.** We will hike to two beautiful waterfalls, Suter Falls and Horsepound Falls. We'll see cascades, creeks, rock shelters and high bluffs. Bring snacks, lunch and plenty of water. Contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com)

**Jan 26 - 17th Annual Poteet Chilly Chili Hike hosted by Jim and Marietta Poteet. Sherwood Forest. 3 miles.** Moderate due to possible off trail hiking. See description under Highland Rim Chapter for hike, dinner and registration information.

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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs 615-283-0507  
*nashville@tennesseetrails.org*

**OUTINGS COORDINATOR:** Nancy Juodenas 615-319-8811  
*nashvillehikes@tennesseetrails.org*  
(*email Nancy & volunteer to lead an outing*)

**MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: [www.tennesseetrails.org/nashville.php](http://www.tennesseetrails.org/nashville.php)

**BLOG:** [www.tennesseetrails.org/blog/nashville](http://www.tennesseetrails.org/blog/nashville)

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**Jan 5 - Warner Parks, Nashville, TN. 9 miles. Moderate.** Hike 3 trails. Meet at Warner Park Nature Center, 7311 Highway 100, Nashville, TN 37221 at 7:00 am. First trail is Harpeth Woods 2.5 miles, to Cane Connector 1 mile, to Mossy Ridge 4.5 miles, then Cane Connector 1 mile back to Nature Center. Register with Betty Magee. 615-319-5394, e-mail [monetfan455@yahoo.com](mailto:monetfan455@yahoo.com).

**Jan 12 - Johnsonville State Historic Park, New Johnsonville TN. 6 miles. Moderate to easy.** It is the site of a Civil War fort and battle and is historically interesting and has nice views of the Tennessee River. We will meet at the MTA Bellevue Park and Ride at 7 am for the one hour and a half drive. Anyone interested in joining us can contact me at: [karld@comcast.net](mailto:karld@comcast.net) or by phone at 615-207-2250. This is a link to their website: <https://tnstateparks.com/parks/johnsonville>.

**Nashville Chapter – con't.**

**Jan 12 - Warner Parks. BEGINNER HIKE-Nashville TN. 2 miles. Easy.** Meet at Warner Park Nature Center at 1:00 pm. This is a beginner hike, great for people new to hiking. We will hike a 2 mile loop from the Nature Center on the trail and on the greenway. Good for people of all ages so bring the kids! Everyone should wear hiking boots, and bring water and a snack. Please register with Linda Latter, hike leader: 615-419-4845 or [lindaalatter@yahoo.com](mailto:lindaalatter@yahoo.com).

**Jan 19 - Montgomery Bell State Park, Burns TN. Overnight Trail. 10.5 miles. Strenuous.** Wooded terrain with some hills. The trail passes by several lakes, a historic cabin and church, and historic iron ore pits. Bring water, snacks/lunch, boots, and clothing appropriate for the weather that day. There is an option after the hike to stop for food at the State Park Inn dining room or somewhere on the way back to town. Contact Doug Burroughs at [dougburroughs@tennessee.usa.com](mailto:dougburroughs@tennessee.usa.com) or 615-587-0085 (leave a message) for more information and to register. Meeting Place: WalMart near 7044 Charlotte Pike parking lot just north of I-40. Meeting Time: 7:30 am. Or meet at the park at 8:30.

**Jan 22 - Program Meeting.** Randy Hedgepath, State Naturalist for the Tennessee State Parks will show slides and talk about his favorite State Parks. If you've hiked with Randy or heard one of his talks, you know you have something to look forward to. If you haven't heard him, come to the meeting and learn how Randy earned his reputation!

**Jan 26 - Jim and Marietta Poteet will host our 17th annual Chilly Chili Hike.** See hike description under Highland Rim Chapter for more information on hike and potluck. Please email or call Marietta at 931-924-7666 or [nannietta@blomand.net](mailto:nannietta@blomand.net) if you plan to attend. For carpooling, meet at 8:00 am at the Floor & Decor (formerly Target) parking lot off exit 59, I-24 - 5330 Cane Ridge Rd, Antioch, TN 37013. Contact Doug Burroughs at [dougburroughs@tennessee.usa.com](mailto:dougburroughs@tennessee.usa.com) or leave a message at 615-587-0085 for more information about carpooling to this fun event.

