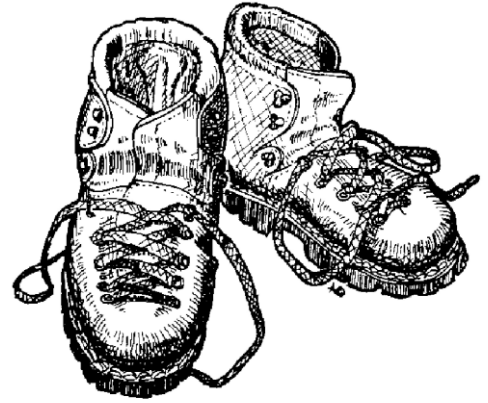


TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



CLARKSVILLE CHAPTER

CHAPTER CHAIR: Paul Schwab 931-645-9068
clarksville@tennesseetrails.org

CHAPTER CO-CHAIR: J.R. Tate 931-920-2692
clarksville@tennesseetrails.org

TREASURER: Sandy Janus 931-551-8523
clarksvilletreas@tennesseetrails.org

SECRETARY: Chris Everett 931-494-8038
clarkvillesecy@tennesseetrails.org

OUTINGS COORDINATOR: Sandy Evans 931-217-4339
clarkvillehikes@tennesseetrails.org

(call Sandy & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT at Crow Community Center, 211 Richview Rd.

*Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/clarksville>*

May 7 - Friends of Dunbar Cave Spring Fling. 7:00 am. to 5:00 pm. Nature activities such as Bird Hike, Wildflower Hike, Live Birds of Prey (eagles, hawks, owls, vultures), snakes, and more. Schedule not yet available. Free to all ages.

May 14 - Bearwaller Gap, Defeated Creek Recreation Area, Smith County. 5.6 miles. Moderate. Suva Bastin, 931-645-2849. Meet at 7:00 am CT, I 24 Exit 11 commuter parking lot.

May 16 - Monthly Meeting. The head of Clarksville Parks and Recreation, William Parker, will speak about Fort Defiance and the new Interpretative Center.

May 21 - Falls Creek Falls State Park, Bledsoe County. 7 miles. Moderate. Bob Lyon, 931-648-2354. Meet at 7:30 am CT, I 24 Exit 11 commuter parking lot.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632
columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

May 3 - Chapter Meeting. Our speaker is Jerry Link who will give a presentation entitled *A Classic Winter Hike*. Please come to the meeting to find out about this hike and where it is.

May 14 - Pioneer Trail, Cumberland Mountain State Park, Crossville, TN. 5 miles. Easy. Bring your camera. The park highlight is the beautiful and much photographed seven arch Stone Crab Orchard Dam which was built by the CCC (Civilian Conservation Corps) in late 1930's. We will meet behind McDonald's, 4908 Main Street (Hwy 31). Spring Hill, TN and leave promptly at 8:00 am CT, so please arrive at least 15 minutes early to sign the TTA release form. Wear sturdy boots and bring water and snacks for the trail. Register with Bob Warnica at *RLWarnica@comcast.net* or call 615-306-7778.

May 28 - Lake Trail, Standing Stone State Park, Hilham, TN. 4.8 miles. Moderately Strenuous. This hike was described by Fran Wallas in her book *Great Hikes in Tennessee State Parks*. She rated it as moderately strenuous because of the steep changes in elevation. Depending on the amount of rain, we may encounter some beautiful waterfalls. There will be one creek crossing which may require wading. Wear sturdy boots and bring water, snacks and lunch. We will probably stop and eat on the way home. We will meet behind McDonald's, 4908 Main Street (Hwy 31), Spring Hill, TN and leave by 8:00 am CT. Register with Marvin Caine at *mlcaine@aol.com* or 931-486-1632.



Office Location 409 Thurman Avenue, Ste 102
..... Crossville, TN 38555
Office Hours..... 8am-2pm CT
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

For further information or to register for any of these events, contact CTC by phone at 931-456-6259, or by e-mail at cumberlandtrail@rocketmail.com. For more information visit the website at www.cumberlandtrail.org.

May 13-22 - New River section trail construction, volunteers needed to help construct trail along the east side of Arch Mountain in Scott County. This will be a camping outing with camp meals/ water provided by the CTC. Volunteers will need to bring their own tent, sleeping gear, and personal items. The base camp will have a kitchen tent equipped with cook stoves.

Jun 2-12 - New River section trail construction, volunteers needed to help construct trail along the east side of Arch Mountain in Scott County. This will be a camping outing with camp meals/ water provided by the CTC. Volunteers will need to bring their own tent, sleeping gear, and personal items. The base camp will have a kitchen tent equipped with cook stoves.

June 4 - National Trails Day. This day will be celebrated during the June 2-12 New River volunteer trail construction event. A cookout will be held after the workday. An AHS NTD t-shirt will be given to all participate.

