

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



TTA ANNUAL MEETING

Have you marked your calendar for the 2013 TTA Annual Meeting on Oct 25-27?

This year's meeting location is in a spectacular recreation area on the Cumberland Plateau - Fall Creek Falls State Park. Event plans include a great selection of hikes, active time to connect with fellow hikers from across the state, and relaxing moments to enjoy the splendors of nature. Don't you owe yourself a weekend in this southeastern paradise? Join us and share the gorges, waterfalls, cascades, and streams – we will be watching for you!

Registration information can be accessed on the TTA website, <http://www.tennesseetrails.org/>; select the annual meeting link in the left-hand menu.

Annual Meeting Registration Form, hike information and schedule on pages 7 through 10.



2013 MEMBERSHIP DIRECTORY IT'S UPDATE TIME!

The 2013 edition of the TTA Membership Directory will be mailed to all current members around the end of September. Please be sure your dues are paid up so that you will be listed in the directory, and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the last Directory (published August 2012).

The deadline for changes is August 5 and here are a few ways you can notify us:

- Internet: Visit our website (www.tennesseetrails.org), navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- Mail: Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.
- Email/Phone: TTA's Membership Director, Tim Townley at membership@tennesseetrails.org.

Not sure of when your membership expires? Contact Tim Townley –or- if you receive the newsletter in print form, look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.



Office Location 409 Thurman Avenue, Ste 102
.....Crossville, TN 38555
Office Hours8am-2pm CT
Phone:931-456-6259
Fax:931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

The CTC needs volunteer help with trail construction and maintenance. Besides the events listed below, if groups of eight or more volunteers are interested in trail construction on Graysville Mountain in Rhea County or trail maintenance on Cross Mountain in Campbell County, please contact the CTC office (contact information listed below). Dates and times can be arranged for a volunteer event. CTC will provide tools and instruction; volunteers will need safety glasses, work gloves, long pants, closed toe footwear.

Big Soddy Creek Bridge, Hamilton County - CTC will need volunteers to help move material into the gorge and to construct the bridge. Volunteer opportunities will be available in late May through July 15 or until bridge is completed. Dates will be posted in the near future.

Sep 27-29 - Graysville Mountain, Rhea County. This is the CTC's National Public Lands Day event. Volunteers are needed to construct trail on the Graysville Mountain section of the Cumberland Trail. This section is located near Graysville, south of Dayton, TN. CTC will provide tools and instruction, volunteers will need safety glasses, work gloves, long pants, closed toe footwear. Please contact the CTC office for details and register for this event.

Oct 4-6 - Cross Mountain, Campbell County. CTC will need volunteers to help with trail maintenance in the CT's New River section. Work will be on Cross Mountain near Cove Lake State Park, Caryville, TN. This work includes repair of trail tread and cutting back vegetation. Volunteers will meet at the trailhead on the top of Cross Mountain at 9:00 am ET. CTC will provide tools and instruction, volunteers will need safety glasses, work gloves, long pants, closed toe footwear. For further details and register for this event, please contact the CTC office.

Nov 9 - Volunteer Appreciation Day, Crossville, TN. Past and present Cumberland Trail volunteers and supporters are invited to a dinner and awards banquet to be held in Crossville, TN. A hike will take place on Black Mountain during the day with the banquet to follow. For more details and to RSVP, please contact the CTC office. CTC office can be contacted at 409 Thurman Ave, Suite 102, Crossville, TN 38555, 931-456-6259, or email Cumberlandtrail@rocketmail.com.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: J.R. Tate 931-920-2692
clarksville@tennesseetrails.org
CHAPTER VICE-CHAIR: Suva Bastin 931-645-2849
clarksville@tennesseetrails.org
TREASURER: Chris Everett 931-494-8038
clarksvilletreas@tennesseetrails.org
SECRETARY: Robbin Cusic 931-542-3266
clarksvilleasecy@tennesseetrails.org
OUTINGS COORDINATOR: Paul Schwab 931-645-9068
clarksvillehikes@tennesseetrails.org

(call Paul & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 6:00 pm CT,
Crow Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Jul 13 - Cummins Falls State Park Hike and Swim. 2 miles out and back. Difficult. Paul Schwab 931-645-9068. Meet 8:00 am CT, I 24 Exit 11 commuter parking lot. 119 miles to trailhead.

Jul 16 - Monthly Meeting.

Jul 20 - Mammoth Cave National Park, Good Springs Loop Trail. 7.9 miles. Moderate. Paul Schwab 931-645-9068. Meet 7:00 am CT, Sears Parking Lot, Governor's Square Mall, Clarksville. 97 miles to trailhead.

Jul 27 - 'Cooling at the Cave', Dunbar Cave State Natural Area. Dunbar Cave Road, Clarksville. Music, board games, fellowship, refreshments. 3:00 pm CT until 6:00 pm.

TIP

Dehydration is serious. Drink a lot of water – more than you feel you need. One of the first signs of dehydration is a headache. If you become dehydrated, you must slow down immediately and get re-hydrated.

TIP

Protect yourself from the sun. A brimmed hat, sunscreen, lip balm and sunglasses are important items to have in your pack.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00 pm.

Jul 2 – Chapter Meeting. Andrea Bishop, Recovery Biologist with the Natural Areas Program, TN Dept of Environment and Conservation will give a presentation on endangered plants and rare communities in Middle Tennessee.

Jul 13 – David Crockett State Park - Loop consisting of the Overlook, Schoal Creek and other trails, Lawrenceburg, TN. 5+ miles. Moderate. This hike includes panoramic views of the valley, picturesque views of the meadows, lake scenes and a rushing creek. There will be an elevation gain of 200 feet, then a slow descent to the lake; then an ascent of 250 feet (with about 80 steps up and shortly after, the same down), then a nice scenic hike along the creek. After our hike we will have lunch at the park restaurant. In addition, this park has a very nice historical museum that you may want to see after lunch. Wear sturdy boots and bring water and snacks for the trail. We will meet at Columbia State Community College 1665 Hampshire Pike, Columbia TN on Hwy. 412 and park near the Administration Building. We will leave at 8:00 am CT. The hike will begin at 9:00 am. To register, please contact Carolyn Watson at *watsoncrt@yahoo.com* or 901-652-9089.

