

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



100 MILE CHALLENGE

Congratulations to the following hikers who completed the 100 mile challenge in 2016!

Great Smoky Mountains

Wendy Fish, Nashville Chapter
Louise Miniard, Upper Cumberland Chapter
Cheryl Heckler, Plateau Chapter
Deb Westervelt, Plateau Chapter
Dawn Hardy, Plateau Chapter
Evelyne Kornreich, Plateau Chapter
Elliott Kornreich, Plateau Chapter

Big South Fork

Cheryl Heckler, Plateau Chapter
Deb Westervelt, Plateau Chapter
Dawn Hardy, Plateau Chapter
Nancy Brainard, Plateau Chapter
Bob Obohoski, Plateau Chapter
Connie Obohoski, Plateau Chapter
Randy Furtick, Plateau

Special mention goes to the following hikers:

- Nancy Brainard who logged 170 miles at Big South Fork
- Bob Obohoski who logged 202.4 miles at Big South Fork
- Randy Furtick who was recognized as the oldest male completing the challenge at Big South Fork

*TTA Annual Meeting - October 13-15, 2017
Dubose Conference Center - Monteagle, TN*

Registration form and information will be in the June newsletter

What is the TTA Annual Meeting?

It's our annual conference held every year in the fall and takes place in a different area of Tennessee. Your registration fee and proceeds from the silent auction, bake sale and white elephant sale supports our Evans Means Small Grant program. The Evans Means Small Grant was established in 1999 to honor Evan Means, one of the founders of TTA. This program funds trail related projects in Tennessee.

Why should you attend?

To meet TTA members and hikers from across the state. It's a chance make new friends and share information about hiking trails in your area.



Office Location 409 Thurman Avenue,
Ste 102
..... Crossville, TN 38555
Office Hours Tuesday – Friday
..... 10 am – 3 pm CT
Phone: 931-456-6259
Office Staff: Marianne Mailhot
Email: ctcoffice2014@gmail.com
Website: www.cumberlandtrail.org

CTC sincerely thanks all the students, volunteers, State Park staff, rangers, and State Park manager, Bob Fulcher for their efforts during the Spring Breakaway (Alternative Spring Break Program from February 25 – April 1). We also want to thank the staff and management of Eden Ridge Missionary Retreat Center in Hebbertsburg and Fort Bluff Camp in Dayton for the use of their facilities.

If you were not able to join the Spring Breakaway, or want to continue to build the Cumberland Trail, we have a couple of options: Call the CTC office and arrange to join the Trail Crew during their weekly work day or schedule to join the trail crew during the Spring Big Dig.

The Central Crew works in the Crossville area and the Southern Crew works in Graysville in the McGill Creek Gorge. Training always provided

Spring Big Dig – May 3 – June 10. Work days: Wednesday through Saturday. Based at Eden Ridge camp.

CTC Board Meeting – April 22. Contact the CTC office for an agenda. These are open meetings and all interested parties are welcome to attend.

Other Volunteer Positions:

WagonMaster: Lead a group of 8-10 volunteers, with all trail training and CPR/First Aid provided by CTC.

Camp Moms/Camp Dads: Spend a week providing leadership and guidance to both our adult and university volunteers and build lifelong friendships.

Connector Program Leadership/Community Field Team Members/GIS. Have an interest in planning, studying, and exploring new trail corridors? CTC will be fielding numerous community teams to study routes to link our communities to the Cumberland Trail State Park. Called the Connector Program, much of this work will be done from maps on your laptop and exploring the local back roads.

Want to advertise the Cumberland Trail on your license plate? The Friends of the Cumberland Trail are seeking 1000 signatures to be able to have a license plate for "The Cumberland Trail". For more information, visit <http://www.friendsofthecumberlandtrail.org>.

Calling all artists!! "CTC Patch Contest"

Design new 100 miler and CT Thru Hiker Patches. As progress of the CT grows so does the need for additional achievement awards and patches. We are looking for a design that shows the uniqueness of the trail. Design must be drawn not computer image. Winner will be chosen at next board meeting April 22. Winner will receive back pack displaying CTC patches. This is the current 50 miler patch.



CLARKSVILLE CHAPTER

- CHAPTER CHAIR:** Ken Johnson 865-803-4371
clarksville@tennesseetrails.org
- CHAPTER VICE-CHAIR:** Paul Schwab 931-801-9484
clarksville@tennesseetrails.org
- TREASURER:** Mary Schwab 931-645-9068
clarksvilletreas@tennesseetrails.org
- SECRETARY:** Donna Burdick 931-220-8497
clarksvillesecy@tennesseetrails.org
- OUTINGS COORDINATOR:** Paul Schwab 931-801-9484
clarkvillehikes@tennesseetrails.org
- (call Paul & volunteer to lead an outing)*
- MEETS MONTHLY:** 3rd Tuesday at 6:00 pm CT,
Crow Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Apr 1 - Ashland City Rails to Trails, paved section. 3.7 miles one way. Easy. Paul Schwab 931-801-9484. Meet 8:00 am CT, Madison Street Kmart parking lot, Clarksville. 23 miles to trailhead.

Apr 8 - Sewanee Domain, hike from Green's View along the Perimeter Trail to Piney Point Trail, hike out and back to Piney Point, return to Green's View via Beckwith's Point. 5.5 miles. Moderate. Paul Schwab 931-645-9068. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot. 130 miles to trailhead.

Apr 18 - Monthly Chapter Meeting.

Apr 22 - Earth Day. Project to be announced.