Sep 23-29 - Trail maintenance Tennessee River Gorge segment. Volunteers needed to help with trail maintenance in preparation for the 2011 Stump Jump trail race.

Oct 1 - 2011 Stump Jump trail race. Please visit www.rockcreek.com/stumpjump for more details.

Oct 7-14 - Trail maintenance in the CT's New River segment. Volunteers needed to help with trail maintenance between Cove Lake and Norma Road.

Oct 15 - 50k trail running event in the CT's New River section. For more details, visit the website at : www.cumberlandtrailraces.com/CumberlandTrail50k/HOM E.html.

Oct 28-30 - Statewide Tennessee Trails Association annual meeting. Join other TTA members for a good time and to support the Cumberland Trail Conference. Please visit www.tennesseeetrails.org for more details.

Nov 11-20 - New River section trail construction. Volunteers needed to help construct trail along the east side of Arch Mountain in Scott County. This will be a camping outing with camp meals/ water provided by the CTC. Volunteers will need to bring their own tent, sleeping gear, and personal items. The base camp will have a kitchen tent equipped with cook stoves.

COVE LAKE HIKING CHAPTER

CHAPTER CHAIR: John Redmon 423-869-8286
covelake@tennesseetrails.org

SECRETARY/BOARD REPRESENTATIVE:
Kathy Sarvis 865-494-0374
covelakesecy@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm ET at the new recreation center, 300 W. Beech St., La Follette.

May 3 - Monthly Meeting.

DYER COUNTY CHAPTER

CHAPTER CHAIR: Rita Norvell 731-445-4601
dycounty@tennesseetrails.org

SECRETARY/TREASURER: Frank Salowitz
dycountysecy@tennesseetrails.org

OUTINGS COORDINATOR/BOARD REP:
Jim Stark 731-589-1776
dycountyhhikes@tennesseetrails.org

(Call Jim & volunteer to lead an outing.)

MEETS MONTHLY: (Sep-Jun) 4th Thursday at 5:30 pm CT at Dyersburg Main Street Office, 111 Market Street on the south side of the square in downtown Dyersburg

Hike information unavailable at press time.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org
VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

May 14 - White Oak Sinks, GSMNP. 5-6 miles. Moderate.

Although this trail is not maintained by the park service, there has been enough foot traffic to make this a very good trail into the White Oak Sinks. We will visit a waterfall, bat cave (now gated), a couple of large sinkholes, and see evidence of early pioneer habitation. If our timing is right, we should see an abundance of wildflowers. This hike is rated moderate due to a climb out of the sinks. Meet at 9:00 am ET in the parking lot at the Townsend "Wye". To pre-register, email Holly Romig at *hromig1@yahoo.com*.

May 21 - Hooper Bald to Huckleberry Knob (Cherohala Skyway). Beginning at the Hooper Bald parking area, this easy section of trail meanders through a second growth forest that has slowly taken over the edges of Hooper Bald before it exits the woods and comes out into the bald, after walking only ½ mile. This bald was one of the original spots where lodges were built for hunting Russian wild boar, imported bear, and Red deer. We will proceed over the bald and after walking through high grass, with blueberry bushes and thornless blackberries, we will come to the Cherohala Skyway, which we will walk along for ¼ mile before beginning our hike out to Huckleberry Knob. The trail to Huckleberry Knob has gradually become overgrown with thornless blackberries over the past several years. At one time the trail was wide enough to drive a car on. In some areas it is only wide enough for a single row of hikers. After about 2 miles we break out onto Huckleberry Knob with magnificent 360 degree vistas (provided the weather cooperates). We will also pay our last respects to Andy Sherman, whose grave, marked by a 6 ft cross, is situated near the top of the knob. We will meet at 9:00 am ET at the Cracker Barrel located at the Lenoir City Exit off I-75 South. Pre-registration is required. Contact Rosie at 865-548-6171 or *rosemary_L@hotmail.com*.

Electronic Newsletter Available

This is reminder that you can now receive your monthly newsletter via email. If interested please contact Ron Dunn at *membership@tennesseetrails.org* and please include your email address.

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

CHAPTER CHAIR: Barbie Moré 931-455-3311
highlandrim@tennesseetrails.org
VICE CHAIR: Nora Henn 931-668-1870
highlandrimvice@tennesseetrails.org

TREASURER: Marietta Poteet 931-924-7666
highlandrimtreas@tennesseetrails.org

OUTINGS COORDINATOR & NEWSLETTER CONTACT:
Jim Poteet 931-924-7666
highlandrimhikes@tennesseetrails.org
(contact Jim & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT at the D. W.
Wilson Community Ctr., 501 N. Collins St., Tullahoma.

