

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



UPPER CUMBERLAND'S MARNELL COTHRAN CELEBRATES 100TH VIRGIN FALLS HIKE

I would like to thank all my friends who hiked with me on my 100th hike into Virgin Falls on February 5, 2011 in celebration of my 75th birthday. It was a very special and fun day for me.

My hiking days began in my early fifties when Bonnie Greene asked me to go on a hike into Virgin Falls and to attend a TTA meeting. I enjoyed the hike so much and all the beautiful natural surroundings that I joined the hiking club. Bonnie taught me how to identify the beautiful wildflowers. I am a member of the Upper Cumberland Chapter where I served as secretary/treasurer for many years and still remain active.

My husband keeps a record of my hikes on his computer. I have hiked 4,458 miles. Several of our chapter members and I have made 4 backpacking trips to the Grand Canyon. Two of these trips were rim to rim, hiking South to North and North to South.

My hobbies are hiking, playing the piano, gardening, spending time with my family and friends (especially my little great-grandson). I have been married to my high school sweetheart for almost 58 years. I attend First Baptist Church in Sparta where I worked in the children and preschool department for many years. I help with the "Loaves and Fishes" program which provides food for the needy.

My life has been so much richer because of my hiking experiences. The inspiration and support my fellow hikers have given me is indescribable and I hope I have been able to pass it on to others by inviting them to go hiking with us. Invite someone to go hiking with you -- they just might hike the AT. Our chapter claims fame to our own "Cody" who completed the AT in 2010, hiking 2,178.3 miles.



H-Happiness
I-Inspiration
K-Kindness
E-Enjoyment

Marnell



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For further information or to register for any of these events, contact CTC by phone at 931-456-6259, or by e-mail at cumberlandtrail@rocketmail.com. For more information visit the website at www.cumberlandtrail.org.

Apr 8-17 - New River section trail construction, volunteers needed to help construct trail along the east side of Arch Mountain in Scott County. This will be a camping outing with camp meals/ water provided by the CTC. Volunteers will need to bring their own tent, sleeping gear, and personal items. The base camp will have a kitchen tent equipped with cook stoves.

May 13-22 - New River section trail construction, volunteers needed to help construct trail along the east side of Arch Mountain in Scott County. This will be a camping outing with camp meals/ water provided by the CTC. Volunteers will need to bring their own tent, sleeping gear, and personal items. The base camp will have a kitchen tent equipped with cook stoves.

Jun 2-12 - New River section trail construction, volunteers needed to help construct trail along the east side of Arch Mountain in Scott County. This will be a camping outing with camp meals/ water provided by the CTC. Volunteers will need to bring their own tent, sleeping gear, and personal items. The base camp will have a kitchen tent equipped with cook stoves.

June 4 - National Trails Day. This day will be celebrated during the June 2-12 New River volunteer trail construction event. A cookout will be held after the workday. An AHS NTD t-shirt will be given to all participate.

Jun 24-27 - Trail maintenance, Obed segment of the Cumberland Trail. Volunteers are needed to assist with removing fallen trees, repairing trail tread, and re-blazing the trail.

Sep 23-29 - Trail maintenance Tennessee River Gorge segment. Volunteers needed to help with trail maintenance in preparation for the 2011 Stump Jump trail race.

Oct 1 - 2011 Stump Jump trail race. Please visit www.rockcreek.com/stumpjump for more details.

Oct 7-14 - Trail maintenance in the CT's New River segment. Volunteers needed to help with trail maintenance between Cove Lake and Norma Road.

Oct 15 - 50k trail running event in the CT's New River section. For more details, visit the website at : www.cumberlandtrailraces.com/CumberlandTrail50k/HOM E.html.

Oct 28-30 - Statewide Tennessee Trails Association annual meeting. Join other TTA members for a good time and to support the Cumberland Trail Conference. Please visit www.tennesseehikes.org for more details.

Nov 11-20 - New River section trail construction. Volunteers needed to help construct trail along the east side of Arch Mountain in Scott County. This will be a camping outing with camp meals/ water provided by the CTC. Volunteers will need to bring their own tent, sleeping gear, and personal items. The base camp will have a kitchen tent equipped with cook stoves.

CLARKSVILLE CHAPTER

CHAPTER CHAIR: Paul Schwab 931-645-9068
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(call Sandy & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday at 7:00 pm CT at Crow Community Center, 211 Richview Rd.

*Additional information may be seen at our web site:
<http://www.tennesseehikes.org/blog/clarksville>*

Apr 2 - Sewanee Perimeter Trail from Memorial Cross to Audubon Lake with side trail to Bridal Falls, Franklin County. 7 miles. Moderate. Paul Schwab 931-645-9068. Meet at 7:00 am CT, I 24 Exit 11 commuter parking lot.

Apr 9 - Montgomery Bell State Park overnight hike, Dickson County. 11.7 miles. Moderate. J.R.Tate 931-920-2692. Meet 7:00 am CT, Big Lots parking area, Riverside Drive, Clarksville.

Apr 16 - Earth Day Work Day at Rotary Park, Clarksville. 8:00 am until noon. Bring loppers, "weed-eaters", "Lively Lads" and garbage bags. J.R.Tate 931-920-2692. Meet 8:00 am CT, first shelter on left after entering park.

Apr 19 - Monthly Meeting. Dr. Wayne Chester, a semi-retired Biology professor at APSU, will be our speaker. Dr. Chester is an authority on the native flora of Tennessee.

Apr 30 - Mossy Ridge Trail, Warner Park, Nashville. 6.5 miles. Moderate. Suva Bastin. 931-645-2849. Meet 8:30 am CT, I 24 Exit 11 commuter parking lot.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER CHAIR: Marvin Caine 931-486-1632

columbia@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31 north side of Spring Hill). Socializing and dinner at 6:00 pm CT; meeting starts at 7:00pm.

Apr 2 – Workday at Stillhouse Hollow Falls State Natural Area. In addition to trail maintenance work, we will also be building a new trail that will come off the main trail, go up to an overlook and then return to the main trail. We need as many volunteers as possible. Bring boots, gloves, water and lunch. Also, if you have one, bring a rake. Other tools will be supplied. All TTA members are welcome to help us out. We will meet at Stillhouse Hollow Falls at 9:00 am. However, those who would like can meet at Columbia State Community College, 1665 Hampshire Pike, Columbia TN on Hwy. 412 at the parking lot nearest to the tennis courts at 8:30 am and car pool to the Falls from there. Register with Marvin Caine at *mlcaine@aol.com* or 931-626-2754.

