

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



Cumberland Trail Conference Activities 2009-2010

- **August 1, 2009:** On Saturday, 2:00pm EST, Obed Wild and Scenic River National Park visitor center, Wartburg, Tennessee, Tony Hook, General Manager, Cumberland Trail Conference, will be presenting the Cumberland Trail project. Information concerning the Cumberland Trail project's past, present and future will be discussed. For further information, please contact the park visitor center at 423-346-6294.
- **September 25-27:** Trail maintenance Tennessee River Gorge Segment. Interested volunteers will meet in the morning at 8:00am EST at Signal Point parking lot. Volunteers will be helping to repair wooden steps at Signal Point. This is a National Public Lands Day (September 26) event. Volunteers will need work gloves, water, and lunch. Please register for this event at www.cumberlandtrail.org or by contacting the CTC at 931-456-6259
- **September 28-30:** Trail maintenance Tennessee River Gorge Segment. Trail maintenance will be performed from Mushroom Rock to Indian Rock House, and the Mullins Cove and Pot Point loops. This maintenance is in preparation for the October 3, *Stump Jump Race*. Interested volunteers please contact Tony Hook at cumberlandtrail@rocketmail.com or 931-456-6259.
- **October 2-3:** Rock Creek Outfitters/Chattanooga, Vendor Fair and *2009 Stump Jump Trail Race*. A portion of the proceeds benefits the Cumberland Trail project. Please contact Rock Creek at 888-707-6708(toll free), 423-266-8200 or visit the website at www.rockcreek.com/stumpjump for more information.
- **October 6-9:** Trail maintenance New River segment (formally Smoky Mountain segment). Maintenance will be performed from Cove Lake SP trailhead to Norma Road. Interested volunteers please contact CTC office at cumberlandtrail@rocketmail.com or 931-456-6259.
- **October 15-19, 22-25 and November 12-16:** Bridge replacement Rock Creek segment. Deteriorated log bridges across Boiling Springs, Flat Branch, and Rocky Branch will be replaced. Volunteers are needed to help move material and construct bridges made of treated lumber, further details TBA. Interested volunteers please contact CTC office at cumberlandtrail@rocketmail.com or 931-456-6259.
- **November 6-8:** Annual Statewide TTA meeting, Townsend, Tennessee. Please visit www.tennessee-trails.org for more information.
- **February 21-March 27, 2010:** Annual BreakAway program. Lodging will be at the Dogwood Lodge, Soddy-Daisy, Tennessee. Trail construction and maintenance will be in the North Chickamauga Gorge segment, further details TBA.
- **April-June 2010:** Trail construction in the New River segment. This construction will take place in the North Cumberland WMA located in Anderson, Morgan, and Scott counties, further details TBA.

2009 Annual Convention

November 6,7,8 2009

Valley View Lodge & Convention Center, Townsend, TN

(on the quiet side of the Smokies)

(SEE DETAILS INSIDE THIS ISSUE)

CUMBERLAND TRAIL CONFERENCE

CUMBERLAND TRAIL CONFERENCE STAFF:

General Manager..... Tony Hook.....tony.hook@frontiernet.net

Office Manager.....Marleya Pendleton...marleyapendleton@frontiernet.net

Office Location..... 19 East 4th Street
..... Crossville, TN 38555
Office Hours..... 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

CTC Schedule

The Cumberland Trail Conference would like to say thank you for the tremendous volunteer effort from the TTA with the three FPR bridges in the Rock & Possum Gorges. Without the dedication of such individuals, these 3 bridges would not have been completed. Hikers will no longer have to be concerned about high, rapidly flowing water in these two gorges. This overall bridge project has been a learning experience, but now the CTC/TTA is prepared to build these types of bridges where needed on the Cumberland Scenic Trail. Members from the following chapters assisted with the project: Clarksville, Cove Lake, Columbia/Franklin, East TN, Memphis, Murfreesboro, Nashville, Soddy-Daisy, Plateau, and un-affiliated members. These bridges are another chapter in the saga that is to be the creation of the Cumberland Trail and its lasting legacy.

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Jim Meadows
423-628-6475 jhnmhm@highland.net
SECRETARY / TREASURER: Benita Howell
423-628-5521 bjhowell@highland.net
BOARD REPRESENTATIVES: Tim & Lynn Takacs
615-824-7048 lynntakacs@comcast.net
or ttakacs@comcast.net
OUTINGS COORDINATOR Tom and Benita Howell
423-628-5521 tshowell1003@highland.net
(Call Tom & volunteer to lead an outing.)

No hike is planned for August, but hikers might consider participating in the Frozen Head State Park volunteer trail day on August 22. According to the *Tennessee Conservationist*, volunteers should bring a daypack with lunch and water and wear good hiking boots for some moderate hiking. The group will meet at the park visitor center at 9:00 a.m. Eastern time; the event lasts until 3:00 p.m. Information at 423-346-3318. Our chapter will be hiking at Frozen Head either September 19 or September 26.

