

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## EDGAR EVINS STATE PARK

### Multi-Chapter Hike January 1, 2014

Start the New Year off right with an invigorating hike and a traditional New Year's Day lunch. The adage is that what you do on the first day of the year, you'll continue to do throughout the year.

We'll meet at the covered picnic shelter #1 at the lower part of the marina parking lot at 10:00 am CT to drop off food and then carpool to the trail head. We will hike the 3.2 Millennium Trail...built by TTA in 2000...and come back for a pot luck lunch, featuring the traditional dishes...black eyed peas, ham hocks/hogs jowl, collard greens, corn bread, etc. Bring your favorite dish to share. There are electrical outlets and running water for those who want to bring food in crock pots, etc. Restrooms are also available on-site. We'll have a roaring fire going in the fireplace to help knock off the winter chill.

After lunch, those who want more can hike the 2 mile Highland Rim Nature Trail. We are again combining our TTA hike with the State Parks sponsored First Hike. The New Years Day Hike and lunch have been a part of TTA's statewide events for many years and all chapters are welcome and encouraged to participate. For information and to pre-register for the event call or write: Fount Bertram email [fbertram@dtccom.net](mailto:fbertram@dtccom.net) or 615-765-5357.

## CUMBERLAND TRAIL STATE SCENIC TRAIL

### New Year's Day Hike Tennessee River Gorge Segment HWY 27 to Signal Point

Enjoy the first day of 2014 by taking a 7.8 mile moderate hike on the Cumberland Trail. Participants need to meet at 9:00 am ET at the Signal Point National Park for shuttle by State Park staff to the HWY 27 trail crossing. We will hike back to Signal Point Overlook and a view of the "Grand Canyon of Tennessee." On this hike you will cross over suspension bridges, see unique rock formations, view outstanding overlooks into the valley below, and learn some of the history about the area. If time and weather allows we will take a side trail to visit Rainbow Lake and Falls.

You must RSVP for this hike, limit is 8. For more information and to register contact Mark Stanfill at [mark.stanfill@tn.gov](mailto:mark.stanfill@tn.gov) or 615-574-5176.

This is a Tennessee State Parks First Day Hike Event. Check out what other TN State Parks are doing in your area by visiting <http://tnstateparks.com/about/events>.



Office Location 409 Thurman Avenue, Ste 102  
 ..... Crossville, TN 38555  
 Office Hours..... 8 am-2 pm CT  
 Phone: ..... 931-456-6259  
 Fax: ..... 931-456-4934  
 Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
 Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

Many TTA members will have heard that Tony Hook resigned his position as General Manager of the CTC on November 20, 2013. The extreme dedication shown and tremendous effort made by Tony during his tenure as CTC General Manager is widely recognized among trail builders within and outside of CTC and TTA. The quantity and quality of trail built, the number of bridges and parking lots constructed, trail maintenance overseen, and publicity efforts executed have all been exemplary. His valuable contributions to the trail project have been appreciated over his entire tenure as General Manager.

The CTC board has appointed extremely dedicated volunteers, T.C. and Judy Varner, to coordinate current and near term bridge and trail projects and has broadened the responsibilities of Office Manager and CTC Point of Contact, Marleya Pendleton, while plans are made to bring new managerial personnel and structure on board.

## A NEW YEAR - A TIME OF CHANGE??

Has your chapter elected new officers for 2014 or appointed new volunteers as hike or program coordinators? Is your chapter still meeting at the same place, day and time?

Please check your chapter listings and let us know if we need to make any updates to that information. Please submit changes to [editor@tennesseetrails.org](mailto:editor@tennesseetrails.org) by January 10 for the February newsletter.

## CLARKSVILLE CHAPTER

**CHAPTER CHAIR:** J.R. Tate 931-920-2692  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**CHAPTER VICE-CHAIR:** Ken Johnson 931-802-6343  
[clarksville@tennesseetrails.org](mailto:clarksville@tennesseetrails.org)  
**TREASURER:** Chris Everett 931-494-8038  
[clarksvilletreas@tennesseetrails.org](mailto:clarksvilletreas@tennesseetrails.org)  
**SECRETARY:** Pam Gadsey 931-552-2325  
[clarksvilleasec@tennesseetrails.org](mailto:clarksvilleasec@tennesseetrails.org)  
**OUTINGS COORDINATOR:** Paul Schwab 931-645-9068  
[clarksvillehikes@tennesseetrails.org](mailto:clarksvillehikes@tennesseetrails.org)

*(call Paul & volunteer to lead an outing)*

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday at 6:00 pm CT,  
 Crow Community Center, 211 Richview Rd.  
*Additional information may be seen at our web site:*  
<http://www.tennesseetrails.org/blog/clarksville>

**Jan 1 - New Years Day Hike, Montgomery Bell State Park, Dickson County. 6.2 miles. Moderate.** Suva Bastin 931-645-2849. We will have a Pot Luck lunch on the trail. Meet 9:00 am CT, BigLots parking area, Riverside Drive, Clarksville, TN. 34 miles to trailhead.

**Jan 4 - Beaman Park Highland Trail. 5.8 miles. Moderate.** Lili Ball 931-552-2773. Meet 8:30 am CT, I 24 Exit 11 commuter parking lot. 32 miles to trailhead.