Jul 20 – Mammoth Cave Tour and Hike, Cave City, KY. 2.6 miles. Moderate. We will be taking the 9:30 am CT New Entrance Tour of Mammoth Cave. This is a moderate 3/4 mile, two hour expedition which includes a dramatic series of domes and pits, typical large trunk passageways and a short journey through dripstone formations. The cost will be \$12.00. After the tour we can have a picnic lunch. Plan to bring your favorite food from home. Following lunch we will hike the River Styx Spring Trail. This 1.9 mile round trip hike passes by the historic entrance to the cave and the River Styx Spring which flows from the cave system and empties into the Green River. NOTE: We will leave at 7:00 am CT from the Cracker Barrel Restaurant at I-65 and Highway 96 in Franklin. Come earlier if you want to eat breakfast. Dress appropriately. Bring food and your drink of choice for the picnic. Register with Ellen Clark or Lou Laratta at *ERCclark@aol.com* or call Lou's cell phone at 615-305-3868. We will need to make reservations with Mammoth Cave by Wednesday, July 17th to secure the tour, so please respond by that date to Lou or Ellen.

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR: John Redmon 423-869-8286
covelake@tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE: Kathy Sarvis 865-494-0374
covelakehikes@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

Jul 18 - Trail Maintenance Day. We'll be working on the trail at Eagle Bluff. Meet at the Jacksboro Middle school at 9 am ET: we will work until 1 pm, about 4 hours total. Bring lunch/snack, water and gloves. Call John Redmon for more information at 423-869-8286.

Jul 20 - Laurel Cove Trail to Chain Rock Trail, Pine Mountain KY. 4 miles. Moderate. Bring walking stick, sunscreen, bug repellent, lunch/snack and water. Everybody will meet 9 am ET at Food Lion in La Follette highway 63 (up the valley) to car pool and meet John Redmon at the Pine MT Lodge at 10:30 am. Contact John Redmon for more information 423-869-8286.

Jul 27 - Big South Fork Burnt Mill Bridge Loop. 3 1/2 miles. Moderate. Bring walking stick, sunscreen, bug repellent, lunch/snack and water. Everybody will meet at the Jacksboro middle school 8:30 am ET. Contact Harry Shatz for more information 865-494-0374.

Directions for all:

I-75 exit 134, follow signs for Cove Lake State Park. Jacksboro Middle School is just before Walmart on the same side. Food Lion is located about 15 miles going past the hospital in La Follette.

DYER COUNTY CHAPTER

Graydon Swisher 901-737-3114
westregional@tennesseetrails.org

This chapter is in the process of being reorganized.

For further information, contact Graydon Swisher at 901-737-3114 or *westregional@tennesseetrails.org*. In the interim, you are welcome to attend (14 to select from) other chapters' outings, events and meetings.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org
VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

Jul 6 - The Obed Wild & Scenic River Park consists of four streams that have cut into the sandstone of the Cumberland Plateau creating a rugged landscape of wild land and water. There are spectacular gorges with 400-foot cliffs above the streams, and huge sandstone boulders dotting the streams creating large whitewater rapids in the rushing water. The Obed system is a favorite destination for experienced kayakers and rock climbers. Join us for a fun short hike to Alley Ford and an afternoon of lazy swimming in the Obed. The trail head is located at the Rock Creek Campground adjacent to Nemo. It is approximately 2.5 miles along the Cumberland Trail, rated easy to moderate. Wear swimming shorts and bring your water shoes and a noodle or blow-up tube/raft for floating. Also bring your food and water. This hike will be cancelled if it is raining, or predicted to rain as we will not be near the water if there is a possibility of lightening. Pre-registration is required. We will leave Knoxville approximately 9 am ET. Contact Sherry Barber at *sbarber6189@comcast.net* or 865-209-6189 for carpooling.

LEAVE NO TRACE TRAINER COURSE August 2-4, 2013

The Southeastern Foot Trails Coalition will be conducting a Leave No Trace Trainer Course for those seeking to learn the seven principles of outdoor ethics for personal enrichment or to teach others. The course features a short backpack and overnight campout in the Chattahoochee National Forest. The course fee includes food and educational materials.

The Trainer Course is a vital component of the nationwide Leave No Trace program, to help recreationalists minimize their ecological impact while enjoying the outdoors. The Trainer Course assists the participants in learning more about the seven principles of Leave No Trace and techniques for disseminating these low impact skills to others.

The goals for this Trainer Course are to prepare the attendees so they will understand and be able to teach the value of minimal impact on the environment and the Leave No Trace Ethics.

Date: August 2-4, 2013 (soft start on Friday)
Time: 9:00 am Saturday to 4:00 pm Sunday
Cost: \$85.00/ including materials
Place: Chattahoochee National Forest
Presenter: Jay M Dement, Leave No Trace Master Educator
More information: <http://southeastfoottrails.org/SEFTC-LNT-Workshop.htm> or jay@jayDphotos.com, 404/731-1901



HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Linda Hudson 931-841-0540
highlandrim@tennesseetrails.org
SECRETARY: Carolyn Fitz 931-598-0597
highlandrimsecy@tennesseetrails.org
TREASURER: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org
OUTINGS & PROGRAM COORDINATOR & NEWSLETTER CONTACT: Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org

(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 4th Monday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Jul 6 - Paddle-Swim-Hike-Eat-Swim-Paddle, Tims Ford Lake and Tims Ford State Park, Winchester, TN. Easy. We will paddle from Anderton Boat Ramp off Hwy 50 on Tims Ford Lake to Ray Branch Peninsula. After a cool, refreshing swim we will hike about three miles along the shores of Ray Branch enjoying beautiful views of the lake and large, beautiful trees, including Yellowwood Trees. This is a newly rerouted trail. Bring water, lunch and water shoes and walking/hiking shoes. Call Joan Hartvigsen at 931-962-0811 or email jhartvigs@comcast.net.