May 3 – Monthly Meeting. We're doing things a little different for this month's month program meeting. Bring a finger-food dish (and your favorite non-alcoholic beverage) to the D.W. Wilson Community Center in Tullahoma at 6 pm CT. After socializing and a short business meeting, Marietta and Jim Poteet will present a program about their recent hiking adventures in New Zealand.

May 7 – Cloudland Canyon State Park, Rising Fawn, GA. We will first hike the West Rim Loop Trail, which is 5 miles and considered moderate to strenuous in difficulty. Then we'll hike the Waterfalls Trail, which is a strenuous 2 mile round trip. The West Rim Trail has gorgeous overlooks into the canyon and along the western escarpment of Lookout Mountain. The Waterfalls Trail takes you to the bottoms of two waterfalls, one with a 60 feet drop and the other with a 90 foot drop. These waterfalls are considered the most beautiful in the state of Georgia. Contact Joan Hartvigsen at 931-962-0811 to register and for more information.

May 14 – Buggy Top Cave, Carter Caves State Natural Area. 5 miles. Strenuous. Jim & Marietta Poteet will lead a hike to Buggy Top Cave in Franklin County's Carter Caves State Natural Area, a unit of the South Cumberland State Park. The hike is a strenuous 5-mile round trip, but the views of the spectacular cave entrance make it well worth the effort. Contact Marietta at *nannietta@blomand.net* or at 931-924-7666 to get more information and to register.

May 21 – Eat-Hike-Eat, Sewanee, TN. Join Tom Bentley at the Blue Chair in Sewanee for another installment of the Eat-Hike-Eat series. Come early for coffee, tea, breakfast, and a little socializing before leaving at about 9:30 am for a short hike on or near the Sewanee campus. Afterwards, we will have lunch at one of the many fine eateries in the vicinity. Tom can be reached at *htbentley@lighttube.net* or at 931-273-6344 for more information.

JACKSON CHAPTER

CHAPTER CHAIR: Glen Rognstad 731-217-5966
jackson@tennesseetrails.org

TREASURER: Anne Goodson 664-1556
jacksontreas@tennesseetrails.org

SECRETARY: Don Dresser 731-668-4190
jacksonsecy@tennesseetrails.org

OUTINGS COORDINATOR: Glen Rognstad 731-217-5966
jacksonhikes@tennesseetrails.org

(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 2nd Monday at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

May 6 - Friday Night Hike, Jackson, TN. Please contact Sara Hakim at *hakim.sara@gmail.com* or 206-553-9334 for information.

May 9 - Chapter Meeting. Meet at Perkin's Restaurant on Vann Drive. We will eat at 6:00 pm and the meeting will start at 7:00 pm. Please contact Glen Rognstad at 731-217-5966 or *Glenrognstad@gmail.com* for additional information.

Planning Ahead:

Jun 4 - Natchez Trace State Park: Maple Creek Trail. Please contact Terry McCoy at 731-535-0625 or *cityclar@aeneas.net*.

Jun 18 - Eleven Point Wild and Scenic River Canoe Trip. Please contact Glen Rognstad at 731-217-5966 or *Glenrognstad@gmail.com* for additional information

Jul 16 - Buffalo River Canoe Trip. Please contact Glen Rognstad at 731-217-5966 or *Glenrognstad@gmail.com* for additional information.

Additional hikes may be added. Please check the TTA website calendar.

There will be no chapter meetings in June, July or August.

MEMPHIS CHAPTER

CHAPTER CHAIR: Margaret Smith 901-210-6097
memphis@tennesseetrails.org

VICE-CHAIR: Francis Ruffin 901-396-1108
memphisvice@tennesseetrails.org

MEETS MONTHLY: (Sep – May) 2nd Thursday at 7:00 pm CT at Cordova Library, 8457 Trinity Rd.

May 7 - Shelby Farms Greenway/Lucius Burch Natural Area. 5 miles. Easy. Meet at 9:00 am at the parking lot on Humphreys Blvd just north of Walnut Grove and just west of the Wolf River Bridge. We will hike the Greenway for a short distance; then cross over the pedestrian bridge and access the yellow trail. We will do a loop on the yellow and blue trails and end up back at the parking lot. Bring water and snacks. For more information, call Freddi Felt at 901-685-9915.

Memphis Chapter Annual Picnic to be rescheduled. Check *www.tennesseetrails.org* website for picnic date.

SUPPORTING MEMBERS

Even though we appreciate all of our TTA members, we are truly grateful to those who support our state's trail system by making an extra financial contribution. Your tax-deductible donation of \$25, \$50, or more over and above the membership fee is applied to our Evan Means Small Grants Program which provides support for trail projects across the state. Projects funded this year through the program include new benches in Warner Park and Beaman Park honoring Bob Brown, co-founder of Tennessee Trails Association and co-visionary of the Cumberland Trail, supplies for trail cleanup at Bledsoe Creek State Park, and funding assistance for the 2010 Cumberland Trail Conference Spring Breakaway program.