Apr 5 - Chapter Meeting. Danny Shelton will speak about birds of Tennessee. Danny began birding in 2005 after learning about birds that fly hundreds or even thousands of miles from other countries to Tennessee each year. He joined the Tennessee Ornithological Society to learn where he could find and photograph these colorful song birds. After learning how to identify birds by sight and song, he embarked on an idea with his then 15 year old daughter, Anna, to make a film about local birds. Twelve months in the making, *A Year With Birds* takes a glimpse into the lives of Tennessee birds. Sixty bird species are featured in diverse habitats from the banks of the Mississippi River to the foothills of the Great Smoky Mountains. To see a preview of his presentation, go to <http://www.youtube.com/user/ayearwithbirdsmovie>. Hope it piques your interest and you will invite others to attend.

Apr 16 - Short Springs Natural Area, Tullahoma , TN. 3.5 miles. Easy. This 420 acre natural area is one of the best spring wildflower locations in the state. We may see Trout Lilies, Virginia Bluebells, Jack-in-the-Pulpit, Larkspur, Dutchman's Breeches and the more common Trillium and Mayapples. It also provides an excellent contrast between Highland Rim and Central Basic geology and vegetation. When descending along the Machine Falls trail, exposed black Chattanooga shale can be seen at mid-slope. The formation delineates the two geological regions. Thickets of mountain laurel grow on the upper slopes under a dry oak-hickory forest canopy that is characteristic of Highland Rim vegetation. The lower slopes and areas along Bobo Creek support towering sycamore, buckeye, magnolia, beech and tulip poplar trees with a rich shrub layer and herbaceous cover. The steep escarpment and its numerous wet weather seeps are particularly impressive during the moist winter and spring months. Waterfalls in the area include Machine Falls , that has a drop of more than 60 feet and nearly the same in width, and Busby Falls , that can be seen from overlooks on the Bobo Creek trail. We will meet behind McDonald's, 4908 Main Street (Hwy 31) Spring Hill, TN and leave promptly at 8:00 am CT, so please arrive at least 15 minutes early to sign the TTA release form. Wear sturdy boots and bring water and snacks for the trail. As the trail to Machine Falls can get wet, bring a change of clothing and spare shoes for the return drive. We will stop in Tullahoma for a late lunch. Register with Rick Lausten at *saturncar1@aol.com* or 615-516-1417 (cell).

Apr 30 - Fiery Gizzard Loop, Grundy Forest State Natural Area, Tracy City , TN. 8.3 miles. Easy to Strenuous. This hike begins as a moderate descent into the gorge and passes by a couple of waterfalls along the way. After the first couple of miles, the trail becomes mostly large rocks and small boulders, some of which can shift a little when you step on them, making for a challenging hike at times. After the rock hiking, there is a VERY steep one-half to three-quarter mile climb out of the gorge toward Raven Point. At the top, we will hike the easy half-mile side trail to Raven Point and have lunch there while enjoying the view. Afterwards, we will hike back on top of the rim on the Dog Hole Trail, which is an easy hike most of the way until it winds downward back into the gorge, past an abandoned mine, and meets the Fiery Gizzard Trail again. Please wear sturdy boots and bring plenty of water and a lunch. We may or may not stop for dinner on the ride home, depending upon the number of hikers/cars. We will meet at 6:15 am CT behind McDonald's, 4908 Main Street (Hwy 31) Spring Hill, TN and leave by 6:30 am. We should arrive at trailhead parking at Grundy Forest State Natural Area by 8:15 am. Please contact Kevin Hahn, if interested in going on this hike, at 615-591-8130 or *compensate@yahoo.com*.

DYER COUNTY CHAPTER

CHAPTER CHAIR: Rita Norvell 731-445-4601
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OUTINGS COORDINATOR/BOARD REP: Jim Stark 731-589-1776
dyercountyhikes@tennesseetrails.org
(Call Jim & volunteer to lead an outing.)

MEETS MONTHLY: (Sep-Jun) 4th Thursday at 5:30 pm CT at Dyersburg Main Street Office, 111 Market Street on the south side of the square in downtown Dyersburg

Hike details unavailable at press time.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER CHAIR: Rosemary Marshall 865-548-6171
easttennessee@tennesseetrails.org
VICE-CHAIR: Elise Eustace 865-201-5806
easttennessee@tennesseetrails.org

Apr 9 - Savage Gulf Day Loop, Savage Gulf State Natural Area. If you haven't experienced this area, this will be a great introduction. This hike is rated easy at 4 1/2 miles but can be more challenging with another 2+ miles added as an excursion to the North Rim. Savage Gulf has creeks, waterfall, and overlook points for everyone's enjoyment. Our hike leader, Steve, will meet up with hikers who want to carpool at 8:30 am ET in the Denny's parking area at the Watt Rd Exit off I-40 west. Pre-registration is advised. Contact Rosie at *rosemary_L@hotmail.com* or 865-548-6171.

Apr 23 - Porter Creek Trail, GSMNP. 7.2 mile. Moderate. Porter Creek Trail is heavily wooded with Porter Creek on your left. This trail provides rock walls and old building foundations from an old settlement. There is also an old cemetery for paying respect to those who have come and gone before us. Our leader, Holly will meet up with carpoolers at the back end of the Krogers parking lot off of the Lovell Road exit on Pellissippi Parkway. Pre-registration is advised. Contact Rosie *rosemary_L@hotmail.com* or 865-.548-6171.

Apr 30 - Ft Loudon. Multi-Chapter Hike. See Plateau Chapter listing for details. Pre-registration is advised. Contact Rosie *rosemary_L@hotmail.com* or 865-548-6171.

GOODBYE TO A GOOD FRIEND AND TTA MEMBER

It is with heavy hearts that we report the passing of TTA member and friend, James Neblett, who died February 23 at Alive Hospice. James was an avid hiker known among other things, for keeping a cool head when challenges arose. He absolutely adored his children and took every opportunity to share how proud he was of them both. A comment made by Pat Serio of Knoxville may sum it up best. "... he is regaling God with details of every wonderful hike he took in the Cumberlands."

HIGHLAND RIM CHAPTER (Coffee and Franklin Counties)

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OUTINGS COORDINATOR & NEWSLETTER CONTACT: Jim Poteet 931-924-7666
highlandrimhikes@tennesseetrails.org
(contact Jim & volunteer to lead an outing)

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT at the D. W. Wilson Community Ctr., 501 N. Collins St., Tullahoma.

