

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



50 MILER HIKING AWARD

The Plateau Chapter is planning for what we believe will encourage multi-chapter hikes to promote the Cumberland Trail and earn the 50 Miler Hiking Award. This will be accomplished through a series of planned hikes in the next 6 to 8 months on the Cumberland Trail. With commitments from the Cove Lake, East Tennessee, Plateau, Soddy Daisy and Upper Cumberland chapters, we will schedule 50 or more miles of hikes on the Cumberland Trail.

In the Plateau Chapter area, Black Mountain, Brady Mountain and the Piney River sections will be hiked. In the Soddy Daisy Chapter area, the sections through the Rock, Possum, and Soddy Gorges and the Tennessee River Gorge are to be planned and hiked. Also, hikes around Cove Lake, Norma Road, New River and Frozen Head are part of the plan.

The Plateau Chapter has scheduled two hikes during November. The first hike is scheduled for November 5 to Laurel Falls and Bryant Overlook with Howard Owens leading the hike. The second hike is scheduled for November 19 from Signal Point to Highway 27 with Don Taylor leading the hike. See hike descriptions under the Plateau Chapter for more details on these hikes and information on how to register. Additional hikes will be scheduled over the next several months with the goal of hiking all open sections.

All TTA members are invited and encouraged to join in this multi-chapter opportunity to meet other hikers, promote the Cumberland Trail, earn a 50 Miler Hiking Award/Patch, and have many good memories. The application forms for the award are available on the CTC website. We will recognize those receiving the 50 Miler Award with a ceremony and group picture.

As more hikers earn the 50 Miler Award, we anticipate the need to develop awards for hiking 100, 200 and yes, the entire Cumberland Trail. Your input is solicited about how to recognize the mileage milestones as we hike the Cumberland Trail. If you have an idea, opinion or thought about these achievements, please forward those to Levonn Hubbard, East Tennessee Regional Representative and member of the Board of Directors of the Cumberland Trail Conference.

This is an exciting and enthusiastic endeavor and the potential good this multi-chapter undertaking will provide for all participants, the Cumberland Trail and hiking in Tennessee will be awesome!

SHOP AMAZON.COM THROUGH TTA'S WEBSITE

When you buy books (or anything else) at *amazon.com* through TTA's website, TTA benefits!

We have an arrangement with *amazon.com* where TTA receives a commission on all items purchased (such as books, magazines, music, electronics, even perfume) when you enter their site through our website. It's very easy! Go to the TTA website (www.tennesseehiking.org), navigate to the "To Buy!" page, then follow the link to the "VIRTUAL BOOKSTORE." Commissions are earned solely on sales made through the TTA website, therefore always enter *amazon.com* from the TTA website, and do not sign up for their one-click service.



Office Location 409 Thurman Avenue, Ste 102
 Crossville, TN 38555
 Office Hours 8am-2pm CT
 Phone: 931-456-6259
 Fax: 931-456-4934
 Email: cumberlandtrail@rocketmail.com
 Website: www.cumberlandtrail.org

Nov 11-20 - New River section trail construction.
 Volunteers needed to help construct trail along the east side of Arch Mountain in Scott County. This will be a camping outing with camp meals/ water provided by the CTC. Volunteers will need to bring their own tent, sleeping gear, and personal items. The base camp will have a kitchen tent equipped with cook stoves.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Paul Schwab 931-645-9068
clarksville@tennesseetrails.org
CHAPTER CO-CHAIR: J.R. Tate 931-920-2692
clarksville@tennesseetrails.org
TREASURER: Sandy Janus 931-551-8523
clarksvilletreas@tennesseetrails.org
SECRETARY: Chris Everett 931-494-8038
clarksvillesecy@tennesseetrails.org
OUTINGS COORDINATOR: Sandy Evans 931-217-4339
clarksvillehikes@tennesseetrails.org
(call Sandy & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT at Crow
 Community Center, 211 Richview Rd.
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>

Joining TTA as a New Member? Membership Up For Renewal? Your Generosity Benefits All !

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. During the 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

Nov 5 - Mouse Tail Landing State Park, Perry County. 8 miles. Moderate. Paul Schwab 931-645-9068. Meet 7:30 am CT, Big Lots parking area, Riverside Drive, Clarksville.