We would like to recognize and thank these Supporting Members : **Jim & Carol King, Jerry & Gloria Lenski, Carol Haley, Cpt. Claus Mann, USA, Ret, Gary & Nancy Bealer, Carolyn Miller & Michael Meek, David & Melissa Klein, Bryce West.**

Thanks to you all!

MURFREESBORO CHAPTER

CHAPTER CHAIR:

Tony Jones 615-397-4463

murfreesboro@tennesseetrails.org

OUTINGS COORDINATOR:

Ron Dunn 615-867-3301

murfreesborohikes@tennesseetrails.org

(Call Ron & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd.,
Murfreesboro

BLOG: www.tennesseetrails.org/blog/murfreesboro

May 21 – Cloudland Canyon State Park, Rising Fawn, GA. - Day Hike (or weekend camping). 4.8 to 5.8 miles. Moderate. You've seen Lookout Mountain...now...here's the *rest* of the story. Cloudland Canyon State Park is in Georgia on the *back* side of Lookout Mountain. There is a fabulous gorge that runs for miles and the overlooks are spectacular! There are waterfalls and rock formations and all kinds of flora and fauna. The main attraction for this time of year however, is the marvelous mountain laurel and Catawba rhododendron. For several years running we have found both of them in their prime on this weekend before Memorial Day. It's an easy drive there; just take I-24 to I-59 toward Birmingham (before Chattanooga), then take the Trenton Exit and follow the signs. It is well marked. If there is enough interest it may be possible to have a carpool convoy from Murfreesboro. There is a \$5 park charge per vehicle. Will you volunteer to be the carpool coordinator from Murfreesboro for this day hike? Please contact Fount or Anna Bertram to sign up for the hike, and for more information at 615 765-5357 or abertram@dtccom.net.

TRAIL DESCRIPTIONS:

WEST RIM LOOP TRAIL. 4.8 miles. Moderate to Difficult. The West Rim Loop Trail is one of the most scenic hiking trails in the nation. Beginning at the Daniels Creek Bridge, and climbing out of the canyon onto the plateau, the trail provides magnificent views of Trenton, Georgia, neighboring Sand Mountain, and of Cloudland Canyon itself. Cottages, West Rim, and Walk-In Camping areas are accessible via the West Rim Loop. Passing over varied terrain, most of the hike is moderately difficult, becoming strenuous on several short sections.

WATERFALLS TRAIL. 2 miles. Strenuous. The Waterfalls Trail begins on a paved section, at the main overlook, and progresses into the canyon on a 40-degree slope. Most of the trail consists of gravel and stair-steps, numbering over 400 in all. Both waterfalls cascade off of sheer faces at 60 and 90 feet, and are among the most beautiful in the state. A strenuous and time-consuming, two-mile hike, swimming and climbing on rocks are strictly forbidden, and regulations are enforced.

CAMPING BY ADVANCE RESERVATION ONLY. You will be on your own to make reservations on-line at <http://www.gastateparks.org/CloudlandCanyon> or calling 800 864-7275. The camping facilities are very nice...flush toilets, hot showers, etc. The campsites are spacious and well appointed in wooded areas. For those who prefer not to camp but wish to stay the weekend, there are fully furnished cabins as well.

May 24 - Adventure Trip to Prichards Distillery and "The Restaurant Kelso": Remember Mack Prichard, the recently retired State Naturalist? This is the small rum distillery started by his cousin and it has become world renowned in a short time. They still do things the "old way" by hand and offer some unique products, including cranberry rum for holiday recipes. We will tour the facility and have lunch at The Restaurant Kelso, an upscale eatery "in the middle of nowhere". We may even visit a waterfall if time permits. Kelso is down toward Winchester and the Alabama State Line. We'll meet at 9 am in the Sam's Club parking lot, behind Hardees. Bring money for lunch and to chip in on car expenses if you ride with someone else. For more information and to sign up, contact Fount or Anna Bertram, abertram@dtccom.net or (615) 765-5357.

May 28 - Downtown Nashville City Walk. 4 miles. Easy. This is going to be a very easy walk around the most famous part of downtown Nashville. We will start at LP Field, cross the Shelby Pedestrian Bridge and head up Broadway. We will turn onto Fifth Ave and continue to the Bicentennial Mall and Farmers Market. We will walk past the courthouse and over to the Woodland St. Bridge and return to LP Field. BRING YOUR CAMERA. This will be a leisurely walk and we will stop at all the "tourist" spots. Some of the stops include: Hard Rock Cafe, various Broadway honky tonks, western wear shops, Bridgestone Arena, the Ryman Auditorium, State Capitol and anything else we pass that we want to stop. We can cool our heels in the fountain at the mall. We will leave Murfreesboro at 9 am. To register contact Tony Jones at 615-397-4463 or awj68@comcast.net.

