

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



Soddy-Daisy Named CTC Chapter of the Year

Every year the CTC recognizes the TTA Chapter with the most volunteer hours given to the Cumberland Trail project. For 2008, the Cumberland Trail Conference named the Soddy-Daisy Chapter as the CTC's Chapter of the year. The members of this chapter have greatly assisted the trail project by donating 2,288 volunteer hours in 2008. The chapters name will be engraved on a plaque that is located in the CTC office.

IT'S A "WRAP!" Thank You!

Thank you to the following gift-wrapping Elves who generously volunteered their time to wrap holiday gifts for REI's customers on December 14 and 20 while at the same time introducing many of them to TTA, the Cumberland Trail, hiking and trail building opportunities in Tennessee. Each "Elf" was asked to commit to a 2-hour shift; however, due to the volume of customers wanting to have their gifts wrapped, several "Elves" stayed on an extra hour or two, while others stayed the entire day. In exchange for the beautifully wrapped and creatively decorated packages, TTA received donations – a total of \$510.00 dollars. Donations received have been earmarked for use by the Cumberland Trail Conference to feed the student volunteers who come to Tennessee in March and participate in the 2009 Spring BreakAway program on the Cumberland Trail (where they will be building a new segment of trail). Thanks to the following "Elves" for your commitment to TTA, CTC and our future trail system in Tennessee: Nora Beck, Karl Dupre, Libby Francis, Anne Hook, Jenice Johnson, Sue Lefferts, Dorothy Lesch, Diane Manas (Organizer), Garnett Rush, Jill Tarchala and Julie Walski. **Also, thank you!** to Tony Hook, CTC's General Manager, for spending so much time on December 14 at the TTA-CT display talking to prospective members and answering all of the inquiries about the Cumberland Trail. You were a huge help! To close, this was the 7th year that TTA-Nashville has wrapped gifts at REI; it has been overwhelmingly well-received by their customers and quite \$ucce\$\$ful for Tennessee Trails Association. ***A special note of thanks to REI...for inviting us into your store during the busiest and most hectic time of year, and for your continued support of Tennessee Trails Association and the Cumberland Trail!***

CUMBERLAND TRAIL CONFERENCE

Office Location 19 East 4th Street
..... Crossville, TN 38555
Office Hours 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

CUMBERLAND TRAIL CONFERENCE STAFF:

General Manager..... Tony Hook.....tony.hook@frontiernet.net
Trail Development Coordinator..... Amanda Leamon.....amanda.leamon@frontiernet.net
Trail Programs Coordinator Alex Schafer.....alex.schafer@frontiernet.net
Office Manager Marleya Pendleton ...marleyapendleton@frontiernet.net

CTC Schedule

February 22 thru March 28-Break Away 2009: This program involves students from across the United States traveling to Tennessee and volunteering on their spring break to construct and maintain the trail. Break-Away 2009 will take place in Hamilton County, the trail's southern corridor. The objectives of this program are the repair and building of new trail in the North Chickamauga Gorge, trail maintenance in other areas, replacing three log bridges in Rock Creek Gorge, and assisting with the construction of a bridge in Little Possum Gorge. The program's camp will be the Dogwood Lodge near Soddy-Daisy, TN. Space is limited and volunteers will need to RSVP with the CTC office

March 28-Chatanooga Outdoor Expo: Chattanooga, TN see www.outdoorchattanooga.com for details.

April 18-Earth Fest: Knoxville, TN see www.knox-earthfest.org for details.

April 19-26-Frozen Head Outing-Wartburg, TN: Students from Wartburg College, Waverly, Iowa will be traveling to Tennessee to assist with construction of the Cumberland Trail. Participants will be camping at Frozen Head State Park and working to re-open the closed North Boundary Trail which will become the northern section of the CT in Frozen Head. Volunteers interested in working with the students, please RSVP with the CTC office.

April thru June-Little Possum FPR bridge construction: Soddy Daisy, TN, exact dates TBA, only a limited number of volunteers will be needed for this project. Interested volunteers will need to contact Tony Hook at tony.hook@frontiernet.net or 931-456-6259.

May 7 thru 10-Southeast Foot Trails Coalition conference: The 2009 conference will be held in Kentucky. Meetings and some activities will take place at Pine Mountain State Resort Park in Pineville, KY. Other activities will be held at nearby Cumberland Gap National Historical Park. Park staff will lead guided hikes. We will have educational sessions and group breakout discussions. There will be social activities including a square dance on Friday evening and a visit to the Hensley Settlement at CGNHP on Saturday evening for a cookout and some night sky / night hike activities. A special public ceremony is planned to recognize the connection of Cumberland Trail and Pine Mountain Trail at Cumberland Gap. Registration will open in January on the SEFTC website.

May 15 thru 17-Scout Weekend: Scout groups will be camping at Nick's Creek campground in Scott County, TN. Saturday, May 16, trail construction in the Smoky Mountain (New River) segment with an environmental program that evening. Sunday, a 5 and 10 mile hike on the Cumberland Trail is scheduled. A patch will be given to commemorate the event. A \$3.00 registration/person is required and scout groups will need to RSVP with the CTC office.