**Wednesdays (January 2, 9, 16, 23, 30) - 7 am Radnor Lake State Park, Nashville TN. 5 miles. Moderate. Standing hike.** Meet by the Visitor Center, West Parking Lot, off Granny White, 1160 Otter Creek Rd. The hike covers both Ganier Ridge and South Cove trails at a brisk pace. We usually finish up around 9 am. Easy options if you want to make it a shorter hike.

**Chapter News:** Thank you to the following volunteers who came out to wrap gifts at REI for our wrapping paper fundraiser: Mark Hubbard, Betty Magee, Doug King, Jackie York, June Callahan, Brenda Clampitt, Linda Latter, and Nora Beck. We raised over \$500.00 despite the cold and rainy weather. This money will go the Cumberland Trail Conference to support the continued building of the Cumberland Trail. And a huge thank you to REI for inviting us into your store at such a busy time and for your continued support of Tennessee Trails Association and the Cumberland Trail. Thank you so much! Amy Sutton

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## PLATEAU CHAPTER (Crossville)

**CHAPTER CO-CHAIRS:** Bruce Whitehead 941-716-3620  
Bob Obohoski 931-456-4283  
[plateau@tennesseetrails.org](mailto:plateau@tennesseetrails.org)

**TREASURER:** Gena Whitehead 941-716-3620  
[plateautreas@tennesseetrails.org](mailto:plateautreas@tennesseetrails.org)

**MEETS MONTHLY:** 2nd Thursday at 6:00 pm CT

**BLOG:** [www.tennesseetrails.org/blog/plateau](http://www.tennesseetrails.org/blog/plateau)

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There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to register for any of our hikes (unless otherwise noted), contact the hike coordinator, Deb Westervelt, via email [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org) or text/call 931-267-2243. For a list of monthly hikes, visit the Plateau Chapter blog. **Check the blog one hour prior to hike time for cancellation or for any other updates/changes to our schedule before hiking.**

### **Jan 2 - CT Brady Mountain Section, Grassy Cove, TN.**

**Long hike:** The Brady Mountain hike is approximately 5.4 moderate, sometimes difficult (first half mile is steep grade up) miles with a 1,000 foot altitude change. The hike includes nice overlooks, rock formations, and a small arch.

**Short hike:** For those wanting an easier hike walk across Hwy 68 to the Black Mountain trail head and hike 2.1 miles to Windless Cave and back for 4.2 total mi. Depart Trinity Tabernacle Church, Hwy 127. at 8:00 am CT, or meet us at the Hwy 68 trailhead/pullout just before Grassy Cove. Gas cost is \$2. Bring water, lunch and snacks.

### **Jan 9 - BSF Oscar Blevins Farm Loop, Jamestown, TN.**

**Long hike:** We begin at the West Entrance trailhead with 2.2 miles of hiking through a peaceful wooded setting before we join the 3.7 mile Oscar Blevins loop that features the old log cabin where Oscar was born in 1915. Other features along the trail include Muleshoe Rock Shelter, bluffs, old fields and a wet-weather waterfall. After completing the loop, we return on the West Entrance trail for a total of 8 moderate miles. **Short hike:** Drive down West Brandy Creek Rd to the farm then hike the 3.7 moderate mile Oscar Blevins Loop Trail. Bring lunch and water. Depart from Cracker Barrel at 8:00 am CT. Carpool cost is \$6.

### **Jan 10 - Plateau Chapter Meeting, First Methodist Church Annex, Neecham St, Crossville, TN.**

This will be a working committee meeting for the Annual Conference that we will host in October. We need all members to come and brainstorm ideas to make the conference fun as well as raise money. The Chapter will furnish pizzas. Bring your own non-alcohol beverage. Please arrive by 5 pm so we can work while we eat. Contact Bruce Whitehead - [plateau@tennesseetrails.org](mailto:plateau@tennesseetrails.org) or [trailwalker80@gmail.com](mailto:trailwalker80@gmail.com) or 941-716-3620 that you will attend so he is able to buy enough pizzas.