Apr 2 - Guntersville State Park, Alabama. 5 miles. Easy to moderate. We will hike the Lick Skillet, Meredith, and Seal's Trails beginning near the campground store on Audrey J. Carr Road. These trails will provide beautiful views of Stubblefield Mountain, Town Creek, and Lake Guntersville. The hike is rated easy to moderate, due to an uphill climb nearly to the summit of Bailey Ridge. Contact Joan Hartvigsen at 931-962-0811 to register and for more information.

Apr 5 - Monthly Meeting. After a short business meeting, Pat and Wally Bigbee will present a program discussing the wildflowers we can expect to see at the Wildflower Walk at Rock Island State Park next weekend. (Note: Some folks will be getting together at 5:30 at La Fuente Restuarant prior to the meeting. Call Barbie for more information.)

Ap 9. - Pat and Wally Bigbee will lead us on a wildflower hike at Rock Island State Park.

Apr 16 - Trails and Trilliums. Instead of our usual Eat-Hike-Eat outing, this month the chapter will be taking part in the 8th annual Trails and Trilliums spring event. The Friends of South Cumberland State Park have assumed sponsorship of the event, which will now be held on the grounds the Monteagle Sunday School Assembly. The details of the weekend's schedule are being worked out for the new location, but there will be food, fun, fellowship, music, crafts, educational programs, hiking and wildflowers for sale. More information will be available at the Friends of South Cumberland website, www.friendsofscsra.org/trailsandtrilliums.org. TTA will be helping out by providing leaders for some of the hikes.

Apr 30 - Short Springs State Natural Area Work Day. Plan on meeting Wally and Pat Bigbee at 9:00 am CT at the Short Springs State Natural Area parking area. Everyone will need gloves, clippers and/or loppers, a snack, water and a day pack. Let Wally know you're coming by calling 931-473-5968 or emailing at *bigb@blomand.net*.

JACKSON CHAPTER

CHAPTER CHAIR: Glen Rognstad 731-217-5966
jackson@tennesseetrails.org
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jacksonhikes@tennesseetrails.org
(call Glen & volunteer to lead an outing)

MEETS MONTHLY: 2nd Monday at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts at 6:00 pm CT; meeting starts 7:00 pm

Apr 11 - Cumberland Trail/Chattanooga Area - Please contact Glen Rognstad at 731-217-5966 or *glenrognstad@gmail.com* for information.

Apr 11 - Chapter Meeting. Meet at Perkin's Restaurant on Vann Drive. We will eat at 6:00 p.m. and the meeting will start at 7:00 p.m. Please contact Glen Rognstad at 731-217-5966 or *glenrognstad@gmail.com* for additional information.

Apr 22 - 24 - Backpacking at Savage Gulf. Meet Friday morning at Savage Ranger Station. Hike South Rim/Stage Coach Road down to Saw Mill and camp for 1st night. Hike up Collins Gulf past Sutter Falls and back around to Stage Coach Road to camp for 2nd night. There is an option to head out on Saturday via Collins West parking. Total 25 miles over three days. Please contact Sara Hakim at *hakim.sara@gmail.com* or 206-553-9334 for information.

Additional hikes may be added. Please check the TTA website calendar.

Additional information will be provided in upcoming newsletters for the following activities:

May 6 - Friday Night Hike - Jackson, TN. Please contact Sara Hakim at *hakim.sara@gmail.com* or 206-553-9334 for information.

May 9 - Chapter Meeting.

Jun 4 - Maple Creek, Trail Natchez Trace State Park. Please contact Terry McCoy at 731-535-0625 or *cityclar@aeneas.net*.

Jun 18 - Eleven Point Wild and Scenic River Canoe Trip. Please contact Glen Rognstad at 731-217-5966 or *glenrognstad@gmail.com* for additional information.

Jul 16 - Buffalo River Canoe Trip. Please contact Glen Rognstad at 731-217-5966 or *glenrognstad@gmail.com* for additional information.

There will be no chapter meetings in June, July or August.

TTA CALENDAR

The following dates in 2011 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing or leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

SECOND QUARTER

Apr 4-10TDEC's Natural Areas Week (Statewide)
Apr 22Earth Day 41st Anniversary
May 7Board of Directors' Quarterly Meeting, Shelby Bottoms Nature Center, Nashville, TN
Jun 4National Trails Day (Statewide)

THIRD QUARTER

Aug 6Board of Directors' Quarterly Meeting (Location TBA)
Sep 11-17Bike Ride Across TN (B.R.A.T.) Proceeds Benefit the Cumberland Trail
Sep 24National Public Lands Day (Statewide)

FOURTH QUARTER

Oct 28-30Annual Meeting (Dubose Conference Center, Monteagle) hosted by Highland Rim and Murfreesboro chapters

OFFICERS:

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Secretary	Carolyn Miller	931-839-3213 <i>secretary@tennesseetrails.org</i>
Past President	Rosemary Marshall	865-548-6171 <i>pastpresident1@tennesseetrails.org</i>
Previous Past President	Anne Wesley	615-851-1052 <i>pastpresident2@tennesseetrails.org</i>
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East TN At-Large Director	Joe Matlock	865-354-6101 <i>eastregional@tennesseetrails.org</i>
Membership Director	Ron Dunn	615-867-3301 <i>membership@tennesseetrails.org</i>
Cumberland Trail Conference Representative	Diane Manas	615-352-7777 <i>CTC@tennesseetrails.org</i>
TN Rails To Trails Advisory Council Representative	Bob Richards	615-532-0753 <i>TRAC@tennesseetrails.org</i>
CHAPTER REPRESENTATIVES ON THE BOARD ARE LISTED WITHIN EACH CHAPTER'S HEADER		
Newsletter Editor	LouAnn Partington	931-393-4835 <i>editor@tennesseetrails.org</i>

MEMPHIS CHAPTER

CHAPTER CHAIR: Margaret Smith 901-210-6097
VICE-CHAIR: Francis Ruffin 901-396-1108

memphis@tennesseetrails.org
memphisvice@tennesseetrails.org

MEETS MONTHLY: (Sep – May) 2nd Thursday at 7:00 pm CT at Cordova Library, 8457 Trinity Rd.