Jul 20 - Eat-Float-Eat-Float. Duck River, put in below Normandy Dam, take out Three Forks Bridge. We will meet at 8:00 am CT at Damron's Restaurant, 217 E. Carroll St., Tullahoma for breakfast. Or meet below Normandy Dam at 9:30 am to arrange the shuttle. Portage at Cortner's Mill. Bring water and your lunch to eat at Corner's Mill. Contact Tom Bentley at 931-455-5849 or 931-273-6344 or htbentley@lighttube.net.

Jul 22 - Chapter Meeting. Dinner at Applebee's, 1957 N. Jackson St., Tullahoma at 5:00 pm CT. Our meeting is at 7:00 pm at D. W. Wilson Community Center. Marcia Medford and Joan Hartvigsen will present a program on their recent bicycling and hiking trip to West Virginia and Virginia. Three Rail-Trails; Greenbrier River Trail, New River Trail State Park and Virginia Creeper National Recreation Trail are featured as well as The Cass Scenic Railroad State Park and The New River Gorge National River.

Jul 27 - Greeter Falls, South Cumberland State Park, Altamont, TN. 7 miles. Moderate. Marietta Poteet will lead this beautiful hike from Stone Door Ranger Station to Greeter Falls following the Laurel Trail to Alum Gap to Boardtree Falls and the Greeter Falls Loop. We will finish our hike with a swim in the Blue Hole for those interested in cooling off. This hike has rough footing, steep ascents and stream crossings. There are awesome views of the gorge below as well as three gorgeous waterfalls. Please dress for the weather and being July you will need lots of water. Wear sturdy boots and bring snacks and lunch. Call Marietta at 931-924-7666 or email nannietta@blomand.net.

JACKSON CHAPTER

CHAPTER CHAIR: Vicky Moeller 731-668-9336
jackson@tennesseetrails.org

TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 1st Monday at Perkins Restaurant, Vann Drive, Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 6:45 pm

Hike information unavailable at press time.

Planning Ahead:

Aug 5 - Monthly Meeting. We will meet at Perkins restaurant at 6 pm for dinner, followed by a planning meeting to schedule next fall's hikes. If you cannot make the meeting, please tell Vicky Moeller what hikes you would like included. Her telephone number is 668-9336 and her email address is *vmoellersu@gmail.com*.

Sep 2 - Monthly Meeting.

Board Position Open

Are you interested in being more involved in Tennessee Trails Association? Do you have a home computer? How about an hour or so each week to spare? You could be just the person that the TTA board of directors is looking for. Ann Jacobs, our treasurer, has decided not to run for another term, and will be leaving office at the end of 2013.

The treasurer's responsibilities include:

- Maintain the finances and financial records of TTA.
- Prepare a budget for each year and submit to board for review and approval.
- Write checks for authorized expenditures and deposit revenues received by TTA.
- Maintain accurate and timely records of revenue and expenses
- Manage investments of the Association.
- In cooperation with CTC, manage an annual audit of TTA's and CTC's financial records.
- Retain copies of financial records from prior years.
- Prepare a financial report for each quarterly TTA board meeting.

Training will be provided.

***If you've never volunteered to help before,
how about it in 2014?***

MEMPHIS CHAPTER

CHAPTER CHAIR: Charlie Bright 901-829-4434
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 662-701-6284
memphisvice@tennesseetrails.org

No chapter hikes scheduled during the months of July and August. In the meantime, check out other TTA chapter hike listings in the TTA Newsletter or *www.tennesseetrails.org* and join a hike!

MURFREESBORO CHAPTER

CHAPTER CHAIR: Sara Pollard 615-714-3610
murfreesoroboro@tennesseetrails.org

TREASURER Ann Jacobs 615-896-3935
murfreesoroborotreas@tennesseetrails.org

MEMBERSHIP Mary Belle Ginanni 615-895-6072
murfreesoroboromembership@tennesseetrails.org

PROGRAMS Valerie Galan 615-586-2882
murfreesoroboprograms@tennesseetrails.org

OUTINGS COORDINATOR: Cathy Bingham 615-890-9791
murfreesorobohikes@tennesseetrails.org
(Call Cathy & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Veterans Parkway, Murfreesboro

BLOG: *www.tennesseetrails.org/blog/murfreesoroboro*

Jul 9 – Chapter Meeting. Slide presentation on hiking and other outdoor activities in Panama. Bob Goodwin will present pictures of his trip with Sandra Parker to Panama. It will include Panama City, Panama Viejo, the Kuna Indian Marketplace and Casco Viejo, the partial transit of the Panama Canal, including various locks, and views of the prison where Daniel Noriega is incarcerated, Gatun Lake and Monkey Island. an Embera Indian Village, the Gamboa-rainforest including a butterfly garden, hikes in the rainforest and in an area near the Pacific Ocean, El Valle, plus many other things.

Jul 13 - Radnor Lake State Natural Area. 3- 5 ½ miles. Easy to Moderate. Trails will be determined on the day of the hike after exploring the nature center. There are usually deer, waterfowl and woodland bird sightings on these beautiful trails south of downtown Nashville. Wear good shoes and bring water. We will eat at a local restaurant after the hike. Meet at the I-840 Park N' Ride on Broad Street at 8:45 am CT with departure at 9:00 am. To register, contact Nabil Wakid at 615-893-7942 or *nwakid@bellsouth.net*.

NASHVILLE CHAPTER

CHAPTER CHAIR: Doug Burroughs 615-283-0507

nashville@tennesseetrails.org

OUTINGS COORDINATOR: Nancy Juodenas 615-319-8811

nashvillehikes@tennesseetrails.org

(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI

Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

BLOG: www.tennesseetrails.org/blog/nashville

Jul 13 – Burgess Falls State Natural Area, near Cookeville, TN... AND... Rock Island State Park, near McMinnville, TN., a “Two-fer-One” outing – for Tennessee Trails Association members and also open to all guests. This adventure will be a waterfall extravaganza! Burgess Falls includes three waterfalls, the largest being a massive 136 falls and spectacular sight. We will venture down metal stairs and do a minor rock-scramble to the base of Big Falls and into cool mist for a refreshing morning break. This is a short trail (1.5 miles round-trip). Then – onward! Caravan 30 minutes to Rock Island State Park. For our trail lunch we will walk down into the Caney River Gorge and follow the ancient rocky river bed a short ways, admiring the views and stopping for a picnic lunch here along the ledges. Then out and picture taking at “witches’ castle”. Our day will conclude with a short drive around to Power House Rd. for a hike of Rock Island’s Downstream Trail. This is 1.6 miles and features a unique view of 80-foot waterfalls pouring out of limestone bluffs and splashing into the river. Meet at 9:30 am CT at the Burgess Falls parking lot. Bring water shoes for optional creek wading at times. Overnight camping opportunities are nearby at Rock Island State Park. Burgess Falls Website: <http://www.tn.gov/environment/na/natareas/burgess/>. Rock Island State Park Website: <http://tn.gov/environment/parks/RockIsland/>. For more information contact Tom Vickstrom at 615-405-6713 or tomzinger55@gmail.com.

