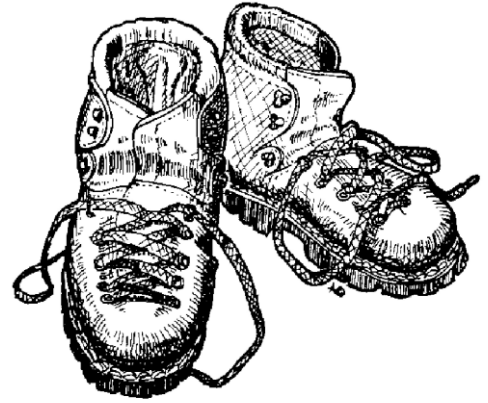


# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## PRESIDENT'S REPORT

The next hiking milestone for the year is National Trails Day on Saturday, June 2. If you have not made plans to celebrate National Trails Day by joining a hike or trail project, there are still a few days prior to the event. There is even time for you to lead a hike!! In the past, Tennessee has been in the top 5 states for the number of events and as members of the hiking community we should continue to support National Trails Day. Don't miss the opportunity to experience the great trails in Tennessee and across the country. For more info, visit the American Hiking Society webpage and explore the National Trails Day link.

### **Summary of activity during the 2<sup>nd</sup> Quarter TTA Board Meeting on May 5.**

Linda Latter, Nashville, elected to the board in October 2017 was approved to fill the open officer position of Vice President. Officer terms are for one calendar year, so she will serve until January 1, 2019. Welcome Linda!!

There is now an open board position. If you are interested in serving on the board of TTA, please contact the Middle Tennessee Regional Representative, Joan Hartvigsen, or the East Tennessee Regional Representative, Garnett Rush.

The board reviewed and approved funding for two Evan Means Grants:

1. Historic Rugby Trail Map, Rugby: partial funding as a match for existing funds. In 2017, Evan Means Grants were awarded for two kiosks. This grant provides additional funding for the promotion of trails around Rugby.
2. Dogwood Elementary School Trail Improvements – Knoxville: Funds to replace bridge and make improvements to the access to the bridge.

Funds still exist in the 2018 Evan Means Grant funds, so if your volunteer based non-profit has a trail associated project in mind, the application is on the TTA website. <http://www.tennesseetrails.org/index.php?page=grants>

Go find your trail and celebrate the beginning of summer.

Happy Trails,

*Carolyn Miller*  
TTA President

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## SAVE THESE DATES!

October is Annual Meeting time! Come help celebrate our TTA's 50<sup>th</sup> anniversary at Brandon Springs Group Camp, Land Between the Lakes National Recreation Area, on the weekend of 26-28 October. Brandon Springs is in a rustic lakeside setting where it is easy to let your hair down, take off your shoes, and just kick back and enjoy life as it should be! And it is just a short distance from fabulous LBL hikes, which offer something for everyone, regardless of age and ability.

We at the Clarksville Chapter are hard at work putting together a meaningful and fun-filled schedule of events to make the weekend memorable. We welcome any ideas from our sister chapters that would enhance the anniversary celebration. Look for details in the July issue of the TTA Newsletter.



Office Location 409 Thurman Avenue,  
Ste 102  
..... Crossville, TN 38555  
Office Hours ..... Tuesday – Friday  
..... 10 am – 3 pm CT  
Phone: ..... 931-456-6259  
Office Staff: ..... Teresa Kemmer  
Email: [ctcoffice2014@gmail.com](mailto:ctcoffice2014@gmail.com)  
Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

### **Volunteers!**

#### **Multiple Trail Building opportunities!**

Ever want to help build a wilderness hiking trail? Then consider joining our planned trail building programs. The Cumberland Trail Conference has been awarded a contract to construct trail along Soak Creek. Trail construction began April 2. If you want to join the trail crew and build this section of the trail, please contact the CTC office to register and receive information about where to meet the CTC trail crew. We have a new e-mail address for volunteer questions and registration for programs: [VolunteeratCTC@gmail.com](mailto:VolunteeratCTC@gmail.com).

Come join us this summer and help build the Cumberland Trail.

### **Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All !**

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

Supporting Member donations support the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

## **CLARKSVILLE CHAPTER**

**CHAPTER CHAIR:** J.R. Tate 931-220-1359  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**CHAPTER REPRESENTATIVE:** Paul Schwab 931-801-9484  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**TREASURER:** Mary Schwab 931-645-9068  
[clarksvilletreas@tennesseetrails.org](mailto:clarksvilletreas@tennesseetrails.org)  
**SECRETARY:** Donna Burdick 931-220-8497  
[clarksvilleasecy@tennesseetrails.org](mailto:clarksvilleasecy@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Paul Schwab 931-801-9484  
[clarkvillehikes@tennesseetrails.org](mailto:clarkvillehikes@tennesseetrails.org)  
*(call Paul & volunteer to lead an outing)*

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 6:00 pm CT,  
Crow Community Center, 211 Richview Rd.

**Jun 2 - National Trails Day.** Hike with another chapter.

**Jun 9 - Overnight hike, Frozen Head State Park. 7 miles. Moderate.** Paul Schwab 931-801-9484. We will secure a camp site at the campground, hike to Fire Tower and back to camp site, overnight and return on the 10<sup>th</sup>. Meet 6:00 am CT, I 24 Exit 11 commuter parking lot. 188 miles to trailhead.