Apr 1-3 - Cumberland Trail – REGISTRATION REQUIRED. Friday, we'll meet somewhere along I-40 and caravan our way up I-40 and I-24 to Chattanooga, then north on U.S. 27 to Soddy Daisy. Lunch will be en route in the car so that we don't waste valuable hiking time. Allowing for three or four pit stops along the way and the change to Eastern Time, we should arrive in Soddy Daisy around 3:30. This should give us time for our first hike (sunset is 8:02 Eastern), a 4.5 mile trek along the Soddy escarpment. This hike will require a car shuttle of about 3 miles. We will be doing the southernmost part of that segment of the trail. For a trail description and a link to a topographical map, see www.cumberlandtrail.org/three_gorges_soddy.html.

Saturday, we hike the Rock Creek Gorge segment of the Cumberland Trail. After another car shuttle, we'll start at the western end of the trail at the Retro Hughes trail head. After five miles, those who have had enough can go straight ahead for another half mile to the cars at the Upper Leggett Trailhead. Those looking for more can do a loop of approximately 3 more miles to the same trail head. www.cumberlandtrail.org/three_gorges_rock.html.

Sunday, we'll begin the trip home with a short detour from Chattanooga down to Chickamauga National Military Park near Fort Oglethorpe, Georgia (www.nps.gov/chch/index.htm). The park has several miles of trails, but we will probably go for the shortest which is the five mile long General Bragg Trail which goes by several historical sites. (www.nps.gov/chch/planyourvisit/loader.cfm?csModule=security/getfile&PageID=307354).

Each participant will be responsible for making hotel reservations. **Suggested Lodging:** The HomeTown Inn, 423-332-7755 (www.hometowninnssoddydaisy.com/). The Colonial Inn, 423-332-8086, 719 McCallie Ferry Rd, Soddy Daisy, 37379. The Green Gables Motel and Trailer Park, 423-332-1172, 11933 Dayton Pike, Soddy Daisy, 37379. (chattanooga.citysearch.com/profile/9359001/soddy_daisy_tn/green_gables_motel_trailer_prk.html.)

Registration is required for the hike. To register or to ask a question, please contact Vickie or Wayne Simpson at w.simpson2@comcast.net or 901-385-1988. Please make your hotel reservations as soon as possible, but no later than March 26, 2011.

Apr 9 - Meeman-Shelby Forest Woodland Trail Wildflower Hike Shelby Forest comes alive in the spring! Tricia will be leading a hike on the Woodland Trail to check out the wildflowers. Wear sturdy shoes and bring a bottle of water and meet us at the visitor center at 9:00 am. If you have questions, contact Tricia Kennedy at pkennedy@dixon-hughes.com or call 901-488-4844.

Apr 16 - Village Creek State Park, Wynne, AR. Meet at the park visitor center 9:30 am, or carpool from the Tennessee Welcome Center on Riverside Drive at 8:00 am. We will hike a 5-mile trail rated moderate with a few hills. Bring lunch and water. To register for carpool call Kathryn Skinner at 901-527-4308. Rain will cancel hike.

Apr 30 - Nathan Bedford Forrest State Historic Area, Camden. Eileen & Brian will lead a 6-mile hike rated moderate over hilly terrain. Meet at the Park Interpretative Center at 9:30 a.m. Bring water, snacks, and lunch. For additional information contact Eileen Kelm at 901-873-3221 or e_kelm@yahoo.com. Directions to the park: Take Exit 126 on Interstate 40 and go North on Hwy. 641 for 15 miles to Camden. Turn right on Highway 70 East (do not take the 70 By-pass) at the traffic signal. Follow the signs to the park.

Apr 30 - Trail Work Day at Edgar Evins State Park, Silver Point, between Smithville and Cookeville. The Friends of Edgar Evins State Park, Inc. was awarded \$500 by TTA through the Evan Means Small Grant program. The money will be used to re-route a section of badly eroded trail near the Visitors Center at the park, and to add descriptive name signs to specimen trees along the trail corridor. TTA members from all chapters are invited to help with the trail work. We'll meet at the Visitors Center at 9 am CT and quit at 3 pm. Bring work gloves, water and snacks. We have some tools, but please bring tools if you have them. Lunch will be furnished. Contact Fount or Anna Bertram to sign up and for more information: abertram@dtccom.net or 615-765-5357.

Spring Cleaning? Save it for the Annual Meeting!!!

Save all those wonderful items you are no longer using, TTA needs them!!!

The silent, not-so-silent auction, and white elephant sale await your donations.

One person's junk is another person's...??????

MURFREESBORO CHAPTER

CHAPTER CHAIR: Tony Jones 615-397-4463 murfreesboro@tennesseetrails.org
OUTINGS COORDINATOR: Ron Dunn 615-867-3301 murfreesborohikes@tennesseetrails.org
(Call Ron & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT, Barfield-Crescent Park's Wilderness Station, 697 Barfield-Crescent Rd., Murfreesboro
BLOG: www.tennesseetrails.org/blog/murfreesboro

Apr 1 – Historic WalMart, Murfreesboro, TN. Join us as we explore the sprawling landscape, malodorous smells and diversity of culture that is the Murfreesboro WalMart Superstore. We will depart the Shopping Cart trailhead promptly at 8:00 CT and begin our hike through automotive, big and tall men, and kitchenware before breaking for lunch at the lawn and garden overlook. If there's sufficient interest we'll make a stop in sporting goods for some camo-chested good-ol'-boy spotting, so bring your field glasses. The hike is rated easy but proper footwear is recommended for possible sticky floors. To sign up or for more information contact Ron Dunn. **April Fools!**

Apr 2 - Foster Falls, South Cumberland State Park. This is a 4 to 5 mile loop off highway 41 south of Tracy City. We will hike down to the river to view the falls, then skirt along the bottom of famous cliffs known to rappel climbers as the White Walls and the Dihedrals. A steep climb precedes our way back along the top of the cliffs. You will need sturdy boots and plenty of water. After the hike we will have lunch in Monteagle. Register with Nabil Wakid at nwakid@bellsouth.net or call 615-893-7942.

Apr 12 - Monthly Meeting. Finger Food Supper and Annual Meeting Planning Session. This meeting is open to all members of the three host chapters as well as any TTA member who wants to donate their time and talents to making the 2011 meeting a huge success! Bring a finger food to share, drinks will be provided. Contact Tony Jones, awj68@comcast.net or Millette Jones, millette.jones@comcast.net for more info.