Jul 20 - Rugby TN: Colditz Cove, Meeting of the Waters, and Gentleman's Swimming Hole. Three short and easy hikes with an opportunity to cool off in the water. Colditz Cove trail, between Allardt and Rugby, is 1.5 miles and visits Northrup Falls. Meeting of the Waters and Gentleman's Swimming Hole is a 2.1 mile loop that goes to the confluence of White Oak Creek and the Clear Fork River before looping back to the swimming hole. Be sure to bring lunch, water, good hiking boots, clothing appropriate to the weather (including swimming, if you choose). Call Doug Burroughs at (615) 283-0507 for more information and to register. Meeting Place: FedEx/Kinko's parking lot on Donelson Road just north of I-40. Meeting Time: 8:00 am CT/

Nashville Chapter – con't.

Jul 23 – Chapter Meeting. Paul Bianchi thru-hiked the Appalachian Trail in 2012 and he's going to describe his adventure for our chapter at our July meeting. He'll clue us in on how he prepared for his trek over five years; and recount the rewards and surprises that came his way between Springer Mountain and Mount Katahdin. Think magic! Bring a friend!

Jul 27 - Laurel Trail at Great Stone Door to Greeter Falls. 4.3 miles. Moderate. This will be one way hike that requires a car drop. After hiking the 2.9 + miles of the Laurel Trail we will end up at Greeter Falls where we will take time to eat lunch and have a well deserved relaxing swim in the plunge pool of the falls. Bring lunch, snacks, water, good trail shoes and a bathing suit and towel (if desired). Also money for carpooling and dinner on the way back to Nashville. This is meant to be a leisurely, swimming hole hike, to ease the heat of late July. The addition of the 2.9 miles of Laurel Trail will just be a leg stretch. For more information and to register call Nancy Juodenas at 615-319-8811 or e-mail at njuodenas@yahoo.com.

NORTHWEST Chapter (UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316

northwest@tennesseetrails.org

TREASURER:

Sandy Davis 731-587-9134

northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

Hike information unavailable at press time.

**2013 Annual Meeting
October 25 - 27, 2013
FALL CREEK FALLS STATE PARK
PIKEVILLE, TENNESSEE 37367**

Registration form is
on the other side.

Once each year, Tennessee Trails Association members from all across the state gather for a weekend of fun, food, and fellowship. There will be hikes, exhibits, programs, auction and entertainment. The Annual Meeting will be held from Friday, October 25, through Sunday, October 27, at the Fall Creek Falls State Park and Convention Center, Pikeville, Tennessee. Our hosts for this year's event are the Plateau, Soddy-Daisy and Upper Cumberland chapters.

Lodging reserved directly through Fall Creek Falls:

Inn Rooms – The rooms have 2 double beds with private bath located at the Conference Center, where TTA's meetings and meals will take place. All Inn rooms have a picturesque view of the lake, TV, radio/alarm clock, coffee maker, hair dryer, iron and ironing board. Fall Creek Falls gives a 10% discount off the regular inn room rate to all seniors (62+). (2 dbl beds w/private bath) \$79 per night + tax & fees; Cancel Policy: 48 hrs before arrival.

King Rooms – The rooms have 1 king bed with private bath located at the Conference Center, where TTA's meetings and meals will take place. All Inn rooms have a picturesque view of the lake, TV, radio/alarm clock, coffee maker, hair dryer, iron and ironing board. Fall Creek Falls gives a 10% discount off the regular inn room rate to all seniors (62+). (1 king bed w/private bath) \$88 per night + tax & fees; Cancel Policy: 48 hrs before arrival.

Fisherman Cabins – A two-night stay is required for cabins. The two-story cabins sleep eight and have two bedrooms, each with two double beds and 1 ½ bath. Linens, cooking and serving utensils, appliances, microwave, telephone, and cable TV are provided. Each has a fireplace with firewood provided in October. They are located directly on Fall Creek Lake and about ¼ mile from Fall Creek Falls Inn & Conference Center. (2 Bedroom with 4 double beds, 1 1/2 baths, capacity of 8); minimum 2-night stay at \$115 per night + tax & fees; Cancel Policy: 48 hrs before arrival.

Villas – A two-night stay is required for villas. The villas sleep ten and have four queen bed, two twin beds, and 2 baths. Linens, cooking and serving utensils, appliances, microwave, telephone, and cable TV are provided. Each has a fireplace with firewood provided in October. They are located directly on Fall Creek Lake and about ½ mile from Fall Creek Falls Inn & Conference Center. (3 Bedroom with 4 queen beds, 2 twin beds, 2 baths, capacity of 10); minimum 2-night stay at \$155 per night + tax & fees; Cancel Policy: 48 hrs before arrival.

Camping – Eleven 2-night water & sewer campsites are held in Fall Creek Falls campground. Each site may contain up to eight people but no more than one camper and two tents, or three tents. Parked vehicles must not infringe on a neighboring campsite or block the road in any way. All sites have tables, grills, and water and electric. All sites are shared by a central bathhouse with showers close by. Campsites are located about 2 miles from Fall Creek Falls Inn & Conference Center. To reserve a single night go online at <https://tnstateparks.itinio.com/fall-creek-falls> or call 1-800-250-8611.