**Jun 16 - Meriwether Lewis National Park Foot Trail. 6 miles. Moderate.** Swim in the Buffalo River after the hike. Suva Bastin 931-645-2849. Meet 8:00 am CT, BigLots parking area, Riverside Drive, Clarksville. 87 miles to trailhead.

**Jun 19 - No monthly meeting.**

**Jun 23 - Annual Picnic** (bring a dish). Dunbar Cave State Natural Area, Dunbar Cave Road, Clarksville. Suva Bastin 931-645-2849. 4:00 pm CT until dusk.

**Jun 30 - Harpeth River Canoe and Kayak Float. 13 miles.** Bob Lyon 931-648-2354. Meet 8:00 am CT, Madison Street Kmart parking lot, Clarksville. 42 miles to starting point.

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CO-CHAIR:** Jane Coffey 66615-516-6551  
*columbia@tennesseetrails.org*

**CHAPTER CO-CHAIR AND BOARD REPRESENTATIVE:**  
Marvin Caine 931-486-1632  
*columbia@tennesseetrails.org*

**HIKE COORDINATOR:** Jane Coffey 615-516-6551  
*columbiahikes@tennesseetrails.org*

**MEETS QUARTERLY:** Meets quarterly at the Barnabas Center at  
506 Fair Street, Franklin, TN 37064. The Barnabas  
Center is located behind St. Paul's Episcopal Church.  
Social hour from 6:00 - 7:00 pm. Meeting at 7:00 pm.

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Please check the TTA website for updates on our hikes.

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### 50<sup>th</sup> Anniversary of TTA

2018 is the 50<sup>th</sup> anniversary of TTA. We plan to celebrate at the annual meeting at Brandon Springs Group Center in Dover October 26 – 28. The Clarksville Chapter will be hosting the meeting.

If you have ideas for the 50<sup>th</sup> anniversary celebration, please share with your chapter chairs, a member of the board of directors or the Clarksville Chapter.

All chapters are encouraged to consider compiling chapter histories (pictures are always welcome) to commemorate the past.

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### **Don't Miss an Outing Plan Ahead Register Early!**

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

***Plan ahead and register early.***

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-985-9144  
*easttennessee@tennesseetrails.org*

**WEBMASTER:** Sherry Barber 865-209-6189  
*sbarber6189@comcast.net*

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**Jun 9 - Honey Creek Hike. Big South Fork NRRRA. 5.63 miles. Very Difficult.** All day-hike. Hiking pace is slow! Hike leaders are Karen Towle and Robby Paul. Special considerations: steps, long ladders (enclosed in wire), narrow trail, rocky terrain, boulder-scrambling, unprotected overlooks, sheer bluffs, and creek fordings. No children permitted! Features: rock houses, waterfalls, overlooks, beautiful terrain, creeks, and boulders. Wear proper clothing and footwear and bring water shoes for a safe and comfortable hike. Bring lunch, plenty of water, snacks, and money for an after-hike meal at the Harrow Row Cafe in Rugby. Meet at 8:00 am ET at Kroger's in Oak Ridge at the corner of Illinois Avenue and Oak Ridge Highway in the parking lot nearest to Oak Ridge Hwy. Please register with Robby Paul at 865-983-6926 or *robbypaul@hotmail.com* by Thursday, June 7th.

**Jun 17 – Gregory Ridge Trail. 11 miles. Difficult due to 3000 foot elevation gain/loss.** This hike will be on Sunday because the loop road is closed until 10 am ET on Saturdays making the start too late, leaving too little time to enjoy the scenery. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, a lunch, one or two liters of water or sports drink, a camera, a windbreaker (it may be cool on the top of the mountain) and other appropriate clothing. We will meet in the Food City parking area near the corner of Northshore Drive and Kingston Pike for car pooling and leave at 7:00 am ET. Also, we will be stopping at the Browns Creek Shopping Center parking lot nearest the Sonic at 1707 E. Lamar Alexander Pkwy. This is across from the Hardee's, near the hospital in Maryville. We will leave there at 7:30 am ET for those who prefer to meet there. Be sure to bring money for carpooling. Your driver will determine the cost for carpooling. After the hike plan on stopping at Applebee's in Alcoa on the way back for a meal and refreshments. For specific information about the hike, please call Tom before the 16th at 865-974-4422 or leave a message at 865-588-5622 or send an email to *cressler@utk.edu*.

**Jun 23 - Old Sugarlands Trail to Stone Cabin Ruin, GSMNP. 6 miles. Moderate.** This hike has quite a bit of history. There are lots of artifacts leftover from years ago, rock walls, and an old clock tower in an old CCC camp. A side trail will take you to a cemetery. At the end of this hike there are well-hidden remains of a stone dwelling 18 feet high. It is thought to have been built by the CCC as a lodge. It is only visible 200 feet away since it is well hidden in rhododendron thickets. Meet at Brown's Creek Shopping Center in Maryville at 9:00 am. Contact Carolyn Reeves at 865-399-2972 or email at *crhiker03@gmail.com*.