NASHVILLE CHAPTER

CHAPTER CHAIR:

Libby Francis

nashville@tennesseetrails.org

OUTINGS COORDINATOR:

Libby Francis

nashvillehikes@tennesseetrails.org

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit:

www.tennesseetrails.org/nashville.php

May 7 - Eat – Hike – Eat – Hike – Eat, Richland Creek Greenway, West Nashville, TN. Over the past several months if you've been reading all of the hikes listed within each of our chapters' listings, you'll recognize this outing as something the Highland Rim chapter offers just about every month. Consider this a stroll versus a hike because the walking part is on a paved greenway (i.e. level and flat) and will be about 4 miles total. The event starts at Brueggars Bagel on White Bridge Road with breakfast (bring \$ to pay for your food). After breakfast, we'll walk across the street and pick up the Richland Creek Greenway and walk it about 2 miles before jumping off via crossing the nearby road to visit/snack at Star Bagel on Murphy Road. After Star Bagel we'll complete the remaining two miles and end our "hike" at Brueggars Bagel on White Bridge Road for a final snack. Comfortable shoes and water, plus \$ to pay for your snacks is about all you need – well, maybe a rain jacket (just in case). We'll meet at Brueggars at 7:45 am CT, eat and head out about a half hour later. We should be done just before lunch time with time remaining for anyone wishing to attend the TTA Board Meeting (the board Meeting information appears elsewhere within this newsletter). If you have any questions or need more information, please contact Diane Manas at 615-351-6431.

May 8 - Flat Rock Cedar Glade State Natural Area, Murfreesboro. The trail, about three miles, is on even terrain. Wildflower enthusiasts will want their cameras for this one. Just a few minutes east of Murfreesboro, Flat Rock is important as a research area for MTSU, and we should be able to see several of the wildflowers that make it special. Contact Nora Beck for logistical details on this afternoon hike - nora_beck@comcast.net 615-517-6486.

May 14 - Burgess Falls and Standing Stone State Park, Sparta/Hilham TN. 7 miles. Easy to Moderate. Two hikes, one trip! On our way to Standing Stone we will stop at Burgess Falls to view the spectacular falls and cascades. This is a short 2 mile hike to the bottom of the falls and back. We will then continue on by car to Standing Stone where we will hike the 4.6 mile Lake Trail. This is a moderate trail that flows through rolling woodlands, around the lake, past some historic buildings and finally crosses a suspension bridge to bring us back to the parking lot. For those wishing a shorter day and hike, you may opt to return to Nashville after Burgess Falls. Wear sturdy hiking boots/shoes with good tread. The Burgess Falls Trail can be slick. Bring water, snacks, lunch and money for carpooling. We will meet at the old Kinko's (now Fed Ex) parking lot on Donelson Pike at 7:00 CT. For more information and to register, e-mail Nancy Juodenas at njuodenas@yahoo.com or 615-319-8811.

May 21 - Piney River, near Spring City, TN. 10 miles. Moderate/difficult due to distance and terrain. We will be walking downhill beside the river most of the way with great views of waterfalls, hardwood forest and suspension bridges. The trail is very rocky and can be slippery, so extreme care is warranted. Wear sturdy boots; bring water, lunch and money for carpooling. For more information and to register contact Garnett Rush at 615-352-7217 or e-mail rushga01@yahoo.com.

May 22 - Warner Park Options Hike: Hike 3 -12 miles - you pick! Start at 7 am or 9 am - you pick! Moderate to Strenuous, depending on hiking distance. Call Doug Burroughs at 615 283-0507 to get more information, make hike selection, and register.

May 24 - Annual Picnic, Edwin Warner Park, Nashville, TN. Shelter 10, 3:00 pm until sunset. Following a pot-luck meal at 6:00 pm, we'll take a twilight hike. The chapter will provide flatware, napkins and ice; but we encourage you to bring your own non-disposable "mess kits" as a more sustainable alternative. If you have a camping lantern you can bring, it will be welcome - the shelters aren't lighted. For the twilight hike, you will want a flashlight or headlamp. **Bring friends!** This is the only regular meeting that includes a hike, so bring along a friend who's been toying with the idea. *Directions from Nashville:* Drive west on Highway 100 and continue past the split with Highway 70. Drive 3 to 4 miles and turn left onto Old Hickory Blvd., a major intersection. Go to the first traffic light, and turn right onto Vaugh Rd. Travel approximately 3/10 mile and turn right into the picnic shelter area, watch the signs and turn left for Shelter 10. For more information contact Nora Beck at nora_beck@comcast.net or 615-517-6486.