Apr 29 - Standing Stone State Park, Lake Trail. 4.7 miles. Moderate. Suva Bastin 931-645-2849. Meet 7:00 am CT, I 24 Exit 11 commuter parking lot. 150 miles to trailhead.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: To be determined
columbia@tennesseetrails.org
HIKE COORDINATOR: Jane Coffey 615-516-6551
columbiahikes@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Super China Buffet, 5228 Main St., #B1, Spring Hill, TN 37174. Socializing and dinner at 6:00 pm CT; meeting starts at 7:00 pm.

Please check the TTA website for updates on our hikes.

There will be no formal meeting in April or May for the Columbia/Franklin chapter

Apr 7-9 - "Trails and Trilliums". This event highlights the trails of the South Cumberland near Monteagle, TN. There are hikes and work programs on all three days. We strongly recommend joining the other hikers for some fascinating memories. Early pre-registration is encouraged, since the number of participants in most activities is limited. Activities will be considered **CLOSED** when the limit is reached. If anyone in the Columbia/Franklin chapter is interested in setting up a group to travel to Monteagle on any of these three days, please contact either Marvin Caine (*mlcaine@aol.com*) or Jane Coffey (*jecoffey0644@gmail.com*), and we will try to arrange a hiking group.

Apr 27 - Trail of Tears National Historical sites, Pulaski and David Crockett State Park. This will be a special mid-week TTA hike to become more familiar with the history of the Native Americans, forced off of their lands, and "relocated" to Oklahoma. We will visit the Pulaski Interpretive Center. The two land routes, led by Bell and Bengé, crossed in Pulaski. The museum documents local Native American History, including a bronze statue of a Cherokee family. Our guide will take us to the overlook where the two routes intersected in 1838. We will then drive to David Crockett State Park (about 30 minutes) in Lawrenceburg. We will be joined there by a Park Ranger who will be our guide for a 2.5 mile hike (five miles out and back) on a portion of the original Bell route. The trail travels along a ridge line and on an entrenched road bed. We plan to have a picnic lunch at one of the many shelters in the Park. There are optional trails after lunch. We will meet at 8:00 am at Tollgate Medical Plaza on Tollgate Blvd. in Thompson Station. From there, we will drive to Pulaski (about one hour) and then David Crockett Park, or you may also choose to meet us at the Interpretive Center in Pulaski located at 220 Stadium Street, Pulaski, at 9:00 am. Bring picnic lunch, water, etc. Trails are easy to moderate. Please call or email Janeth McKendrick if you plan to join us. Phone 615-591-9352, email: *Janethmck@aol.com*. It is important to know at which location you plan to meet us. Please include a contact telephone number.

DON'T Leave Home Without It

What good will a green plastic credit card do you 20 miles from the nearest paved road? What do you really need when out away from civilization?

Experienced outdoor enthusiasts know what items are most important to bring - even for short walks or hikes out of base camp. The "10 Essentials" are items that cannot be improvised from materials lying on the forest floor. To be found without these few items, even only a few miles from car, camp or cabin, can spell disaster. The "Ten Essentials" are the end-product of years of hard-won experience. They are intended to help outdoor enthusiasts avoid getting into trouble in the first place, and, if that doesn't work, to minimize the damage.

The standard list of 10 essentials varies slightly depending on which source you go to. For example, the Boy Scouts, Sierra Club, and The Seattle Mountaineers', each have their own lists, yet they all incorporate the same basic items.

The following list is not to be considered cast in concrete - each outdoor enthusiast should customize his or her own kit for the barest minimum of supplies. Note that the first three items are for finding your way, the second three are for your protection, and the last four are for emergencies.

- Map
- Compass
- Flashlight, extra batteries and bulb
- Hat, sunglasses, bug repellent, gloves
- WATER!!! And a way to purify water. Extra food.
- Clothing: raingear, socks, sweater, space™ blanket
- Matches / lighter, candle / fire starter
- Mirror, whistle
- Pocket knife
- 1st aid kit: moleskin, antibiotic ointment, medications.
- Always tell someone else your hiking plans
- Use your common sense

By avoiding unnecessary problems and dangers you will save on your own personal wear and tear, and probably get back home in one piece. However, if something does come up, at least you know you've got those 10 important items stowed away in your pack.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-985-9144
easttennessee@tennesseetrails.org
WEBMASTER: Sherry Barber 865-209-6189
sbarber6189@comcast.net

Apr 8 - Frozen Head State Park. Join us on a flower hike in the Cumberland Mountains. We will park at the end of Flat Fork Road hike a portion of the Panther Creek trail and the entire Emory Gap trail to the falls. On the Panther Creek trail we will go about 1.75 miles and gain about 250 feet, turn around and go back to the Emory Gap trail, losing about 200 feet. The Emory Gap trail to the falls is about 1.0 mile and gains about 300 feet. At the falls we will turn around and go back to the parking area, losing about 350 feet. The total distance for this hike is about 4.5 miles. If time and energy allow we will relocate and take a second hike on the Old Mack and Judge Branch trails. This second hike is about 3.3 miles and gains about 300 feet by the turn around point. All of the distances and elevation changes are estimates based on a topo map. If we take both hikes the total distance is about 7.8 miles which is about average of most of our hikes. We will meet in the Bearden Central Baptist Church parking lot for car-pooling and leave at 8:30 am, stopping in Oak Ridge at the American Museum of Science & Energy, 300 Tulane Ave, and meeting in the parking lot nearest Illinois Ave. We will leave there at 9:00 am for those who would prefer to meet there. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, other weather appropriate clothing, a snack, a drink and a camera. Don't forget your \$\$\$\$ for carpooling. After the hike plan on stopping on the way back for a meal and refreshments. For specific information about the hike please call Tom at 865-974-4422 or leave a message at 865-588-5622 or send an email to cressler@utk.edu before April 7th.