**Jan 11 - Dunbar Cave SNA Hike; Recovery Trail plus proposed addition to the natural area. 3 miles. Moderate.** Lionel Senseney 931-551-6738 and Ronnie Hunter, leaders. Meet 8 am CT at picnic table at the start of the Recovery Trail.

**Jan 18 - Rotary Park, Clarksville, TN. 4 mile loop. Moderate.** Renata Gillis. Meet 8:30 am CT, first shelter on left after entering park.

**Jan 20 - Martin Luther King's Birthday; LBL Canal Loop Trail. 10.5 miles. Difficult due to length.** Suva Bastin 931-645-2849. Meet 7:00 am. CT, Kroger parking area, Dover Crossing Road, Clarksville. 72 miles to trailhead.

**Jan 21 - Monthly Meeting.**

**Jan 25 - N/S Trail from Sugar Bay to Golden Pond. 12 miles. Difficult due to length.** Merri Baugh 931-801-6927. Meet 7:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville. 64 miles to trailhead.

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER CHAIR:** Marvin Caine 931-486-1632  
*columbia@tennesseetrails.org*  
**PROGRAM COORDINATOR:** Ellen Clark 615-595-2640  
*columbiaprog@tennesseetrails.org*  
**HIKE COORDINATOR:** Jane Coffey 615-516-6551  
*columbiahikes@tennesseetrails.org*  
**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Grand Buffet (Hwy 31 north  
side of Spring Hill). Socializing and dinner at 6:00 pm CT;  
meeting starts at 7:00pm.

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**Jan 4 (rescheduled from Dec 28) - Meriwether Lewis Loop, Natchez Trace Parkway (mile post 385.9), Hohenwald, TN. 3.5 miles. Easy to Moderate.** This loop travels some very historic ground. The log cabin has exhibits about the Natchez Trace and we will see the stone monument to Meriwether Lewis, who died mysteriously at this site in 1809. Bring water, sturdy hiking boots, and snacks for the trail. Because of the location of the hike, there will be no group transportation from Spring Hill. Meet in the parking lot at the log cabin which is located near the Meriwether Lewis National Monument entrance. The hike will begin at 9 am CT. For more information and to register, please contact Tommy Haskins at *swissman10@hotmail.com* or 931-628-8600 (cell).

**Jan 7 - Chapter Meeting.** Rick Lausten will give a presentation of the four-day, three-night kayak trip that he did in the Apostle Islands in July. The Apostle Islands are part of the Apostle Islands National Lakeshore and are located in Lake Superior off the north coast of Wisconsin. He will also show a DVD of "The House on the Rock" which is an architectural masterpiece as well as an eclectic collection of historic artifacts from around the world.

**Jan 18 - Southwest Loop Trail, Montgomery Bell State Park, Burns, TN. 6.9 miles. Moderate.** We will pass by the founding church of the Cumberland Presbyterian faith, hike past old iron ore mines, two man-made lakes and plenty of hardwood forests. Be sure to bring good hiking boots, water and snacks. We will stop in Dickson for a late lunch/early dinner before returning to Spring Hill. We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill at 7:45 am CT and leave promptly at 8:00 am. Please register with Rick Lausten, email *satumcar1@aol.com* or cell phone: 615-516-1417.

### Planning Ahead

**Feb 1 - Cane Connector Trail and Mossy Ridge Trail, Edwin and Percy Warner Parks, Nashville, TN. 6.5+ miles. Easy to moderate.** The Warner Parks are managed by the Metropolitan Board of Parks and Recreation of Nashville and Davidson County and are the largest municipally administered parks in Tennessee. Together, they span 2,684 acres of forest and field, 9 miles from downtown Nashville. They are also an important historical community resource listed in the National Register of Historic Places. Bring water, sturdy hiking boots, and lunch for the trail. We will meet behind McDonalds 4908 Main Street (Hwy 31) on the north side of Spring Hill at 7:45 am CT and leave promptly at 8:00 am. For those who would like to meet at the Park, we can meet at the Nature Center at Edwin Warner Park at 8:45 am. We will go to Marvin's favorite restaurant after the hike for a bite to eat. For more information and to register, please contact Jane Coffey at *jecoffey0644@charter.net* or 615-516-6551.

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## COVE LAKE HIKING CHAPTER

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**This chapter is in the process of being reorganized.**

For further information, contact Levonn Hubbard at 931-707-1020 or *eastregional@tennesseetrails.org*. In the interim, you are welcome to attend (13 to select from) other chapters' outings, events and meetings.

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## DYER COUNTY CHAPTER

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**This chapter is in the process of being reorganized.**

For further information, contact Graydon Swisher at 901-737-3114 or, *westregional@tennesseetrails.org*. In the interim, you are welcome to attend (13 to select from) other chapters' outings, events and meetings.