Apr 16 - Bells Bend Park. Located at 4107 Old Hickory Blvd., west of Nashville, in a bend of the Cumberland River, this rural preserve near downtown Nashville opened in 2007. It consists of 808 acres of open space, including a 2.3 mi. loop hiking trail as well as farm roads, old barns, stone fences, remnants of old farm houses, a creek and an outdoor center. The park has an interesting agricultural history and an opportunity for viewing wildlife. In Murfreesboro, meet at Sam's Club at 7:45. Otherwise, meet at the Bells Bend Outdoor Center (the 2nd entrance) in the park at 9:00. This will be a very easy hike, especially good for beginners. To register or for more information, call Mary Belle Ginanni at 615-895-6072.

Apr 22-24 - Backpack on the AT. Deep Gap to Rock Gap. Approx 21 miles. Strenuous due to elevation gain and loss. We will begin at Deep Gap a few miles north of the GA/ NC border and hike north to Rock Gap. After about 10 miles we'll leave the Blue Ridge Mountains and begin hiking in the Nantahala Mountains. One of the highlights of the hike will be the scramble up the steep south face of Albert Mountain. We're hoping for grand views from the fire tower on the summit (elev. 5,250 ft.). We will return to TN Sunday. **Limited to 6 hikers.** For more information contact Charlotte Broyles at broylescha@hotmail.com or 615-890-6308.

Apr. 23 - Short Springs State Natural Area, Tullahoma, TN. 4 miles. Moderate. We will enjoy a nice wildflower walk at one of the best places in Tennessee to view wildflowers. We will also visit the beautiful Machine Falls. This hike is rated moderate due to the terrain and elevation gains. If you want to see something beautiful this Spring...then this hike is for you. We will leave from the Cracker Barrel in Murfreesboro on CHURCH ST. at 8:30 am. We will plan to meet at the trailhead at 9:30 am. To sign up or for information contact Tony Jones at 615-397-4463 or awj68@comcast.net.

Apr 30 - Bowling Farm Spring Wildflower Hike & Potluck Social, Monterey, TN. 2.5 miles. Easy/moderate. We will once again enjoy the farm home of Winston & Billie Jo Bowling for our annual wildflower walk and potluck social. The hike this year will be just the spring trail to the cave area and back for viewing wildflowers. We will take our time and try to see how many different wildflowers we can identify...so bring your wildflower books. Also, please bring a dish to share for the potluck social. **YOU MUST REGISTER and YOU MUST BE A MEMBER OF TTA TO PARTICIPATE IN THIS EVENT.** Please contact Tony Jones at 615-397-4463 or awj68@comcast.net to register.

NASHVILLE CHAPTER

CHAPTER CHAIR:

Libby Francis

nashville@tennesseetrails.org

OUTINGS COORDINATOR:

Libby Francis

nashvillehikes@tennesseetrails.org

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT in the REI Community Room, 261 Franklin Road, Brentwood. For directions, visit:
www.tennesseetrails.org/nashville.php

Apr 2 - Stillhouse Hollow Falls Work Day. Multi- Chapter Event. For more info see the Columbia/Franklin chapter news. Contact Libby Francis at libbyslibbys@comcast.net to carpool from Nashville.

Apr 2 - Ashland City Bicentennial Trail. (Eagle Pass section), Ashland City. This rustic rail-trail runs through a rural section of the lower Cumberland River. The path is flanked by bluffs on one side and water on the other. This will be a spring wildflower walk; 5 miles with a 4 mile add on option if people want. Meet at Ashland City Courthouse at 8:00 am CT. Bring BINOCULARS (for the eagles), water, snacks, and money for lunch afterwards. Call Nancy or e-mail to register, 615-319-8811, or njuodenas@yahoo.com.

Apr 3 - Soddy Gorge segment of the Cumberland Trail, Soddy Daisy, TN. This is an all-day 11.5-mile hike; it is one-way, and will require our parking a few cars at our exit before we can start. This segment of the CT passes through beautiful Deep Creek and Soddy Valleys, has a few views (more so now since technically it's still early spring), crosses over several bridged creeks, and is rated moderate to strenuous for the distance, many ascents and descents the entire way and for the typical rocky areas found along the escarpment of the Cumberland Plateau. Depending on where Mother Nature is in her cycle will determine if and the varieties of early spring wildflowers we could see. The usual day-hiking essentials are required: water, snacks, lunch; trail worthy shoes, and money to pay towards your share of the carpool gas. Also cash/credit card because we will probably stop for dinner on our way back. We will meet at 6:45 am CT and depart shortly thereafter. **REGISTRATION is required!** To register and obtain meeting location, call Diane Manas at 615-352-7777.

Apr 9 - Hidden Lakes State Park, near Pegram. Just west of Nashville, a stone's throw from Bellevue, is a treasure known only to a few. These 100 beautiful acres of undeveloped State Park property are just waiting to be explored. The two lakes, set in bowls of limestone, have been quarried in bluffs adjacent to the Harpeth River. The area is unique and offers several scenic vistas. Glenn Turner and Jim Johnson will lead a 2-3 mile, fairly easy hike. Time permitting, we'll continue the hike at Narrows of the Harpeth. A short scramble will be required, so please wear good footwear. Come explore the newest park in Middle Tennessee. Please preregister by calling Jim at 615-356-6246 or Glenn at 615-352-1907.

Apr 16 - Build a Boardwalk at Beaman Park, Nashville. 9 am to 2 pm CT Join the Friends of Beaman Park as we continue work on an ADA accessible boardwalk. We will provide work gloves, training and tools. Wear your work clothes and meet at the Beaman Park Nature Center (5911 Old Hickory Blvd). Call 615-862-8580 for information and directions.

Apr 23 - Earth Day Festival, Centennial Park. The TTA booth will be there and volunteers are needed - to help set up, to man the booth during festival hours (11 am to 7 pm) and to take down the booth. This is a great event - plan on a great time with demonstrations, workshops, live music and good food. And for the second year the festival features a merchants' tent. Help out for a little while at the booth and go take in the festival! To sign up for a stint at the booth, contact Nora Beck (nora_beck@comcast.net).

Apr 23-24 - Big South Fork camp and hike, near Oneida, TN. Camp with Kathie and Karl Dupre at Bandy Creek Campground and hike the Honey Creek Loop on Saturday and the Arches Loop on Sunday. If camping doesn't suit you, arranging a meeting place and time for the hikes will work as well. Ah springtime!! Post Scriptum - We will be hanging out at campsite A-38 in Bandy Creek Campground on Friday and Saturday nights. 615-207-2250 (cell), 615-834-9274 (home), or karld@comcast.net.