May 31 thru June 6-AHS Week: American Hiking Society vacation participants will be constructing trail in the Smoky Mountain (New River) segment of the CT located in Scott County, TN. The Stony Fork school will serve as the base camp. All volunteers will need to RSVP with the CTC office. **For further details on all projects, please contact the CTC office at www.cumberlandtrail.org or 931-456-6259.**

Yes, I want to help the Cumberland Trail Conference change the map and leave a legacy!

Name _____ Address _____
City, State, Zip Code _____ Email _____ Phone _____

Donation gifts:

___ \$1,000+ receives stainless steel water bottle, wicking t-shirt, and mug
___ \$500+ receives wicking t-shirt and mug ___ \$100+ receives a mug ___ \$50 trail supporter t-shirt (cotton) ___ \$25
___ Other

Method of Payment:

___ Check, made payable to "Cumberland Trail Conference"
___ Visa ___ MasterCard _____ card no.

_____ Signature _____ Exp date

*The Cumberland Trail Conference, an associate organization of the Tennessee Trails Association, is a 501 (c) (3) non-profit organization and donations are tax-deductible. Please see your tax advisor. **We are grateful for you support.***

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Jim Meadows
423-628-6475 *jhmnhm@highland.net*

SECRETARY / TREASURER: Benita Howell
423-628-5521 *bjhowell@highland.net*

BOARD REPRESENTATIVES: Tim & Lynn Takacs
615-824-7048 *lynntakacs@comcast.net*
or *ttakacs@comcast.net*

OUTINGS COORDINATOR Tom Howell
423-628-5521 *tshowell1003@highland.net*
(Call Tom & volunteer to lead an outing.)

We have resumed weekly Tuesday morning hikes. We meet at the Historic Rugby Visitor Centre at 9:00 a.m. Eastern, weather permitting. E-mail Tom Howell to be added to the list for hike information: tshowell1003@highland.net.

Feb 7 Lone Mountain State Forest, Wartburg, TN We'll set a shuttle and hike six to eight miles to Coyote Point (exact route not yet determined). The trail is well maintained but the hike is moderately strenuous due to changes in elevation. Rugby carpool will leave from Harrow Road Cafe at 9:30 a.m., or meet us at the parking area across from the Ranger Station on Clayton Howard Road. From Wartburg, Clayton Howard is a right turn off US 27 about 3.9 miles south of town. To register, contact Tom Howell at tshowell@highland.net.

Annual Meeting

Jim Poteet gave his slide presentation on the origins and early history of TTA for a large, enthusiastic audience of chapter members and prospective members assembled for our monthly community potluck. In addition to former neighbors Jim and Marietta Poteet, we welcomed State Naturalist Randy Hedgepath, who will lead a hike for our chapter on the Nemo section of the Cumberland Trail in June. We discussed other hike possibilities for 2009 and reelected all officers to the positions they held in 2008.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Bobby Hardeman
615-430-0638 *puttr22@aol.com*

MEETS MONTHLY: 1st Tuesday at Grand Buffet (Hwy 31, north side of Spring Hill). Socializing and dinner at 6:00pm CT; meeting starts at 7:00pm.

Feb. 3 Regular monthly meeting at Grand Buffet. Reports from January hikes and plans for upcoming activities.

Feb. 7 Mossy Ridge, Percy Warner Park, Nashville. This is a moderate 4.5 mile hike. Wear sturdy shoes and bring water. Meet at Deep Wells trailhead (Hwy 100, turn at the grey stone entrance) at 8:30 a.m. CT. Register with Rick Lausten at saturncar1@aol.com or phone 615-373-0029.

Feb.21 Crockford-Pigeon Wildlife Management Area. We will hike two trails in the Crockford-Pigeon WMA in Northwest Georgia. The Pocket Trail is a 3.5-mile loop that winds through woodlands, hills, and ridges. The trail has some elevation changes, but none too drastic. It has some interesting geological features, particularly "the pocket", a large basin formed by erosion that is visible near the trailhead. This trail is rated moderate. The nearby Rocktown Trail is about 2 miles in total length, 1 mile in and 1 mile back out. This trail features some amazing natural rock formations, including the 25-foot tall "champagne glass" rock formation. This trail is rated easy. We will meet at the A&D Market (Hwy 431), ready to leave by 6:30 a.m. sharp. The drive is about 2 hours each way and we lose an hour driving into the eastern time zone. Bring lunch and water and wear sturdy shoes. Please contact Kevin Hahn at 615-302-4945 or email at compensate@yahoo.com to register.

CLARKSVILLE CHAPTER

CHAPTER OFFICER: J.R. Tate 931-920-2692
modelt@charter.net

OUTINGS COORDINATOR: Suva Bastin 931-645-2849
(call Suva & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT at Crow
Community Center, 211 Richview Rd.

Feb 7 Honker and Hematite Lake, Land Between the Lakes; 6.7 miles, easy. Bring your binoculars for viewing waterfowl, we might see a bald eagle.; meet 8:00 am at Kroger parking lot, Dover Crossings; contact Darryl Rezac 270.436-5392.

Feb 14 Fort Donelson National Battlefield; Dover, TN; 5.5 miles, moderate; There was a historic gun battle here on February 14, 1862. Meet 8:00 am at Kroger parking lot, Dover Crossings; contact Bob Lyon 931.648-2354.