Apr 15 - Frozen Head State Park. We will look for wildflowers on the Spicewood and S Mac trails. This is a mountain type trail so be sure and wear appropriate footwear. Bring a lunch and plenty of water. Hiking distance 7 miles, another mile can be added by visiting the fire tower at the top. Carpool at 8:00 am from Books A million on Illinois Ave. in Oak Ridge. Be ready to pay the driver if you are a rider. Driving distance is about 30 miles Leader Chris Hamilton hikeintenn@gmail.com. Please call Tom at 865-974-4422 or leave a message at 865-588-5622 or send an email.

East Tennessee Chapter – con't.

Apr 22 - Whiteoak Sink, Schoolhouse Gap and Chestnut Top Trails. The hike will start at the Schoolhouse Gap Trailhead on Laurel Creek Road and go to Dosey Gap gaining about 200 feet in 1.1 miles, then to Whiteoak Sink losing about 100 feet in .7 miles, where we will walk about viewing the flowers. **The waterfall and bat caves may be off limits because of the bat white-nose syndrome.** Because of the bat problem we may not be able to hike out to Schoolhouse Gap. If so, going out we will have to retrace our entry route. The hike is about 4 miles. After returning to Laurel Creek Road we will relocate to the parking lot at the Wye for a short walk on the Chestnut Top Trail. This trail is one of the most spectacular wildflower trails in the park. The trail gains about 300 feet in one-half mile where we will turn around and return to the parking lot. The total distance for the day is about 5 miles. We recommend shoes to wear to and from the hike plus sturdy hiking shoes, a snack, something to drink and a camera. We will meet in the Central Baptist Church of Bearden parking lot for car-pooling and leave at 8:30 am, stopping at the Browns Creek Shopping Center parking lot nearest the Sonic at 1707 E Lamar Alexander Pkwy, across the street from the Hardee's near the hospital in Maryville. We will leave there at 9:00 am. Don't forget your \$\$\$ for carpooling. After the hike plan on stopping Applebee's in Alcoa on the way back for a meal and refreshments. For specific information about the hike please call Tom at 865-974-4422 or leave a message at 865-588-5622 or send an email to cressler@utk.edu before April 21st.

Attention: Hike Coordinators (aka Hike Leaders)

A TTA **Release of Claims & Hold Harmless Agreement** form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website:
www.tennesseetrails.org/release.php

HIGHLAND RIM CHAPTER

(Coffee and Franklin Counties)

CHAPTER CHAIR: Mary Etta Ward 931-455-4609
highlandrim@tennesseetrails.org

SECRETARY Tanja Kendrick 931-224-6225
highlandrimsecy@tennesseetrails.org

TREASURER/MEMBERSHIP: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org

OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT: Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org
(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Apr 1 – Honey Creek Loop. Big South Fork National River and Recreation Area. Near Rugby, TN. 5.6 miles total. Difficult. Joint hike with Nashville Chapter. This is a strenuous hike through creeks, over boulders, and up steep and rugged terrain. There will also be great overlooks, waterfalls and interesting geological features. Bring water, snacks, lunch, waterproof boots with ankle support and clothing appropriate for the weather that day. There is an option after the hike to stop for food in Rugby or somewhere along the road back to Nashville. The total time commitment could be up to 12 hours: driving up, hiking 5.6 difficult miles, dinner and then driving back. Contact Marietta Poteet at *nannietta@blomand.net* or leave a message at 931-924-7666 for more information and to register. There is a separate option of camping or staying in Rugby Saturday night after the hike. Contact Marietta Poteet at *nannietta@blomand.net* if you are interested in the overnight option.

Apr 2 - Short Springs State Natural Area, Tullahoma, TN. Celebration of Natural Areas Week. Two wildflower hikes. 10:00 am, led by Brian Bowen, Tennessee State Natural Area Administrator. Don Davidson will assist Brian. The 2:00 pm hike will be led by Dennis Horn, author of several wildflower books, assisted by Ann Cline. Contact Joan Hartvigsen for more information. *jhartvigs@comcast.net* or 931-962-0811.

Apr 7-9 – Trails and Trilliums. Monteagle Sunday School Assembly, Monteagle, TN. A Three Day Festival Celebrating the Natural Wonder of the South Cumberland Plateau. A weekend enjoying nature with proceeds benefitting Friends of South Cumberland State Park, a 501(c)(3) nonprofit organization. Event highlights: guided hikes in South Cumberland State Park, Shakerag Hollow and MSSA, live music, native plant sale, programs and workshops, ART for the PARK Sale, wine & wildflowers, vendors and food. Guided hikes include Stone Door, Fiery Gizzard, Foster Falls, Greeter Falls. or more information and to preregister for hikes: *www.trailsandtrilliums.org* and Naullain Kendrick, *naullain@hotmail.com*.

Highland Rim Chapter – con't.

Apr 14 – Good Friday Hike. Black Mountain Hike. Segment of Cumberland Trail. Near Crab Orchard, TN. Moderate. 7.2 total mileage. Out and back. Joint Hike with the Murfreesboro Chapter. Impressive rock formations and awesome overlooks. We are starting at the Highway 68 Trailhead, hiking to the top and then include the loop at the top. Contact Joan Hartvigsen. *jhartvigs@comcast.net*. 931-962-0811 for carpool information.