Apr 26 - Chapter Meeting. Amy Wolanski will give a presentation on her Jan 3, 2011 trip to Mt. Kilimanjaro. Amy participated in the Flying Kites Adventure Program (www.fkadventurechallenges.org). Flying Kites (www.flyingkitesglobal.org) is a non-profit that brings people together to embark upon adventure treks and trips while benefiting local orphanages of the communities where they travel. Amy can be contacted at awolanski@flyingkitesglobal.org or 615-496-8031

Apr 30 - Walls of Jericho, Winchester, TN. This 7 mile hike is rated strenuous due to the elevation change of 100 feet and the slippery areas near the bottom of the trail. A creek crossing is involved. The hike is well worth the effort due to the 150-200 foot rock cliffs in the canyon from which the area derives its name. Wear boots, bring hiking stick, water, snacks, lunch and money for carpooling. For more information and to register call Garnett Rush at 615-352-7217 or e-mail rushga01@yahoo.com.

NORTHWEST Chapter

(UT at Martin / Weakley County)

CHAPTER CHAIR: Scott M. Pun 731-881-7316
northwest@tennesseetrails.org

TREASURER: Sandy Davis 731-587-9134
northwesttreas@tennesseetrails.org

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT during the
academic year (Feb-Apr and Sep-Dec) on the UT
Campus in the Paul Meek Library, Rm 120, Media
Services B1

Hike details unavailable at press time.

SAVE THE DATE!!!!!!!!!!!!!!

TTA's Annual Meeting
October 28, 29, 30

DuBose Conference Center
Monteagle, Tennessee

Check our Annual Meeting 2011 BLOG for regular
updates!

PLATEAU CHAPTER (Crossville)

CHAPTER CHAIR: Cheryl Heckler 931-456-6437

SECRETARY/TREASURER: Jim Grove 931-484-7900

MEETS MONTHLY: 2nd Thursday at 6:30 pm CT

plateau@tennesseetrails.org
plateausecy@tennesseetrails.org

BLOG: www.tennesseetrails.org/blog/plateau

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or visit the Plateau Chapter Blog. Rain cancels.

Apr 2 - Devils Breakfast Table, Catoosa Wildlife Management Area, Crossville. We will hike 6 miles into the Daddy's Creek Gorge and arrange for a 1 mile car shuttle so that we do not have to retrace our steps. The trail is difficult due to the elevation change and lots of rock steps. From the trailhead, the trail proceeds down "a thousand steps" through Daddy's Creek gorge under sheer bluffs. After a mile, the trail rises out of the canyon and remains on the top of the bluff. There are a couple of overlooks that provide a view of the gorge before the trail goes back down into the gorge on the way to the junction of Daddy's Creek and the Obed River. Meet at Cracker Barrel on Highway 127 at 8 am CT. Those in the Fairfield Glade area may join the caravan at 8:15 at the 4-way stop at the intersection of Genesis Road and Snead Drive. For more information and to register, contact Cheryl Heckler at (931) 456-6437 or by e-mail at thehecklers@charter.net.

Apr 14 - Chapter Meeting. First United Methodist Church Annex, 69 Neecham Street, Crossville. 6:30 pm CT. Meet at La Costa Restaurant at 5:00 pm to eat together before the meeting.

Apr 16 - Fiery Gizzard & Foster Falls, Tracy City. This is a 13 mile hike that features numerous waterfalls and scenic overlooks above deep gorges. Due to the length and some strenuous climbs, the hike is rated difficult. The hike begins at the Fiery Gizzard parking lot and requires a rugged climb for the first 5 miles as we ascend to Raven Point, one of the most spectacular overlooks in the South Cumberland Recreation Area. The rest of the hike is fairly flat as we walk along the top of the Cumberland Plateau. At about 10 miles, there is a steep descent into the 200 foot deep Laurel Branch Gorge. Within 1/10 mile, we begin a steep ascent out of the gorge. Once out of the gorge, we have another 2.5 miles of fairly easy hiking that gets us to Foster Falls. The hike requires a car shuttle. Meet at 7:00 am CT at Trinity Tabernacle church on Highway 127 South (across from Homestead Place Gated Community). For more information and to register, contact Bill Harris at 931-484-9152.

Apr 30 - Fort Loudoun State Historic Area near Vonore, TN. Fort Loudoun State Historic Area provides a glimpse of life during the time of the French and Indian War (1754-1763). Expect a moderate walk of 6 miles as we explore this historic area. The tour/hike will start at 9 am CT at the visitor center with a tour of the museum and a 15 minute interpretive film about Fort Loudon. Then, we will walk to the Tellico Blockhouse/Garrison (TB/G) where the activities of the daily lives of the men, women and children of Fort Loudoun are recreated. As we tour TB/G we see living history re-enactors in costume, an 18th century infirmary, the soldier's barracks, the commander's quarters, a blacksmith, a Cherokee encampment, an artillery demonstration and other activities. Tennessee's State Naturalist Randy Hedgepath will join us for a hike around the lake. Randy has extensive knowledge of nature, especially trees and wildflowers. He will add insight to the hike at Fort Loudoun which is rich in history as well as nature and he can detail the past and identify what we see on our hike. The tour/hike will be led by Levonn Hubbard. Carpoolers will meet at Cracker Barrel in Crossville for a prompt 7:00 am departure. For further details and to register contact Levonn at lhhubbard@gmail.com or call Bill Harris at 931-484-9152.

SODDY-DAISY CHAPTER

CHAPTER CHAIR: George Bonneau 423-842-3619

soddydaisy@tennesseetrails.org

TREASURER: Robertson (Bob) McGavock 423-667-2960

soddydaisytreas@tennesseetrails.org

MEETS EVERY OTHER MONTH: 1st Tuesday in Jan, Mar, May, Jul, Sep, Nov at 6:00 pm ET at Burk's United Methodist Church, 6433 Hixson Pike, Hixson

Additional information may be seen at our web site: <http://www.tennesseetrails.org/blog/soddydaisy>

Apr 2 – Booker T. Washington State Park. 5.8 miles. Easy to moderate. The group will meet at the Target shopping center on Highway 153 and will leave the parking lot at 9:00 am ET. Contact Earl at 770-877-0600 or e_helmer@att.net to register. Driving Directions: Go south on Hwy 153 and cross the Chickamauga Dam. Exit onto Hwy 58 east toward Harrison. Look for state park sign.