Feb 21 Mossy Ridge Trail, Warner Park, Nashville, TN; 6.5 miles, moderate; Meet 8:00 am at Exit 11 commuter parking lot; contact Suva Bastin 931.645-2849.

Feb 28 Indian Town Bluff, Ashland City, TN; 5 miles, moderate; meet at 8:00 am, Kmart south; contact John Sneed 931.920-3828.

The Clarksville Chapter covered a lot of miles with a lot of smiles in 2008. It was a great year for hiking. Twenty-eight brave souls hiked downtown Clarksville on New Year's Eve. Following the hike all were invited to ring in the New Year with a party at Suva and Jack Bastin's house.

On New Year's Day twenty hikers shared black-eyed peas and cornbread on an eight-mile hike at Montgomery Bell State Park.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall
865-548-6171 *Rosemary_L@hotmail.com*
CHAPTER CO-OFFICER: Allie Sasser Hubbs
865-494-9522 *hike_announcement_etchapter@yahoo.com*
ASSISTANT CO-OFFICER: Elise Eustace
865-712-1916 *eliseeus@hotmail.com*
TREASURER: Bob Uhren
snowcap34@hotmail.com

Feb 14 Meet at IC King Park on Alcoa Hwy @ 11am in the parking area. Hike consists of 3 hilltops which will give us a 7 mile hike. Each hill is a loop that has a high side and a low side. We'll go out the high sides and return the low sides of the loops. The high sides will give us a moderate workout. Mark Paulley 865/405-9879 or mpaulley451@hotmail.com

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm
423-562-1110 *Richard.Helm@ahss.org*
CO-CHAIR: George Gill 423-562-7121
MEETS MONTHLY: Meetings will be held at Cove Lake State Park at 6:00pm on the first Monday each month.

Feb 2 We will meet at the LaFollette Recreation Center 6:00 p.m. to discuss our past and future hikes. Come out and enjoy. More information contact Richard Helm 423-562-1110

Feb 7 Our group will meet @ Jacksboro Middle School 9:00 a.m. We will be carpooling out to Big South Fork to hike the unknown parts of Gods beauty. For reservation or contact Richard Helm 423-562-1110

Feb 21 We will meet @ Food Lion 9:00 a.m. to carpool out to Cumberland Gap National Park. Our hike leader will hopefully be John Redmon?

-You are invited to attend-

TTA 1st Quarterly Board Meeting

February 7, 2009 1:00pm CT

Williamson County Public
Library

Franklin, Tennessee

HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: H.T. (Tom) Bentley
931-455-5849 *htbentley@lighttube.net*
VICE PRESIDENT: Joette Carter 931-968-0073
OUTINGS COORDINATOR / NEWSLETTER CONTACT:
Contact Tom Bentley
MEETS MONTHLY: 1st Tuesday at Crockett's restaurant in Tullahoma. Socializing & dinner at 6:00pm CT; meeting starts at 7:00pm

Feb 3 6:00 Monthly Meeting @CD Stamps Community Center 810 South Jackson. Linda Hudson will again have the program and she will be talking about winter weather medical issues. Everything from frostbite to hypothermia - Dinner either before or after program.

Feb 14 Virgin Falls in search of Ice and Water -Contact Marietta Poteet 931 924-7666 nannietta@blomand.net

Feb 21 3rd Saturday Eat-Hike-Eat Hike Informal. Trail around Bob Town. 4-5 miles Start 9:45 Blue Chair Sewanee - Contacts John Bordley and Carolyn jbordley@sewanee.edu

Feb 28, Carter Mountain exploratory hike, off trail, strenuous 6 to 8 miles Joette 968-0073

Hey experienced backpackers: R-U interested?

7 days, 61 miles, on the Appalachian Trail near Franklin NC? Begins Sun, Apr 26 near the Standing Indian area and ends Sat, May 2 at Fontana Dam. This area known as the Nantahala Mountains of North Carolina is not only rugged, but beautiful. One can expect 1,500-2,000-foot ascents and descents at a time over terrain consisting of roots, rocks, ruts and mud; therefore, this trip is rated STRENUOUS - and for experienced backpackers. The reward: seeing wildflowers in bloom at the various elevations, minimal amount of bugs, grassy balds with spectacular 360-degree views, serene creeks, deep valleys and wildlife. Daily mileage will range from 7.5 to 12 miles. This is also A.T. thru-hiker season; so the shelters will be full. We'll use the shelters for breaks, obtaining water and as points of destination but we won't be sleeping in them. Everyone is responsible for her/his own gear (tent/tarp required) and food. The group size is limited to 6 people (sorry, no pets) and since this is a one-way (not a loop), a shuttle service has been hired to transport the group to the start; therefore, a deposit is required and will also guarantee your spot. For further information and to register, contact Diane Manas 615-352-7777.