Apr 15 – Beckwith's Point Trail, Piney Point Trail, Shakerag Hollow Trail, Bridal Veil Falls Trail. Sewanee, TN. 6 miles total. Beginning at Green's View, we will hike Beckwith's Point Trail, Piney Point Trail, Shakerag Hollow Trail to complete a loop back to Green's View. Then we will visit Bridal Veil Falls. Moderate due to steep ascent up cliff to Green's View and areas of rocky footing. Features spectacular wildflowers, limestone bluffs, great overlook at Piney Point and a beautiful waterfall. Bring water, lunch, hiking sticks. Wear sturdy hiking boots. Meet at 9:00 am CT at Blue Chair Restaurant in Sewanee for breakfast or 9:30 am if you just want to hike. Register with Joan Hartvigsen, *jhartvigs@comcast.net* or 931-962-011.

Apr 22 – Sewanee Perimeter Trail. Sewanee, TN. 20 miles. 8+ hours. Strenuous. Meet at 8:00 am CT in parking lot on Highway 41A across from the intersection of University Avenue and Highway 41A in Sewanee. We will start on the Mountain Goat Trail across from the Blue Chair Restaurant. We will hike toward the Memorial Cross taking the Perimeter Trail around Sewanee. We will have lunch at the Forestry Cabin. We will continue to Shakerag Hollow back to the Mountain Goat Trail to our starting point. Bring water, snacks and lunch. Wear sturdy hiking boots. Dinner in Sewanee after hike. Register with Michael Glennon, *kb4jhu@gmail.com* or 931-571-0502.

Apr 24 – Chapter Meeting. Dinner at 5:00 pm at Applebee's. Meeting at 7:00 pm at D. W. Wilson Community Center. Program: Planning Meeting. October 13-15 Annual Meeting and Highland Rim Paddles, Hikes, and Camping Trips for 2017. Mary Etta Ward, *maryettaward@gmail.com*.

Apr 29 – Short Springs State Natural Area Work Day. Tullahoma, TN. One of our tasks is refreshing the paint blazes on the Laurel Bluff Trail. We will also clear the trails of any trees which have blown down. If we have enough workers, we will work to improve eroded trails. Please let Joan Hartvigsen know if you can help. *jhartvigs@comcast.net* or 931-962-0811. Meet at 9:00 am CT in the Short Springs parking lot, 2250 Short Springs Road, Tullahoma. Bring work gloves, snacks and water.

JACKSON CHAPTER

CHAPTER CHAIR: Melinda Pearson 731-225-4293
jackson@tennesseetrails.org
TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org
SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org
OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)
MEETS MONTHLY: 1st Tuesday at Perkins Restaurant, Vann
Drive, Jackson. Socializing & dinner starts at 6:00 pm
CT; meeting starts 6:45 pm

Apr 1 - Bite-size walk. This will be a short 3 mile walk around **Pinson Mounds**, specially created for newcomers to our group. Please let your friends know about the outing. If you are going, please meet at Panera Restaurant in Jackson at 10 am, so that we can carpool together, or arrange to meet us at the Pinson Mounds visitor center at 10:30 am. For additional information, Don Dresser at *donald_dresser@usit.net* or 731-668-4190 or Melinda Pearson at *hurstme@bellsouth.net* or 731-225-4293.

Apr 4 - Chapter Meeting.

Apr 8 – Wildflowers and Waterfalls. Glen Rognstad will lead us on our annual wildflower hike. We will take several short hikes, to Jackson Falls, Falls Hollow Falls, Stillhouse Hollow Falls NA and Rattlesnake Falls. We then will stop for dinner in Summertown. We plan to leave from Panera Restaurant in Jackson at 8 am. For additional information or to register, please contact Glen at *glenrognstad@gmail.com* or 731-217-5966.

Apr 29-30 - Walls of Jericho NA. Plans are being made for a trip to Walls of Jericho and Stevens Gap Cave.

Planning Ahead:

May 2 - Chapter Meeting.

May 5-7 - Beginner Backpack. This will be a short backpacking trip (two nights, three days) in Savage Gulf, covering a total distance of almost 20 miles. Prior experience backpacking is not required and the necessary gear can be borrowed for the trip. To register for the trip or obtain further information, please contact Glen Rognstad at *glenrognstad@gmail.com* or 731 - 217-5966.

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org
VICE-CHAIR: Francis Ruffin 662-781-5034
memphisvice@tennesseetrails.org

Apr 1 - Lucius Burch Natural Area – North. We will meet at 9:00 am for sign-in and announcements in the unpaved parking area on the south side of Walnut Grove immediately east of the Wolf River. Please note that it is very difficult to reach the parking lot if you are traveling west on Walnut Grove. The hike will depart promptly at 9:15, so don't be late. The hike will be approximately 5.75 miles and take between 2 1/2 and 3 hours. The terrain is relatively flat with a few steep ravine crossings. Bring water and a snack if desired. Hiking boots are recommended especially if we have had recent rain. For additional information, contact Marion at 256-273-9720 or at *mquinlen@gmail.com*. Rain cancels hike.