Nov 12 - Overnight hike, Fort Henry Loop (Artillery and Telegraph Trails), Land Between the Lakes, Stewart County. 18 miles. Moderate. J.R. Tate 931-920-2692. Meet 8:00 am CT, Kroger parking area, Dover Crossing Road, Clarksville.

Nov 15 - Chapter Meeting. Jimmy Dunn will be our program speaker. His father managed Dunbar Cave in the 50's and 60's. He will have lots of stories and pictures that we have not seen or heard before.

Nov 19 - Meriwether Lewis Park (Natchez Trace Parkway), Lewis County. 6 miles. Moderate. Sheryl Butcher 931-233-1867. Meet 7:00 am CT, Big Lots parking area, Riverside Drive, Clarksville.

Nov 26 - After Thanksgiving Hike Rotary Park, Clarksville. 4 miles. Moderate. Renate Gills 931-648-1448. Meet 9:00 am CT, first shelter on left after entering park.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Nov 1 - Chapter Meeting. Norma Low will share a slide presentation and her experiences of a 6 day adventure with a group of fellow hikers to the Mount Whitney summit. Mount Whitney is the tallest peak in the continental United States with an elevation of 14,505 feet. It is on the boundary between California's Inyo and Tulare counties, 84.6 miles west-northwest of the lowest point in North America at Badwater in Death Valley National Park. Mount Whitney summit is at the southern end of the John Muir Trail (JMT) in the Sierra Nevada mountain range.

Nov 5 - SURVIVAL SKILLS TRAINING DAY (rain date - November 12) at the home (in the woods) of Russell Smith, 4833 Byrd Lane, College Grove (Bethesda Community). Time: from 9:30 am to approximately 1:00 pm. Group will divide into two teams. Each team will construct a shelter of poles, limbs and vines. They will also build several fires using different methods to start fires. Meals will be cooked over the fires. Food will be provided by the host or you may bring your own. In addition, several members will make cordage from bark. Bring a sharp knife. Paper towels will be provided for cleanup. Please bring your own drink and eating utensils. A more detailed agenda will be available at the November 1 Chapter meeting. Register with Russell Smith at *carving082334@aol.com* or 615-790-1833.

Nov 19 - Stone Door/Big Creek Loop, Beersheba Springs, TN. 9.8 miles. Moderate with a difficult (long) climb out of the gorge. We will hike the Stone Door trail from the ranger station to the Stone Door then descend into the Big Creek gorge on the Big Creek Gulf trail. After reaching the bottom and hiking a mile or so, we will take the 0.4 mile side trail to Ranger Falls and then double back to the main trail. We will continue on the Big Creek Gulf trail and climb out of the gorge. At the top, we will hike back toward the Stone Door on the Big Creek Rim trail which provides some great viewing points of the gorge below. We will finish the loop by hiking back to the ranger station on the Stone Door trail. Please wear sturdy boots and bring water, snacks, and lunch for the trail. If the weather looks rainy, please bring rain gear and a change of clothes and shoes, as we plan to hike in the rain as long as there are no severe storms or heavy rains in the forecast. We will meet behind the McDonald's in north Spring Hill (4908 Main Street, Spring Hill) at 6:00 am CT, ready to leave by 6:15 am. It takes about 2 hours to drive to the trailhead parking area. If interested, contact Kevin Hahn at 615-775-4259 or email *compensate@yahoo.com*.

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR: John Redmon 423-869-8286
covelake@tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE: Kathy Sarvis 865-494-0374
covelakesecy@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the recreation center, 300 W. Beech St., La Follette.

Nov 12 - Obed Wild and Scenic River Segment of the Cumberland Trail, near Wartburg. 5 miles. Moderate. Call Harry Shatz at 865-494-0374 for information as to time for car pooling. Those coming from Campbell County meet at the Jacksboro middle school to car pool down to Burger King (Exxon gas station by Walmart) exit-122 on I-75. Those coming from Anderson County meet at the Burger King at the Exxon gas station on highway 61. Bring water & snack.