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm
423-562-1110 Richard.Helm@ahss.org
CO-CHAIR: George Gill 423-562-7121
MEETS MONTHLY: Meetings will be held at Cove Lake State Park at 6:00pm on the first Monday each month.

Aug 3 Meet 6:00 p.m. @ Cove Lake State Park shelter 1 or 2. to discuss future hikes. Where would you like to hike. Everyone is cordially invited. We will be having a corn roast, bring covered dish. More information or contact Richard Helm 423-562-1110

Aug 15 Meet 9:00 a.m. @ Food Lion. We will be hiking in the Cumberland Gap National Historical Park. The hike is 4 and one half miles. Rated moderate. More information contact John Redmon 423-869-8286

CLARKSVILLE CHAPTER

CHAPTER OFFICER: Paul Schwab 931-645-9068
paulschwab@bellsouth.net
OUTINGS COORDINATOR: Suva Bastin 931-645-2849
(call Suva & volunteer to lead an outing)
MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT at Crow
Community Center, 211 Richview Rd.

Please call hike leaders to confirm hike time and meeting place.

Aug 1 Meriwether Lewis Park (Natchez Trace Parkway), Hohenwald, TN; 6 miles, moderate (after hike swim in scenic Buffalo River); Suva Bastin 931.645-2849; meet 7:30 a.m., BigLots parking area, Riverside Drive, Clarksville, TN.

Aug 8 Blue Heron Boat Trip, Ashland, TN; \$10.00 ticket per person, pre register by Wednesday the 5th; John Sneed 931.920-3828; meet 8:30 a.m., Madison Street Kmart, Clarksville, TN.

Aug 15 Fiery Gizzard, Tracy City, TN; 12 miles backpack, difficult; camp at Raven Point, view meteor showers from Raven Point; Merri Hinton 270.726-3141; meet 6:00 a.m., I 24 Exit 11 commuter parking lot.

Aug 22 Harpeth River Canoe Trip, Kingston Springs, TN; canoe rental charge, pre register by Wednesday the 19th; Bob Lyon 931.648-2354; meet 8:00 a.m., BigLots parking area, Riverside Drive, Clarksville, TN.

August 29 Nashville Greenway; 8 miles easy; Merri Hinton 270.726-3141; meet 8:00 a.m., I 24 Exit 11 commuter parking lot.

Attention: TTA Members and Board Members

3rd Quarterly TTA Board Meeting will be held Saturday, August 1, 2009 at Edgar Evans State Park. We will begin our meeting at 1:00pm CT in the Community Building inside the park. We'll have dinner at the Marina afterwards. Catch up on all the latest news. Come join your Board Members for a fun and informative day.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Bobby Hardeman
615-430-0638
puttr22@aol.com

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31, north side of Spring Hill). Socializing and dinner at 6:00pm CT; meeting starts at 7:00pm.

Aug. 4 Regular monthly meeting at Grand Buffet. Guest speaker Larry Marcum will tell about his "rim to rim" hike in the Grand Canyon.

Aug. 15 Hike in the Burgess Falls State Natural Area near Cookeville. The foot trail leads past three waterfalls providing beautiful views along the Falling Water River and opportunities to cool off in the water and spray. The trail is moderate difficulty. Pack a hearty snack and plenty of water. On the way home we will stop for an mid-afternoon early dinner. Meet at A&D Market at 8:00 am. Contact Marvin Caine 931 486-1632 *MLCaine@aol.com* to register.

Aug. 29 Rescheduled hike on the Ashland City Bicentennial Greenway Trail. This easy rails to trails path will be either 4 miles long or 8 miles long, depending on the heat that day. The trees all along the trail provide a thick canopy shade. Features include water views with "islands" of lily pads; trestle bridges with one long span across the Cumberland River; abundant bird "music"; and nostalgic evidences of the old railroad bed. To carpool meet in the parking lot of the closed Travel Store USA on Bear Creek Pike(Hwy. 99) near I 65 at 7:15 am or at the I 65 Peytonsville/ Spring Hill exit at 7:30. Park at the Truck Stop of America. The group should be at Mark's Creek trail head by approx. 9:00. To register call Hilda Vaughan 931 619-7930 or email *hkvteacher@aol.com*

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall
865-548-6171 *Rosemary_L@hotmail.com*

CHAPTER CO-OFFICER: Allie Sasser Hubbs
865-494-9522 *hike_announcement_etchapter@yahoo.com*

ASSISTANT CO-OFFICER: Elise Eustace
865-712-1916 *elisee@hotmail.com*

TREASURER: Bob Uhren
snowcap34@hotmail.com

Aug. 22 Meet at the Alcoa Food City on Hall Road at 9am and we will carpool to the Abram's Creek Ranger Station. From the campground area we'll go .9 miles to Little Bottoms Trail. Little Bottoms is 2.3 miles and it intersects with Abrams Falls Trail. The falls are another 2.5 miles where we can enjoy the falls and lunch. Return the same route. Comes to about 12 miles. This is the back way to the falls and is enjoyable because we won't be hiking a trail crowded with tourists to get to a popular destination. Thai or Italian afterwards?? To pre-register or more information, just contact Mark Paulley at *mpaulley451@hotmail.com*

HIGHLAND RIM CHAPTER (Tulahoma Area)

CHAPTER OFFICER: H.T. (Tom) Bentley
931-455-5849 *htbentley@lighttube.net*

VICE PRESIDENT: Joette Carter 931-968-0073

OUTINGS COORDINATOR / NEWSLETTER CONTACT:
Contact Tom Bentley

MEETS MONTHLY: 1st Tuesday We eat at various places, this coming month is Ruby Tuesdays at 5:30 and meeting is at 7:00 at D. W. Wilson.