NORTHWEST Chapter

(UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org

TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the academic year (Feb-Apr and Sep-Dec) on the UT Campus in the Paul Meek Library, Rm 120, Media Services B1

Hike information unavailable at press time.

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437
plateau@tennesseetrails.org

SECRETARY/TREASURER: Jim Grove 931-484-7900
plateausecy@tennesseetrails.org

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or visit the Plateau Chapter Blog. Rain cancels.

May 14 – Piney River Trail, Spring City, TN. This trail winds along streams and the Piney River most of its 8.5 mile length. Designated as a pocket wilderness by the Bowater Paper Co., it is now part of the Cumberland Trail. The trail is not difficult but is long and the hike should be undertaken only by hikers that can complete 8.5 miles. Sites of interest along the trail include a picturesque 100 foot suspension bridge and the remains of an old dinky railroad bed. A visit to the Spider Den will be included, if enough hikers are interested. We will need to arrange a shuttle on this one way trail and will hike at a moderate pace. Wear boots, and bring water, lunch and snacks. We will meet at 8:00 am CT at the Cracker Barrel in Crossville. For those living south of town, we will plan to meet at the Trinity Tabernacle around 8:10 am. For more information and to register, contact Curt Thomas at 931-456-1408 or by e-mail at curtethomas@frontiernet.net or by contacting Carolyn Miller at 931-839-3213 or by e-mail at cardan@frontiernet.net.

May 21 – Cloudland Canyon, Rising Fawn, Georgia (Northwest Georgia). Located on the western edge of Lookout Mountain, this is one of the most scenic parks in Georgia, offering rugged geology and beautiful vistas. The park straddles a deep gorge cut into the mountain by Sitton Gulch Creek with elevations from 800 to 1,980 feet. The hike is along the West Rim and Waterfalls Trail and includes a 600-step staircase on the way to two waterfalls cascading over layers of sandstone and shale into pools below. The total hiking distance will be about five miles and about three to four hours in length. The driving time from Crossville is a little over 2 hours. Bring water, lunch, and snacks. Meet at 6:45 AM CT at Trinity Tabernacle on Highway 127. To register and for more information, call Bill Harris at 931-484-9152 or send an e-mail to sue1290@frontiernet.net.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: George Bonneau 423-842-3619
soddydaisy@tennesseetrails.org

TREASURER: Robertson (Bob) McGavock 423-667-2960
soddydaisytreas@tennesseetrails.org

MEETS EVERY OTHER MONTH: 1st Tuesday in Jan, Mar, May, Jul, Sep, Nov at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson
Additional information may be seen at our web site:
<http://www.tennesseetrails.org/blog/soddydaisy>

May 3 – Chapter Meeting. Those wanting to enjoy dinner prior to the meeting contact George B. at 423-596-5972, be at the church by 4:30 pm ET, and the group will decide which restaurant to go to.

May 4 – Lookout Mountain. 6.5 miles. Easy to Moderate. Begin at the Chattanooga Nature Center and hike the Lower Truck Trail and the Skyuka Trail. The group will meet at Bi-Lo in Red Bank at 4825 Dayton Blvd (at Morrison Springs Rd) and will leave the parking lot at 8:30 am ET. Contact Earl at 770-877-0600 or e_helmer@att.net to register. Driving directions: From Interstate 24 in Chattanooga, take Broad Street exit. Go south on Highways 11-64-41-72 (Lee Highway) which will become Cummings Highway. Turn left onto Wauhatchie Pike. Turn onto Garden Road which dead ends at the Nature Center.

May 7 – CTC Work Day. Assist the Explorer scouts and Tony Hook with the bridge construction project on the section of trail from Highway 111 to Board Camp Creek. Tasks for the day include carrying in lumber for the hand rail and walking boards and complete construction of the log bridge. Contact Earl at 770-877-0600 or e_helmer@att.net to register. Driving directions: Parking may be off Young's Road instead of alongside Hwy 111. Call for latest information.

May 11 – Booker T. Washington State Park. 5.8 miles. Easy to Moderate. The group will meet at the Target shopping center on Highway 153 and will leave the parking lot at 8:30 am ET. Contact Nance Jo at 256-509-1541 or ogo62no@zoho.com to register. Driving Directions: Go south on Highway 153. Exit onto Highway 58 east toward Harrison. Look for brown signs to the Park; turn will be to the left.

May 14 – Gilbert Gaul Loop Trail, Fall Creek Falls State Park. 4.4 miles. Moderate. The group will meet at the parking lot in Soddy-Daisy at the baseball fields along Durham Street (N 35 17.307 W 085 09.450) (across from the lake). We will leave the parking lot at 9:00 am ET. Contact Bob at 423-667-2960 or kopperkitters@yahoo.com to register. Driving Directions: From Soddy-Daisy, take US-27 North. Take Highway 111 toward Dunlap. Turn right onto Highway 284 (follow brown signs to the Park). Follow signs to Group Camp # 2.