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## EAST TN CHAPTER

(Oak Ridge / Knoxville)

**CHAPTER CHAIR:** Rosemary Marshall 865-548-6171  
*easttennessee@tennesseetrails.org*  
**VICE-CHAIR:** Elise Eustace 865-201-5806  
*easttennessee@tennesseetrails.org*

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**Jan 11 - Victor Ashe Park. 3 miles. Easy.** We will meet at 10 am ET at the picnic shelter. We could see llamas, horses, dogs, rabbits and other creatures on this soft shoe hike. We'll lunch afterwards at our favorite watering hole. Pre-register with Rosie *rosemary\_L@hotmail.com*.

**Jan 25 - Haws Ridge Trail. 6 miles. Moderate.** This hike can be very scenic in places. We can meet at 10am ET at the trailhead close to the Bull Run Steam Plant. Pre-register with Rosie at *rosemary\_L@hotmail.com*.

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## HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

**CHAPTER CO-CHAIRS:** Linda Hudson 931-841-0540  
Naullain Kendrick 931-224-6225  
*highlandrim@tennesseetrails.org*

**SECRETARY** Carolyn Fitz 931-598-0597  
*highlandrimsecy@tennesseetrails.org*

**TREASURER/MEMBERSHIP:** Marietta Poteet 931-924-7666  
*highlandrimtreas@tennesseetrails.org*

**OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT:** Joan Hartvigsen 931-962-0811  
*highlandrimhikes@tennesseetrails.org*  
(contact Joan & volunteer to lead an outing)

**MEETS MONTHLY:** 4<sup>th</sup> Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

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**Jan 1 - Annual Multi-Chapter New Year's Day Hike. Edgar Evins State Park.** See hike announcement on page 1 for details. Contact Joan Hartvigsen for carpool information at 931-962-0811 or *jhartvigs@comcast.net*.

**Jan 4 – Wheeler National Wildlife Refuge, Decatur, AL and Joe Wheeler State Park, Wheeler Dam, Rogersville, AL 4 miles. Easy.** Wheeler NWR is a wintering ground for migratory waterfowl. Through the large windows in the wildlife observation building we will see and hear thousands of Sandhill Cranes, eagles, ducks, pelicans, Great White Egrets and a pair of Whooping Cranes. Wheeler has five nature trails and interpretive exhibits. We will also hike in nearby Wheeler State Park and visit Wheeler Dam. We will enjoy great views of the Tennessee River at Wheeler State Park and Wheeler Dam. Bring binoculars, water, snacks, lunch and hiking shoes. Contact Joan Hartvigsen at 931-962-0811 or *jhartvigs@comcast.net* for information on the carpool.

**Jan 18 - Eat-Hike-Eat Hike, Segment of the Perimeter Trail, Sewanee, TN. 3 miles. Easy.** Meet at 9:00 am CT at the Blue Chair Restaurant in Sewanee for breakfast or 9:30 am if you just want to hike. We will begin the next section of the Perimeter Trail at the end of Brakefield Road where the old track starts meandering down the mountain. We will hike on the bluff around to the Forestry Cabin. Bring water, snacks, hiking boots and hiking poles. Let our hike leader, Sally Hubbard, know you are coming at 931-598-5338 or *sally@hubbard.net*.

**Jan 18 – Wolf Cove Hike, Carter Mountain. 8-10 miles. Strenuous, partially off trail.** Joette Carter will lead us on this challenging, scenic hike to see numerous caves and waterfalls. Bring water, snacks, lunch, hiking poles, hiking shoes and a head lamp. Meet Joette at the trailhead on Hwy 16 at 9:30 am CT. Directions: From the intersection of US Hwy 64 and TN Hwy 16 in Winchester drive south on Hwy 16 up Keith Springs Mountain approximately 11 miles to the cement block hunters' checking station on the left side of Hwy 16. The trailhead is between mile markers 23 and 24. For more information contact Joette at 256-776-3551.

## Highland Rim Chapter – con't.

**Jan 25 - Annual Poteets' Chilly Chili Hike, Shakerag Hollow Trail, Sewanee. 3 miles out and back. Moderate.** Join Marietta and Jim for their annual Chilly Chili Hike. We will meet and park at Green's View to begin our Chilly Hike through Shakerag Hollow to the Sewanee Gates and back to Green's View. If you only want to hike one way, then work out your own shuttle. Green's View is located on the Sewanee Domain at the end of Green's View Road. Green View Road intersects University Avenue near the Sewanee Inn, which is under construction. Bring water, snacks, hiking poles and hiking shoes. And remember to bring a white rag to shake, signaling moonshiners your interest in purchasing their beverage. After our chilly hike we will proceed to the Poteets' Monteagle home for chili fixin's. If you are not hiking please come to the Poteets' home at 12:30 pm CT. If you can, please bring a side dish or dessert to share with hungry hikers. Further information will be forthcoming. Call or email Marietta at 931-924-7666 or *nannietta@blomand.net*.