JACKSON CHAPTER

CHAPTER OFFICER: Candy Higgs
731-695-1960 *chiggs_3@yahoo.com*
TREASURER: Sara Hakim
206-553-9334 *hakim@lambuth.edu*
SECRETARY Don Dresser
731-668-4190 *Donald_Dresser@usit.net*
OUTINGS COORDINATOR: Glen Rognstad
731-217-5966 *grogstad5966@charter.net*
MEETS MONTHLY: 2nd Mon at Perkins Restaurant, 999 Vann Drive
in Jackson. Socializing & dinner starts 6:00pm CT; meeting
starts 7:00pm

Feb 7 - Pinson Mounds: Pinson Mounds is one of two state archaeological parks set aside to protect the prehistoric remains found there. The Pinson Mounds grouping consists of at least 15 earthen mounds, a geometric enclosure, habitation areas and related earthworks in an area that incorporates almost 1,200 acres. Pinson Mounds is a national historic landmark and is listed on the National Register of Historic Places. The park offers 6-miles of nature trails, some of which border the Forked Deer River. The specific trail has not been determined at this point. Please bring lunch/snack, plenty of water and hiking boots are encouraged. To register, please contact Sara Hakim at (206)553-9334 or hakim.sara@gmail.com

Feb 9 - Chapter Meeting: Meet at Perkins Restaurant on Vann Drive. We will eat at 6:00 p.m. and the meeting will start at 7:00 p.m. Please contact Candy Higgs at chiggs_3@yahoo.com or 731-695-1960 if you need additional information.

Feb 21 - Ft. Pillow State Park: Fort Pillow State Historic Park has been designated as a Wildlife Observation Area by the Tennessee Wildlife Resources Agency. Interpretive signs identify certain species and their habitat. The park provides sanctuary for deer, turkey, and is frequented by bird watchers. This will be an 8-mile hike rated moderate to difficult because of the terrain. Please bring lunch/snack, plenty of water and sturdy hiking boots are recommended. We will meet at the park visitor center at 9:30 a.m. To carpool from Jackson, meet at the parking lot across the street from Shoney's Restaurant at 8:00 a.m. To register, please contact James Avery at (731) 695-3385 or chiggs_3@yahoo.com

Planning ahead:

Mar 7 and 8 - Fiery Gizzard Trail. This will be an overnight trip. More information will be provided in the next newsletter. The hike leader will be Sara Hakim at (206)553-9334 or hakim.sara@gmail.com

NORTHWEST CHAPTER

(UT at Martin/Weakley County)

CHAPTER OFFICER: Jim Clark 731-587-2225
jclark@utm.edu

Our Chapter is active despite not having an announcement for specific hikes. Call Jim Clark at 731-587-2225 to find out what you can do to help the chapter.

MEMPHIS CHAPTER

CHAPTER OFFICER: Sandra Amsden
901-830-8311 *amsden61@yahoo.com*
MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00pm CT at
Cordova Library, 8457 Trinity Rd.

Feb 7, Ft. Pillow State Park, Henning, TN Join us for the 6-8-mile hike rated moderate over hilly terrain and through hardwood forests. Bring water and snacks and meet at Park Interpretive Center at 9:00 a.m. Anyone interested in carpooling or for more information call Linda Coffield, 901-372-9028

Feb 14, T. O. Fuller State Park The T.O. Fuller hike will begin at 9:30 a.m. at the Visitor's Center. The hike will cover about 5 miles of moderate to rugged terrain. This trail is not often used so wear hiking boots. There are hills and some wetland. It is Valentine's Day so wear something red! For information call hike leader, Francis Ruffin at 901-396-1108. Directions: The park is at 1500 Mitchell Road west. Exit from I-240 west at South Third Street, travel about three miles to Mitchell Road, turn right and go about three miles to the Visitor's Center. There is a sign at Third and Mitchell to direct the correct turn.

Feb 19, Monthly Meeting - Greek Island Adventure Invite a friend! Come and enjoy a presentation by Jim & Belinda Wolfe of their 300 mile trip on a 46 foot sailboat across the Aegean Sea from Athens to Turkey in September 2008, where they encountered 45 knot winds, 8 foot seas, peasoup fog, calm blue seas, sunny days and star-filled nights. They will share their great photographs of the scenic Greek islands with whitewashed houses, cobalt blue domed churches, marble streets and ancient Greek ruins. Meet 7:00 p.m. at the Cordova Public Library.

Feb 21, Shiloh Natl Military Park, Counce, TN – Compass Hike Join the fun for a compass hike (compass required for each individual). Meet at Ed Shaw's Cafe at 9:30 a.m. Bring water and snacks/lunch and be prepared for 9-miles of bushwacking through the forest. This is a rugged cross-country hike with thick undergrowth. You may choose to hike with a buddy or in a group but not alone. Wear long pants and boots or good leather shoes. After the hike our group will meet for a fabulous catfish dinner. REGISTRATION REQUIRED. Call Woody Pierce 901-755-5635 to register.

Feb 28, Hike at Stanky Creek (Nesbitt Park) Stanky Creek is on Yale Road in Bartlett between Bartlett Blvd. and Old Brownsville Road on the north side of Yale. This small park has almost ten miles of hiking trails (bikes too.) The trails and terrain remind me of Shelby Forest. When we meet at 9:00a.m. we will exercise our democratic (small d) privileges and choose a hike of from 3.5 miles to as much as the group up to. Come and help figure out why the name is Stanky Creek. For questions e-mail me at charliebright@yahoo.com.

Mar 7, Meeman-Shelby Forest - Chickasaw Bluff Trail For information call Pam Beale at 901-385-9620.