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## HIGHLAND RIM CHAPTER

### (Coffee and Franklin Counties)

**CHAPTER CHAIR:** Mary Etta Ward 931-581-9906  
*highlandrim@tennesseetrails.org*  
**SECRETARY** Tanja Kendrick 931-224-6225  
*highlandrimsecy@tennesseetrails.org*  
**TREASURER/MEMBERSHIP:** Marietta Poteet 931-924-7666  
*highlandrimtreas@tennesseetrails.org*  
**OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT:** Joan Hartvigsen 931-962-0811  
*highlandrimhikes@tennesseetrails.org*  
*(contact Joan & volunteer to lead an outing)*  
**MEETS MONTHLY:** 4<sup>th</sup> Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

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**Jun 2 – National Trails Day. Cloudland Canyon State Park, Trenton, Georgia. Less than an hour from Monteagle. Overlook Trail, Waterfalls Trail, West Rim Loop Trail. 8 miles. Moderate.** Steep grades. Park Ranger said the rhododendron and mountain laurel will be in bloom. Meet at 8:00 am CT at Monteagle Elementary School to form a carpool. Bring water and lunch and hiking sticks. Wear sturdy hiking boots. Please register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811. Cloudland Canyon State Park straddles a thousand foot deep gorge cut into Lookout Mountain by the combined waters of Bear and Daniel Creeks. This hike has it all! Sixty foot Cherokee Falls, ninety foot Hemlock Falls, cascading streams, awesome overlooks of Cloudland Canyon, towering hemlocks and tulip poplars.

**Jun 3 - Tennessee River Gorge Paddle, west of Chattanooga in Marion County. 9 miles.** Sunday morning we will paddle through the beautiful Tennessee River Gorge from Suck Creek Boat Ramp to TVA Raccoon Mountain Boat Ramp. The paddle is through Prentice Cooper State Forest. Bring a lot of water, snacks, lunch, hat, sunglasses, sunscreen, binoculars and cameras. We will see Osprey and perhaps a Bald Eagle. A river otter swam alongside my kayak during a previous paddle! Plan to wear your PFD. We will meet at 8:00 am CT (9:00 am ET) at the Suck Creek Boat Ramp to arrange a shuttle. Contact Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811 to register.

**Jun 9 – Edgar Evins State Park, Silver Point, TN. Millennium Trail and Merritt Ridge Trail. 8 miles. Moderate.** Steep and rough terrain in places. Gorgeous overlooks of Center Hill Lake, an impoundment of Caney Fork River. Steep Merritt Ridge is a peninsula covered in a dense forest of mature oaks, hickories and tulip poplars. Bring water and lunch and hiking sticks. Wear sturdy hiking boots. Contact Joan Hartvigsen, hike leader, for carpool information, *jhartvigs@comcast.net* or 931-962-0811.

### Highland Rim Chapter – con't.

**Jun 16 – Elk River Paddle. Tims Ford Dam to Farris Creek Bridge. Easy in, easy out. Joint activity with the Murfreesboro Chapter.** Meet us at 8:00 am CT at Sample's Restaurant, 204 S. Main Street (Hwy 41A), Estill Springs, TN for breakfast. Or meet at 9:30 am at the put in below Tims Ford Dam off Hwy 50 to arrange a shuttle. Contact Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-0811 to register.

**Jun 22-24 – Roan Mountain State Park, near Johnson City, TN. Camping and hiking trip.** Contact Joan Hartvigsen soon to reserve a spot in the Group Campground, *jhartvigs@comcast.net*. Famous for its Catawba Rhododendron gardens and forests of Red Spruce and Fraser Fir. Hikes will include Roan Mountain Gardens Trail, Cloudland Trail to Roan High Bluff, Segment of Appalachian Trail from Carver's Gap to Round Bald. Information on hikes, meals, etc. will be announced.

**Jun 25 – Chapter Meeting.** Dinner Las Trojas Mexican Restaurant, 1905 N. Jackson, Tullahoma. Meeting at 7:00 pm. D. W. Wilson Community Center. Program to be announced.

**Jun 30 - Short Springs State Natural Area. Tullahoma, TN. Fifth Saturday Work Day.** Meet at 9:00 am at the Short Springs parking lot, 2250 Short Springs Road, Tullahoma. Contact Joan Hartvigsen, *jhartvigs@comcast.net* to let her know you can help. Bring water and work gloves. Several tasks are planned. The jobs include replacing the rotten sign post on the Connector Sign, adding more stepping stones across the creek on the Machine Falls Loop Trail tracking right, saw stobs out of the trails, cut away the end of metal cable sticking out of the ground near telephone pole on Machine Falls Loop Trail, replace caps on bridge posts of Bobo Creek bridge.

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### Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident !!! *The drive to and from a trailhead is generally the most dangerous part of any hiking trip.*

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Melinda Pearson 731-225-4293  
*jackson@tennesseetrails.org*  
**TREASURER:** Anne Goodson 664-1556  
*jacksontreas@tennesseetrails.org*  
**SECRETARY:** Terry McCoy 731-535-0625  
*jacksonsecy@tennesseetrails.org*  
**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966  
*jacksonhikes@tennesseetrails.org*  
(call Glen & volunteer to lead an outing)  
**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Perkins Restaurant, Vann  
Drive, Jackson. Socializing & dinner starts at 6:00 pm  
CT; meeting starts 6:45 pm

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**Henry Horton State Park** - the park offers a monthly float and camp excursion on the Duck River. Park personnel would transport our camping gear (while we canoe/kayak). We have proposed dates in June 9, July 14 or Sept. 8 to the park. The final date has not been confirmed. If you are interested, please contact Dusty King at *dusty@kingplc.com*. A map of Henry Horton State Park is found at <http://tnstateparks.com/assets/pdf/additional-content/park-maps/10-henry-horton.jpg>. The cost is \$50 per person. You may bring your own canoe/kayak or use the parks. HHSP is located near Shelbyville, TN.