## Plateau Chapter – con't.

### **Jan 16 - Prentice Cooper State Forest, CT Mullins Cove Loop.**

New hike doing the west half of the loop. This is a 6.3, moderate to difficult, mile hike following Short Creek featuring a lot of rock hopping and overlook. Those wishing a shorter hike may retrace their steps at any point or going east from the Trailhead to the Indian Rockhouse and Stone Door then drive to the next trailhead where you can walk to Snoopers Rock Overlook. Depart 8 am CT from Trinity Tabernacle Church on Hwy 127 South. Carpool cost is \$8. Pack water, snacks and lunch.

### **Jan 19 - East Lakeshore Trail, Jackson Bend Branch, Tellico Lake, Lenoir City.**

This is a new hike for us. This is a 5.2 mile moderate hike along the lake. Depart from Southwest parking lot of the VF outlet mall on Interstate Drive at 8:00 am CT. Carpool cost is \$6. Bring water, lunch and snacks.

### **Jan 23 - CT Devils Breakfast Table North, Catoosa Wildlife Management Area, Crossville, TN.**

We will hike 7 miles into the Daddy's Creek Gorge and arrange for a 1 mile car shuttle so that we do not have to retrace our steps. The trail is difficult due to the elevation change and lots of rock steps. From the trailhead, the trail proceeds down "a thousand steps" through Daddy's Creek gorge under sheer bluffs. After a mile, the trail rises out of the canyon and remains on the top of the bluff. There are a couple of overlooks that provide a view of the gorge before the trail goes back down into the gorge on the way to the junction of Daddy's Creek and the Obed River. Wear good hiking shoes or boots; bring water, lunch and snacks. Depart from Southwest parking lot of the VF outlet mall on Interstate Drive at 8:00 am CT. Gas cost is \$3. Those in the Fairfield Glade area may join the caravan at 8:15 am at the 4-way stop at the intersection of Peavine Road and Stonehenge Drive. Contact Curt Thomas for more info at: [curtethomas@frontiernet.net](mailto:curtethomas@frontiernet.net) or phone: 931-260-2140.

### **Jan 26 - Grassy Cove History Tour and Hike.**

Martha Kemmer Hale will tell us the history of Grassy Cove. Martha is fifth generation living in the cove. Then we will hike the base of Brady Mountain. Depart from Trinity Tabernacle Church, Rt 127 South, in Crossville at 9:00 am CT. Carpool cost is \$2.

### **Jan 30 - Stinging Fork State Natural Areas and Soak Creek, Spring City, TN.**

These two hikes are being combined to give a total hiking distance of about 7 miles or less. Stinging Fork State Natural Area features a 35-foot waterfall and cascade at the end of the 1 ½ mile trail. Due to some elevation gain and possibly slick rocks, the hike is rated moderate to difficult. Wear boots, bring lunch, water and snacks. Depart from Trinity Tabernacle Church, Rt 127 South, in Crossville at 8:00 am CT. Carpool cost is \$4. Pack water and snacks.

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## SODDY-DAISY CHAPTER

CHAPTER CHAIR: Jean Smith 423-596-7681

[soddydaisy@tennesseetrails.org](mailto:soddydaisy@tennesseetrails.org)

TREASURER: Robertson (Bob) McGavock 423-667-2960

[soddydaisytreas@tennesseetrails.org](mailto:soddydaisytreas@tennesseetrails.org)

HIKE COORDINATOR: Patricia Appleton 423-332-6517

[soddydaisyhikes@tennesseetrails.org](mailto:soddydaisyhikes@tennesseetrails.org)

MEETS QUARTERLY: Tuesday of the week following the TTA

Board Meetings in Feb, May, Aug and Oct at 6:00 pm ET  
at Burk's United Methodist Church, 6433 Hixson Pike,  
Hixson

*Additional information may be seen at our web site:*

<http://www.tennesseetrails.org/blog/soddydaisy>

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**Jan 1 - New Year's Day.** Nancy Allen Hike Leader.