Aug 8 - Jim and Marietta Poteet will lead a hike to Franklin State Forest. The hike is not expected to be difficult, but will be rated moderate due to length. We will hike about 8 to 9 miles. It should be a very pleasant hike with views into Sweden Cove and to an old coal mine. You will need a lunch, snacks, boots and lots of water. Please call Marietta at 931-924-7666 or preferably email at *nannietta@blomand.net*

Aug 15 3rd summer Saturday Eat-Float-Eat Float will be a float trip on Duck River from Normandy Dam to Dement Bridge. Start 8:00 Damrons in Tullahoma for Breakfast. Put in at 9:30- Contact Tom Bentley 455-5849 *htbentley@lighttube.net* for details.

JACKSON CHAPTER

CHAPTER OFFICER: Candy Higgs
731-695-1960 *chiggs_3@yahoo.com*

TREASURER: Sara Hakim
206-553-9334 *sara.hakim@gmail.net*

SECRETARY Don Dresser
731-668-4190 *Donald_Dresser@usit.net*

OUTINGS COORDINATOR: Glen Rognstad
731-217-5966 *glenrognstad@gmail.net*

MEETS MONTHLY: 2nd Mon at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts 6:00pm CT; meeting starts 7:00pm

There are no chapter meetings during the months of June, July and August.

Aug 1 - River Tubing the Current River in Van Buren, Missouri: Bring hats/caps, river shoes, sunglasses, sun protection, snacks, soft drinks and a cooler with ice. For additional information and to register, please contact Glen Rognstad at 731-217-5966 or e-mail to *Glenrognstad@gmail.com*

Aug 29 - Cookout and Country Road Walk: We'll kick off the hiking season with a cookout and country road walk. Come out and meet new members and get re-acquainted with fellow hikers. Hamburgers and hot dogs will be provided, please bring a side dish and 2-liter soft drink to share. For time and directions, please contact Don Dresser at 731-668-4190 or *donald_dresser@usit.net*

ANNUAL CONVENTION/MEETING HIKES **(14 GREATEST HIKES OF "THE SMOKIES")**

Hike around Cades Cove Road. Enjoy the old cabins and wildlife of Cades Cove. 11 miles. May be shortened by using Sparks Lane or Hyatt Lane 'cutoffs'.

Rich Mtn. Loop. This hike begins at the entrance to Cades Cove and utilizes Rich Mtn. Loop Trail, Indian Grave Gap Trail, and Crooked Arm Ridge Trail to make an 8.7 mile loop. Excellent views down into Cades Cove. 1600' climb to Cerulean Knob(3,686').

Lead Cove Trail to Thunderhead Mtn.(Appalachian Trail). Beginning at Laurel Creek Rd., this hike utilizes Lead Cove and Bote Mtn. Trails to Access thunderhead Mtn.(5500')on the Appalachian Trail. 3700' climb. 12.8 miles RT(round trip) Strenuous hike.

Alum Cave trail to Mt. LeConte. The most popular trail to Mt. LeConte, highlights include Arch Rock, Alum Cave Bluffs, and of course, the cabins on Mt. LeConte (6,595'). 10.4 miles RT. 2800' climb. Cautions: Exposed cliffs and possible ice on trail.

Jakes Creek Trail to Blanket Mtn. Hike begins at the end of Jakes Creek Rd. in Elkmont and begins a steady 1700' ascent to Jakes Gap. There a manway bears to the right and in @.75 mile Blanket Mtn. is reached, the site of an old fire tower. Optional side trip to the Avant Cabin. 7.5 miles RT.

Clingman's Dome to Newfound Gap (Appalachian Trail). This hike begins at the Clingman's Dome parking lot and climbs 0.5 mi. to Clingman's Dome (6,643'), highest point in the Park. The trail then descends 1600' over the next 7.8 miles to Newfound Gap. Car shuttle required.

Lumber Ridge Trail and Spruce Flats Falls manway. This hike begins at the Great Smoky Mountains Institute in Tremont. After a half mile hike on the narrow, rocky Spruce Flats Falls trail, Spruce Flats Branch and Falls is reached. After rock hopping Spruce Flats Branch, the next 3 miles or so are off of maintained trails. The manway intersects Lumber Ridge Trail at Buckhorn Gap and begins a 4 mile descent back to Tremont. @7 or 8 miles.