Meals: Friday dinner is a buffet served in the conference room with choice of baked chicken or southern fried catfish, 3 vegetables, salad, bread, dessert, coffee and tea. Saturday dinner is a Prime Rib buffet in the restaurant, as well as Saturday and Sunday breakfast buffets. Saturday's sack lunch will be a choice of Ham & Cheese or Peanut Butter & Jelly Sandwich, chips, apple, cookie. An 18% gratuity is included in the cost of all meals.

Hikes scheduled: Fall Creek Falls, Virgin Falls, Savage Gulf, Fiery Gizzard, Rock Island, and Cumberland Trail sections

Directions to Fall Creek Falls From Knoxville, TN take I-40 West to Crossville Peavine Rd Exit 322, turn left off exit onto Hwy 101S. At 4-way stop continue straight onto Hwy 392; at the 2nd stop light turn left onto Hwy 101 (Lantana Rd) and travel 19 miles to a T intersection, turn left (still on Hwy 101S) and go approx. 4 miles to Hwy 30. Turn right on Hwy 30W and travel 5 miles to Fall Creek Falls Park sign. Turn left and follow signs to the Conference Center.

Directions to Fall Creek Falls From Memphis & Nashville take I-40 East to Cookeville (82 miles). Turn right onto 111 South (exit 288). Park entrance is on the left on Highway 284 (40 miles from I-40 to the park). Follow signs to the Conference Center.

Directions to Fall Creek Falls From Chattanooga take I-24 toward Nashville, take Hwy 27 North toward Dayton and follow Highway 111 North to the park entrance on the right.

2013 TTA ANNUAL MEETING
October 25 - 27, 2013
Fall Creek Falls State Park
800-250-8610 or 423-881-5241

REGISTRATION FORM
DUE ON OR BEFORE
September 6, 2013

Please provide the name of each member of your family attending.

Name: _____ Name: _____ Name: _____

Address: _____ City: _____ State: _____ Zip: _____ - _____

Phone: (____) _____ E-mail: _____ Chapter: _____

Lodging reservation & payment needs to be made directly to Fall Creek Falls. For planning purposes, please check below the lodging you reserved.

LODGING - Inn reservations are to be made directly through Fall Creek Falls, 800-250-8610 or 423-881-5241. Group code: 5318. A block of the following types of rooms will be held for reservation until September 6, 2013. First night deposit required. Fall Creek Falls gives a 10% discount off to all seniors (62+). Please check the type of lodging you reserved.

- ___ Inn Rm (2 dbl beds w/private bath)
- ___ King Rm (1 king bed w/private bath)
- ___ Fisherman Cabins (2 Bedroom w/1 ½ baths)
- ___ Villas (3 Bedroom w/ 2 baths)

CAMPING - Eleven 2-night water & electric sites in Fall Creek Falls campground are available through this registration form. All sites have tables, grills, water, and electricity, and served by a bathhouse close by. Each site may contain no more than eight people. A campsite may contain only one camping unit (motor home, trailer, pop-up, pickup camper, etc.) along with two tents, or a maximum of three tents are allowed per site. Only a 2-night reservation is available with this form. Cancel Policy: 72 hours before arrival.

Friday/Saturday night site includes how many people ___; # of sites ___ @ \$43 per site = Total _____

MEALS - All meals except for Friday night (in Conference Rm) & Sack Lunch will be in the Fall Creek Falls Restaurant.

Friday Dinner Chicken or Catfish Buffett # of people ___ X \$17.70 = Total _____

Saturday Breakfast Buffet # of people ___ X \$11.73 = Total _____

Saturday sack lunch- choice of ham or peanut butter sandwich - \$5 each lunch. Indicate # of lunches

of ham/cheese sack lunch ___ X \$5 = Total _____

of peanut butter/jelly sack lunch ___ X \$5 = Total _____

Saturday Dinner Prime Rib Buffett # of people ___ X \$21.17 = Total _____

Sunday Breakfast Buffett # of people ___ X \$11.73 = Total _____

REGISTRATION FEE # of people ___ X \$25 = Total _____

(The full amount is required of each participant, regardless of the number of days attending.)

The last day to cancel and receive a refund is October 9 TOTAL ENCLOSED \$ _____

Please complete this Registration Form for your registration fee, camping, and meals.

Make check payable to: TTA Plateau Chapter; Mail Registration Form and payment to:

Pam Brophy

117 Wilbourn Drive, Crossville, TN 38558

Phone: 931-707-7234

Email: *p18brophy@comcast.net*

An email confirmation or postcard will be sent to you upon receipt of your check and registration.

ANNUAL MEETING HIKE SCHEDULE

Friday

- **FCF Woodland / Gorge Trails. 2.5 miles. Moderate.** This hike combines two trails near the Nature Center that will take you, via swinging bridge, to Fall Creek Falls, to the bottom and back, then to several overlooks, and Cane Creek cascades, completing a loop.
- **FCF Paw Paw Loop Trail. 2.5 miles. Moderate.** This hike begins near the Nature Center, crosses Rock House Creek, gains elevation (300' hill), then affords you striking views of Cane Creek Falls, Cane Creek Gulf, Fall Creek Falls, and Cane Creek Gorge Overlook, completing the loop back near the Nature Center.
- **FCF Gilbert Gaul Loop. 4.4 miles. Easy.** If hiked counter-clockwise you will follow a level dirt road from the gate of Group Camp #2 to a meadow near the site of the Gilbert Gaul homestead, then to the head of Fall Creek Lake where the road ends and footpath begins. There are beautiful views along the lake to Frazier Rain Shelter. The trail continues beside the lake before turning up along the "Fern Line" to the starting point.

Saturday

- **Virgin Falls. 8 miles, in & out. Moderate/difficult.** This trail includes steep climbs, up and down rocky terrain with interesting bluffs, rock formations, and pristine overlooks. At Virgin Falls the stream emerges from a cave & thunders 110' into a sink hole. Returning, you will gain 700' elevation in a woods of Fall colors.
- **FCF Wheeler Farm Loop. 4.5 miles. Moderate.** On this hike you will encounter spurs to interesting features, visit both sides of Medley Arch, stroll through beautiful Cane Creek Valley (prairie), view several waterfalls, including Wheeler Falls, a 120' high tiered falls with 2 sources at the upper level. Then follow the trail thru the woods back to complete the loop.
- **Savage Gulf, North Rim, Plateau, day loop trails. 9.3 miles. Easy/moderate.** This hike will continuously afford terrific overlooks and views, after leaving the Ranger station, following a series of trails, including the mountain Oak Trail, Savage Day Loop, North Rim and North Plateau Trails. Bring an appetite for beauty on this hike.