**Jan 5 - Outer Loop, Booker T. Washington Park, 5801 Champion Road. 3.5 miles. Easy.** Meet at 8:30 am at the park, near the swimming pool. Hike leader- Jean Smith 423-596-7681.

**Jan 8 - Lower Trailhead on Shut-in Gap Rd. to Piney River Bridge and back. About 5 miles.** Meet at Durham St. at 8:30 am, Soddy Daisy. Hike Leader, Trish Appleton.

**Jan 12 - Roaring Creek. About 6 miles in and out. Moderately strenuous.** Meet at Durham St., Soddy Daisy at 8:30 am. Hike leader - John Politte. 423-304-8327.

**Jan 15 - Lookout Mtn Bluff Trail from Covenant College to Point Park. About 5 miles.** Will stage a car at Point Park to return for drivers to pick up cars. Meet at Food City, Red Bank at 8:30 am or at Covenant College, Ochs Gateway at 9:00 am. Hike leader, Gloria Nelson.

**Jan 19 - Prentice Cooper (Snoopers Rock to Natural Bridge & return). Moderately strenuous. About 6 miles.** Meet at Red Bank Food City at 8:30 am. Hike Leader - Tom McElhone. 805-208-4654.

**Jan 22 - East segment of Gahuti Loop at Ft. Mtn.** Will leave a car at the bottom of the mountain so drivers can return to get cars at the top. Meet at Food City, East Ridge at 8:30 am. Hike Leader Sue Christiansen and Trish Appleton.

**Jan 26 - Flippers Bend. About 8 miles. Moderately strenuous.** Meet at Soddy Daisy Walmart at 8:30 am. Hike Leader - John Politte. 423-304-8327.

**Jan 29 - Lower trails at Reflection Riding with Chickamauga Park Historian, Jim Ogden** giving commentary on events that took place in this area leading up to The Battle of Lookout Mountain. This will be followed next month by a hike from Reflection Riding to Craven's House also with commentary by Jim on the battle that took place in that area. Meet at Food City Red Bank at 8:30 am or Reflection Riding at 9:00 am. Hike leader Jim Ogden. Contact Trish at 332-6517.

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## SUMNER TRAILS CHAPTER

CHAPTER CHAIR: Lynn Takacs 615-479-7702  
[sumner@tennesseetrails.org](mailto:sumner@tennesseetrails.org)

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**Jan 26 - Ashland City Bicentennial Greenway. 4 miles. Easy.** This hike is a classic Rails-To-Trails Greenway. Back in the early 1900's the Tennessee Central Railroad chugged along this route going from Nashville to Clarksville where it connected to the big Illinois Central Railway. The old T.C. ceased operating in 1968 but you can still see evidence of the railway which eventually became the greenway. This greenway is as flat as any hike you have ever been on, and paved all the way, which makes it a nice winter walk. For the first portion of the trail there is swamp on the left and steep bluff on the right, but then enters more of an open landscape for the last portion, crossing several bridges over creeks and over water from the Sycamore Creek embayment. The highlight of this trail is the iconic large iron trestle bridge over Sycamore Creek After the hike we'll go to lunch at Riverview Restauant overlooking the Cumberland River. Meet for carpooling at Hendersonville First Presbyterian Church parking lot at 9 AM CT or at the Mark's Creek trailhead at 10 am CT. For directions or further info contact Choo Choo Al at [ballallenger@aol.com](mailto:ballallenger@aol.com).



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## UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Vacancy  
[uppercumberland@tennesseetrails.org](mailto:uppercumberland@tennesseetrails.org)  
HIKE COORDINATOR: Cathy Moran 931-544-2764  
[uppercumberlandhikes@tennesseetrails.org](mailto:uppercumberlandhikes@tennesseetrails.org)

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No hikes planned. Check the TTA website for updates.