Nov 19 - Devils Racetrack Segment of the Cumberland Trail in Caryville. 6 miles. Moderate. Meet at Bruce Gap parking lot at 9am. Bring water & snack. Directions to Bruce Gap: From Knoxville, take I-75 north to the Caryville-Jacksboro Exit 134. Turn left off the exit and continue ½ mile past Shoney's to Bruce Gap Road. Turn right under I-75 to the fenced-in parking area. For more information call John Redmon at 423-869-8286.

DYER COUNTY CHAPTER

CHAPTER CHAIR: Rita Norvell 731-445-4601
dycounty@tennesseetrails.org

SECRETARY/TREASURER: Frank Salowitz
dycountysecy@tennesseetrails.org

OUTINGS COORDINATOR/BOARD REP: Jim Stark 731-589-1776
dycountyhikes@tennesseetrails.org

(Call Jim & volunteer to lead an outing.)

MEETS MONTHLY: (Sep-Jun) 4th Thursday at 5:30 pm CT at Dyersburg Main Street Office, 111 Market Street on the south side of the square in downtown Dyersburg

Hike information unavailable at press time.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org

VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

Nov 5 - Honey Creek Loop, Big South Fork National River and Recreation Area. 5.2 miles. Strenuous. Although difficult, this trail is the most interesting in the BSFNNRA with rock houses, stream crossings, boulder passages, gorge overlooks, waterfalls, and steep slopes. Allow a minimum of 5 hours to complete. Sturdy hiking boots and hiking sticks are strongly recommended. After the hike, the group will travel to historic Rugby to eat at the Harrow Row Cafe. Meet in Oak Ridge at 8:00 am ET at the Hardee's (in front of Big Lots) on Illinois Avenue. Pre-register with Robby Paul and Karen Towle at *robbypaul@hotmail.com* or call 865-850-1503.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Barbie Moré 931-455-3311
highlandrim@tennesseetrails.org

VICE CHAIR: Nora Henn 931-668-1870
highlandrimvice@tennesseetrails.org

TREASURER: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org

OUTINGS COORDINATOR & NEWSLETTER CONTACT:
Joan Hartvigsen 931-962-0811
highlandrimhikes@tennesseetrails.org
(contact Joan & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT at the D. W.
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Nov 1 – Chapter Meeting. After our business meeting, Chuck Lawson will present a program on his backpacking trip with Linda Hudson on the Appalachian Trail from Clingman's Dome to Fontana Dam in the Great Smoky Mountains. This trip completes their 72.5 mile AT hike through the highly regimented Smoky Mountains. His presentation will include lots of photos of the awesome vistas and the camps and shelters along the way. We'll meet for dinner at Ruby Tuesdays, 1936 N. Jackson St., Tullahoma at 5:30.

Nov 12 – Franklin State Forest. 6 miles. Easy. We will hike to the lake, then traverse back to the bluff side to see some beautiful views. The weather should be ideal hiking. Call Marietta Poteet at 931-924-7666 or email at *nannietta@blomand.net*.

Nov 19 – Eat-Hike-Eat, Sewanee Domain. Join Tom Bentley at the Blue Chair Restaurant in Sewanee, TN for breakfast at 9:00 am. We will depart from Blue Chair Restaurant at 9:45 am to begin our hike. The hike, to be determined, is typically 3 to 5 miles and rated easy to moderate. After the hike we will lunch at a local restaurant. Contact Tom Bentley at 931-273-6344.

Nov 25 – Old Stone Fort State Archaeological Park, Manchester, TN. 4 miles. Easy to moderate. This is a post Thanksgiving joint hike with the Murfreesboro Chapter. Meet at the Visitor's Center at 9:00 am CT. Contact Joan Hartvigsen at 931-962-0811 or 931-636-2914.

Evan Means Small Grants Program Deadline is Dec 31, 2011

In February 2012, TTA's Board of Directors will award small grants memorializing Evan Means. The grants support special volunteer projects that are compatible with the chartered objectives of TTA: *promoting and developing a system of hiking trails in Tennessee as well as working for the conservation of natural resources.* Project proposals are due no later than December 31, 2011.

All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grant application for the February 2012 Evan Means Small Grant Program Award.

Grant requests in the range of \$300-\$600 are encouraged. However, if a project requires additional grant money, considerations will be made.