### Planning Ahead:

**Natchez Trace State Park bridge repair on Cub Lake Trail.** Volunteers needed to help clear new trail section and for bridge repair.

### Aug 7 – Chapter Meeting.

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:** Charlie Bright 901-829-4434  
*memphis@tennesseetrails.org*  
**VICE-CHAIR:** Francis Ruffin 662-781-5034  
*memphisvice@tennesseetrails.org*

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Hike information unavailable at press time.

## SEEKING NOMINATIONS

TTA is seeking nominations for awards to be presented at the annual meeting in October. We annually present the Tennessee Trails Award and the Bill Stutz Awards. The Bob Brown Lifetime Achievement Award is awarded periodically to those with a lifetime of leadership and extraordinary contributions.

Please send written nominations for the TTA awards to a member of the awards committee: Joan Hartvigsen, Garnett Rush, or Linda Latter. Alternately, please send the written nomination to one of the chapter chairs or to one of the TTA officers. Nominations should include contact information for the person making the nomination, a full name and address of the nominee and a paragraph stating why the person should be nominated for the award.

**Tennessee Trails Award.** This award is presented for outstanding contributions to the Association or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

**Bill Stutz Award.** The Association gives this award in honor of the late Bill Stutz, past TTA member and beloved hiker. Any chapter (or voting member) can make a nomination to the Board for the recipient of this award. The award is to be presented to an active hiker for his or her individual contribution to the Association or one its chapters.

**Bob Brown Lifetime Achievement Award.** The Board of Directors of the Association established this award to honor the extraordinary lifetime leadership and personal contributions of Bob Brown to hiking and conservation in the State of Tennessee. The Board may give a Bob Brown Award from time to time to others for lifetime leadership and contributions that it finds equally extraordinary.

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### Attention: Hike Coordinators (aka Hike Leaders)

A TTA **Release of Claims & Hold Harmless Agreement** form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website: [www.tennesseetrails.org/release.php](http://www.tennesseetrails.org/release.php)

## Board Positions for 2018

We currently have three open board positions for 2018: West Tennessee Regional Director, and two members to serve on the board. If 2018 is your year to serve, please contact one of the officers or regional directors to submit your name for further consideration by the nominating committee and the entire board of directors.

We still have some committee positions open to members. These positions were created as part of the bylaws revision in October 2017 in an effort to engage members who wanted to serve the organization but not have responsibility as a board member. Open committee positions are noted below.

**Nominating Committee.** The Nominating committee is responsible for the long term development of leadership within the organization, and to provide a slate of qualified candidates for election to the board at each Annual Membership Meeting, and to recommend qualified replacements for any vacancies that may occur. 2 positions open for members and a member willing to serve as the West Tennessee Regional Director

**Audit Committee.** The duties of the Audit Committee shall be to oversee policy compliance, conflicts of interest, ethics, and program integrity. They shall select, retain, oversee, and interact with the auditors for the Association. The Auditors shall report directly to the Board. Audit Committee - two board positions and several positions for members are available on this committee.

**Awards Committee.** This committee shall recommend to the Board candidates for the various recognition awards provided by these bylaws. The chair of this committee shall be the Vice President. two board positions and several positions for members.

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***Each month TTA offers opportunities to volunteer – be it leading hikes, organizing events, fundraising, leadership on the Board – if you've never volunteered to help before, how about it in 2018?***

## TTA Membership Renewal

If you are wondering when your Tennessee Trails Association membership expires, check the address label if you get the paper version of the newsletter. If you get the electronic version of the newsletter through your email, it should be listed in the body of the email as: ATTENTION: Cheryl & Mark Heckler -- Membership Expires 10/1/2018.

When you send in a membership renewal an additional year gets added to your membership expiration date, not the date it is applied to your record unless your renewal is applied after your membership expired. For example if your membership expires July 1, 2018 and your renewal payment is applied April 4, 2018, your new expiration date is July 1, 2019. But if your membership expires July 1, 2018 and your renewal payment is not received and applied until August 1, 2018, your new membership expiration date is August 1, 2019.

If you have a question about your membership, expiration date, are not receiving your newsletter, or want to change the method of receiving your newsletter, please contact the TTA Membership Director at [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org).

*Cheryl Heckler, Membership Director*



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## MURFREESBORO CHAPTER

**CHAPTER CHAIR:** Tony Jones 615-397-4463  
*murfreesboro@tennesseetrails.org*

**TREASURER:** Sara Pollard 615-714-3610  
*murfreesborotreas@tennesseetrails.org*

**PROGRAM COORDINATOR:** Valerie Galan 615-516-6441  
*murfreesboroprogram@tennesseetrails.org*

**HIKE & MEMBERSHIP COORDINATOR:**  
Jennifer Zahn 615-943-8853  
*murfreesborohikes@tennesseetrails.org*

**BLOGMASTER**  
Craig McBride 615-394-6121  
*murfreesboroblog@tennesseetrails.org*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-  
Crescent Park's Wilderness Station, 697 Veterans  
Parkway, Murfreesboro

**BLOG:** [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

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**Jun 2 – National Trails Day, Barfield Crescent Wilderness Park.** Come join us for trail maintenance at this beautiful park from 8:00 am until 11:00 am CT. Bring gloves, sturdy shoes, a snack and water. For more information or to sign up, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

**Jun 9 - Stones River Float.** Walter Hill Dam to Mona Boat Ramp. This float is approximately 6 miles and is relatively calm. We will meet at Walter Hill Dam and arrange the shuttle to Mona. The trip should take about four hours. There could be some areas where we might have to drag our boats but it gets deeper and is a beautiful float. For information or to register contact Tony Jones at 615-397-4463 or [tonjon1968@gmail.com](mailto:tonjon1968@gmail.com).