Apr 7-9 - Cumberland Trail, Soddy Daisy. This trip will include three days of hiking. On Friday we will hike 4.9 miles on the moderately rated southern section of Soddy Creek Gorge, going from Mowbray Pike to the Little Soddy Trailhead. We will have two options on Saturday. We will all be hiking on the Rock Creek Gorge Section. The shorter option is a moderately strenuous 5.4 mile hike. Those who wish to go farther can add on the 3.4 mile Rock Creek Loop. On Saturday we will be hiking on the Southern Section of Possum Creek Gorge. We will begin at the Heiss Mountain Road Trailhead and do an out-and-back to Perkins Point Overlook. The hike totals 5.4 moderately strenuous miles. Registration required. Contact Wayne Simpson, *w.simpson1@comcast.net* or 901-385-1988.

Apr 22 - Lucius Burch Natural Area – South. Meet at 9:00 am in the unpaved parking lot on the south side of Walnut Grove immediately east of the Wolf River. The hike will be 5 to 6 miles on the Yellow/Blue/White trails. If there has been rain we may have a stream crossing. In that case a hiking stick will be useful. Bring water and a snack. Rain will cancel the hike. For additional information call Gloria Folk at 901-277-5756.

Apr 29 - V&E Greenline & Old Growth Forest. Hike & Eat. We will meet in Overton Park at 9:00 am for a short hike in the Old Growth Forest. Hike will begin at the entrance to the forest near the pavilion by the lake. There is a parking lot by the pavilion. From forest we will transition to the Vollentine and Evergreen Greenline for a 3-mile easy walk. Following the hike all are invited to Dino's for brunch or lunch. Please come join us for this easy, very social and scenic hike in the mid town area of Memphis. For any questions please contact Carolyn Pierce at 901-755-5735.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610
murfreesboro@tennesseetrails.org

TREASURER Ann Jacobs 615-896-3935
murfreesborotreas@tennesseetrails.org

PROGRAM COORDINATOR: Valerie Galan 615-516-6441
murfreesboroprogram@tennesseetrails.org

HIKE COORDINATOR: Jennifer Zahn 615-943-8853
murfreesborohikes@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Apr 8 – Annual Celebration of Spring. Edgar Evins State Park. Silver Point. This is a full day of fun for just about everyone, young, old, and in between. Participants may make a day of it or come for a specific activity. Offerings include live entertainment, wild animal presentations, wildflower identification hikes, face painting, \$2 boat rides on Center Hill Lake, an Easter Egg Hunt on the Millennium Trail at noon, and more. Besides providing hiking opportunities, it would be a great destination for parents and grandparents to share with children. For more information visit the Friends of Edgar Evins State Park on their website at www.foeesp.com or on Facebook @[friendsfoeesp](https://www.facebook.com/friendsfoeesp). You may also contact Fount or Anna Bertram at abertram@dtccom.net or 615-765-5357.

Apr 8 – Shakerag Hollow. Sewanee. 6.2 miles. Moderate. Starting at the east gate at University of the South, we'll hike from-Shakerag Hollow to Green's View for lunch and back via the Beckwith Point trail. Then we'll take a short hike out to Piney Point to the gorge overlook. Shakerag Hollow is one of the best wildflower hikes in the southeast. The hike is fairly easy in many areas, rocky in others. There is a steep climb out of the gorge near Green's View. Because of the rocky portions, poles and boots are recommended. Bring water, snacks and lunch. To register or for more information contact Jan Safavi at safavi.jan@gmail.com or 615-390-9146.

Apr 11 – Chapter Meeting. Dr. Kim Sadler, Professor of Biology Education at Middle Tennessee State University will be our guest speaker. She will have a presentation on the Flat Rock Cedar Glades and Barrens area in Murfreesboro. Flat Rock is one of the largest intact cedar glades still remaining. This area is home to very rare plants including Pyne's ground plum which was once thought to be extinct.

Murfreesboro Chapter – con't.

Apr 14 – Good Friday Hike. Black Mountain Section of the Cumberland Trail. Crab Orchard. 8.0 miles. Moderate. Joint hike with the Highland Rim chapter. We will start the hike at the trailhead on Highway 68 and hike to the top of Black Mountain taking a spur trail to Windless Cave along the way. We'll have lunch at the South Overlook with a spectacular view of Grassy Cove. At the top we'll hike the short loop trail and stop at the North Overlook with views of Crab Orchard. We'll also pass a campsite and pass through a rock gateway. Pack lunch, water and snacks. To register or for more information, contact Sara Pollard at sarabpollard@gmail.com or 615-714-3610.

Apr 15 -Taylor Hollow State Natural Area. Sumner County. 2 miles. Easy. This area was designated as a state natural area in 1995 and is home to some unique wildflowers. Hopefully we can catch the blue eyed Mary in bloom. The meandering trail into this forested hollow is only 2 miles long. The trailhead is off of Hwy 231 north of Mt. Juliet near Westmoreland. No need to start this hike out early - we'll take our time and explore what spring time in the forest has to offer. Might want to remember the bug spray on this hike and this area is home to lots of deer. Contact Jan Safavi at safavi.jan@gmail.com or 615-390-9146 for meeting time and carpooling information.

Joining TTA as a New Member?

Membership Up For Renewal?

Your Generosity Benefits All !