For additional information and an application, please write to:

TTA Grants Administrator
P. O. Box 41446
Nashville, TN 37204

A copy of the application can also be downloaded from the TTA website (www.tennesseetrails.org).

The small grants program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of the Tennessee Trails Association. Mr. Means won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.



JACKSON CHAPTER

CHAPTER CHAIR: Glen Rognstad 731-217-5966
jackson@tennesseetrails.org
TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org
SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org
OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 2nd Monday at Panera Bread, 1145 Vann Drive (The Columns), Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

Nov 5 - Natchez Trace State Park, Cub Lake (short hike). For information and registration, contact Terry McCoy at 731-535-0625 or *cityclar@aeneas.com*.

Nov 12 - Natchez Trace State Park, Red Leaves (long hike). For information and registration, contact Dick McKean at 731-697-8372 or *sprucemountain@eplus.net*.

Nov 14 - Chapter Meeting. For additional information, contact Glen Rognstad at 731-217-5966 or *glenrognstad@gmail.com*.

Planning Ahead:

Dec 3 - Beaman Park. For information and registration, contact Anne Goodson at 731-664-1665 or *annegoodson@eplus.net*.

Dec 12 - Chapter Meeting. For additional information, contact Glen Rognstad at 731-217-5966 or *glenrognstad@gmail.com*.

Dec 17 - Mousetail Landing State Park. For information and registration, contact Terry McCoy at 731-535-0625 or *cityclar@aeneas.com*.

Please check the TTA calendar website as additional hikes may be added.

MEMPHIS CHAPTER

CHAPTER CHAIR: Margaret Smith 901-210-6097
memphis@tennesseetrails.org
VICE-CHAIR: Francis Ruffin 901-396-1108
memphisvice@tennesseetrails.org

MEETS MONTHLY: (Sep – May) 2nd Thursday at 6:00 pm CT at Cordova Library, 8457 Trinity Rd.

Nov 5 - Ft Pillow State Park, Henning, TN. 8 miles. Moderate to difficult. Meet at the Park Interpretative Center at 9:30 am CT for an 8-mile historic loop trail over rugged hilly terrain and through hardwood forests. Trail is rated moderate to difficult because of the terrain. Bring water, lunch and snacks. Sturdy boots recommended. For more information call Holly Fleming at 910-377-6278. Directions: Hwy 51 North, West Hwy 87, keep to right, past prison approximately 8 miles, turn right onto Hwy 207, turns into Park Road, past old park visitor center, go to end of road to Park Interpretative Center.

Memphis Chapter – con't

Nov 10 - Chapter Meeting. We are planning hikes for Jan - Dec 2012. If you have suggestions for new places to hike, bring maps, brochures, guidebooks, etc. If unable to attend this meeting, email your favorite hikes to Gloria.

Nov 12 - Herb Parsons Lake, Fisherville. 6 miles. Easy. Fisherville is located northeast of Collierville, near Collierville Arlington Road and Macon Road. We will meet at the lake at 9:45 am CT for an easy 6-mile walk through the woods and around the lake. Bring snacks and water. For information call Linda Walston at 901-606-9866.

Nov 19 - Shiloh National Military Park Historical Walk. 7 miles. Pre-registration Required. This hike will be lead by Charlie Spearman, interpretive ranger at Shiloh. We will retrace the steps of Albert Sidney Johnston's Army of the Mississippi on April 6, 1862, during the battle of Shiloh. Charlie will follow General Johnston's route as the Confederate troops force the retreat of General Grant's troops during the day. Charlie's recount of the day's events weaves military history with all manner of external forces and personal triumph and tragedy. We will probably hike about seven miles. Some of it will be cross country and is a fun hike added to great story telling. **Charlie Spearman has limited the number of participants to 25.** To register go to <http://tta2011.herokuapp.com>, create an account and sign-up for the trip. If you need assistance registering, e-mail *charlie.bright2010@gmail.com*. We will meet at 9:00 am CT at the intersection of Tennessee Highway 142 and 22 adjacent to Shiloh and park in the parking lot of Shaw's Restaurant (closed). Drive time is approximately 2 hours.