**Jan 27 – Chapter Meeting.** Join us at 5:00 pm CT for dinner at Las Trojas Mexican Restaurant and Grill, 1905 N. Jackson Street, Suite 800, Tullahoma (Near Kroger). Our meeting is at 7:00 pm at D. W. Wilson Community Center. Mary Priestley will present a program on The Mountain Goat Trail. The Mountain Goat Trail is a rail to trail community outdoor recreation project to convert the abandoned railbed of the historic Mountain Goat Railroad into a multi-use recreational corridor between Grundy and Franklin Counties on the Cumberland Plateau in Middle Tennessee. From 1856 to 1985 the Mountain Goat Railroad carried coal and passengers between Palmer and Cowan. Recently the Mountain Goat Trail Alliance received a Recreational Trails Program grant of \$200,000 from the Tennessee Department of Environment and Conservation. Our speaker is an author of several books, Curator of the Sewanee Herbarium, active member of the Friends of South Cumberland and regular contributor to the Friends' quarterly newsletter and member of the board of the Tennessee Native Plant Society.

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## JACKSON CHAPTER

**CHAPTER CHAIR:** Vicky Moeller 731-668-9336  
*jackson@tennesseetrails.org*

**TREASURER:** Anne Goodson 731-664-1556  
*jacksontreas@tennesseetrails.org*

**SECRETARY:** Don Dresser 731-668-4190  
*jacksonsecy@tennesseetrails.org*

**OUTINGS COORDINATOR:** Glen Rognstad 731-217-5966  
*jacksonhikes@tennesseetrails.org*  
(call Glen & volunteer to lead an outing)

**MEETS MONTHLY:** 1<sup>st</sup> Monday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

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**Jan 1 - New Year's Day Hikes.** Other chapters will sponsor traditional New Year's Day hikes, which you are free to join. Please check the TTA newsletter or website for details.

**Jan 6 - Chapter Meeting.** We will meet at Perkins Restaurant at 6 pm for dinner, followed by a short meeting to discuss upcoming events. For more information, please contact Vicky Moeller.

**Jan 11 - Union University.** This will be a short hike, about 4 miles in length, on the forest trail system at Union University. Please meet at Panera Bread at 9:00 am CT. Contact Anne Goodson at *annegoodson@eplus.net* or 731-664-1556 if you would like to come or need more information.

**Jan 25 - Tishomingo.** This will be a 7 to 8 mile hike in Tishomingo State Park. We will meet at Panera at 8 am, or at the park entrance station at 10:30 am. To register or obtain additional information, please contact Gary Cooper at *gcooper52@yahoo.com*.

### Planning Ahead

**Feb 15 - Land Between the Lakes**

**Mar 1 - Cane Creek**

**Mar 8 - Natchez Trace SP service project**

**Mar 29 - Wildflower hike**

**Apr 12 - Natchez Trace SP Red Leaves Trail**

**Apr 26 - Big Hill Pond**

**May 10 - Camping trip to the Smokies**

**June 7 - National Trails Day**

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## MEMPHIS CHAPTER

**CHAPTER CHAIR:** Charlie Bright 901-829-4434  
*memphis@tennesseetrails.org*

**VICE-CHAIR:** Francis Ruffin 662-701-6284  
*memphisvice@tennesseetrails.org*

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**Jan 1 - New Year's Day Hike at T O Fuller State Park.** We will begin the hike at the Visitors' Center at 9:30 am CT. The hike is a 6-mile continuous loop trail ranging from moderate to rugged. Wear hiking shoes and bring water. We will view the Chucalissa Indian Village and Wetlands and celebrate the New Year with black eyed pea dishes and cornbread at the RV Park. Rain/sleet/snow will cancel this hike. Hike leader, Francis Ruffin 901-573-9998. **Directions:** Go I-240 West to I-55 North, Exit 7 South to Highway 61(3rd Street) drive south approx 1 mile and turn right onto Mitchell Road, continue 3 miles west to the T.O. Fuller Park sign and turn right at the Visitor Office.

**Jan 4 - Herb Parsons State Park - Fisherville.** Here's an easy 6-mile hike around the lake and through the woods. Meet at 9:30 am CT at the lake and bring snacks and water. For questions contact Janet Sheahan at 901-761-0705.

**Jan 11 - Lucius Burch Natural Area, Wolf River Trail off Germantown Road. 5-6 miles. Easy.** We will meet at 9:00 am CT in the main parking area off Germantown Road. Turn off at the traffic light on Germantown Road between Agri Center & Lowe's. Our hike will focus on the Yellow Trail paralleling the Wolf River for 3+ miles. Depending on trail conditions we will either return on the Yellow Trail or take the inland Blue Trail experiencing a mix of natural environments. Portions of both trails are shared with bikes. With heavy use and wet conditions the trail, especially gullies, can be muddy and slippery. Bring water and snack. For questions contact Linda Walston at 901-606-9866.

**Jan 18 - Nesbit Park - Stanky Creek & Annual "After the Hike Chili Party".** This year we are going to hike a new (new for us) trail. We will hike a small part of the White Trail and the Yellow Trail. It will only be about three miles. We can get to the chili earlier. Meet at 9:00 am CT. After the hike we will meet at Margaret's house for chili. Chili will be provided...bring salad, cornbread, rolls, or dessert and your favorite beverage. For questions e-mail *charlie.bright2010@gmail.com*. Hike Location: Stanky Creek is on Yale Road in Bartlett between Bartlett Blvd. and Old Brownsville Road on the north side of Yale.