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. During the 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507
nashville@tennesseetrails.org
OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811
nashvillehikes@tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI
Community Room, 261 Franklin Road, Brentwood. For
directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Apr 1 - Honey Creek/Big South Fork National Recreation Area, Near Rugby TN. Joint hike with the Highland Rim Chapter. This is a strenuous hike through creeks, over boulders, and up steep and rugged terrain. There will also be great overviews, waterfalls, and interesting geological features. Bring water, snacks/lunch, waterproof boots with ankle support, and clothing appropriate for the weather that day. There is an option after the hike to stop for food in Rugby or somewhere along the road back to Nashville. The total time commitment could be up to 12 hours: Driving up, hiking 5 difficult miles, dinner, and then driving back. Contact Doug Burroughs at dougburroughs@tennessee.usa.com or leave a message at 615-587-0085 for more information and to register. There is a separate option of camping or staying in Rugby Saturday night after the hike: Contact Marietta Poteet at nannietta@blomand.net if you are interested in the overnight option. Meeting Place: Parking lot just north of the FedEx/Kinko, 540 Donelson Pike Nashville 37214. Just north of I-40. Meeting Time: 7:00 am. Meeting at the trailhead approximately 9:30 am.

Apr 8 - Shelby Bottoms Greenway. 2-4 miles. Easy. Meet at the Forest Green trailhead. We will take a leisurely hike on the paved greenway to the pedestrian bridge, walk across and back and continue to the Shadow Lane Connector. We will return to the trailhead on the Cornelia Fort mulch trail. The trail winds among old fields, beneath trees, and along the river. Call Elizabeth Gerlock, 615-516-3478, or email eygerlock@bellsouth.net for meeting time, directions and more information.

Apr 15 - Radnor Lake State Park, Nashville, TN. 5 plus miles. Moderate with strenuous stretches. We will do a clockwise loop around the lake and over both ridges with a side trip to the Aviary entrance. This will be an ideal weekend to view a lot of fresh spring growth. Meet at 7:00 am at the Visitor's Center off of Granny White Pike. For more information and to register call or e-mail Glen Sisk at 615-647-7736, glenhillsboro@outlook.com.

Apr 25 - Monthly Meeting. Marietta Poteet of the Highland Rim Chapter (and formerly of the Nashville Chapter) will present a slide show of her hike around the Dingle Peninsula (110 miles), her trip in a horse caravan for five days, and day hiking in the Killarney area in Ireland. She spent a month in Ireland with TTA friends Marcia Medford, Ruth Wells, and Linda Hudson this past September.

Nashville Chapter – con't.

Apr 29 - Stones River Greenway. 6 miles out and back, paved. Moderate. Meet at 8:00 am CT at the Bell Road trailhead near Percy Priest Dam. Directions: from downtown Nashville, follow I-40 East to Exit 219, Stewart's Ferry Pike. Turn right off the exit ramp, follow Stewart's Ferry Pike past Thornton's gas station and turn left onto Bell Road going toward the dam. Take the first left off Bell Road and follow the road downhill to reach the trailhead. The trail follows the Stones River and forks to the right where there is a long foot bridge about halfway in, with possible views of fish, turtles and birds. We will follow the trail past the Kohl's parking area on Lebanon Road and then hike back to the dam. To sign up, contact Betty Magee at monetfan455@yahoo.com or 615-319-5394.

TTA and CTC phase out joint memberships

TTA was the parent organization for CTC until January 2016 when TTA spun off CTC.

Now that CTC has its own 501(c)3 status, and both organizations are operating independently, TTA and CTC have discontinued joint memberships.

In other words, if you want to join TTA, please visit the TTA website (www.tennesseetrails.org) and connect to the Member Service tab to join online. Alternately, print a copy of the membership form that is located on the back page of the TTA newsletter and send to the address on the form.

If you want to join CTC, please visit the CTC website (www.cumberlandtrail.org) and pull down from the "About" Tab where you will find the link for Membership. If you don't have computer access, please contact the CTC office in Crossville at 931-456-6259 and they will assist you with renewal by mail.

We hope you will continue to support both TTA and CTC through membership donations and volunteer hours as hike leaders, trail construction and maintenance crew and other volunteer opportunities.

PLATEAU CHAPTER

(Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-200-7436

plateau@tennesseetrails.org

TREASURER: Bill Quattrociochi 931-484-4230

plateautreas@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:00 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information contact Bruce Whitehead at trailwalker80@gmail.com or 941-716-3620, or visit the Plateau Chapter Blog. Check blog for cancellations or changes before hiking.

Apr 1 – Lula Lake Land Trust, Lookout Mt, GA. Joint hike with the Soddy Daisy Chapter. This 5 mile moderate hike includes the upper falls, Lula Lake, lower falls, and the panoramic vista. For more information and to register contact Cheryl Heckler from Plateau Chapter 931-200-74436 or thehecklers@charter.net. Plateau Chapter will depart at 7:30 am CT from Trinity Tabernacle Church, Hwy 127S to meet Soddy Daisy Chapter at Food City Parking lot in Red Bank

Apr 8 – CT Piney Falls Trail from Duskin Creek to Rockhouse Branch, Spring City. This is a moderate 6.5 mile hiking 3 miles from Duskin Creek bridge to Rockhouse Branch bridge and returning seeing White Pine Cascades, Deep Pool Cascades and a spur trail to Hemlock Falls. Hopefully we will be lucky and see spring wildflowers or Mt Laurel in bloom. For more information and to register contact Cheryl Heckler 931-200-74436 or thehecklers@charter.net. We will depart at 8 am CT from Trinity Tabernacle Church, 2028 S Main Street, Crossville.

Apr 13 – Chapter meeting, First United Methodist Church Annex, 69 Neecham Street, Crossville. Dinner at Gondola's Restaurant, 138 The Crossings, Crossville at 5 pm CT. Program - Wildflowers by Karla Miller. Contact Chapter Chair, Cheryl Heckler at thehecklers@charter.net or 931-200-7436 for additional information.