## OFFICERS:

### President

Mary Etta Ward 931-581-9906  
*president@tennesseetrails.org*

### Vice-President

Linda Latter 615-419-4845  
*vicepresident@tennesseetrails.org*

### Treasurer

David Bowling  
*treasurer@tennesseetrails.org*

### Secretary

Melinda Pearson 731-225-4293  
*secretary@tennesseetrails.org*

### *At-large Directors (terms expiring listed after name)*

Mary Etta Ward (2021) 931-581-9906  
*president@tennesseetrails.org*

Libby Francis (2021) 615-889-5718  
*board@tennesseetrails.org*

David Bowling (2021)  
*treasurer@tennesseetrails.org*

Jim Poteet (2019) 931-924-7666  
*board@tennesseetrails.org*

Melinda Pearson (2019) 731-225-4293  
*secretary@tennesseetrails.org*

Vacancy (2019)  
*board@tennesseetrails.org*

Cheryl Heckler (2020) 931-200-7436  
*membership@tennesseetrails.org*

Linda Latter (2020) 615-419-4845  
*vicepresident@tennesseetrails.org*

Jane Coffey (2020) 615-614-1083  
*board@tennesseetrails.org*

### *Regional Directors*

#### West TN

Vacancy (2020)  
*westregional@tennesseetrails.org*

#### Middle TN

Joan Hartvigsen (2019) 931-962-0811  
*middleregional@tennesseetrails.org*

#### East TN

Garnett Rush (2021) 865-268-5181  
*eastregional@tennesseetrails.org*

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

#### Newsletter Editor

LouAnn Partington 931-393-4835  
*editor@tennesseetrails.org*

## 2019 TTA Board of Directors Meetings

|                        |   |
|------------------------|---|
| Saturday, Feb 2: 11 AM | Hermitage Library<br>3700 James Kay Lane<br>Hermitage |
| Saturday, May 4: 1 PM  | Hermitage Library<br>3700 James Kay Lane<br>Hermitage |
| Saturday, Aug 3: 1 PM  | Hermitage Library<br>3700 James Kay Lane<br>Hermitage |
| Sunday, Oct 20: 9 AM   | Location to be<br>announced.                          |

### Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10<sup>th</sup> of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

- A NEW MEMBER**  
 **RENEWING MY MEMBERSHIP**

Jan 19

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Cheryl Heckler 931-200-7436 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

**PLEASE, PRINT CLEARLY.**

\_\_\_ Individual \$25.00 Name \_\_\_\_\_  
\_\_\_ Family \$35.00 Address \_\_\_\_\_  
\_\_\_ Student (FULL TIME) \$15.00 City \_\_\_\_\_ State \_\_\_\_\_  
\_\_\_ Supporting (\$50.00, \$100.00 or more) Home Phone ( \_\_\_ ) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
\_\_\_ Life Member (Individual) \$500.00 Cell Phone ( \_\_\_ ) \_\_\_\_\_  
\_\_\_ Life Member (Family) \$750.00 e-mail \_\_\_\_\_  
\_\_\_ \_\_\_\_\_  Please do not list my e-mail address in the TTA Annual Membership Directory  
 I would like to receive my newsletter by email.

Please list me with the following chapter:

\_\_\_ Clarksville \_\_\_\_\_ Murfreesboro  
\_\_\_ Columbia/Franklin \_\_\_\_\_ Nashville  
\_\_\_ East TN (Oak Ridge/Knoxville) \_\_\_\_\_ Plateau (Crossville)  
\_\_\_ Highland Rim (Manchester/Tullahoma ) \_\_\_\_\_ Soddy Daisy  
\_\_\_ Jackson \_\_\_\_\_ Sumner Trails (Sumner County)  
\_\_\_ Memphis \_\_\_\_\_ Upper Cumberland (Sparta/Cookeville)  
\_\_\_ \_\_\_\_\_ \_\_\_\_\_ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements; (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend any/all TTA hikes or functions.**  
**Not a member yet? Please check out one of our hikes or meetings soon!**