**Jan 25 - Meeman-Shelby Forest - Woodland Trail.** Meet at the Park's Visitor Center at 9:00 am. Join us for a 3-4 mile hike along the Woodland Trail with a side trip to the Woodland Shelter. The loop trail has a few steep climbs (for Mississippi Delta country, that is) much of the walk is fairly level. Bring water and snack. For questions contact Marion Quinlen at 901-482-8640.

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## MURFREESBORO CHAPTER

**CHAPTER CHAIR:** Sara Pollard 615-714-3610  
*murfreeshboro@tennesseetrails.org*

**TREASURER** Ann Jacobs 615-896-3935  
*murfreeshborotreas@tennesseetrails.org*

**OUTINGS COORDINATOR:** Cathy Bingham 615-890-9791  
*murfreeshborohikes@tennesseetrails.org*  
(Call Cathy & volunteer to lead an outing)

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wildemess Station, 697 Veterans Parkway, Murfreesboro

**BLOG:** [www.tennesseetrails.org/blog/murfreesboro](http://www.tennesseetrails.org/blog/murfreesboro)

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**Jan 1 – Annual Multi-Chapter New Year's Day Hike and Feast, Edgar Evins State Park.** See details on page 1. To carpool from Murfreesboro, meet at the old Food Lion store parking lot on Lascassas Highway at 8:45 am CT to carpool. Contact Sara Pollard at 615-714-3610 or *sarabpollard@gmail.com* for more information.

**Jan 11 – Cheeks Bend, Columbia, TN. 2 miles. Easy.** This is an easy flat walk of 2 miles along a portion of the Duck River near Columbia. There will be a very short cave that empties out onto a ledge for great views of the river. Flashlights are not needed. This is a side trip for those that desire to go in and back out. Great for Beginners! Contact Tony Jones *awj1968@comcast.net*.

**Jan 14 - Monthly Meeting.** Fount Bertram will present a program about the State Park Friends Groups. It is a growing movement and is of vital importance to our State Parks. The stated goal for the future is to establish Friends Groups in all of our State Parks and some of the 58 State Natural Areas. Fount will be working closely with TDEC to accomplish this. He was reelected as president of the Friends of Tennessee State Parks Coalition for another 2 year term. There are now 38 recognized Friends Groups in our parks with three more "interest groups". We now have 55 parks statewide, two new parks are being added: Rocky Fork in northeast Tennessee, near Erwin, and Seven Islands just east of Knoxville.

**Jan 18 - Beaman Park, Nashville, TN. 3.5 miles. Moderate.** Situated on the Highland Rim, northwest of Nashville, its terrain includes forested slopes with diverse vegetation and deep hollows with streams. We will hike along Henry Creek toward the Nature Center. After a stop, we will return via Henry Hollow Loop to the parking lot. Rated moderate due to elevations. This is a good hike for those who are just getting started in hiking. We'll plan to eat, perhaps at the restaurant on the property previously owned by Barbara Mandrell, after the hike. To register, contact Mary Belle Ginanni 615-895-6072 or Nabil Wakid, *nwakid@bellsouth.net*.

**Jan 25 – The Poteet Annual Chapter Chilly Chili Hike.** See Highland Rim Chapter for details. Please let Marietta know if you are coming, as it will help in planning the amount of chili to make. Contact Marietta at 931-924-7666 or *nannietta@blomand.net*. For carpool information, contact Tony Jones at 615-397-4463 or *awj1968@comcast.net*.

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## NASHVILLE CHAPTER

**CHAPTER CHAIR:** Doug Burroughs 615-283-0507  
*nashville@tennesseetrails.org*

**OUTINGS COORDINATOR:** Nancy Juodenas 615-319-8811  
*nashvillehikes@tennesseetrails.org*  
(email Nancy & volunteer to lead an outing)

**MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: [www.tennesseetrails.org/nashville.php](http://www.tennesseetrails.org/nashville.php)

**BLOG:** [www.tennesseetrails.org/blog/nashville](http://www.tennesseetrails.org/blog/nashville)

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### NO HIKES SCHEDULED FOR JANUARY.

**Jan 28 - Chapter Meeting.** This is our annual hike planning meeting - a great opportunity to get your oar -- or your trekking pole -- in on good places to hike in 2014. We're fortunate to have lots of choices in Tennessee and beyond - what are yours? If you haven't led a hike before, we'll review pointers for leading a hike as well. Bring your trail bucket list and we'll make plans for checking some off!

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## NORTHWEST Chapter (UT at Martin / Weakley County)

**CHAPTER CHAIR:** Scott M. Pun 731-881-7316  
*northwest@tennesseetrails.org*

**TREASURER:** Sandy Davis 731-587-9134  
*northwesttreas@tennesseetrails.org*

**MEETS MONTHLY:** 2<sup>nd</sup> Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

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Hike information unavailable at press time.