Apr 6 – Fooshee Peninsula Walking Trail, Ten Mile, TN. Unknown distance. The group will meet at the parking lot in Soddy-Daisy at the baseball fields along Durham Street (N 35 17.307 W 085 09.450) (across from the lake). We will leave the parking lot at 9:00 am ET. Contact Nance Jo at 256-509-1541 or ogo62no@zoho.com to register. Driving Directions: North on US-27. Turn east onto Hwy 68/Hwy 302 Watts Bar Hwy; cross bridge. Turn north on Hwy 304, River Rd; go 2 miles. Turn left on Fooshee Bend Road; go 1 mile to the Recreation Area and look for trail signs.

Apr 9 – Savage Gulf State Natural Area. 5 miles. Easy to Moderate. We will begin at the Savage Ranger Station and hike the Stone Door and Savage Day Loop trails. The group will meet at the parking lot in Soddy-Daisy at the baseball fields along Durham Street (N 35 17.307 W 085 09.450) (across from the lake). We will leave the parking lot at 9:00 am ET. We will travel to the Savage Ranger Station off Hwy 108. Contact Bob at 423-667-2960 or kopperkitters@yahoo.com to register. Driving Directions: From Soddy-Daisy, take US-27 north. Take Hwy 111 to Dunlap. Turn left onto Hwy 399 in Cagle and look for the sign to the Savage Ranger Station on the right.

Apr 13 – Harrison Bay State Park. We will hike the 4.5 mile loop trail which has wonderful views of the lake. The trail is rated as easy. The group will meet at the Target shopping center on Highway 153 and will leave the parking lot at 9:00 am ET. Contact Earl at 770-877-0600 or e_helmer@att.net to register. Driving Directions: Go south on Hwy 153 and cross the Chickamauga Dam. Exit onto Hwy 58 east toward Harrison. Look for state park sign.

Apr 16 – Laurel Falls, Cumberland Trail. We will hike to Laurel Falls and return for a total distance of approximately 5 miles. The trail is rated as moderate with some steep climbs. The group will meet at the parking lot in Soddy-Daisy at the baseball fields along Durham Street (N 35 17.307 W 085 09.450) (across from the lake). We will leave the parking lot at 9:00 am ET. Contact Nance Jo at 256-509-1541 or ogo62no@zoho.com to register. Driving Directions: Take US-27 north to Dayton. Turn left onto Hwy 30. Turn right onto Back Valley Road. Look for Laurel Falls sign on the left. Continue on the gravel road to the trailhead.

Apr 20 – Enterprise South Nature Park, Chattanooga, TN. We will hike the TNT Mountain Bike Trail for a distance of about 4.5 miles which is rated as moderate with some steep climbs. We will park at the easternmost parking area and walk in on the paved road to reach the trailhead. The group will meet at the Target shopping center on Highway 153 and will leave the parking lot at 9:00 am ET. Contact Earl at 770-877-0600 or e_helmer@att.net to register. Driving Directions: Take Hwy 153 south and cross the Chickamauga Dam. Exit onto Bonny Oaks going east. Turn onto Volkswagen Drive and continue to the Park. Go past the Visitor Center and follow the Still Hollow Loop (vehicles only) to the parking area.

Apr 23 – Rock Creek Section, Cumberland Trail. We will hike from the Retro Hughes Road trailhead to the Lower Leggett Road trailhead. This hike will require a vehicle shuttle. The trails to be hiked include the Upper Rock Creek Gorge Trail (4.9 miles), the Rock Creek Loop Trail (1.5 miles), and the Rock Creek Access Trail (1.2 miles) for a total distance of approximately 7.5 miles. The trails are rated as moderate with several steep climbs. We will meet at the parking lot in Soddy-Daisy at the baseball fields along Durham Street (N 35 17.307 W 085 09.450) (across from the lake). We will leave the parking lot at 9:00 am ET. Contact George at 423-596-5972 or grbonneau@comcast.net to register. Driving Directions: To the Heiss Mountain trailhead, take US-27 north to Bakewell. At the traffic light (BP station) turn left and proceed up the mountain for 6.7 miles. Parking along the logging road is acceptable, but do not block this road. Directions to the Lower Leggett Rd trailhead: take US-27 north. Turn onto Leggett Rd (look for old cabinet business with green metal roof on the left). Look for trailhead parking lot sign on the left.

Apr 27 – Flipper Bend, North Chickamauga Creek Gorge Section, Cumberland Trail. We will start at the trailhead parking area (N 35 13.912 W 85 16.699), hike the first section of the Clear Branch Loop, and return to the parking area for a total distance of approximately 7 miles. The trail is rated easy to moderate. We will meet at the trailhead and begin the hike at 9:30 am ET. Contact Earl at 770-877-0600 or e_helmer@att.net to register. Driving Directions: From US-27 north of Hixson or Hwy 153, exit onto Dayton Pike and go north. Turn left onto Robert Mill Road; go 3.2 miles. Veer right onto Hixson Springs; go 1.3 miles. Trailhead parking lot (N 35 13.912 W 85 16.699) is the gravel lot on the left across the road from Standing Rock Road.

Apr 30 – Lookout Mountain. We will begin at the Craven's House and hike the Craven's House Trail, part of the Bluff Trail to Point Park, and return to the Craven's House on the Mountain Beautiful Trail for a total distance of approximately 5 miles. The trail is rated as moderate with some steep climbs. The group will meet at Bi-Lo in Red Bank at 4825 Dayton Blvd (at Morrison Springs Rd) and will leave the parking lot at 9:00 am ET. Contact Bob at 423-667-2960 or kopperkitters@yahoo.com to register. Driving Directions: From Red Bank take US-27 south to Broad St; exit onto Broad St. and travel south; follow signs to Ruby Falls and Point Park on South Scenic Hwy (Hwy-64W, US-72). Turn left onto Hwy 168 and continue to follow signs to Ruby Falls; go past entrance to Ruby Falls; look for sign on the right to Craven's House (N 35 00.823 W 85 20.480).

SUMNER TRAILS CHAPTER

CHAPTER CO-CHAIRS:

David & Shirley Primeau 615-424-2948
sumner@tennesseetrails.org

MEETS MONTHLY: 1st Tuesday at 7:00 pm CT

Hendersonville First United Methodist Church, 217
E. Main St. Hendersonville, TN

Apr 5 – Monthly Meeting. We have another terrific program planned for April. Robert (Bob) Richards, the Greenways and Trails Program Coordinator for the State of Tennessee, will be speaking on trail building and maintenance. Bob's interest in trails began as a Boy Scout, and he has been involved with trail building since 1975. Please note: we are now meeting at Hendersonville First United Methodist Church.