- **CT Section of Soddy Creek Gorge Segment. 10 miles, in & out. Moderate.** This CT section takes you across a fence stile and through hemlock glades, a Boy Scout camp, across small streams and beside large rock formations. It passes through an abandoned coal mining area, now studded with young pines, and along ridge lines below a rock escarpment to the base of a sheer cliff accessed by a series of wooden steps, then reverse.
- **CT Section of Possum Creek Segment. 10.2 miles, in & out. Moderate.** This hike begins with a photo op of gigantic boulders and turbulent cascades. The trail continues past one amazing rock formation after another, crossing both Little Possum Creek and Big Possum Creek bridges, with Perkins Point between. A visit to Immodium Falls may also be possible, time permitting.
- **CT Snow Falls Trail. 11.5 miles, in & out. Difficult.** During this hike of considerable elevation gain you will encounter remnants of coal mining trestles and roadbeds, several unique metal bridges (built in the '70s), gigantic rock formations, swift streams, beautiful overlooks, and 35' Snow Falls on top of the plateau. On the return hike you will steadily lose elevation back to the trailhead, affording a better opportunity to enjoy the fall colors.
- **SCRA Collins Gulf Trail. 5 miles, in & out. Moderate.** Your descent into Collins Gulf gorge leads you under a giant rock-house and thru the mist of beautiful Suter Falls. An elevation gain by large boulders takes you to a meandering ridgeline, with the trail gradually descending back into the gorge to a spur trail accessing gorgeous Horse Pound Falls. Enjoy fall colors on the return ascent to the trailhead.
- **CT Laurel Falls. 5 miles, in & out. Easy/moderate.** This hike begins on level roadbed & passes an abandoned coal mine entrance, coke ovens and remnants of stone road trestles in boulder-ridden Richland Creek. After an upstream ascent, through a rock field, and over a 1970' metal bridge, you encounter beautiful cascades and minor falls amid house-size boulders. A series of switch-backs take you to roaring, 80' Laurel Falls (and a spur trail to the top, time permitting)

- **SCRA Savage Gulf Day Loop. 4.2 miles. Easy.** The trail begins at the Ranger Station and crosses a field and Boyd Branch via a suspension bridge before reaching the loop junction. A spur trail leads to the Savage Falls overlook. Later at Rattlesnake Point there is a stunning view of Savage Gulf. Trail then follows an old RR bed back to the loop junction, all this among great fall colors.
- **FCF Gilbert Gaul Loop Birdwatch Hike. 4.5 miles. Easy.** Professor Steve Steadman, an avid bird watcher for decades, will point out birds we see and hear as we hike. We will begin this hike from the Conference Center on a path past the cabins to the trail. We will ascend along the “Fern Line” to an old road bed that will lead us down to an open field near the site of the Gilbert Gaul homestead and to the head of Fall Creek Lake. There a footpath begins following the lake to Frazier Rain Shelter, and later by the park cabins to complete the loop. Leaving the lake we will hike back to the Conference Center.
- **SCRA Fiery Gizzard to Raven Point. 8.8 miles, in & out. Difficult.** A rugged, challenging trail, showcasing the beauty of the Cumberland Plateau. This hike, which will reverse at Raven Point, leads you to, house-size boulders (“the rock field”), waterfalls, swimming holes, deep bluffs, a moonshine still, caves and spectacular overlooks.
- **CT Black Mountain. 5 miles, in & out. Moderate.** This hike offers spectacular views of the Cumberland Plateau and Grassy Cove, and features a Stonehenge-like, natural rock formation in a wooded setting that defies explanation. The trail descends gradually to Windless Cave which is currently closed to exploration. During the return ascent you will intersect a loop trail near the top which returns to the parking lot.

Sunday

- **Rock Island St. Park, “Twin Falls Trail”. 2.8 miles, in & out. Moderate.** This hike, in a beautiful setting, begins at Twin Falls Overlook. This is a two part hike, with both trails leading from the parking lot. First part will be upstream, following the bluff line above the Caney River to swimming spots (Warm Hole & Ice Hole) with some rock hopping to a view of Big Falls. The second part of the hike follows the Caney River downstream and back affording many photo ops.
- **SCRA Savage Day Loop. 4.2 miles. Easy.** Hike description listed under Saturday’s hikes.
- **FCF Paw Paw Loop. 2.5 miles. Moderate.** Hike description listed under Friday’s hikes.

2013 Annual Meeting Schedule of Events (Central Daylight Time—All times subject to change)

Friday, October 25

- 1-8:30 pm - Registration; Receive Auction Items and Baked Goods
- 2:00 pm - Hikes in Local Area—Easy (See Hike Schedule)
- 5:00-6:00 pm - State-wide Outings Slide Show & Social Time
- 6:00 pm - Dinner in Conference Room
- 7:00-10:00 pm - Entertainment followed with door prize drawing and Social Time.

Saturday, October 26

- 6:00-7:00 am - Coffee & water at cash bar; Bake Sale in Rhinehart Suite
- 7:00 am - Breakfast in restaurant
- 7:30 am - Pre-ordered sack lunches in Rhinehart Suite
- 8:00 am - Hikes begin departing. See Posted Hike Schedule for Times, Length, Leaders, and Difficulty
- 12:00-6:30 pm - Silent Auction
- 4:00-5:00 pm - State-wide Outings Slide Show & Social Time
- 5:00 pm - Dinner in Restaurant
- 6:30 pm - Awards and General Meeting
- 7:30 (about) pm - Live Auction (immediately after general meeting) followed with door prize drawing at the end of Auction

Sunday October 27

- 6:00-7:00 am - Coffee & water at cash bar
- 7:00 am - Breakfast in restaurant
- 8:00 am - Check-out prior to departing on Hike or attending Board meeting
- 8:30 am - Hikes Depart
- 8:30 am - Board Meeting

Bake Sale available when Rhinehart Suite is open

NEED HELP? ASK ANYONE WEARING A BLUE TEE SHIRT.