Little River/Cucumber Gap Loop. This is a 5.5 mile loop hike that begins in Elkmont at the Little River trailhead and runs between the unoccupied Elkmont cabins. After 2.3 almost level miles, the hike turns right onto Cucumber Gap trail for 2.3 miles before beginning a short descent via Jakes Gap Trail. Pretty easy hike. Little River/Cucumber Gap Loop. This is a 5.5 mile loop hike that begins in Elkmont at the Little River trailhead and runs between the unoccupied Elkmont cabins. After 2.3 almost level miles, the hike turns right onto Cucumber Gap trail for 2.3 miles before beginning a short descent via Jakes Gap Trail. Pretty easy hike.

Gregory Ridge trail to Gregory Bald. Hike starts at the end of Forge Creek Rd. at the back of Cades Cove. Famed for its Azalea display in June. 3000' climb. 11 miles RT. Great views.

Trillium Gap Trail to Grotto Falls and Brushy Mtn. This hike begins on the one-way Roaring Fork Motor Nature Trail Road, passes behind Grotto Falls at mile 1.2, and intersects Brushy Mtn. Trail at Trillium Gap at mile 2.9. It's then a half mile hike out to Brushy Mtn. overlook. 1500' climb. Caution: Slippery around falls, possibly icy in November. 6.8 miles RT

Laurel Falls trail to Cove Mtn. tower. One of the more popular 'tourist' trails for the first 1.3 miles. Paved for the first 1.3 miles. The next 2.7 miles gradually climb through virgin forest to intersect Cove Mtn. Trail. A left turn takes one to Cove Mtn. (4077') and the old fire tower. The tower is now a converted air quality monitoring station. 8.2 miles RT.

Look Rock Tower (foothills Parkway). Very short 2 mile round trip hike. Steep climb for a short distance, then levels out. Gentle ascent up a concrete viewing tower. Great views of TN Valley to the north and Smokies to the south.

Little Bottoms/Hatcher Mtn./Cooper Road Trails loop. Hike starts at Abrams Creek Ranger Station at the Far western end of the Park. Relatively flat hike as Smokies hikes go. Steepest climb is 200' in 1/4 mile. Little Bottoms trail parallels Abrams Creek for several hundred yards. Narrow and rocky trail in spots. 10 mile loop.

Newfoundland Gap to Charlies Bunion. This is an "in and out" 8 mile moderate hike. It has gradual up and down elevation but the scenery from the "bunion" is spectacular.

**PLEASE CONTACT KEITH MERTZ VIA EMAIL TO VOLUNTEER TO LEAD YOUR FAVORITE
HIKE VIA Keithmertz@hotmail.com**

**TENNESSEE TRAILS ASSOCIATION
CONVENTION/MEETING
VALLEY VIEW LODGE AND CONVENTION CENTER
TOWNSEND, TENNESSEE
NOVEMBER 6-8, 2009**

Registration Form (each family member's name must be listed if attending)

Name _____	Name _____
Name _____	Name _____
Address _____	
City _____	State _____ Zip _____
Home Phone _____	Work Phone _____
Chapter _____	Email _____

LODGING: Valley View Lodge and Cabins
7726 E. Lamar Alexander Pkwy.
PO Box 148
Townsend, TN 37882

Call direct to reserve your room (s)
1-800-292-4844
865-448-2237
Mention TTA for Standard Rm \$60 night or
\$10 off Suites per night

RV and LARGE TENT CAMPING
Townsend Great Smokey KOA
Misty River Cabins RV Resort
Big Meadow Family Campground

Call direct to reserve your space(s)
1-800-261-6370 \$38-\$48 full hookup
1-865-981-4300 \$40-\$45 full hookup
1-865-448-0625 \$35-\$45 full hookup

SMALL TENT CAMPING

1 person tents (limit 10)

2 person tents (limit 5)

On-site common fire pit area

Fri Night	1 X \$12	Total \$ _____
Sat Night	1 X \$12	Total \$ _____
Fri Night	2 X \$12	Total \$ _____
Sat Night	2 X \$12	Total \$ _____

MEALS:

Fri Dinner	# persons	___ X \$11	Total \$ _____	
Sat Breakfast	# persons	___ X \$8	Total \$ _____	
Sat Sak Lunch	# persons	___ X \$6	Total \$ _____	
Check # each	___ Turkey	___ Ham	___ Cheese	___ P&J
Sat Dinner	# persons	___ X \$12	Total \$ _____	
Sun Breakfast	# persons	___ X \$8	Total \$ _____	
Sun Sak Lunch	# persons	___ X \$6	Total \$ _____	
Check # each	___ Turkey	___ Ham	___ Cheese	___ P&J

Vegetarian Meals will be available upon request

REGISTRATION FEE PER PERSON # Persons ___ X \$15 Total \$ _____

TOTAL ENCLOSED \$ _____

Please make check payable to East TN Chapter of TTA
Mail to: Rosemary Marshall
5400 Parkdale Rd.
Knoxville, TN 37912

Any Questions? Call Rosie 865-548-6171 or rosemary_L@hotmail.com

MURFREESBORO CHAPTER

CHAPTER OFFICER: Millette Jones
615-397-9588 millette.jones@comcast.net

OUTINGS COORDINATOR / CO-OFFICER: Tony Jones
615-397-4463 awj68@comcast.net
(Call Tony & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT
Barfield-Crescent Park's Wilderness Station
697 Barfield-Crescent Rd., Murfreesboro

BLOG www.ttamurfreesboro.blogspot.com

Aug 1- TTA Quarterly Meeting at Edgar Evins State Park. All Welcome to attend.