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## PLATEAU CHAPTER

### (Crossville)

**CHAPTER CHAIR:** Cheryl Heckler 931-456-6437  
*plateau@tennesseetrails.org*

**TREASURER:** June Parker 615-945-7462  
Bill Quattrociochi 931-484-4230  
*plateautreas@tennesseetrails.org*

**MEETS MONTHLY:** 2nd Thursday at 6:30 pm CT  
**BLOG:** [www.tennesseetrails.org/blog/plateau](http://www.tennesseetrails.org/blog/plateau)

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There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

**Jan 4 - Fairfield Glade trails, Crossville, TN.** We will hike two trails in Fairfield Glade. One is a wooded trail; the other is along a creek for a total of about 6 moderate miles. There are a few short strenuous uphill climbs. Depart Vanity Fair west parking lot at 8:00 am CT. FFG hikers can assemble at the 4-way stop on Peavine Rd by 8:15 am CT to meet with the Vanity Fair carpoolers. If you bring a lunch, the scenic overlook at the end of the 2nd hike will be our lunch location. For more information or to register, contact Howard Owens 931-248-3190 or [owenshb@charter.net](mailto:owenshb@charter.net).

**Jan 9 - Chapter Meeting.** 6:30 pm CT. First United Methodist Church Annex, 69 Neecham Street, Crossville. Program: Basic First Aid and Navigation Skills. Dinner at Gondola's, Woodmere Mall, Crossville at 5 pm. Contact Chapter Chair, Cheryl Heckler at [thehecklers@charter.net](mailto:thehecklers@charter.net) or 931-456-6437 for additional information.

**Jan 18 - Savage Day Loop, Palmer, TN. 4.2 miles. Easy**  
This hike is quite beautiful with lush mountain laurel, hemlock trees, waterfalls, and overlooks of the Gulf. The many points of interest include a suspension bridge across Boyd Branch Creek, Savage Falls Overlook and Rattlesnake Point Overlooking Savage Gulf. A staircase leads to the deep pool of Savage Falls. Depart 8 am CT from Trinity Tabernacle. Contact Cheryl Heckler at [thehecklers@charter.net](mailto:thehecklers@charter.net) or 931-456-6437 for additional information.

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## SODDY-DAISY CHAPTER

**CHAPTER CHAIR:** John Politte 423-304-8327  
*soddydaisy@tennesseetrails.org*

**HIKE COORDINATOR:** George Bonneau 423-842-3619  
*soddydaisyhikes@tennesseetrails.org*

**TREASURER:** Bob McGavock 423-843-4646  
*soddydaisytreas@tennesseetrails.org*

**MEETS QUARTERLY:** 1st Tuesday in Jan, Apr, Jul, Oct at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson  
*Additional information may be seen at our web site:  
<http://www.tennesseetrails.org/blog/soddydaisy>*

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**Jan 4 – North Chickamauga. Approximately 7-8 miles. Strenuous with creek crossing.** Meet at Walmart in Soddy Daisy at 9 am ET. Will stage vehicles. Hike Leader: George R. Bonneau.

**Jan 7 – Raccoon Mountain. Approximately 4 miles. Easy.** Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike Leader: George R. Bonneau.

**Jan 11 – Rainbow Lake to Signal Mountain High School. Approximately 6-7 miles. Moderate to slightly strenuous.** Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike Leader: George R. Bonneau.

**Jan 14 – Mowbray Pike to Sluder Lane. Approximately 5 miles. Easy to moderate.** Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Will stage vehicles. Hike Leader: George R. Bonneau.

**Jan 18 – Heiss Mountain to Rock Climbing parking lot. Approximately 8 miles. Strenuous.** Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Will stage vehicles. Hike Leader: John Politte 423-304-8327.

**Jan 21 – Laurel Falls. Approximately 5 miles. Moderate.** Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike: Leader John Politte 423-304-8327.

**Jan 25 – Piney River. Approximately 8 miles. Strenuous.** Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike Leader: George R. Bonneau.

**Jan 28 – Cravens House. Approximately 4 miles. Moderate.** Meet at Bi-Lo parking lot in Red Bank at 9 am ET. Hike Leader : Nancy Allen 423-344-1118.

### Planning Ahead

**February 3-7 – Backpacking trip from Cove Lake State Park to Frozen Head State Park. Approximately 40 miles. Strenuous.** Contact George Bonneau ([george.r.bonneau@gmail.com](mailto:george.r.bonneau@gmail.com) or 423-842-3619) if interested.

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## SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Jane Hamm 615-757-3331  
Gayle Livingston 615-264-2940  
[sumner@tennesseetrails.org](mailto:sumner@tennesseetrails.org)

MEETS MONTHLY: 1<sup>st</sup> Tuesday at 7:00 pm CT,  
Hendersonville First United Methodist Church, 217  
E. Main St. Hendersonville, TN

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**Jan 7 - Chapter Meeting.** We will meet for a potluck dinner and hike planning session at the home of Sally and Steve Ticaric, 1051 Cages Bend Ct., Gallatin, 615-824-7294, at 6:30 pm CT. Please bring a side dish or dessert to share; meat will be provided. BYOB. Come join the fun as we socialize and plan for upcoming hikes and meetings. We will have maps and hiking info available to browse. Please bring your hike requests and information as well.