Apr 9 – Narrows of the Harpeth. 2 miles. Easy. This will be a wildflower hike on the foot trail by the river and then up on the narrow bluff which separates the 5 mile long bend in the river which at this point is only 100 yards apart. This hike features great vistas from the bluff and a tunnel through the bluff which connects the two sections of the river. This tunnel was dug using slave labor to create a water-powered iron ore mill in the early 1800's by Montgomery Bell. Meet at First Presbyterian in Hendersonville at 9 am CT or at the trailhead at the Harris Street Bridge at 10 am. After the hike, we'll go to lunch at Carl's Perfect Pig in White Bluff. For further info, contact River Rat Al - ballallenger@aol.com or 615-347-2623.

Apr 16 – Springfield Greenway. Approximately 3 miles of paved trail from Travis Price Park to Ninth Avenue or Main Street (about one mile further) in Springfield, TN. Meet at 9:00 am at First Presbyterian Church in Hendersonville, Main St. We will car pool to Travis Price Park and have lunch after the hike at The Depot. For more information, contact Tom or Debra Obrock at tndobrock@gmail.com.

Newsletter Deadlines:

Deadlines for Chapter announcements
and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Apr 10	May 1
May 10	Jun 1
Jun 10	Jul 1

All submissions are subject to editing. Articles of
general interest and non-hiking events will be included
as space permits.

Please send all submissions to:
editor@tennesseetrails.org

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER CHAIR:

Louise Miniard 931-528-9115
uppercumberland@tennesseetrails.org

Apr 9 - Cane Creek Upper Loop Trail, Fall Creek Falls, Pikeville, TN. We will park in the designated area for overnight trails (but we will do this as a day hike). It is located as you enter the park on Highway 30. This trail generally follows the gently rolling uplands of the top of the plateau. Along the way there are extensive patches of blueberries and large fern beds. Deer and ruffed grouse sightings are common. The trail is around 14 miles with an elevation change of 240 feet and marked by forest floor and white blaze. It is rated strenuous for distance; however, it is easy on the feet and best described as "a walk in the woods." Bring water, lunch, and snacks. You can meet us in the Penney's parking lot in Cookeville at 8:00 am CT or at the US Bank across from McDonald's in Sparta at 8:30. For information and to register contact Margaret Massa at 931-761-2258 or mycorey@blomand.net. If enough interest is shown the hike can have a shortened option of 10 miles if a shuttle is provided.

Apr 16 - Savage Gulf Waterfalls, Savage Gulf State Natural Area, Altamont, TN. Highlights of this hike include six of the major waterfalls of Savage Gulf and spectacular spring wildflower displays. The hike begins at the Greeter Falls parking lot. We will see Upper and Lower Greeter Falls before descending into the gulf and taking the side trip to Ranger Falls. We will then continue along the Big Creek Gulf and Connector Trails before ascending from the gulf on the Collins Gulf Trail past Horsepound and Suter Falls. The hike is about 14 ½ miles and rated strenuous. Bring snacks, water, lunch, and hiking boots. You can meet us in the Penney's parking lot in Cookeville at 7:00 am CT or at the US Bank across from McDonald's in Sparta at 7:30. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Apr 23 - Cloudland Canyon, Rising Fawn, Georgia. There are spectacular views of Cloudland Canyon as well as Trenton, Georgia, and neighboring Sand Mountain. We will hike on the Waterfalls Trail down over 600 steps to two waterfalls, 60 and 90 feet high, and we will also hike 4.8 miles on the West Rim Trail for a total of about 6.5 miles. In case of foggy weather we will do the Sittion Gulch Trail instead of the West Rim Trail. The hike is rated easy to moderate because of the number of steps. After the hike, the hike leader and those who want will go to Sticky Fingers in Chattanooga for some good barbeque. You can meet us in the Penney's parking lot in Cookeville at 7:30 am CT or at the US Bank across from McDonald's in Sparta at 8:00 am. For information and to register contact Pete Broehl at 931-738-3551 or pabroehl@blomand.net.

Apr 30 - Max Patch, Pisgah National Forest, Hot Springs, N.C. Spectacular views atop the grassy bald. The 6 mile hike will begin at Lemon Gap and is rated moderate. Bring lunch, water, snacks, and hiking boots. After the hike, for those interested, I have reserved a hot tub in Hot Springs. To reserve a spot in the hot tub, email or call by April 23. There is an option for overnight camping; contact Kathleen for details. You can meet us at 6:30 am CT in the Penney's parking lot in Cookeville. For information and to register contact Kathleen Sullivan at 931-520-6294 or ksully@frontiernet.net.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Apr 11

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Ron Dunn 615-867-3301 membership@tennesseetrails.org

PLEASE, PRINT CLEARLY.

___ Individual \$25.00
___ Family \$35.00
___ Student (FULL TIME) \$15.00
___ Supporting (\$50.00, \$100.00 or more)
___ Life Member (Individual) \$500.00
___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (____) _____ Zip _____ -- _____
Work Phone (____) _____
e-mail _____

- Please do not list my e-mail address in the TTA Annual Membership Directory
 I would like to receive my newsletter by email.

**** CTC Membership** **\$5.00****

**** Special \$5.00 rate for membership in Cumberland Trail Conference if you also are joining TTA or renewing your TTA membership. CTC is building the Cumberland Trail, which will go from Chattanooga to Cumberland Gap. Over 185 miles are now complete and open for hiking. More information can be found at www.cumberlandtrail.org. Please consider enhancing your commitment to Tennessee's great trails by joining the CTC.**

Please list me with the following chapter:

___ Clarksville
___ Columbia/Franklin
___ Cove Lake
___ Dyer County
___ East TN (Oak Ridge/Knoxville)
___ Highland Rim (Manchester/Tullahoma)
___ Jackson
___ Memphis
___ Murfreesboro
___ Nashville
___ Northwest (UT at Martin/Weakley)
___ Plateau (Crossville)
___ Soddy Daisy
___ Sumner Trails (Sumner County)
___ Upper Cumberland (Sparta/Cookeville)
___ At Large

When you become a TTA member, you will receive: (1) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes/overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations - C.T.C. and T.R.A.C. (3) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, our annual meeting is held in the fall at one of Tennessee's many parks for a weekend of hiking, camaraderie and programs, in addition to learning about the progress and plans of the organization.

As a member of TTA, you are welcome to attend any/all TTA/CTC/TRAC functions.