Aug 8- Franklin Forest. 8-9 miles, moderate due to length. The hike is not expected to be difficult, but will be rated moderate due to length. It should be a very pleasant hike with views into Sweden Cove and to an old coal mine. You will need a lunch, snacks, boots and lots of water. Please call Marietta Poteet at 931-924-7666 or preferably email at nannietta@blomand.net.

Aug 11- Monthly Meeting, Barfield Crescent Park Wilderness Station. 7PM. Program TBA. Please check blog for more information.

Aug 15- Duck River Canoe/Kayak Float. From Normandy Dam to Dement Bridge. Please see Highland Rim's listing for details. To sign up contact Tony Jones at awj68@comcast.net or 615-397-4463

Aug. 22- Narrows of the Harpeth Canoe/Kayak Float. We will be floating on this historic and popular section of the Harpeth River in West Nashville. Please see the Clarksville Chapter listing for full details. To sign up contact Tony Jones at awj68@comcast.net or 615-397-4463

Planning Ahead-

Sept. 5-7 Backpack with Charlotte Broyles

Sept. 8- Monthly meeting 7PM. Author Robert Schuffert will be our guest.

It's Annual Meeting Time again! Once each year, TTA members from all across the state gather for a weekend of fun, food and fellowship. In addition to the hikes offered each day, there will be entertainment, chapter exhibits, silent and live auctions, and our Annual Meeting of the membership, where we will elect Officers and Board Members, hear about TTA developments, and present several awards recognizing individuals and/or businesses for their outstanding contributions to the furtherance of TTA's missions and goals.

The hosts for the 2009 Annual Meeting of the Tennessee Trails Association will be members of the East Tennessee Chapter. This year's event will be held from Friday, November 6, through Sunday, November 8, at the Valley View Lodge & Convention Center in Townsend, known as the quiet side of the Smokies.

Note: Registration deadline is October 15, 2009 for Lodging and Meals.

Annual Convention/Meeting

Tentative Schedule of Events (Eastern Time)

Friday, November 6, 2009 (All times are Eastern Time)

12:00 PM - 5:50 PM	Registration
12:00 PM - 5:30 PM	Auction Items check-in
1:00 PM	Hikes begin
5:00 PM - 9:00 PM	White Elephant and Bake Sale Items for Sale
6:00 PM	Dinner
7:00 PM	Cash bar opens
7:00 PM	Program and Entertainment
9:00 PM	Bonfire

Saturday, November 7, 2009 (All times are Eastern Time)

6:00 AM	Coffee for Early Risers
6:30 AM - 10:30 PM	White Elephant and Bake Sale Items for Sale
7:00 AM	Breakfast
6:30 AM - 7:30 AM	Pick up pre-registered Bag Lunches
8:00 AM	Hikes begin (don't forget your sack lunch)
2:00 PM	Silent Auction begins
3:00 PM	Cash bar opens
5:00 PM	Dinner
6:00 PM	Silent Auction closes
7:00 PM	General membership meeting, chapter reports, election of officers, awards presentation
8:00 PM	Live Auction

Sunday, November 8, 2009 (All times are Eastern Time)

6:00 AM	Coffee for Early Risers
6:00 AM - 8:00 AM	Final: White Elephant and Bake Sale Items for Sale
6:30 AM - 7:30 AM	Pick up pre-registered sack lunches
7:00 AM	Breakfast
7:00 AM - 9:00 AM	Check out
8:00 AM	Hikes begin (don't forget your sack lunch)
9:00 AM	TTA Quarterly Board of Directors' Mtg

Attention: Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our web site:

www.tennesseetrails.org/release.php

SODDY-DAISY CHAPTER

Chapter Officer: Brandy Selman (423) 544-9608
chattowngrl@gmail.com
Treasurer: Jan Agee (423) 504-3581
ageejanice@bellsouth.net
Hike Coordinator: Don Deakins (423) 842-3140
don.deakins@gmail.com

Meet Quarterly: First Monday of Jan, Apr, Jul, and Oct at 6:00pm in Soddy Daisy Municipal Building
Schedule: See current schedule at <http://tinyurl.com/6np53k>
Blog: <http://sdttta.blogspot.com>

Aug 1 Cumberland Trail – Frozen Head – Leaderless exploratory hike. Caravan will depart from Bakewell BP station at 8:30am. – See our Google calendar (<http://tinyurl.com/6np53k>) for more details as they become available. Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com for more info