May 18 – Oswald Dome Trail, Polk County, TN. 3.9 miles one way. Moderate. Trail begins at Quinn Springs off Highway 30. Group will decide how far to hike before reversing directions to return to vehicles. The group will meet at Target shopping center on Highway 153 and will leave the parking lot at 8:30 am ET. Contact Nance Jo at 256-509-1541 or ogo62no@zoho.com for details on the chosen trail and to register. Driving Directions: From Interstate 75 from Chattanooga, exit at Cleveland onto Highway 40. Turn north on Highway 411. Turn east on Highway 30. Quinn Springs campground is approximately 1.2 miles on the right (and is before Hiwassee River picnic and restroom area).

May 21 – Join the Tennessee River Gorge Land Trust at Stringer's Ridge. Following the event at Stringer's Ridge, Chapter members will drive to Moccasin Bend and hike the Blue Blazes Trail. Contact the Land Trust for times and event details. Trailhead is near Nikki's Restaurant on Cherokee Blvd.

May 25 – Signal Mountain 3.9 miles. Hike from Shackleford Ridge Park to Mushroom Rock and return (2.2 miles); then hike the Shackleford Ridge Park loop (1.7 miles) for a total distance of approximately 3.9 miles. The group will meet at Bi-Lo in Red Bank at 4825 Dayton Blvd (at Morrison Springs Rd) and will leave the parking lot at 8:30 am ET. Contact Nance Jo at 256-509-1541 or ogo62no@zoho.com to register. Driving Directions: From US-27, take US-127 up the mountain. Turn left onto Signal Mountain Blvd. Bear left onto Timberlinks Road. Road becomes Edwards Point Road. Take right at fork onto Shackleford Ridge Rd. Turn left onto Sam Powell Trail. Park near the baseball fields and "Trail Central."

May 28 – University of the South, Sewanee, TN. The group will decide which trails to hike on the morning of the hike but, expect the distance to be about 6 miles total. The trails are located around and throughout the campus. The group will meet at Bi-Lo in Red Bank at 4825 Dayton Blvd (at Morrison Springs Rd) and will leave the parking lot at 8:30 am ET. Contact Earl at 770-877-0600 or e_helmer@att.net to register. Driving Directions: From Red Bank, take US-27 South, exit onto Interstate 24 West. Follow signs to the University of the South.

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948
sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT,
Hendersonville First United Methodist Church, 217
E. Main St. Hendersonville, TN

May 3 - Monthly Meeting. Our April meeting was cancelled due to the storm leaving the Methodist Church without power but we are so pleased that our speaker for that meeting has agreed to present the program at our May meeting. Robert (Bob) Richards, Greenways and Trails Program Coordinator for the State of Tennessee, will be speaking on trail building and maintenance. Bob has been professionally involved with trail building since 1975 but his personal interest in trails began as a Boy Scout. His program will be particularly relevant to our chapter as we have opportunities to participate in trail building/maintenance.

May 7 - Hendersonville Greenway. 3 miles. Easy. Last year the city built a bridge connecting the Greenway to the Drakes Creek trail which makes a very nice Saturday morning stroll. We will meet at St. Timothy's Lutheran Church and walk one half mile on picturesque Stop 30 Road, cross over the railroad track on the pedestrian bridge, connect with the Hendersonville Greenway at the library, walk the Greenway to the one mile Drakes Creek trail, cross Gallatin Road to the Memorial Park trail which crosses the foot bridge to the island - walk the length of the island on what used to be the "Geotubes", then through the wooded area which comes out on Cherokee Road at Hendersonville High School where we will have left a car to take the drivers back to the trailhead. After the hike we'll go to lunch at Rio Bravo. Meet at St. Timothy's Lutheran Church, 650 East Main Street, Hendersonville at 10 am CT. For further info contact Greenway Al at ballallenger@aol.com or 615-347-2623.

May 14 - Laurel Falls. Meet at 7:30 am CT in the parking lot of First United Methodist Church, 217 E Main Street, Hendersonville, for an 8-mile strenuous hike in the Laurel-Snow Pocket Wilderness in Dayton, TN. The hike starts out with a beautiful walk beside the river before climbing up to the 80 foot Laurel falls. We will then climb steeply up the trail to Bryan Overlook and the top of the waterfall. This trip will require a lot of driving, so please bring money for gas. Members from other chapters are welcome to come along and it may be closer for you to meet us elsewhere. To sign up or for more information, email Bethany Hader at bethany.hader@gmail.com.