TTA Second Quarter 2017 Board of Directors Meeting

REI, Brentwood
Saturday, April 29
1:00 PM – 5:00 PM

Old Business

- ByLaws Update
- Website Update – Board scheduled to vote on a proposal.

All members and guests are welcome to attend.

If you have an item to add to the agenda, please contact the president, Carolyn Miller, or vice president, Bruce Whitehead.

SODDY-DAISY CHAPTER

CHAPTER CO-CHAIRS: Jean Smith 423- 423-3475

soddydaisy@tennesseetrails.org

HIKE COORDINATOR: George Bonneau 423-842-3619

soddydaisyhikes@tennesseetrails.org

TREASURER: Bob McGavock 423-843-4646

soddydaisytreas@tennesseetrails.org

MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at

6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

Additional information may be seen at our web site:

<http://www.tennesseetrails.org/blog/soddydaisy>

Apr 1 - Lula Lake. Approximately 5 miles. Moderate. Joint hike with Plateau Chapter. Meet at Food City parking lot in Red Bank at 9 am. Hike leader: George Bonneau.

Apr 4 - Laurel Falls. Approximately 5 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

Apr 8 - Sluder Lane to Heiss Mountain trailhead. Approximately 9 miles. Will stage vehicles. **Strenuous.** Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

Apr 11 - Some club members are spending two days at **Pickett State Park** hiking in the park and maybe Big South Fork

Apr 15 - Virgin Falls. Approximately 8 miles. Strenuous. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

Apr 18 - Signal Mountain High School Loop. Approximately 3-1/2 miles. Easy to moderate. Meet at Food City parking lot in Red Bank at 9 am. Hike leader: George Bonneau.

Apr 22 - Retro Hughes Road to Heiss Mountain trailhead. Approximately 10 miles. Strenuous. Will stage vehicles. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

Apr 25 - White Oak Mountain. Approximately 4-1/2 miles. Moderate. Meet at Target parking lot on Hwy 153 at 9 am. Hike leader: George Bonneau.

Apr 29 - Black Mountain. Approximately 6 miles. Moderate to strenuous. Meet at Durham Street parking lot in Soddy Daisy at 9 am. Hike leader: George Bonneau.

SUMNER TRAILS CHAPTER

CHAPTER CHAIR: Lynn Takacs 615-479-7702
sumner@tennesseetrails.org

Apr 8 - Narrows of the Harpeth. 2 miles. Moderate. This hike follows alongside the river, passing through an area known as "The Narrows". Here, the Harpeth River in a 5 mile bend nearly curves back on itself. Highlights include a panoramic view of the area, and a man-made tunnel that goes about 100 yards through the bluff at the narrowest point. Back in 1890 Montgomery Bell, using slave labor bored the tunnel to provide water power for his iron ore mill. We usually see lots of wildflowers so bring your books, also footwear you don't mind getting wet or muddy, and walking sticks for some slippery sections. Meet for carpooling at Hendersonville First Presbyterian Church parking lot at 9 am CT or at the Harris-Street Bridge trailhead at 10 am CT. After the hike we'll have lunch at Carl's Perfect Pig in White Bluff. For further info contact Tunnel Breath Al at ballallenger@aol.com.

Apr 21 - White House Greenway. Paved 3.5 mile walk. Easy. Meet at the Kroger Glenbrook (1010 Glenbrook Way) parking lot 9:30 am or meet at the Tyree Springs Rd trailhead (adjacent to WH High School) around 10:15. Lunch at a place to be determined by group after the walk. For information call Sally Ticaric 615-218-1086.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER CO-CHAIRS: Louise Miniard 931-239-5425
Jennifer Carroll 661-369-6619
uppercumberland@tennesseetrails.org

HIKE COORDINATORS: Kathleen Sullivan 931-284-7822
Cathy Moran 931-544-2764
uppercumberlandhikes@tennesseetrails.org

Apr 1 Groundhog Ridge Trail, Great Smoky Mountains National Park, Cosby, TN. 8 to 9 miles. Strenuous. We will ascend Mount Cammerer along the Groundhog Ridge Trail. This trail is not maintained but is generally easy to follow. The upper parts of the trail are steep and in places trees have fallen across the trail. There is also some rock scrambling near the top. We will be rewarded with outstanding views from the upper parts of the trail and from the Mount Cammerer lookout tower. We will return by taking the Mount Cammerer Trail to its junction with the Appalachian Trail. We will hike on the A. T., descending to the Lower Mount Cammerer Trail, then to its junction with the Groundhog Ridge Trail and then back to the beginning. Bring lunch, water, snacks, headlamp, raingear, and wear good hiking boots. You can meet us at 5:30 am CT at the Penney's parking lot in Cookeville. For information and to register contact Gary Kimbrell at 931-215-9520 or Gary.Kimbrell@fbitn.com.

Upper Cumberland Chapter - con't.

Apr 8 - Savage Gulf SNA Beersheba Springs, TN. 8 miles. Moderate to strenuous due to the fact that we will return up Grassy Ridge. Hopefully we will see the bluebells blooming at Long Bottom Fields and Catur Savage Cabin. We will check out 2 historic Beech trees and several home sites. Meet at the Stone Door at 830 am. We will drive to the sharp curve on Hwy 56 and park. For information and to register contact Vicki Williams at 615-351-9599 or vickiwilliams1mt@gmail.com.