HAVE A TERRIFIC TIME!

PLATEAU CHAPTER

(Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org

SECRETARY/TREASURER: Jan Barber 931-839-6662
Don Taylor...615-973-1814
plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT

BLOG: *www.tennesseetrails.org/blog/plateau*

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Bill Harris at 931-484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Jul 6 - Lead Cove/Bote Mt/Finley Cane, GSMNP. This is a 7 mile moderate hike due to the first trail has a steady ascent for 1.8 miles. The rest of the hike is a gradual downhill with some mild rolling humps. The hike features quiet walk in woods, old homestead sites, sporadic views of surrounding mountains, and hopefully blooming rhododendron. Bring water, snack, lunch, and hiking boots. Depart from the southwest corner of Vanity Fair Outlet parking lot in Crossville at 7:00 am CT to car pool. For information and to register contact Cheryl Heckler at *thehecklers@charter.net* or 931-456-6437.

Jul 13 - Twin Arches Loop Hike, Big South Fork. This is a 5 mile moderately strenuous hike due to the flights of stairs and the continual climb from Charit Creek. These two arches are the largest arches in the Big South Fork and quite possibly in the Eastern United States. The South Arch is the highest at 100 feet. After visiting the arches, we pass through several huge rock houses along the base of the cliffs as we wind our way to Jake's Place, the remains of a mid-1800's house and farm. Then we follow the creek to Charit Creek lodge where we will eat lunch. We ascend 500 ft. in almost a mile as we climb from Charit Creek past the arches and to the trailhead. Bring water, snack, lunch, and hiking boots. Depart the parking lot behind Crossville Cracker Barrel at 7:00 am CT. For information and to register contact Bill Harris at 931-484-9152.

Plateau Chapter – con't.

Jul 20 - Waterfall hike featuring Burgess Falls and Cummins Falls State Park, Cookeville. First we'll travel to Burgess Falls and enjoy the views of three waterfalls. At the end, we'll optionally climb down to the bottom of the largest waterfall which is 130 feet tall. The climb from the bottom of this waterfall is strenuous. (1.5 miles roundtrip to the bottom of the largest waterfall). To finish, we'll retrace our steps back to the cars. Next we'll drive approximately 20 miles to our newest state park, Cummins Falls. We'll visit the overlook of the falls, and walk down to the base of the falls which will require wading through the Blackburn Fork River (you'll need water shoes). (Approximately 3.0 miles roundtrip to the base of the water fall). Swimming will be an option. Bring water, snacks, lunch, hiking boots and water shoes. Given the summer heat, we'll depart early at 7:00 am CT from Tractor Supply, Crossville. A carpool will be arranged in Crossville and Larry Marchese will travel from Mt Juliet meeting the Crossville group at Burgess Falls. Please confirm with Larry at *lmarchese2@gmail.com* or 615-681-2295. For carpooling contact Evelyn Kornreich at *evie417@gmail.com* or 931-287-0097.

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All !

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. During the 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: John Politte 423-304-8327
soddydaisy@tennesseetrails.org
HIKE COORDINATOR: George Bonneau 423-842-3619
soddydaisyhikes@tennesseetrails.org
TREASURER: Bob McGavock 423-843-4646
soddydaisytreas@tennesseetrails.org
MEETS QUARTERLY: 1st Tuesday in Jan, Apr, Jul, Oct at 6:00
pm ET at Burk's United Methodist Church, 6433 Hixson
Pike, Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Jul 2 – Sluder Lane to Hot Water Road and back. Approximately 2+ miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 9 am ET. Hike Leader: George Bonneau.

Jul 6 – Chickamauga Battlefield. Approximately 6 miles. Easy to moderate. Meet at the Bi-Lo in Red Bank at 8 am ET. Hike Leader: George Bonneau.

Jul 9 – Signal Point to Edwards Point and back. Approximately 4 miles. Slightly strenuous. Meet at the Bi-Lo in Red Bank at 8 am ET. Hike Leader: George Bonneau.

Jul 13 – Cumberland Mountain State Park. Approximately 8 miles. Moderate. Meet at Durham Street parking lot in Soddy Daisy at 8 am ET. Hike Leader: George Bonneau.

Jul 16 – Riverwalk (from Boat House to wetlands and back). Approximately 4 miles. Easy. Meet at the Boat House parking area at 8 am ET. Hike Leader: George Bonneau.

Jul 20 – Enterprise South. Approximately 7 miles. Moderate. Meet at Target on Highway 153 at 8 am ET. Hike Leader: George Bonneau.

Jul 23 – Red Clay State Park. Approximately 3 miles. Easy. Meet at Target on Highway 153 at 8 am ET. Hike Leader: George Bonneau.

Jul 27 – Sluder Lane to Big Soddy Creek. Approximately 7 miles. Slightly strenuous. Meet at Durham Street parking lot in Soddy Daisy at 8 am ET. Hike Leader: George Bonneau.

Jul 30 – Sterchi Farm. Approximately 4 miles. Easy. NEED. Meet at Target on Highway 153 at 8 am ET. Hike Leader:

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS: Jane Hamm 615-757-3331
Gayle Livingston 615-264-2940
sumner@tennesseetrails.org
MEETS MONTHLY: 1st Tuesday at 7:00 pm CT
Hendersonville First United Methodist Church, 217
E. Main St. Hendersonville, TN

No chapter meeting this month. We wish everyone a safe and happy holiday!

Jul 5, 6 and 7 - A Weekend of Activities in the Big South Fork National River and Recreation Area.

Friday, Jul 5, 3 pm: Our weekend begins at Callie's Cabin, in Laurel Fork Rustic Retreat, Jamestown, TN. 4 pm: We depart Callie's Cabin for the Sunset Overlook trailhead in the Big South Fork National River and Recreation Area. 4:30: Trailhead. Sunset Overlook is an easy 1.3-mile (one-way) hike through open forest to a spectacular rock outcropping that overlooks the gorge of the North White Oak Creek-Big South Fork River. 7:00: We will return to Callie's Cabin for dinner.