Nov 26 - Big Hill Pond State Park, Pochontas, TN. 7-8 miles. Moderate. We will meet at the boat dock parking lot in the park at 9:30 am CT and start the hike promptly at 9:45 am. The 7-8 mile loop trail is rated moderate. This trail takes us over wooded hills through rock outcroppings and to a fire tower overlooking the Tuscumbia river valley. We cross a 0.8 mile boardwalk over Dismal Swamp, a unique area with abundant wildlife. Bring lunch and water. Boots strongly recommended. Carpoolers meet at 8:00 am at the Target on Poplar Ave at Forest Hill-Irene Road, Germantown. To register for carpool and for more information contact Freddi Felt at 901-685-9915 or email *ffelt2@comcast.net*. Drive time is approximately 1-1/2 hours.

Planning Ahead:

Dec 3 - Meeman-Shelby Forest Woodland Trail. Meet at the Park's Visitor Center at 9:00 am CT. Margaret will lead the 3-4 mile hike along the Woodland Trail with a side trip to the Woodland Shelter then hike back to the visitor center. The loop trail has a few steep climbs (for Mississippi Delta country, that is) but most of the walk is fairly level. Bring water and a snack, we will not be stopping for lunch. Those who love a good cheeseburger can meet at the Shelby Forest Country Store after the hike. Invite a friend! For information contact Margaret Smith at 901-210-6097.

MURFREESBORO CHAPTER

CHAPTER CHAIR: Tony Jones 615-397-4463
murfreesboro@tennesseetrails.org

OUTINGS COORDINATOR/BOARD REPRESENTATIVE:
Ron Dunn 615-867-3301
murfreesborohikes@tennesseetrails.org

(Call Ron & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

Nov 5 - Bowling Farm fall hike and pot luck social, Monterey, TN. 4 miles. Moderate. This is our annual fall fest at the country home of Winston and Billie Jo Bowling. Come see the fall colors and hike a short 4 mile moderate hike. Everyone bring a covered dish to share for the pot luck. Departure location and time is TBA. Please contact MaryBelle Ginanni at 615-895-6072 or mginanni@comcast.net.

Nov 8 - Chapter Meeting. This is our planning meeting for hikes from February 2012-July 2012. Please bring a snack for our finger food meeting and come with hikes to lead or with hikes you would like to experience. We will also have our chapter officer elections for the year 2012. For information contact Murfreesboro Chapter Chair Tony Jones at 615-397-4463 or tonjon1968@gmail.com.

Nov 12 - John C. Clayborn Millennium Trail. 8 miles. Difficult. The Millennium Trail is located in Edgar Evins State Park, one hour from Murfreesboro. This trail was laid out by the Tennessee Trails Association and is on the hilly shoreline of Center Hill Lake. We will encounter rocky ridges, lakeside bluffs and wooded hollows. Hike will take about 4 hours so pack a lunch and bring plenty of water. We will leave from the Food Lion parking lot on Lascassas Highway (Hwy 96) at 8 am CT. Please come a little early to sign the release and to organize a carpool. Contact Sara Pollard for more information AND to sign up at 615-714-3610 or spollard50@gmail.com.

Nov 25 - Old Stone Fort, Manchester TN. Approx 5 miles. Moderate. This is our annual joint hike with the Highland Rim Chapter to "walk off" all that Thanksgiving turkey. We will meet at the Old Stone Fort Visitors Center at 9 am CT. There will be a carpool from Murfreesboro but you MUST CALL to find the location and departure time. Contact Tony Jones at 615-397-4463 or tonjon1968@gmail.com.

NASHVILLE CHAPTER

CHAPTER CHAIR: Libby Francis
nashville@tennesseetrails.org

OUTINGS COORDINATOR: Libby Francis
nashvillehikes@tennesseetrails.org
(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit: www.tennesseetrails.org/nashville.php

Nov 5 - Perimeter Trail (west side segment), Montgomery Bell State Park (MBSP), Burns, TN. 7 miles. Moderate. This trail has continuously rolling and hilly terrain. MBSP is home to lots of wildlife: deer, turkey, owl, fox, chipmunk and squirrel, to name just a few. Sturdy hiking boots or trail shoes are a must! Bring snacks, lunch and water. Carpoolers will meet in the Wal-Mart parking lot (on the left side of the store – "garden center area") on Charlotte Pike (Exit 201 off of I-40). Another option for those not living in Nashville is to meet at the Visitor's Center just inside the park's entrance. For more information, carpool (or Visitor's Center) meeting time, and to register, call Diane Manas at 615-352-7777.