Apr 15 - Savage Gulf Waterfalls, Savage Gulf State Natural Area, Gruetli-Laager, TN. 13 miles. Strenuous. Highlights of this hike include seven of the major waterfalls of Savage Gulf and spectacular spring wildflower displays. We will descend into the gulf along the Collins Gulf Trail past Suter and Horsepound Falls. We will then continue along the Connector Trail and old roads past the Catur Savage cabin and the lowest sink on Big Creek. We will then continue upstream along the creek past the middle sink and a number of large springs before joining the Big Creek Gulf Trail. There is one short section which at some points requires hands and feet to negotiate. After a side trip to Ranger Falls we will visit Upper and Lower Greeter Falls before exiting the park. Depending on water conditions creek crossings may be dry, may require water shoes, or with very high water the route will need to be modified. You can meet us in the Penney's parking lot in Cookeville at 7:00 am CT or at the US Bank across from McDonald's in Sparta at 7:30. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Apr 22 - Edgar Evins. 8 miles. We will hike the 5.5 mile Merritt Ridge Trail, which rises upon the ridges from an intersection along the 2.5 mile Jack Clayborn Millennium Trail Loop. We will combine the two trails and enjoy approximately 8 miles of diverse terrain. Both the Millennium Trail and the Merritt Ridge Trail share the same trail head, which is located on the left just beyond the Maintenance Center on the right. Bring water, lunch, and snacks. It has been suggested to wear orange due to hunting season. You can meet us as in the JC Penney's parking lot in Cookeville at 8:30 am or at the Edgar Evins Trailhead around 9 am. Jeff Graves at jagraves21@students.tntech.edu.

Apr 29 - Black Mountain wild flower hike, Black Mountain Segment of the Cumberland Trail, Crab Orchard, TN. 7 miles. Moderate. Black Mountain is noted for its interesting rock formations and wonderful overlooks. We will start the hike at the trailhead on HY 68 and hike up to the top of Black Mt. We hope to see the spectacular display of yellow trillium that blankets the western slope of the mountain in spring along with snowy orchids, lady slippers and others if the timing is right. At the top we will enjoy lunch at a sweeping overlook and explore this portion of the Cumberland trail and the trails through the boulder gardens. If time permits we will visit Windless Cave on the return trip down the mountain. Meet at 8:00 am CT in the Penney's parking lot in Cookeville. Bring snacks, lunch, and sturdy hiking boots. For information and to register contact Cathy Moran 931.544.2764 or ccmoran04@yahoo.com.

OFFICERS:

President

Carolyn Miller 931-839-3213
president@tennesseetrails.org

Vice-President

Bruce Whitehead 941-716-3620
vicepresident@tennesseetrails.org

Treasurer

Kathy Woods 615-473-6824
treasurer@tennesseetrails.org

Secretary

Jackie York 615 294-8241
secretary@tennesseetrails.org

Membership Director

Cheryl Heckler 931-200-7436
membership@tennesseetrails.org

Previous Past President

Don Dresser 731-668-4190
pastpresident2@tennesseetrails.org

West TN At-Large Director

Margaret Dixon 901-603-7680
westregional@tennesseetrails.org

Middle TN At-Large Director

Joan Hartvigsen 931-962-0811
middleregional@tennesseetrails.org

East TN At-Large Director

Garnett Rush 865-268-5181
eastregional@tennesseetrails.org

TN Rails To Trails Advisory Council Representative

Bob Richards 615-532-0753
TRAC@tennesseetrails.org

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

LouAnn Partington 931-393-4835
editor@tennesseetrails.org

Evan Means Grant Program

Funds Still Available!

The Evan Means Grant program was established in February 1999 to honor Evan Means, one of the founders of TTA. This program funds trail related projects across the state and is open to TTA chapters, as well as to other non-profit, volunteer based organizations.

Some of the past projects funded by the Evan Means grant program include: Cumberland Trails Conference alternative spring break, Friends of the South Cumberland Fiery Gizzard Trail Reroute, WATER trail projects at Tellico Reservoir, Friends of Short Springs State Natural Area – Bobo Creek Bridge, and Black Mountain Stair Repair.

Our normal cycle is to accept grant requests during the fourth quarter of each year, and then announce the awards the following February after the board has reviewed and approved the requests. However, requests may be considered at other times throughout the year and if funds are available. For the 2017 grant cycle, we still have funds remaining!

If you have a trails project that needs funding, please download the grant application from the website. Alternatively, you may e-mail grants@tennesseetrails.org or Bob Richards at Trailbob51@outlook.com for more information or to request an application.

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due on the 10th of each month for the following month's newsletter.

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Please note: Newsletter submissions to the "editor" address are automatically copied to the webmaster for inclusion on the TTA website.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Apr 17

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Cheryl Heckler 931-200-7436 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

___ Individual \$25.00
___ Family \$35.00
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___ Life Member (Individual) \$500.00
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Name _____
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- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

** _____ **

Please list me with the following chapter:

___ Clarksville
___ Columbia/Franklin
___ East TN (Oak Ridge/Knoxville)
___ Highland Rim (Manchester/Tullahoma)
___ Jackson
___ Memphis
___ Murfreesboro
___ Nashville
___ Plateau (Crossville)
___ Soddy Daisy
___ Sumner Trails (Sumner County)
___ Upper Cumberland (Sparta/Cookeville)
___ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's partner organization (CTC) and associate organization (TRAC). (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.