Saturday, Jul 6, 9 am: Slave Falls Loop, meet at the Sawmill Trailhead. Located on the west side of BSFNRRA, adjacent to Pickett State Park, this easy, 4.2-mile loop trail includes Slave Falls, a high hanging waterfall, and the Needle Arch, one of the many eroded rock shelter arches located in the park. After our hike, we will find lunch in Jamestown and then head north on U.S. 127 to Sgt. Alvin C. York Historic Park, Pall Mall, TN. The historic park includes the York family farm and the grist mill he operated for many years on the banks of the Wolf River. The trail at Sgt. Alvin C. York Park is an easy hike that is .6 mile long, crossing over a swinging bridge and up a set of steps leading to the grave-site of Sgt. Alvin C York. After our visit, we will return to Callie's Cabin for refreshments.

Sunday, July 7: How about a ride on the Big South Fork Scenic Railway? The K & T Special departs the depot at Stearns, KY, at 12:30pm Eastern Daylight Time, for a 16-mile round trip into the BSFNRRA for a 90-minute layover at the Blue Heron Mining Community, an abandoned coal mining town that was a part of the Stearns Coal and Lumber Company's past operation. Operations ceased at the mine in 1962. In the 1980s, the community was "re-created" by the National Park Service. Tickets for the railroad trip may be purchased online at www.bsfsry.com. If you are planning to stay over on Friday or Saturday, please contact hike leaders Lynn and Tim Takacs at lynntakacs@comcast.net for information about accommodations, etc. The phone number for Callie's Cabin is (931) 879-5220.

Jul 20 - Cummins Falls State Park, Gainesboro, TN. When we hiked to the Cummins Falls overlook in spring, we vowed we would return to get wet when it is warmer. So we'll fulfill our pledge on a hot summer day. This hike will take us to the **base of the falls**, and it is significantly harder than the easy overlook trail. Once you descend the foot path to the river (approximately 1 mile), you must follow the river upstream (without an official trail) - which requires multiple crossings and some rock scrambling. You will be wet. After this challenging "off trail" adventure, we'll hang out at the base of the falls and enjoy the water. And yes, we have to return the way we came. All participants must have water shoes with decent tread. Hiking sticks will be helpful for balance because the rocks can be slick. Please bring lunch, snacks and something to drink. Due to the nature of this outing, participation will be limited to twenty. *Pre-registration will be open to TTA members only (any chapter) until July 13.* At that time, non-members are welcome to RSVP for any remaining openings. Please e-mail Anne at ttahiker@att.net.

Sumer Trails hike information continued on next page

OFFICERS:

President	Millette Jones	615-397-9588 <i>president@tennesseetrails.org</i>
Vice-President	Carolyn Miller	931-839-3213 <i>vicepresident@tennesseetrails.org</i>
Treasurer	Ann Jacobs	615-896-3935 <i>treasurer@tennesseetrails.org</i>
Secretary	Diane Manas	615-352-7777 <i>secretary@tennesseetrails.org</i>
Past President	Don Dresser	731-668-4190 <i>pastpresident1@tennesseetrails.org</i>
Previous Past President	Rosemary Marshall	865-548-6171 <i>pastpresident2@tennesseetrails.org</i>
West TN At-Large Director	Graydon Swisher	901-737-3114 <i>westregional@tennesseetrails.org</i>
Middle TN At-Large Director	Nora Beck	615-517-6486 <i>middleregional@tennesseetrails.org</i>
East TN At-Large Director	Levonn Hubbard	931-707-1020 <i>eastregional@tennesseetrails.org</i>
Membership Director	Tim Townley	731-607-0512 <i>membership@tennesseetrails.org</i>
Cumberland Trail Conference Representative	Diane Manas	615-352-7777 <i>CTC@tennesseetrails.org</i>
TN Rails To Trails Advisory Council Representative	Bob Richards	615-532-0753 <i>TRAC@tennesseetrails.org</i>
CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER		
Newsletter Editor	LouAnn Partington	931-393-4835 <i>editor@tennesseetrails.org</i>

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Jul 10	Aug 1
Aug 10	Sep 1
Sep 10	Oct 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Sumner Trails Chapter – con't.

Jul 27 – Cumberland River Cruise on the 20 passenger pontoon boat DISCOVERY out of Cherokee Marina near Gallatin, TN. Our "3 HOUR CRUISE " will take us upstream past the Steam Plant to a beautiful cove where we will take a short hike and enjoy our lunch before returning to the Marina. Cost is \$14 per person paid in advance to register. Meet at First Presbyterian Church in Hendersonville at 9 am CT to carpool to the Marina for embarkation at 9:45. Bring sack lunch - soft drinks and water will be available for purchase onboard or bring your own beverage of choice. Since Captain Jesse can only take 20 passengers we can only take the first 20 that register with a check. For further info contact Sailor Al at *ballallenger@aol.com* or (615) 347-2623.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org
HIKE COORDINATOR: Kathleen Sullivan 931-284-7822
uppercumberlandhikes@tennesseetrails.org

Hike information unavailable at press time

TTA 2013 CALENDAR

The following dates in 2013 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

THIRD QUARTER

Aug 3 Board of Directors' Quarterly Meeting (Location TBA)
Sep 28 National Public Lands Day (Statewide)

FOURTH QUARTER

Oct 25-27 TTA's Annual Meeting; hosted by Plateau, Soddy Daisy and Upper Cumberland chapters at Fall Creek Falls State Park (Pikeville/Spencer, TN)

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Jul 13

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Tim Townley 731-607-0512 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (____) _____ Zip _____ -- _____
Work Phone (____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

** CTC Membership ** **\$5.00**

** Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.

Please list me with the following chapter:

___ Clarksville
___ Columbia/Franklin
___ Cove Lake
___ Dyer County
___ East TN (Oak Ridge/Knoxville)
___ Highland Rim (Manchester/Tulahoma)
___ Jackson
___ Memphis
___ Murfreesboro
___ Nashville
___ Northwest (UT at Martin/Weakley)
___ Plateau (Crossville)
___ Soddy Daisy
___ Sumner Trails (Sumner County)
___ Upper Cumberland (Sparta/Cookeville)
___ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.