**Jun 12 – Chapter Meeting. 6:00 pm - Barfield Crescent Park Wilderness Station. NOTE TIME CHANGE.** Chapter Picnic. Pavilion #5. No business will be held and open to all TTA members, families and guests. There are picnic tables under the shelter and the chapter will provide hamburgers, hot dogs, drinks, utensils, napkins and ice. Lindsey and Hazel will be grilling for us again this year. Bring a side dish or dessert to share. Please register, along with how many are coming when you RSVP to Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com). We want to make sure enough supplies are provided. Picnic is rain or shine.

**Jun 16 – Elk River Paddle. Tims Ford Dam to Farris Creek Bridge. Easy in, easy out. Joint activity with the Highland Rim Chapter.** Meet us at 8:00 a.m. CT at Sample's Restaurant, 204 S. Main Street (Hwy 41A), Estill Springs, TN for breakfast. Or meet at 9:30 a.m. at the put in below Tims Ford Dam off Hwy 50 to arrange a shuttle. For information or to register contact Tony Jones at 615-397-4463 or [tonjon1968@gmail.com](mailto:tonjon1968@gmail.com).

## Murfreesboro Chapter – con't.

**Jun 30 – Window Cliffs State Natural Area. 5.5 miles round trip. Difficult.** Window Cliffs is located approximately 18 miles south of Cookeville near Burgess Falls State Park. There is a bluff that separates the upstream and downstream parts of Cane Creek and the bluff has eroded from both sides causing an opening to develop, which is how the name "Window Cliffs" came about. There are a number of creek crossings over Cane Creek. Hiking boots are recommended and a pair of water shoes is suggested for the water crossings. Pets are not permitted within the state natural area. For more information or to register, contact Sara Pollard at 615-714-3610 or [sarabpollard@gmail.com](mailto:sarabpollard@gmail.com).

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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs 615-283-0507  
*nashville@tennesseetrails.org*

**OUTINGS COORDINATOR:** Nancy Juodenas 615-319-8811  
*nashvillehikes@tennesseetrails.org*  
(*email Nancy & volunteer to lead an outing*)

**MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI  
Community Room, 261 Franklin Road, Brentwood. For  
directions, visit: [www.tennesseetrails.org/nashville.php](http://www.tennesseetrails.org/nashville.php)

**BLOG:** [www.tennesseetrails.org/blog/nashville](http://www.tennesseetrails.org/blog/nashville)

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**Jun 2 - Rock Creek Loop, Big South Fork, Jamestown, TN. 8 miles. Moderate.** Hike description unavailable at press time. Please see website calendar for description. Hike leader: Doug Burroughs. 615-587-0085.

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## PLATEAU CHAPTER

### (Crossville)

**CHAPTER CO-CHAIRS:** Bruce Whitehead 941-716-3620  
Bob Obohoski 931-456-4282  
[plateau@tennesseetrails.org](mailto:plateau@tennesseetrails.org)  
**TREASURER:** Gena Whitehead 941-716-3620  
[plateautreas@tennesseetrails.org](mailto:plateautreas@tennesseetrails.org)  
**MEETS MONTHLY:** 2nd Thursday at 6:00 pm CT  
**BLOG:** [www.tennesseetrails.org/blog/plateau](http://www.tennesseetrails.org/blog/plateau)

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There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. Unless otherwise noted, contact the hike coordinator, Deb Westervelt, email [plateauhikes@tennesseetrails.org](mailto:plateauhikes@tennesseetrails.org) or text/call 931-267-2243 for additional information or to register. For a list of monthly hikes, visit the Plateau Chapter Blog. **Check the blog one hour prior to hike time for cancellation or for any other updates/changes to our schedule before hiking.**

**Jun 2 – National Trails Day, Cumberland Trail Black Mountain, Crab Orchard, TN.** Get outdoors and explore the beauty of TN that can be experienced on hiking trails. Explore what can't be seen from the road. Meet Bruce Whitehead at the Crossville Outlet Mall, southwest corner of parking lot, on Interstate Drive at 8:00 am CT for a 2 or 4 mile easy hike around the top of Black Mountain or meet in the parking lot on top Black Mountain. View wildflowers, overlooks, remnants of pioneer homesteads and massive boulders. Bring water and snacks. Wear hiking boots or tennis shoes and bug spray. Carpool cost is \$1. Sign up by contacting Bruce at 941-716-3620 or [plateau@tennesseetrails.org](mailto:plateau@tennesseetrails.org).

**Jun 2-3 – Savage Gulf Backpack Trip To Hobbs Cabin, Beersheba Springs, TN.** Day hikers will hike in 3-4 miles and return while our overnight backpackers will continue on to Hobbs Cabin for 8 miles on Sat and 9 miles on Sun. We have reserved Hobbs Cabin which sleeps 6. Depart 7:30 am CT from Trinity Tabernacle Church on Hwy 127 South. Backpackers must contact Deb in order to reserve enough campsites. Carpool cost is \$7. Pack water, snacks and lunch.