MURFREESBORO CHAPTER

CHAPTER OFFICER: Millette Jones
615-397-9588 millette.jones@comcast.net
OUTINGS COORDINATOR / CO-OFFICER: Tony Jones
615-397-4463 awj68@comcast.net

(Call Tony & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT
Barfield-Crescent Park's Wilderness Station
697 Barfield-Crescent Rd., Murfreesboro

BLOG www.ttamurfreesboro.blogspot.com

Feb 7 – Barfield Crescent Park, Murfreesboro, TN. 5.5 Miles, rated easy. This 5.5 mile hike loops through the naturally preserved portion of Barfield Crescent Park reaching the West Fork of the Stones River. The trail skirts along the shore and bluff of this quintessential Middle Tennessee stream. The path heads up to Marshall Knob and a stone fence, Meet at Wilderness Station in the park and begin hiking at 9:00 AM. We plan to have lunch at Camino Real after the hike.

Dress warm and bring \$\$ for lunch. To register or for more info contact Jaye Kiblinger at 615-898-1291, jayekib1@comcast.net or Kathi Reagh at 615-793-2454, kreagh115@clearwire.net.

Feb 10- Monthly Meeting 7PM at Barfield Crescent Park Wilderness Station. Program TBA.

Feb 14- Virgin Falls. 8 miles. Rated Moderate/difficult. Jim and Marietta Poteet will lead a hike to Virgin Falls. After the rain Tennessee has been fortunate to receive it should be an outstanding trip. It is rated moderate to difficult with 8 miles of trail over uneven terrain and a steep ascent out of the gorge. Please call Marietta for details on meeting and what to bring at 931-924-7666 or email her at nanietta@blomand.net.

Feb 21- Rock Creek Loop, Big South Fork. 7.1 miles. Rated moderate. This 7.1 mile loop follows sections of the old Stearns Coal and Logging railroad and as its name indicates, Rock Creek. It also overlaps parts of the John Muir and Sheltopee Trace Trails. In addition to the historic remnants of the railroad we will see rock shelters and areas of Pickett State Forest. This hike is rated moderate and has a steep climb at the end. Bring Sturdy footwear, lunch, water, and dress in layers for the weather. Contact Ron Dunn to sign-up at (615) 867-3301 or email trekkingtn@comcast.net.

Feb 28- Monte Sano State Park, Huntsville, AL. 5.0 Miles. Rated easy to moderate. Rising 1,650 ft above sea level, Monte Sano State Park consists of 2,340 acres and 14+ miles of hiking trails. Bob Goodwin and Sandra Parker will lead this 5 mile easy to moderate hike which will include panoramic views of the Tennessee Valley, a small waterfall, and steep rock outcroppings. The hike includes parts of the North Plateau Loop, South Plateau Loop and Mountain Mist Trails. The trail is in good condition, but rocky and uneven in places. Over half the trail is on top of the mountain and the rest below the cliffs. Hike is rated moderate due to 225 ft in elevation changes in a short distance. Please note there is a \$3.00 fee per person to get into park. After hike we will

MURFREESBORO (cont)

have lunch at a local restaurant. Meet at Sam's Club overflow parking in Murfreesboro, behind Hardees at 8 AM. Distance to Monte Sano State Park is 90 miles – For more info contact Bob Goodwin at Camel40@earthlink.net or 256-564-8417.

TTA's Calendar*

The following dates in 2009 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.).
- will consider organizing/leading volunteers from your chapter/region for an event listed.
- can be sure to prevent scheduling conflicts with an activity you wish to plan.

Feb 7	Board of Directors' Quarterly Meeting (Franklin, TN)
Feb 22-28	CTC's Spring BreakAway, Wk 1 in North Chickamauga Segment (Soddy-Daisy)
Mar 1-7	CTC's Spring BreakAway, Wk 2 in North Chickamauga Segment (Soddy-Daisy)
Mar 8-14	CTC's Spring BreakAway, Wk 3 in North Chickamauga Segment (Soddy-Daisy)
Mar 15-21	CTC's Spring BreakAway, Wk 4 in North Chickamauga Segment (Soddy-Daisy)
Mar 22-28	CTC's Spring BreakAway, Wk 5 in North Chickamauga Segment (Soddy-Daisy)
Apr 13-18	TDEC's Natural Areas Week (Statewide)
Apr 17-30	CTC's Big Dig Trail Building Event on the Cumberland Trail
Apr 18	Earth Day Events (Observed Apr 22)
May 1-31	CTC's Big Dig Trail Building Event on the Cumberland Trail
May 2	Board of Directors' Quarterly Meeting (Location TBA)
May 31-Jun 6	American Hiking Society's Volunteer Vacation Trail Building Event on the Cumberland Trail
Jun 1-6	CTC's Big Dig Trail Building Event on the Cumberland Trail
Jun 6	National Trails Day (Locations TBA)
Aug 1	Board of Directors' Quarterly Meeting (Location TBA)
Sep 13-19	Bike Ride Across TN (B.R.A.T.) (Proceeds Benefit the Cumberland Trail)
Sep 26	National Public Lands Day (Location TBA)
Nov 6-8	Annual Meeting in Townsend (Smoky Mountains) hosted by East TN Chapter

**Calendar will be revised as needed. Cut out and save.*

NASHVILLE CHAPTER

CHAPTER OFFICER:

615-517-6486

Nora Beck

nora_beck@comcast.net

OUTINGS COORDINATOR:

Libby Francis

libbyslibbys@comcast.net

(email Libby & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT

TN Wildlife Resources Association meeting room at Ellington Agricultural Center, 5105 Edmondson Pike. For directions, visit: www.tennesseehikes.org/nashville.php

Feb. 24 Monthly meeting. Katherine Pendleton will be our speaker. This experienced backpacker first became involved with the Sierra Club as an outings leader; she now chairs the group's Tennessee chapter. She will present background on the Sierra Club in Tennessee and give updates on several issues that concern us all. We will meet at 7 p.m. at the Region 2 office of the Tennessee Wildlife Resources Agency on the Ellington Agricultural Center campus (Edmondson Pike). We'll meet, greet and socialize following the program - bring a friend! For driving directions, visit the TTA website, click on "Chapters," click on the star just north and west of center on the map, and see directions on the Nashville chapter page; or click on the [map](#) link on that page. Or, contact Nora Beck, chapter chair, at 615-517-6486 or nora_beck@comcast.net.

Feb. 8 Mullens Cove Loop Trail, Prentice Cooper State Forest. Chattanooga, TN. Mullens Cove Loop Trail offers views of the Tennessee River Gorge, rock bluffs and cascading streams. The trail is rocky in places and passes over several streams and rolling hills. Even though there are no great changes to the elevation, this hike is rated moderate for the rolling hills, mileage (10.2 miles), uneven and rocky terrain, and one fairly large boulder field. Sturdy hiking shoes are required! Dress appropriately for changing weather/temperatures. Remember to bring the "10 Essentials" and snacks, lunch, and plenty of water for this all-day outing. For additional information, carpool meeting time and location, and to register, call Diane Manas at 615-352-7777.

Feb 13 Beaman Park Night Hike, Nashville, 6:00pm to 7:30pm, CT. Meet at the Beaman Park Nature Center. 5911 Old Hickory Blvd For information call Chris Guerin at 615-573-096

Feb. 21 Stones River Greenway/ Heartland Park Greenway, Nashville. Let's meet at the Wave Pool parking lot off Briley Pky. At 9 AM CT. We'll hike toward the Hartland Park and go as far as we can before new construction on the trail halts us. Approximate hiking time will be 3 hours for this out and back hike. The greenway is paved, so sturdy tennis shoes will be fine. Dress appropriately for the weather. Bring water and snacks. Bad weather will cancel this hike. For more info, e-mail Libby Francis at libbyslibbys@comcast.net or call 615-889-5718.

Feb 26 PACIFIC CREST TRAIL PRESENTATION Come and enjoy a 90 minute multimedia presentation of a 2003 thru hike of this National Scenic Trail. The PCT starts at the US/Mexico border near San Diego, Ca. and runs 2700 miles thru Calif., Oregon and Washington to the Canadian border. It is a backpacker's wonderland of deserts to 13,000' mountain

NASHVILLE (CONT)

passes. The presentation will be in the Brentwood REI's community room starting at 6:30 pm. Because seating is limited to 40, please preregister with Herb Kneeland hdk3@comcast.net. Cutoff for registration is Feb 12. Many thanks to Bill Dayton for the dvd and Diane Manas for the techno support.

Feb. 28 Savage Day Loop, near Tracy City, TN – We will hike about 9.5 miles on the Savage Day Loop and parts of the North Rim and North Plateau Trails. The hike is rated easy for terrain and moderate for distance. There are several nice overlooks. Wear sturdy boots; bring water, lunch and money for carpooling. For more information and to register contact Garnett Rush at 615-352-7217 or e-mail rushqa01@yahoo.com

SODDY-DAISY CHAPTER

Treasurer:

423-266-2507 X4

Carla Hilling

carlahilling@comcast.net

Hike Coordinator:

423-842-3140

Don Deakins

don.deakins@gmail.com

Meet Quarterly: Time and location to be announced on our schedule

Schedule: See current schedule at <http://tinyurl.com/6np53k>

Blog: <http://sdttta.blogspot.com>

Feb 5 Cumberland Trail - Laurel Falls in Dayton - Acquire photos of falls for CT website - Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com

Feb 7 Cumberland Trail - Perform maintenance on our adopted section of Soddy Gorge trail from Hotwater Road to Deep Creek. - Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com

Feb 14 Join Highland Rim Chapter at Virgin Falls - Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com

Feb 21 Cloudland Canyon - Rising Fawn, Georgia - Contact Brandy Selman at 423-544-9608 or chatt_towngrl@msn.com

Feb 28 Cumberland Trail - Prentice Cooper - Contact Don Deakins at 423-842-3140 or don.deakins@gmail.com

Soddy Daisy Adopts Trail

Soddy Daisy Chapter, during its January meeting, decided to adopt a section of Cumberland Trail. An approximate 3 mile stretch of Soddy Gorge from Hotwater Road to Deep Creek will now be monitored and maintained by the group. February 7 has been scheduled as the first maintenance day when a short section of trail near Hotwater Road will be widened, a deceptive switchback will be prominently identified, and chainsaws will be used to remove downed trees.