Aug 8 Park at the trailhead near Chattanooga Nature Center (400 Garden Road) and hike up the Kiddie Trail to its intersection with the Skyuka Trail. Turn left on the Skyuka Trail for an approx 5 minute walk to its intersection with the Gum Springs Trail. Turn left up the Gum Springs Trail until reaching Upper Truck Trail. Upper Truck trail takes us past ruins of a CCC camp (Camp Demory by name) that housed young men credited with construction of majority of trail system here on Lookout Mountain. After a 10-15 minute walk we'll come to the intersection with the Rifle Pits Trail and will take it rest of the way to Craven's House. Civil War buffs will enjoy reading plaques and wandering the grounds around this historic site. We'll take a few minutes here for a snack and photo ops, then return the way we came. For more info, contact Caroline Woerner at cswoerner@bellsouth.net

Aug 15 Firey Gizzard – Leaderless exploratory hike. See our Google calendar (<http://tinyurl.com/6np53k>) for more details as they become available. Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com for more info.

Aug 22 Rainbow Lake on Signal Mountain – See our Google calendar (<http://tinyurl.com/6np53k>) for more details as they become available. Contact Brandy Selman at chattowngrl@gmail.com for more info

Aug 29 Cumberland Trail – Deep Creek Section of Soddy Gorge - Hike from Sluder Lane trailhead down Trail of Tires, cross Hotwater Road and continue on to Posey Point, and then on to Deep Creek. From there we will use an old rock mining road for our return route to Sluder Lane trailhead. Total distance is about 5.5 to 6 moderate miles.. Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com for more info.

PRESERVING HISTORY

The Soddy Daisy Chapter and the Murfreesboro Chapter have partnered in the erection of 12 State Park approved site signs to identify the mining features of the Little Soddy Stream Valley on the Cumberland Trail. The partnership calls for the Soddy Chapter to provide the labor and the 'Boro Chapter to supply the materials. This is the first step toward preserving the history of one of the first tunnel coal mine operational complexes in the State of Tennessee

MEMPHIS CHAPTER

CHAPTER OFFICER: (Memphis BD REP) Margaret Smith
901-210-6097 spikie542003@yahoo.com

MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00pm CT at Cordova Library, 8457 Trinity Rd.

No chapter meeting or hikes scheduled for the month of August. In the meantime, check out other TTA chapter hike listings and join a hike! Our hiking season begins Sept 12th, watch for Charlie's Baker's Pond and Strawberry Plains hike.

SUMNER TRAILS CHAPTER

CONTACT PERSON: Libby Francis
LibbysLibbys@comcast.net 615-889-5718

MEETS MONTHLY: 1st Tuesday at 7:00pm CT at First Presbyterian Church, 172 West Main Street, Hendersonville

Aug. 4, 7 PM, CT. Sumner Trails Monthly Meeting. The speaker will be Courtney Masters (trail name, PLINSOUL) who hiked the entire AT in 1996 - He will be showing and demonstrating his camp stove and other apparatus and telling of his experiences on the trail - come join us for the meeting, the program and refreshments

Aug. 8 Ashland City Bicentennial Trail, Ashland City TN - Come take a 4-mile, morning stroll along this scenic trail. This converted rail bed is paved and almost perfectly flat, but it offers scenic views of the Cumberland River on one side and a rock bluff on the other side that should be lush with summer greenery and wildflowers. This trail with its converted trestle bridges is a fine example of a successful "rails-to-trails" conversion project. Hopefully in the near future it will extend all the way to Clarksville! We will meet to carpool in Hendersonville at 8:00 am (sharp!) at the parking lot of Kroger off New Shackle Island Road (Glenbrook Shopping Center). We'll have an approximately 30-minute drive to Ashland City. We will have to shuttle at least one car to the end of this 4-mile segment. Yes, anyone wanting to walk 8 miles has the option of returning to the starting point on foot. Walkers may also meet us at the Marks Creek trailhead. Please be there no later than 8:45 am (central). Directions and more information about the trail and its history can be found at www.cumberlandrivertrail.org Please bring lots of water and some snacks. The hike will be cancelled if the weather is bad. Additional questions: Contact Anne Wesley tthiker@msn.com. If there is interest a local lunch stop may be added.