**Jun 6 – Pickett State Park, Pogue Creek, Jamestown, TN.** This will be a 6.6 mile moderate hike in Pogue Creek Gorge to the Pickett SP picnic area which will require a car shuttle. Features include rock houses, rock bluffs and an overlook. Depart 7:30 am CT from Cracker Barrel. Carpool cost is \$6.

**Jun 13 – Savage Gulf, Collins West, Gruetli-Laager, TN. 7 miles. Strenuous.** This hike has spectacular scenery such as waterfalls, bluff overlooks, and rock formations. There should also be diverse and abundant wild flowers. Depart Trinity Tabernacle Church on Hwy 127 South at 7:30 am CT. Carpool cost \$7.

### Plateau Chapter – con't.

**Jun 16 – Andrews Bald/Clingmans Dome, Great Smoky National Park.** We'll hike from the Clingmans Dome Parking Area down Forney Ridge Trail 1.5 mi to Andrews Bald for the views and azaleas in bloom. Retrace our steps to the Clingmans Dome Bypass Trail which will lead us to the AT and over to Clingmans Dome Observation Tower for a total of 4.5 strenuous miles with an elevation change of 2400'. Depart 7:30 am CT from the Crossville Outlet Mall west parking lot. Pack water, snacks and lunch. Carpool cost is \$10.

**Jun 20 - Prater Place Trail & Wheeler Farm Loop, Fall Creek Falls, Spencer, TN.** Prater Place trail is 6 moderate miles, total in and out, to Hemlock Falls. The farm loop is only 1.5 moderate miles with 400 ft elevation loss/gain to Medley Arch, a unique 90' high arch/natural bridge, 120 foot tiered Wheeler Falls, and the remains of a bottomland farm. Depart 7:30 am CT from Trinity Tabernacle Church on Hwy 127 South. Carpool cost is \$6. Pack water, snacks and lunch.

**Jun 27 – Bird Mountain, Frozen Head State Park, Wartburg, TN.** We'll hike 7.6 moderate sometimes strenuous miles with 1000' elevation change making a loop on Lookout Tower West, North Bird Mountain and Bird Mountain Trails. <https://tnstateparks.com/assets/pdf/additional-content/park-maps/09-frozen-head.jpg>. Depart 7:30 am CT from the Crossville Outlet Mall west parking lot. Carpool cost is \$7. Pack water, snacks and lunch.

**Jun 30 - Ramsey Cascades, Great Smoky National Park Cosby, TN.** We'll hike the Ramsey Cascades Trail for 4 moderate to strenuous miles along Middle Prong creek to the 90' cascades and back for 8 miles total and a 2300' elevation change. Look for painted trillium, bee balm, rhododendron, mountain laurel, salamanders and tadpoles. Depart 7:30 am CT from the Crossville Outlet Mall west parking lot. Carpool cost is \$10. Pack water, snacks and lunch.

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## GO GREEN Electronic Newsletter Available

This is reminder that you can now receive your monthly newsletter via email. If interested please contact Cheryl Heckler at [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org) and please include your email address.



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## SODDY-DAISY CHAPTER

**CHAPTER CHAIR:** Jean Smith 423-596-7681  
*soddydaisy@tennesseetrails.org*  
**TREASURER:** Robertson (Bob) McGavock 423-667-2960  
*soddydaisytreas@tennesseetrails.org*  
**HIKE COORDINATOR:** George Bonneau 423-842-3619  
*soddydaisyhikes@tennesseetrails.org*  
**MEETS QUARTERLY:** 1st Tuesday in Jan, Apr, Jul, Oct at 6:00  
pm ET at Burk's United Methodist Church, 6433 Hixson  
Pike, Hixson  
*Additional information may be seen at our web site:  
<http://www.tennesseetrails.org/blog/soddydaisy>*

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**Jun 2 - National Trails Day. Booker T. Washington State Park.** Interpretive ranger on a hike around nature trail. Meet at the swimming pool at 10 am.

**Jun 5 - Rainbow Lake to Edwards Point overlook and back. Approximately 5 miles. Moderate to slightly strenuous.** Meet at Food City in Red Bank at 8 am. Hike leader: Bob McGavock 423-667-2960.

**Jun 9 - Heiss Mountain trailhead to Imodium Falls and return to Heiss Mountain trailhead. Approximately 11 miles. Strenuous.** Meet at Durham Street parking lot in Soddy Daisy at 8 am. Hike leader. John Politte 423-304-8327.

**Jun 12- Enterprise South. Approximately 6 miles. Moderate.** Meet at Target on Hwy 153 at 8 am or at the visitor center between 8:15 and 8:30. Hike leader: Donna Pyers 423-344-9271.

**Jun 16 - Glen Falls. Approximately 5 miles. Moderate to slightly strenuous.** Meet at Food City in Red Bank at 8 am. Hike leader: Tom McElone 805-208-4654.

**Jun 19 - Black Mountain Loop. Approximately 5 miles. Moderate.** Meet at Durham Street parking lot in Soddy Daisy at 8 am. Hike leader: Boodie Fox 423-842-1778.

**Jun 26 - Retro Hughes trailhead to Rock Creek bridge and back. Approximately 5 miles. Moderate.** Meet at Durham Street parking lot in Soddy Daisy at 8 am. Hike leader: Renee Grace 423-593-8128.