May 21 - Percy Warner Park, Nashville. 3 - 4 miles. Moderate. Will be on pavement and off road. Meet at Hendersonville First Presbyterian Church, 172 W. Main Street, at 9 am CT or at Percy Warner Park entrance at the end of Belle Meade Blvd. at 9:45 am CT. After the hike, we will eat lunch at McCabe Pub. For further info call Kelly Horton at 615-294-8309 or email khorton@swm.com.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR: Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org

May 14 - Sweat Heifer Creek, Great Smoky Mountains National Park, Gatlinburg, TN. This hike has two directions: up and down. Our hike begins at Newfound Gap and will follow the Appalachian Trail 1.7 miles up to the intersection with the Sweat Heifer Trail. Then we will hike down (2500') the 3.7 mile Sweat Heifer Trail to the intersection with the Kephart Prong Trail. We will then follow the Kephart Prong Trail down to the trailhead on the Newfound Gap Road. Unlike many trails in the Smokies which seem closed in by vegetation this trail is mostly through open woodland. Along the way, we will see beautiful mountain views, late spring wildflowers, remains of a logging staging area, Sweat Heifer Cascades, remains of a fish hatchery, and we will follow almost 2 miles along the Kephart Prong, a tumbling mountain stream. The hike is 8 miles and is rated moderate to strenuous due to the uneven and rocky terrain. You can meet us in the Penney's parking lot in Cookeville at 7:00 am CT. For information and to register contact Lillian Ey at 615 478-7461 or eyintn@hotmail.com.

May 21 - Panther Branch and Spicewood Trails, Frozen Head State Park, Wartburg, TN. This hike to Frozen Head Mountain, one of the highest peaks in the Cumberland's, features nice views. We will ascend the mountain on the Panther Branch Trail and descend using the Spicewood Trail. The hike is 9 miles and is rated strenuous because of the elevation change of almost 2000 feet. Bring snacks, lunch, and water. You can meet us at 8:00 am CT in the Penney's parking lot in Cookeville. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

TTA CALENDAR

The following dates in 2011 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

SECOND QUARTER

May 7 Board of Directors' Quarterly Meeting, Shelby Bottoms Nature Center, Nashville
Jun 4 National Trails Day (Statewide)

THIRD QUARTER

Aug 6 Board of Directors' Quarterly Meeting (Location TBA)
Sep 11-17 Bike Ride Across TN (B.R.A.T.) Proceeds Benefit the Cumberland Trail
Sep 24 National Public Lands Day (Statewide)

FOURTH QUARTER

Oct 28-30 Annual Meeting (Dubose Conference Center, Monteagle) hosted by Highland Rim and Murfreesboro chapters

OFFICERS:

President	Don Dresser	731-668-4190 president@tennesseetrails.org
Vice-President	Millette Jones	615-397-9588 vicepresident@tennesseetrails.org
Treasurer	Jan Agee	423-504-3581 treasurer@tennesseetrails.org
Secretary	Carolyn Miller	931-839-3213 secretary@tennesseetrails.org
Past President	Rosemary Marshall	865-548-6171 pastpresident1@tennesseetrails.org
Previous Past President	Anne Wesley	615-851-1052 pastpresident2@tennesseetrails.org
West TN At-Large Director	Graydon Swisher	901-737-3114 westregional@tennesseetrails.org
Middle TN At-Large Director	Nora Beck	615-517-6486 middleregional@tennesseetrails.org
East TN At-Large Director	Levonn Hubbard	931-707-1020 eastregional@tennesseetrails.org
Membership Director	Ron Dunn	615-867-3301 membership@tennesseetrails.org
Cumberland Trail Conference Representative	Diane Manas	615-352-7777 CTC@tennesseetrails.org
TN Rails To Trails Advisory Council Representative	Bob Richards	615-532-0753 TRAC@tennesseetrails.org
CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER		
Newsletter Editor	LouAnn Partington	931-393-4835 editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
May 10	Jun 1
Jun 10	Jul 1
Jul 10	Aug 1

All submissions are subject to editing. Articles of general interest and non-hiking events will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

May 11

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Ron Dunn 615-867-3301 membership@tennesseetrails.org

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (____) _____ Zip _____ -- _____
Work Phone (____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

**** ___ CTC Membership** **\$5.00****

**** Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.**

Please list me with the following chapter:

- | | |
|---|--|
| <input type="checkbox"/> Clarksville | ___ Murfreesboro |
| ___ Columbia/Franklin | ___ Nashville |
| ___ Cove Lake | ___ Northwest (UT at Martin/Weakley) |
| ___ Dyer County | ___ Plateau (Crossville) |
| ___ East TN (Oak Ridge/Knoxville) | ___ Soddy Daisy |
| ___ Highland Rim (Manchester/Tullahoma) | ___ Sumner Trails (Sumner County) |
| ___ Jackson | ___ Upper Cumberland (Sparta/Cookeville) |
| ___ Memphis | ___ At Large |

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.