Aug. 29 Ellington Agricultural Center, Nashville, TN Rogers' Walk, 1.6 miles, easy. Bring a snack/lunch to eat after the hike. We will also explore some of the 207-acre former private estate that is now home to the Tennessee Department of Agriculture. Contact Sandy Fletcher at Sandy.Fletcher@tn.gov or 615-264-5696. We will meet to carpool at 8:30 CT at the K-Mart parking lot on Long Hollow Pike in Goodlettsville

NASHVILLE CHAPTER

CHAPTER OFFICER: Nora Beck
615-517-6486 *nora_beck@comcast.net*
OUTINGS COORDINATOR: Libby Francis
libbyslibbys@comcast.net

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT
REI Community Room, 261 Franklin Road, Brentwood,
TN 37027. For directions, visit:
www.tennessee-trails.org/nashville.php

Aug 25. 7:00 p.m.: "Show and Tell" night! We'll have display boards and the electronic equipment on hand. Bring your photos and tell us where you've been hiking and adventuring! If you're bringing a thumb drive or photo CD, think in terms of five minutes' worth of talking/viewing time per household. We can get inspired to hike in places new to us, and share anecdotes about common experiences. Let's see how much of Tennessee, the US and the world are represented! **Remember:** We'll be meeting in the community room at REI, 261 Franklin Road, Brentwood, TN 37027. Bring a friend and take time to mingle after the program.

Aug.1. Build a boardwalk at Beaman Park, Nashville, TN, 9:00am to 1:00pm, CT. It may be hot outside, but we will be cool in the shade as we continue work on a 350 foot long, ADA accessible boardwalk. Please wear long pants and sturdy footwear. We will provide work gloves, training and tools. And after the work project, hang out at the nature center and meet park staff. Refreshments and snacks will be served. Leader: Friends of Beaman Park Call the Beaman Park Nature Center at 615-862-8580 for more information.

Aug. 9 Richland Creek Greenway (loop hike). West Nashville, TN. In order to make the Richland Creek Greenway a loop hike we'll incorporate a 1-mile stretch of this walk on the quiet roads in Sylvan Park. The total distance walked will be 3.75 miles and rated E-A-S-Y. The trail is paved the entire way, flat and smooth – great for walking in street shoes. It's August and you can be guaranteed it will be hot (!!!) so dress appropriately for the temperature, wear comfortable shoes; bring plenty of water to drink, and an umbrella if you are sensitive to the sun because some segments are open to full sun, while some are under the canopy of shade trees. We will meet at 8:15am (CT) at the "White Bridge Road (NES) trailhead" which is right between West End Avenue (aka Harding Pike) and Post Road. Greenways for Nashville has a map on the Internet (www.greenwaysfornashville.org/maps.htm - select the link for: "RC – Richland Creek Greenway," then select the "White Bridge Road (NES) Trailhead" to see exactly where we will be meeting on the map). If you need additional information, call Diane Manas at 615-352-7777.

Aug. 15 - Bowie Nature Park - Fairview. 5.5 miles of rolling forestland with trees of differing ages, cut by clear creeks forming small valleys. This is a great hot weather hike as the ground is fairly level and there's lots of shade. Wear sturdy hiking boots or trail shoes; bring snacks and water. Meet at Kroger on Hwy. 100 (across from Chaffin's Barn) at 9:00 am, CT. For more information and to register contact Garnett Rush at 615-352-7217 or e-mail rushga01@yahoo.com

Aug.15 Friends of Beaman Park Annual Meeting and Elections 10:00 am to noon. Come join us for a meeting and elections for the Friends of Beaman Park. We'll be discussing what is going on at the park, introduce you to the park staff and hold the election of officers. You don't have to be a member to attend! Come and bring a friend. Refreshments will be served. If you would be interested in being an officer, contact Nancy Dorman at 615-202-5891

PLATEAU CHAPTER (Crossville)

CO-CHAPTER OFFICERS: Jan Barber 931-839-6662
taxxing@aol.com
Myra Holloway 931-788-1724
followthesun12@live.com

SECRETARY/TREASURER: Jim Grove
MEETS MONTHLY: 2nd Thursday at 6:30pm CT. Art Circle
Public Library's Community Room, 154 East 1st Street,
Crossville

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or visit the Plateau Chapter Blog at <http://ttaplateauchapter.blogspot.com> Rain cancels.

Aug 8. Rock Island State Park, Rock Island. There are several short hikes that will be combined for a total of about 5 miles. The highlight of the visit to Rock Island State Park is the large waterfall created by the Great Falls Dam. If we have had enough rain, a side trip to Burgess Falls State Park to see the three consecutive water falls (1.5 mile loop) may be added to the itinerary. These hikes are not very strenuous, except for the elevation change if you expect to walk to the bottom of Burgess Falls. Bring money for lunch at the Rock Island Market. Meet at the Tractor Supply parking lot at 7:00 AM CDT. For more information and to register, contact Ginger Cass at 931-788-1466.

Aug 13. Chapter Meeting. Art Circle Public Library Community Room. 6:30 PM CDT. Let's meet to catch up after the summer break and plan hikes for the fall.

Aug 22. Byrd Creek Loop, Cumberland Mountain State Park, Crossville. To beat the heat, let's try an evening hike around Byrd Creek to Old Mail Road and back. This hike is about 4.5 miles long, has a couple of creek crossings, but is generally not very strenuous. Meet at the boat dock parking lot at 5:30 PM CDT. For more information and to register, contact Carolyn Miller at 931-456-4465 or cardan@frontiernet.net.

START SAVING FOR THE ANNUAL MEETING!!!