**Jun 30 - Roaring Creek. In and out. Approximately 9 miles. Strenuous.** Meet at Durham Street parking lot in Soddy Daisy at 8 am. Hike leader: John Politte 423-304-8327. Mileage - RT 45 - \$2.

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## SUMNER TRAILS CHAPTER

**CHAPTER CHAIR:** Lynn Takacs 615-479-7702  
*sumner@tennesseetrails.org*

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**Jun 2 - National Trails Day.** In Sumner Trails Chapter tradition, we will hike/walk a local Greenway Trail. Details were not confirmed by press deadline. Contact Chapter Chair, Lynn Takacs, *ttasumnertrails@gmail.com*, for information.

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### GUIDELINES FOR SUBMITTING HIKE INFORMATION

When submitting monthly hike listings, please include the following information:

Date, trail name, location (Park, City, State), mileage, rating (easy, moderate, etc), hike description (what you may expect to see, elevation changes, obstacles that affect the hike rating), what to wear or bring, meeting time and location, and hike leader's contact information. Please identify any hikes that are multi-chapter events. Please DO NOT format the submissions (avoid bold, italics, underlining or colored text), as this slows the editorial process.

Hike descriptions are strongly encouraged, but not mandatory. A good hike description can encourage members (and prospective members) to try a new hike, but also alerts prospective hikers to outings that may be unsuitable for their level of expertise or fitness.

All submissions should be made by e-mail to *editor@tennesseetrails.org*. This e-mail address is automatically copied to our webmaster. All submissions MUST be received by the 10<sup>th</sup> of the month PRIOR to the hikes (I.e. February hike listings must be submitted by January 10) in order to be included in the newsletter. Late submissions will be updated on the TTA website, but have no guarantee of inclusion in the newsletter.

We will also be glad to print any hike reports, general chapter news and hike or event photographs as space permits.

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# UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CO-CHAIRS: Jennifer Carroll 661-369-6619  
[uppercumberland@tennesseetrails.org](mailto:uppercumberland@tennesseetrails.org)

HIKE COORDINATORS: Cathy Moran 931-544-2764  
[uppercumberlandhikes@tennesseetrails.org](mailto:uppercumberlandhikes@tennesseetrails.org)

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## Jun 2 - The Old Prison Mines, Frozen Head State Park. 11 miles. Strenuous due to distance and elevation gain.

The prison mines are the remains of coal mines above the old Brushy Mountain Prison and include guard towers and storage buildings. We will begin our hike at the Old Mac Trailhead and make our way up Frozen Head Mountain via North Old Mac Trail. Along the way, we will pass a backcountry campsite near the junction with Panther Branch Trail (mile 2.55) before reaching the Lookout Tower Trail junction (mile 3.7). At this point, anyone interested can take a short side trail (0.1 miles) to see Panther Gap Rockhouse. We will continue along Lookout Tower Trail past Tub Spring Campsite (mile 3.95). From here, anyone who wants in seeing the Lookout Tower can follow a half mile side trail up to the top of Frozen Head Mountain. To get to the old prison mines, we will follow Lookout Tower Trail down the east side of Frozen Head Mountain until we reach Old Prison Mine Trail (mile 5.5). A short hike along Old Prison Mine Trail will lead us to the site of the old coal mines, complete with the remains of a guard tower and other buildings (5.9). From the mines, we will return along the Lookout Tower Trail up to Tub Springs (mile 7.85). Our final Descent down Frozen Head Mountain will follow South Old Mac Trail. Along the way we will pass by Judge Branch Trail (mile 10) and an old CCC Dynamite Shack before reaching the Old Mac Trailhead (mile 11.05). Shorter hike options are available for anyone who is interested (2.2 miles to prison mines and back, 6.5-7.2 miles to the fire tower and back). Make sure to bring sturdy hiking boots, snacks, water, and a lunch. You can meet us at 7:00 am CT in the JC Penney's parking lot in Cookeville, or at 8:30 am CT at the Frozen Head visitor center. For information and to register, please contact Jeff Graves at [jagraves21@students.tntech.edu](mailto:jagraves21@students.tntech.edu).

## Jun 9 - Ross Gap, Frozen Head State Park. 13.4 miles.

**Strenuous.** Ross Gap is the easiest and lowest access point along the crest of Bird Mountain and contains remains of historic coal mining. Our hike will begin at the Frozen Head Volleyball Courts. We will take Ross Gap trail up to the Cumberland Trail junction (mile 2.1). Following the Cumberland Trail, we will pass a retention pond and mushroom rock before reaching the Bird Mountain Trail junction (mile 4.1). Continuing along Bird Mountain Trail, we will pass Castle Rock (mile 4.4) and the Bird Mountain campsite (mile 5) before rejoining the Lookout Tower Trail (mile 7.1). From here, we will follow Lookout Tower Trail down to Big Cove campground (mile 13.4). Those wanting a shorter hike can make their way down to the Big Cove campground directly from the Bird Mountain Trail junction, for a total of 6.3 miles.

## Upper Cumberland Chapter – con't.

Bring hiking boots, snacks, water, and lunch. The hike leader will be traveling from Oak Ridge, so please register to be informed of possible changes or cancellations. You can meet us in the JC Penney's parking lot in Cookeville at 7:00 am CT or at the Frozen Head Visitor Center at 8:30 CT. For information and to register, contact Jeff Graves at [jagraves21@students.tntech.edu](mailto:jagraves21@students.tntech.edu).