**Jan 11 - Mammoth Cave National Park. 5-6 mile hike in a scenic part of the park.** This is not a cave trip. We will be hiking on established hiking trails. Due to the changeable weather this time of year, the exact route will be announced via the Sumner Trails listserver a week before the hike. What everyone can expect from this hike: departure from Sumner County at 8:00 am CT, a 1.5 hour drive to the park (one way), and a scenic hike through the unique karst landscape filled with remnants of the communities which were here before the park was established. Everyone should pack a lunch and snacks. Please wear hiking boots with good tread and have plenty of layers of clothing to add/subtract as the weather dictates. Everyone interested should sign up by e-mailing Anne Wesley at [ttahiker@att.net](mailto:ttahiker@att.net) no later than Thursday 1/9. If you need to join the Sumner Trails listserver (for our weekly chapter announcements), please go to our chapter page on the website to sign up.

**Jan 18 - Bledsoe Creek State Park. 3.5 mile loop. Moderate because of one steep climb with steps.** In the fall of 1771 a group of "Long Hunters" came to what is now Sumner County. One of these was Isaac Bledsoe who had a fort and creek named after him - the state park here is named after the Colonel, his fort and his creek. Our hike is a loop hike which will take us alongside Old Hickory Lake and then up on a ridge back to where we started. We did this one a couple of years ago in 4" of fresh snow. After the hike we'll go to the Top Hog in Gallatin for lunch. Meet at the First Presbyterian Church, 172 Main Street, at 9:00 am CT in Hendersonville or at the trailhead at the boat ramp past the park entrance at 9:45. For further info contact Loopy AI at [ballallenger@aol.com](mailto:ballallenger@aol.com) or 615-347-2623.

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## UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115  
[uppercumberland@tennesseetrails.org](mailto:uppercumberland@tennesseetrails.org)

HIKE COORDINATOR: Kathleen Sullivan 931-284-7822  
[uppercumberlandhikes@tennesseetrails.org](mailto:uppercumberlandhikes@tennesseetrails.org)

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**Jan 4 - Cardwell Mountain, meal & Dirty Santa gift exchange.** Moderate 5 mile hike starting at Cumberland Caverns parking lot. Dinner at Nora's after the hike. Bring hiking shoes, snacks, water, and lunch. Call Nora at 931-808-2560 for meeting time and information regarding gift exchange & dinner.

**Jan 11 - Bandy Creek to Leatherwood Ford, Big South Fork NRR, Jamestown, TN.** We will hike a section of the John Litton Loop, the Fall Branch Trail, and a portion of the Grand Gap Loop to Angel Falls Overlook - perhaps the finest overlook in the park. We will then descend to Leatherwood Ford via the John Muir Trail. Other highlights include the gorge of Fall Branch and a large rock house. The hike is about 9 miles and is rated moderate for uneven terrain, narrow ledges, boulder passages, and ladders. Wear sturdy footwear and bring snacks, lunch, and water. You can meet us in the Penney's parking lot in Cookeville at 8:00 am CT. For information and to register contact Richard Savage at 931-526-2035 or [savage\\_richard@hotmail.com](mailto:savage_richard@hotmail.com).

**Jan 18 - Wolf Cove, TN. 8-10 miles. Strenuous, off trail.** Scenic area, numerous caves, waterfalls, and views. Wear sturdy footwear and bring snacks, lunch, and water. Meet 9:30 am CT at trailhead: Hwy 16 on Keith Springs Mt between mile markers 23 and 24 small cement block checking station. From Winchester courthouse go west toward Fayetteville about 2 miles, turn south on hwy 16 and go approximately 11 miles to checking station. You can also meet at the US Bank across from McDonald's in Sparta at 7:00 am. For more information and to register contact Joette at 256-776.355.

**Jan 25 - Eagle Watch Barge Tour and Accordion Bluff Trail, Dale Hollow Lake, Livingston, TN.** We will join the Corps of Engineer's Eagle Watch Barge Tour on Dale Hollow Lake for a morning of eagle spotting aboard an open air barge. Naturalists will be on board to help in finding the eagles and other wildlife. After the three hour tour we'll land back at the Lillydale Campground for lunch. After lunch we'll hike a portion of the Accordion Bluff Trail along Dale Hollow Lake. The trail is rated moderate. Dress for cold temperatures on the barge and be prepared to sit on hay bales. Bring hot drinks, binoculars, cameras, blankets, a life jacket if you have one, etc. for the barge trip plus lunch and hiking gear. Hot drinks and snacks will be available on the barge thanks to Friends of Dale Hollow Lake. This is a by reservation only outing; you must pre-register. Contact Lillian Ey at 615-478-7461 or [eyintn@hotmail.com](mailto:eyintn@hotmail.com) for further information.