Nov 5 - Beaman Park trail construction, Nashville. 9:00 am CT. Please join SAE Fraternity from Vandy for a trail construction volunteer work day. We are wrapping up construction on a 350 foot long handicap accessible boardwalk and continue work on front country trail near the Beaman Park Nature Center (5911 Old Hickory Blvd). All training and tools will be provided. Bring work gloves, wear sturdy shoes and clothes you won't mind getting dirty. Refreshments will be served. For information or directions please call the Beaman Park Nature Center at 615-862-8580.

Nov 12 - Honker Lake Trail, Land Between The Lakes. 4.5 miles. Moderate. Located near The Nature Station in the heart of the Environmental Education Area, this trail winds around Honker Lake through a variety of habitats: dense forest, meadows, and along the lakeshore. Be sure to watch for the resident flock of Giant Canada Geese which nest in the area and give the trail its name! You will need sturdy walking shoes, lunch, and water. If there is time, we will tour The Nature Station after the hike. For more details and to register, contact Nora Beck, nora_beck@comcast.net, or call 615-517-6486.

Nov 19 - Fiery Gizzard Loop, Monteagle/Tracy City, TN. 8-9 miles. Strenuous. A "makeup" trip for the September 17 scheduled hike. I had to cancel due to a funeral. This beautiful hike will go down the Fiery Gizzard Creek Trail and loop back via the Dog Hole Trail. This will allow us to cover the nine accursed boulder falls along the creek while we are still reasonably fresh. Plan on lunch at Raven Point. This trail requires sturdy boots and I recommend a good hiking stick as well. The temperature may be warm so bring 2-3 liters of water per person. Also bring lunch and money for car pooling. For more information and to register contact John Kennedy at johnl.kennedy@comcast.net or (615) 646-8889.

Nov 22 - Chapter Meeting. Tennessee's award-winning parks will be the star of "Beautiful Tennessee-Parks and Preservation," a video produced by WNPT. Come and see some great footage of some of your favorite places, and favorite people, too. Bring friends!

NORTHWEST Chapter

(UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org

TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the
academic year (Feb-Apr and Sep-Dec) on the UT
Campus in the Paul Meek Library, Rm 120, Media
Services B1

Hike information unavailable at press time.

PLATEAU CHAPTER

(Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org

SECRETARY/TREASURER: Jim Grove 931-484-7900
plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, contact Cheryl Heckler at 931-456-6437 or visit the Plateau Chapter Blog. Rain cancels.

Nov 5 - Laurel Falls, Dayton TN. 5-7 miles. We will hike the trail to beautiful Laurel Falls past an old coal mine and over some small streams on bridges. Weather permitting; we will attempt to cross a small stream to Bryan Overlook. The hike has some short strenuous portions uphill. We will meet at Trinity Tabernacle Church on Highway 127 South in Crossville. We will leave promptly at 8 am CT. For more information and to register, contact Howard Owens at 931-484-1328 or owenshb@charter.net.

Nov 10 - Chapter Meeting. 6:30 p.m. First United Methodist Church Annex, 69 Neecham Street, Crossville. Program: "My Appalachian Trail Adventure" by John Wigington. Hear John's adventure of his 5 month trek hiking the entire Appalachian Trail. After the program we will discuss chapter items and plan winter hikes. Dinner at LaCosta Mexican Restaurant, 138 The Crossings, Crossville at 5 pm. Contact Chapter Chair, Cheryl Heckler at thehecklers@charter.net or 456-6437 for additional information.