Bring all those wonderful goodies you have stashed away but aren't using. TTA needs it!!! The silent and not so silent auction and the white elephant table at the annual meeting await your donations. One person's junk is another person's?????????

OFFICERS:

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Rosemary_L@hotmail.com

Vice-President

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louannpartington@yahoo.com

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Donald_Dresser@usit.net

Secretary

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Ray Garrett 865-483-4466
garrett.ray@comcast.net

TN Rails To Trails Advisory Council

Bob Richards 615-532-0753
robert.richards@state.tn.us

CHAPTER REPRESENTATIVES ON THE BOARD
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad *editor@tennesseetrails.org*

Newsletter Deadlines:

Deadlines for Chapter announcements
 and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Aug 10	Sept 1
Sept 10	Oct 1
Oct 10	Nov 1

Articles submitted are subject to editing and
 will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER:

maryjaneware@bellsouth.net

Mary Jane Ware

No hikes are planned for August. Please hike with surrounding
 chapters to stay fit.

TTA's Annual Awards Nominations Are Currently Being Accepted

Tennessee Trails Award

Bill Stutz Award

Golden Squirrel Award

You've heard about them, now it's time to nominate
 candidates for this year's annual awards – someone you feel
 best fits the description for any of the awards listed below.
 Please submit nominations to your local Chapter Officer by
 July 30. Your Chapter Officer will present nominations
 received to the Board of Directors during the August 1 Board
 of Directors' Meeting. (If your Chapter Officer is a candidate,
 and you wish to keep it a secret, you may submit your
 nomination directly to TTA's President, Rosemary Marshall.)
 Awards are issued each year during the November Annual
 Meeting.

The *Tennessee Trails Award* is presented for
 outstanding contributions to the Association and/or for the
 furtherance of trails and natural resource programs and
 opportunities within Tennessee.

The *Bill Stutz Award* is presented in honor of the late
 Bill Stutz, past TTA member and beloved hiker. The award is
 presented to an active hiker for his or her individual
 contribution to the Association or one of its chapters.

The *Golden Squirrel Award* is a "tongue-in-cheek" award
 and one we most often talk (and hear) about on the trails.
 Nominations are taken throughout the entire year and judged
 on a hike leaders' ability to totally lose their entire hike group.
 (**please note:** It is not the intention of TTA, or its volunteer
 hike leaders, to lose their group. Sometimes it happens, and
 for this the *Golden Squirrel Award* exists.)

TTA's Calendar

- Aug 1 Board of Directors' Quarterly
 Meeting (Location TBA)
- Sep 13-19 ... Bike Ride Across TN
 (B.R.A.T.) (Proceeds Benefit
 the Cumberland Trail)
- Sep 26 National Public Lands Day
 (Location TBA)
- Nov 6-8..... Annual Meeting in Townsend
 (Smoky Mountains) hosted by
 East TN Chapter

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

First Class Mail
U.S. Postage Paid
Nashville, TN
PERMIT NUMBER 4053



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

Aug 09

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Ron Dunn 615-867-3301 trekkingtn@comcast.net

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
- ___ Family \$35.00
- ___ Student (FULL-TIME) \$15.00
- ___ Supporting (\$50.00, \$100.00 or more)
- ___ Life Member (Individual) \$500.00
- ___ Life Member (Family) \$750.00

Name _____

Address _____

City _____ State _____

Home Phone (___) _____ Zip _____ -- _____

Work Phone (___) _____

e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|----------------------|
| ___ Big South Fork | ___ East TN (Oak Ridge/Knoxville) | ___ Nashville | ___ Upper Cumberland |
| ___ Clarksville | ___ Highland Rim (Manchester/Tullahoma) | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| ___ Columbia/Franklin | ___ Jackson | ___ Plateau (Crossville) | |
| ___ Cove Lake | ___ Memphis | ___ Soddy Daisy | ___ At Large |
| ___ Cumberland Gap | ___ Murfreesboro | ___ Sumner Trails | |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.

Purchase Order

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204-1446

July 16, 2009

Leslie El-Sayad
Home: 865-717-6246
Les1202@aol.com

Color Plus Printing
415-A Spence Lane
Nashville, TN 37210

Leonard Chavaz
615-781-1071
cell ph: 615-207-0947
colplprt@bellsouth.net

Newsletter Printing

Cover Date: August 2009

Number of pages submitted
with this purchase order: 10 pages

Printed Paper size: 2 - 11 x 17 sheets
1 - 8 ½ X 11 sheet

printed on 2 sides

11 x 17 pages to be folded in ½ by Color Plus

Paper Weight: 20 pound paper weight

Paper Color: white

Ink Color: black

Print Quantity: 800 pieces

Approximate Cost:

Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204

Leonard, please contact Diana Manas at 615-352-7777

- Her picking up newsletters from you at Color Plus Printing or,
- Your delivering newsletters to her home or,
- Your delivering newsletters to the newsletter party, which will be:
July 21 at 6:00pm at Diane Manas' house 5729 Stoneway Trail 615-352-7777