## OFFICERS:

<b>President</b>	Carolyn Miller	931-839-3213
	<i>president@tennesseetrails.org</i>	
<b>Vice-President</b>	Levonn Hubbard	931-707-1020
	<i>vicepresident@tennesseetrails.org</i>	
<b>Treasurer</b>	Kathy Woods	615-473-6824
	<i>treasurer@tennesseetrails.org</i>	
<b>Secretary</b>	Diane Manas	615-352-7777
	<i>secretary@tennesseetrails.org</i>	
<b>Past President</b>	Millette Jones	615-397-9588
	<i>pastpresident1@tennesseetrails.org</i>	
<b>Previous Past President</b>	Don Dresser	731-668-4190
	<i>pastpresident2@tennesseetrails.org</i>	
<b>West TN At-Large Director</b>	Graydon Swisher	901-737-3114
	<i>westregional@tennesseetrails.org</i>	
<b>Middle TN At-Large Director</b>	Nora Beck	615-517-6486
	<i>middleregional@tennesseetrails.org</i>	
<b>East TN At-Large Director</b>	Levonn Hubbard	931-707-1020
	<i>eastregional@tennesseetrails.org</i>	
<b>Membership Director</b>	Tim Townley	731-607-0512
	<i>membership@tennesseetrails.org</i>	
<b>Cumberland Trail Conference Representative</b>	Diane Manas	615-352-7777
	<i>CTC@tennesseetrails.org</i>	
<b>TN Rails To Trails Advisory Council Representative</b>	Bob Richards	615-532-0753
	<i>TRAC@tennesseetrails.org</i>	
CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER		
<b>Newsletter Editor</b>	LouAnn Partington	931-393-4835
	<i>editor@tennesseetrails.org</i>	

## Newsletter Deadlines:

Deadlines for Chapter announcements  
and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Jan 10 .....	Feb 1
Feb 10 .....	Mar 1
Mar 10 .....	Apr 1

All submissions are subject to editing. Articles of  
general interest and non-hiking events will be  
included as space permits.

Please send all submissions to:

*editor@tennesseetrails.org*

## TTA 2014 CALENDAR

The following dates in 2014 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

### FIRST QUARTER

Jan 1 .....	Multi-chapter New Year's Day Hike & Feast
Feb 1 .....	Board of Directors' Quarterly Meeting, REI Brentwood, 1-4:30 pm CT
Mar 2-8 .....	CTC's Spring BreakAway, Week 1 in Rhea County (Graysville Mtn)
Mar 9-15 .....	CTC's Spring BreakAway, Week 2 in Rhea County (Graysville Mtn)
Mar 16-22 .....	CTC's Spring BreakAway, Week 3 in Rhea County (Graysville Mtn)
Mar 23-29 .....	CTC's Spring BreakAway, Week 4 in Rhea County (Graysville Mtn)
Mar 24 .....	Banff Mtn Film Festival Tour, Knoxville
Mar 29 .....	Earth Hour - 8:30 pm local time

### SECOND QUARTER

Apr 5-13 .....	TDEC's Natural Areas Week (Statewide)
Apr 19 .....	Earth Day event (Nashville)
Apr 22 .....	Earth Day – 44th Anniversary
May 3 .....	Board of Directors' Quarterly Meeting (Location TBA)
Jun 7 .....	National Trails Day (Statewide)

### THIRD QUARTER

Aug 2 .....	Board of Directors' Quarterly Meeting (Location TBA)
Sep 6 .....	National Planting Day – 3rd Anniversary (Organized by Keep TN Beautiful)
Sep 14-20 .....	Bike Ride Across TN (B.R.A.T.) – 25th Anniversary
Sep 27 .....	National Public Lands Day (Statewide)

### FOURTH QUARTER

Oct 24-26 .....	TTA's Annual Meeting; Montgomery Bell State Park; hosted by Nashville Chapter
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Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

- A NEW MEMBER**  
 **RENEWING MY MEMBERSHIP**

Jan 14

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Tim Tow nley 731-607-0512 [membership@tennesseetrails.org](mailto:membership@tennesseetrails.org)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

**PLEASE, PRINT CLEARLY.**

\_\_\_\_\_ Individual \$25.00  
\_\_\_\_\_ Family \$35.00  
\_\_\_\_\_ Student (FULL TIME) \$15.00  
\_\_\_\_\_ Supporting (\$50.00, \$100.00 or more)  
\_\_\_\_\_ Life Member (Individual) \$500.00  
\_\_\_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone (\_\_\_\_\_) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Work Phone (\_\_\_\_\_) \_\_\_\_\_  
e-mail \_\_\_\_\_

- Please do not list my e-mail address in the TTA Annual Membership Directory  
 I would like to receive my newsletter by email.

\*\* \_\_\_\_\_ **CTC Membership** \*\* \*\*\$5.00\*\*

\*\* Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at [www.cumberlandtrail.org](http://www.cumberlandtrail.org). Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.

Please list me with the following chapter:

\_\_\_\_\_ Clarksville \_\_\_\_\_ Murfreesboro  
\_\_\_\_\_ Columbia/Franklin \_\_\_\_\_ Nashville  
\_\_\_\_\_ Cove Lake \_\_\_\_\_ Northwest (UT at Martin/Weakley)  
\_\_\_\_\_ Dyer County \_\_\_\_\_ Plateau (Crossville)  
\_\_\_\_\_ East TN (Oak Ridge/Knoxville) \_\_\_\_\_ Soddy Daisy  
\_\_\_\_\_ Highland Rim (Manchester/Tullahoma) \_\_\_\_\_ Sumner Trails (Sumner County)  
\_\_\_\_\_ Jackson \_\_\_\_\_ Upper Cumberland (Sparta/Cookeville)  
\_\_\_\_\_ Memphis \_\_\_\_\_ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

**As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.**