Nov 19 - Cumberland Trail: Signal Point to Hwy 27, Signal Mountain. 8 miles. Moderate to strenuous. Join us for one of the most scenic hiking trails overlooking the Tennessee River Gorge. Signal Mountain is the southern terminus of the Cumberland Trail. The trail follows bluff tops and ridges 1,800 and 2,000 feet. above sea level, drops into ravines lush with hemlocks towering over tangled growths of laurel and rhododendron, and crosses Suck Creek over a swinging bridge. The view from Edwards Point covers a long stretch of the "Grand Canyon of the Tennessee," with historic Williams Island below on the left and the city of Chattanooga in the background. Our hike begins at Signal Point after dropping off a vehicle on Hwy 27 (Suck Creek Road). Requires good hiking boots and plenty of water. Bring a lunch and plan to spend most of the day enjoying the Cumberland Trail. Meet at Trinity Tabernacle on Hwy 127 South in Crossville at 8am. Call Don Taylor (615-973-1814) or email taylor@realtracs.com to register.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: George Bonneau 423-842-3619
soddydaisy@tennesseetrails.org

TREASURER: Robertson (Bob) McGavock 423-667-2960
soddydaisytreas@tennesseetrails.org

MEETS EVERY OTHER MONTH: 1st Tuesday in Jan, Mar,
May, Jul, Sep, Nov at 6:00 pm ET at Burk's United
Methodist Church, 6433 Hixson Pike, Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

Nov 2 – Greenway Farms. Approximately 4 miles. 9 am ET.

Nov 3 to Nov 6 – Backpacking trip from Mowbray Pike to Leggett Road. Approximately 35 miles. 8 am ET.

Nov 9 – Chattanooga River Park. Approximately 4 miles. 9 am ET.

Nov 12 – North Chickamauga Creek. Approximately 4.5 miles one way. 9 am ET.

Nov 16 – Upper Leggett Road Loop and Overlook. Approximately 4 miles. 9 am ET.

Nov 19 – Raccoon Mountain eastern overlook. Approximately 4 miles. 9 am ET.

Nov 26 – Snow Falls, Dayton. Approximately 11 miles. 9 am ET.

Nov 30 – Pot Point Cabin. Approximately 3.5 miles. 10 am ET.

For information on hikes, contact George Bonneau (423-842-3619) or george.r.bonneau@gmail.com.

TIP

Dressing in layers will allow you to adjust to different levels of exertion. Weather can change unexpectedly in the spring, fall and winter, and proper layering will help keep you comfortable, warm and dry.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948
sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT,
Hendersonville First United Methodist Church, 217
E. Main St. Hendersonville, TN

Nov 1 – Chapter Meeting. Our speaker will be Steve Baskauf, a Senior Lecturer in the Department of Biological Sciences at Vanderbilt University. Steve developed the Vanderbilt Arboretum Tree Tour, an on-line guide with pictures and descriptions of many of the varieties included in the on-campus arboretum. His program will focus upon the trees found in the arboretum which we might encounter at hiking sites.

Nov 12 – Stones River Greenway West Section, Nashville. 3 miles. Easy (except for one long hill). This hike has a little of everything including two rivers and two golf courses - hopefully we will manage to not enter any of these - but just in case, I may make everybody sign the liability form twice. Meet at First Presbyterian Church in Hendersonville at 9 am CT or at the Kohl's trailhead at Lebanon Pike at the Stones River Bridge in Donelson at 10 am CT. On the way to the trailhead, we will drop a car at the Wave Pool at Briley Parkway at the Two Rivers exit for taking the drivers back to where we started. After the hike, we'll go to Santa Fe Cattle Company for lunch. Contact River Rat Al at ballallenger@aol.com or (615) 347-2623.

Nov 26 - Lynn and Tim Takacs will lead a hike in the Big South Fork National River and Recreation Area (Jamestown TN) to the Sunset Overlook. Please meet at the trailhead at 1:00 pm CT. You can join Lynn and Tim at Callie's Cabin for after hike refreshments. Contact: lynntakacs@comcast.net.