## Jun 16 - Ramsey Cascades, Great Smoky Mountains. 8 miles. Strenuous due to distance and elevation gain.

Ramsey Cascades is the tallest waterfall in the Great Smokey Mountains. Water flows over a rock outcrop and falls 100 feet to collect in a small pool. Beginning at the Ramsey Cascades trailhead, we will follow an old gravel road for 1.5 miles until it joins the old Greenbrier Pinnacle Trail. At this point, will we continue east along a narrow footpath entering an old-growth forest, which contains some of the largest trees in the park. At just over 2.1 miles we will cross a narrow footbridge. At 4 miles from the trailhead, we will reach Ramsey Cascades, the tallest waterfall in the park. We will return along the same trail. Bring hiking boots, snacks, water, and lunch. Please contact Jeff Graves at [jagraves21@students.tntech.edu](mailto:jagraves21@students.tntech.edu) for meeting times and locations.

## Jun 23 - Gregory Bald, Great Smoky Mountains. 12.4 miles. Strenuous.

Gregory Bald is a 10-acre grassy meadow famous for the flame azaleas that bloom atop the summit in mid-to-late June. We will begin our hike at the Gregory Ridge Trailhead (not the Gregory Bald Trail). We will cross three footbridges before reaching Backcountry Campsite 12, approximately 2 miles from the trailhead. At this point, the trail will climb roughly 2000 feet for the next 3 miles until we reach the Gregory Bald Trail junction. From here we will continue on to Gregory Bald Trail heading west for approximately 1.2 miles to the summit. We will have lunch at the summit, and return via the same trail for a total of 12.4 miles. Bring hiking boots, snacks, water, and lunch. Please contact Jeff Graves at [jagraves21@students.tntech.edu](mailto:jagraves21@students.tntech.edu) for meeting times and locations.

## Jun 30 - Virgin Falls, DeRossett. 8 miles. Strenuous.

We will hike to the 110 foot tall Virgin Falls. Along the way, we will pass a 30-foot waterfall, Big Laurel Falls. There is a stream crossing and some difficult footing on this hike, including the need to cross a rock field at Big Laurel Falls, so the hike may be canceled or changed due to high water. Therefore, register with hike leader to be informed of possible cancelation or changes. Bring snacks, water, lunch, and hiking boots. You can meet us at the US Bank across from McDonald's in Sparta at 8:00. For information and to register text Janet 931-644-1207.

## OFFICERS:

### President

Carolyn Miller 931-839-3213  
*president@tennesseetrails.org*

### Vice-President

Linda Latter 615-419-4845  
*vicepresident@tennesseetrails.org*

### Treasurer

Kathy Woods 615-473-6824  
*treasurer@tennesseetrails.org*

### Secretary

Jackie York 615-294-8241  
*secretary@tennesseetrails.org*

### At-large Directors (terms expiring listed after name)

Carolyn Miller (2018) 931-839-3213  
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Kathy Woods (2018) 615-473-6824  
*treasurer@tennesseetrails.org*

Jim Poteet (2019) 931-924-7666  
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Vacancy (2019)  
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Cheryl Heckler (2020) 931-200-7436  
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### Regional Directors

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#### Middle TN

Joan Hartvigsen (2019) 931-962-0811  
*midleregional@tennesseetrails.org*

#### East TN

Garnett Rush (2018) 865-268-5181  
*eastregional@tennesseetrails.org*

CHAPTER REPRESENTATIVES ON THE BOARD  
ARE LISTED WITHIN EACH CHAPTER'S HEADER

#### Newsletter Editor

LouAnn Partington 931-393-4835  
*editor@tennesseetrails.org*

## 2018 TTA Board of Directors Meetings

Saturday, Aug 4:1 PM

Location to be announced.

Sunday, Oct 28: 9 AM

Brandon Springs Group Center, Dover.

### Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10<sup>th</sup> of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

- A NEW MEMBER**  
 **RENEWING MY MEMBERSHIP**

Jun 18

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Cheryl Heckler 931-200-7436 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

**PLEASE, PRINT CLEARLY.**

- \_\_\_ Individual \$25.00  
\_\_\_ Family \$35.00  
\_\_\_ Student (FULL TIME) \$15.00  
\_\_\_ Supporting (\$50.00, \$100.00 or more)  
\_\_\_ Life Member (Individual) \$500.00  
\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone (\_\_\_\_) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Cell Phone (\_\_\_\_) \_\_\_\_\_  
e-mail \_\_\_\_\_

- Please do not list my e-mail address in the TTA Annual Membership Directory  
 I would like to receive my newsletter by email.

Please list me with the following chapter:

- \_\_\_ Clarksville  
\_\_\_ Columbia/Franklin  
\_\_\_ East TN (Oak Ridge/Knoxville)  
\_\_\_ Highland Rim (Manchester/Tallahoma)  
\_\_\_ Jackson  
\_\_\_ Memphis  
\_\_\_ Murfreesboro  
\_\_\_ Nashville  
\_\_\_ Plateau (Crossville)  
\_\_\_ Soddy Daisy  
\_\_\_ Sumner Trails (Sumner County)  
\_\_\_ Upper Cumberland (Sparta/Cookeville)  
\_\_\_ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements; (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings, scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend any/all TTA hikes or functions.**  
**Not a member yet? Please check out one of our hikes or meetings soon!**