PLATEAU CHAPTER (Crossville)

CO-CHAPTER OFFICERS: Jan Barber
931-839-6663 *taxxing@aol.com*

931-788-1724 *lowthesun12@live.com*
Myra Holloway

SECRETARY/TREASURER: Jim Grove

MEETS MONTHLY: 2nd Thursday at 6:30pm CT. Art
Circle Public Library's Community Room, 154 East 1st
Street, Crossville

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or Jim McCullough at sue1290@frontiernet.net. Rain cancels.

Feb 7. Nemo Bridge to Alley Ford, Wartburg. This is part of the Cumberland Trail. We will start at the parking lot on the Wartburg side of Nemo Bridge, cross the historic bridge and walk along the Obed River towards Alley Ford crossing. This stretch of trail is noted for its fantastic rock formations, bluffs and dripping springs. This is an easy hike of approximately 2.5 miles one-way to Alley Ford. Meet at the Dairy Queen on Genesis Road at 9:00 AM CST. Any cars not needed for the car pool will be parked at the Outlet Mall. For more information and to register, contact Myra Holloway at 931-788-1724 or followthesun12@live.com.

Feb 12. Chapter Meeting. 6:30 PM at the Art Circle Public Library Community Room. Tony Hook, Executive Director of the Cumberland Trail Conference, will show us photos from his summer back packing trip in the Sierra Nevada Mountains. Tony will also discuss the current situation of the Cumberland Trail Conference and volunteer opportunities.

Feb 21. Maude's Crack, Big South Fork. Maude's Crack is a shoulder width crack in a rock cliff about 100 feet high. It was used as a short cut by Minnie Maude Royston to bring supplies from a settlement near the bottom of the cliff to workers at the top. The hike is a loop that descends to the bottom of the No Business Creek gorge, then follows the creek for a mile or so and then ascends to the rim of the gorge. The last 100 feet of the climb is through Maude's Crack. The hike is approximately 6 miles over rugged terrain with a stream crossing and a several hundred foot climb. There are relics of an early 20th century settlement along No Business creek. Meet at Cracker Barrel's rear parking lot at 8:00 CST to car pool. Bring lunch and water. For more information and to register, contact Bill Harris at 931-484-9152.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Mary Jane Ware
maryjaneware@bellsouth.net

Feb 7 Savage Gulf History Hike, Savage Gulf State Natural Area, Beersheba Springs, TN. We will descend into the gulf through the Stone Door and then follow the Connector Trail to its intersection with the Stagecoach Road. We will then follow the Stagecoach Road to the site of the Savage Gulf School and the Savage Gulf Cemetery. We will then follow old roads to the Catur Savage cabin and along Big Creek to the lower sink of Big Creek before ascending to meet the Connector Trail and return to the beginning. The hike is about 11 miles and is rated strenuous. Bring hiking boots, water, snacks, and lunch. You can meet us in the Penney's parking lot in Cookeville at 7:30am CT or at the US Bank across from McDonald's in Sparta at 8:00am. For information and to register contact Richard Savage at 931-526-2035 or savage_richard@hotmail.com.

Feb 14 Sheltoewe Trace, Gobblers Arch, and Mark Branch Trails, Big South Fork NRR, Stearns, KY. We will descend the Sheltoewe Trace Trail to Mark Branch Falls - a 50 foot waterfall. Below the falls the trail crosses Mark Branch about 15 times. We will turn on the Gobblers Arch trail which features a nice overlook and Gobblers Arch. We will then follow the Mark Branch Trail back to the Sheltoewe Trace which we will follow back to the beginning. The hike is 8.3 miles and is rated moderate to strenuous. You can meet us in the Penney's parking lot in Cookeville at 7:00am CT. Bring water, snacks, lunch, and sturdy hiking boots for water crossings. For information and to register contact Mary Jane Ware at 931-261-4222 or mjhike@bellsouth.net, or Kathleen Sullivan at 931-520-6294 or ksully@frontiernet.net.

Feb 21. Gorge Overlook, Woodland, Fall Creek Falls, and Paw Paw Trails, Fall Creek Falls State Park, Pikeville, TN. We will hike the Gorge Overlook, Woodland, and Paw Paw Trails which feature several overlooks. All are rated easy and total about 7 miles. We will also do the trail to the base of Fall Creek Falls which is .8 miles and rated strenuous. There is also available an optional hike of about .4 miles on the Cable Trail to the base of Cane Creek Falls. This trail is also strenuous. You can meet us at 8:30am CT in the Penney's parking lot in Cookeville or the US Bank across from McDonald's in Sparta at 9:00am. Bring snacks, water, and lunch. For information and to register contact Pete Broehl at 931-738-3551 or pabroehl@blomand.net.

Feb 28 Rock Creek Loop section of the Cumberland Trail, Dayton, TN. This easy 5.8 mile hike will begin at the lower Leggett Road Trailhead. We will hike 1.2 miles to the Rock Creek Loop and ascend to the Leggett Road overlook where we have previously spotted bald eagles. We will eat lunch there and continue the loop and end back at the Leggett Road Trailhead. We will then travel to the Hiwassee Wildlife Refuge to observe the sand hill cranes who migrate there during the winter. Please wear sturdy boots/shoes, bring water and lunch/snacks. You may want to bring binoculars as well. You can meet us at 7:30am CT in the Penney's parking lot in Cookeville or the US Bank across from McDonald's in Sparta at 8:00am. For information and to register contact Cindy Johnson at cjhike@comcast.net or 931-570-0122.