TIP

In the fall, winter and spring, always bring a stocking cap or warm hat. Weather is often unpredictable, and covering your head will keep you more comfortable in a variety of conditions.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org

HIKE COORDINATOR: Cindy Johnson 931-570-0122
uppercumberlandhikes@tennesseetrails.org

Nov 5 - Sweat Heifer Creek, Great Smoky Mountains National Park, Gatlinburg, TN. 8 miles. Moderate to strenuous. This hike has two directions: up and down. Our hike begins at Newfound Gap and will follow the Appalachian Trail 1.7 miles up to the intersection with the Sweat Heifer Trail. Then we will hike down (2500') the 3.7 mile Sweat Heifer Trail to the intersection with the Kephart Prong Trail. We will then follow the Kephart Prong Trail down to the trailhead on the Newfound Gap Road. Unlike many trails in the Smokies which seem closed in by vegetation this trail is mostly through open woodland. Along the way, we will see beautiful mountain views, late fall leaves, remains of a logging staging area, Sweat Heifer Cascades, remains of a fish hatchery, and we will follow almost 2 miles along the Kephart Prong, a tumbling mountain stream. The hike is rated moderate to strenuous due to the uneven and rocky terrain. This will be a one way hike with a shuttle. Bring lunch, water, and snacks and wear good foot support. You can meet us in the Penney's parking lot in Cookeville at 7:00 am CT. For information and to register contact Lillian Ey at 615 478-7461 or eyintn@hotmail.com.

Nov 12 - Brady Mountain segment of the Cumberland Trail, Crab Orchard, TN. 8 miles. Moderate to strenuous. We will hike the length of the trail from the Jewitt Road trailhead to Highway 68. Highlights of the trail include spectacular views of Grassy Cove and the mountains to the east. The hike is rated moderate to strenuous because of the elevation gain. A side trip to the site of an airplane crash is possible. Bring water, snacks, lunch, and hiking boots. You can meet us at 8:00 am CT in the Penney's parking lot in Cookeville. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Nov 19 - Black Mountain Segment of the Cumberland Trail, Crab Orchard, TN. 8 miles. Moderate to strenuous. Black Mountain is noted for its interesting rock formations and wonderful overlooks. We will begin from the Cox Valley trailhead and ascend to the summit of Black Mountain before returning to our starting point. You can meet us at 8:00 am CT in the Penney's parking lot in Cookeville. Bring snacks, lunch, and sturdy hiking boots. For information and to register contact Louise Miniard at 931-528-9115 or lminiard@flowserve.com.

Nov 26 - Hidden Passage Trail, Pickett State Park, Jamestown, TN. 10 miles. Easy to moderate. This loop trail is noted for rock houses and other interesting formations passed along the way. It is rated easy for the terrain and moderate for the distance. You can meet us at 8:00 am CT in the Penney's parking lot in Cookeville. Bring snacks, water, and lunch. For information and to register contact Eugene Cummings at 931-265-0005 or eugenelions@yahoo.com.

OFFICERS:

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		<i>CTC@tennesseetrails.org</i>
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		<i>TRAC@tennesseetrails.org</i>
CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER		
Newsletter Editor	LouAnn Partington	931-393-4835
		<i>editor@tennesseetrails.org</i>

TTA CALENDAR

The following dates in 2011 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

NO STATEWIDE ACTIVITIES CURRENTLY PLANNED

LEAVE NO TRACE PRINCIPLES

- Leave what you find.
- Minimize Campfire Impacts.
- Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waste properly.



Newsletter Deadlines:

Deadlines for Chapter announcements
and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Nov 10	Dec 1
Dec 10	Jan 1
Jan 10	Feb 1

All submissions are subject to editing. Articles of
general interest and non-hiking events will be
included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Nov 11

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Ron Dunn 615-867-3301 membership@tennesseetrails.org

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (____) _____ Zip _____ -- _____
Work Phone (____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

**** ___ CTC Membership** **\$5.00****

**** Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.**

Please list me with the following chapter:

- | | |
|---|--|
| <input type="checkbox"/> Clarksville | ___ Murfreesboro |
| ___ Columbia/Franklin | ___ Nashville |
| ___ Cove Lake | ___ Northwest (UT at Martin/Weakley) |
| ___ Dyer County | ___ Plateau (Crossville) |
| ___ East TN (Oak Ridge/Knoxville) | ___ Soddy Daisy |
| ___ Highland Rim (Manchester/Tullahoma) | ___ Sumner Trails (Sumner County) |
| ___ Jackson | ___ Upper Cumberland (Sparta/Cookeville) |
| ___ Memphis | ___ At Large |

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.