OFFICERS:

President

Rosemary Marshall 865-548-6171
Rosemary_L@hotmail.com

Vice-President

LouAnn Partington 931-393-4835
louannpartington@yahoo.com

Treasurer

Don Dresser 731-668-4662
Donald_Dresser@usit.net

Secretary

Carolyn Miller 931-456-4465
cardan@frontiernet.net

Past President

Anne Wesley 615-851-1052
ttahiker@msn.com

Previous Past President

Fount Bertram 615-765-5357
fwbertram@dtccom.net

West TN At-Large Director

Vacancy

Middle TN At-Large Director

Libby Francis 615-889-5718
libbyslibbys@comcast.net

East TN At-Large Director

Joe Matlock 865-354-6101
matlockjf@usit.net

Membership

Ron Dunn 615-867-3301
trekkingtn@comcast.net

Cumberland Trail Conference Representative

Ray Garrett 865-483-4466
garrett.ray@comcast.net

TN Rails To Trails Advisory Council

Bob Richards 615-532-0753
robert.richards@state.tn.us

CHAPTER REPRESENTATIVES ON THE BOARD
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad *editor@tennesseetrails.org*

Newsletter Deadlines:

Deadlines for Chapter announcements
 and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Feb 10	Mar 1
Mar 10.....	Apr 1
Apr 10	May 1

Articles submitted are subject to editing and
 will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

Shop amazon.com Through TTA's Website

When You Buy Books

(or anything else)

at amazon.com

Through TTA's Website

TTA Benefits!

We have an arrangement with amazon.com where TTA receives a commission on all items purchased (such as books, magazines, music, electronics, even perfume – anything purchased through the amazon.com website!!!!) when you enter their site through our website. It's very easy! Go to the TTA website (www.tennesseetrails.org), navigate to the "To Buy!" page, then follow the link to the "virtual bookstore." Commissions are earned solely on sales made through the TTA website, therefore always enter amazon.com from the TTA website, and do not sign up for their one-click service.

Tennessee Trails Merchandise Order Form

_____ TTA Patch	6.00
<i>Round embroidered patch, sew it on anything.</i>	
_____ TTA Window Decal	3.00
<i>A must for each car. Removable, no adhesives.</i>	
_____ TTA License Plate.....	14.00
<i>Perfect for the front bumper of your car.</i>	
_____ TTA 35 th Anniversary Commemorative Patch	6.00
_____ TTA 40 th Anniversary Commemorative Patch	6.00
_____ TTA Flashlight Carabineer Key Ring, blue	3.00
_____ 40th Annual short sleeve T-shirts:	16.00

Yellow: L,XL, **Tan:** S,M,L, **Grey:** S,M,L

Name: _____

Address: _____

City: _____ State: __ Zip: _____

PHONE hm: (____) _____ wk:(____) _____

E-mail Address: _____

Mail your check payable to: Tennessee Trails Association

Candy Higgs
 37 O'Hara Lane
 Jackson, TN 38305
 chiggs_3@yahoo.com

Please allow 4 weeks for delivery and prices shown include postage.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446
ADDRESS SERVICE REQUESTED

First Class Mail
U.S. Postage Paid
Nashville, TN
PERMIT NUMBER 4053



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Feb 09

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Ron Dunn 615-867-3301 trekkingtn@comcast.net

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

___ Individual	\$25.00	Name _____
___ Family	\$35.00	Address _____
___ Student (FULL-TIME)	\$15.00	City _____ State _____
___ Supporting (\$50.00, \$100.00 or more)		Home Phone (___) _____ Zip _____ -- _____
___ Life Member (Individual)	\$500.00	Work Phone (___) _____
___ Life Member (Family)	\$750.00	e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork | ___ Cumberland Gap | ___ Memphis | ___ Plateau (Crossville) |
| ___ Clarksville | ___ East TN (Oak Ridge/Knoxville) | ___ Murfreesboro | ___ Soddy Daisy |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville | ___ Upper Cumberland |
| ___ Cove Lake | ___ Jackson | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| | | | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.

Purchase Order

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204-1446

Leslie El-Sayad
Home: 865-717-6246
Les1202@aol.com

December 16, 2008

Color Plus Printing
415-A Spence Lane
Nashville, TN 37210

Leonard Chavaz
615-781-1071
cell ph: 615-207-0947
colplprt@bellsouth.net

Newsletter Printing

Cover Date: February 2009

Number of pages submitted
with this purchase order: 10 pages

Printed Paper size: 2 - 11 x 17 sheets
1 - 8 1/2 x 11 sheet

printed on 2 sides

11 x 17 pages to be folded in 1/2 by Color Plus

Paper Weight: 20 pound paper weight

Paper Color: white

Ink Color: black

Print Quantity: 800 pieces

Approximate Cost:

Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204

Leonard, please contact Garnett Rush at 615-352-7217

- Her picking up newsletters from you at Color Plus Printing or,
- Your delivering newsletters to her home or,
- Your delivering newsletters to the newsletter party, which will be:
Jan 22 at 6:00pm at Garnett Rush's home 6309 Breslyn Rd. 615-352-7217