

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

*Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.*

SPONSOR FOR THE CUMBERLAND TRAIL



## 1968: Do You Remember?

- At the Newport (Rhode Island) Folk Festival singer Arlo Guthrie performs his 20 minute ballad "Alice's Restaurant"
- Tom Wolfe's literary classic "The Electric Kool-Aid Acid Test" is published
- Apollo 7 - first manned mission in the Apollo program to orbit the Earth
- Apollo 8 - first US mission to orbit the Moon
- Top Song – "Judy In Disguise"
- Top Movie – "The Graduate"
- Record of the Year – "Mrs. Robinson"
- Most Popular Television Show - Rowan & Martin's Laugh-In
- Boeing 747 made its maiden flight
- The first Big Mac goes on sale in McDonalds
- The Central Intelligence Agency (CIA) is started
- Tennessee Trails Association, Inc. is organized.

This means TTA is 40 years old! It isn't official until December 7, 2008; however, the theme during our Annual Meeting October 24 –26, at Indian Creek Camp in Liberty, TN will be "Celebrating our First 40 Years of Hiking, Trail Building & Maintenance in Tennessee."

If you are a new member or haven't been to an Annual Meeting yet, here's what you can expect: 3 days of hikes; meeting fellow hikers from all across the state (even some from surrounding states); entertainment; updates on business, a beautiful, spacious and modern conference center in Middle TN on Center Hill Lake which offers several levels of accommodations and meals to satisfy both carnivores and lacto-ovo vegetarians.

This year our hikes will crossover into several of our favorite central middle Tennessee destinations. For example, in the Crossville-Sparta area we'll have both plateau and gorge hikes; the Carthage-Smithville area contains a variety of lakeshore hikes through hardwood forests; while the Lebanon-Murfreesboro area sits on limestone karst which has topography and plant species not found anywhere else. Of course there will be a wide variety of hikes for all fitness levels – from easy to strenuous. In addition to hiking, there are plenty of other places to explore, to name a few: Appalachian Center for Crafts, Center Hill Dam, Stones River National Battlefield and Off the Beaten Path Studio Tour.

*(continued on Page 2)*

## WE'RE EXPECTING!!

That's right. We're so proud. We couldn't be happier to welcome a new chapter into our wonderful organization. If all goes as planned, the Dyersburg Chapter of TTA will become a reality by the fall 2008. Jack Smith, our West TN Regional Rep has been busy since January recruiting, planning and doing all the necessary footwork and paperwork to make us proud with this new addition. On May 20, 2008, I was given an outstanding welcome by the Dyersburg Community. Don Dresser and I were amazed at the beautiful marquee that welcomed us to the Community Activities Center where we were scheduled to hold the organizational meeting for the proposed Dyersburg Chapter of TTA. Jack Smith pulled up behind us and he was followed shortly by Gloria Lenski of the Memphis Chapter. We were all greeted warmly by James Johnson, Parks Director of Dyer County. James was full of very helpful information about the hiking opportunities in the area. I called the meeting to order at 6:00pm and we had a very nice room full of eager hikers who were very anxious to learn all they could about TTA. I talked about TTA as a whole; from its founding in 1968 until the current status as we are today. Jack Smith took the floor and gave everyone a great view of the overall hiking potentials for the area. Gloria Lenski knows more about growing a chapter than anyone I can think of and she did a great job of explaining not only the chapter's responsibilities but also the chapter's obligation to our state organization. I gave out the "five-step" program to becoming a viable chapter of TTA. Everyone appeared to be in favor of moving forward. I was delighted when two dedicated hikers volunteered to pool together their efforts and agreed to act as Interim Co-chairs until the chapter could elect the officers. The proposed Dyersburg Chapter reps. will be present at our August board meeting in Jackson James Johnson has invited our board members to join him and other locals for a special hike during the morning of August 2, before our 1:00pm meeting. There will be more information forth coming about this hike. Rosemary Marshall - TTA President

# CUMBERLAND TRAIL CONFERENCE

## CUMBERLAND TRAIL CONFERENCE STAFF:

General Manager..... Tony Hook.....[tony.hook@frontiernet.net](mailto:tony.hook@frontiernet.net)  
Trail Development Coordinator..... Amanda Leamon.....[amanda.leamon@frontiernet.net](mailto:amanda.leamon@frontiernet.net)  
Trail Programs Coordinator..... Alex Schafer.....[alex.schafer@frontiernet.net](mailto:alex.schafer@frontiernet.net)  
Office Manager..... Marleya Pendleton.....[marleyapendleton@frontiernet.net](mailto:marleyapendleton@frontiernet.net)

Office Location..... 19 East 4<sup>th</sup> Street  
..... Crossville, TN 38555  
Office Hours..... 8am-5pm  
Phone: ..... 931-456-6259  
Fax: ..... 931-456-4934  
Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

## Cumberland Trail UPDATES

The first 6 months of 2008 have been very successful for the Cumberland Trail project. A small but dedicated group of TTA members coupled with ASB students, other CTC volunteers, AmeriCorps NCCC, State Park personnel, and a seasonal CTC trail building crew built 8.5 miles of trail and 3 wooden bridges in the Smoky Mountain segment of the Cumberland Trail. This 36 mile segment now has 27.5 miles of constructed trail with 22.5 miles open for hiking, making this segment's trail construction phase 76% completed. Plans are to complete trail construction and to have this segment open for hiking from Cove Lake to Frozen Head State Parks by June of 2009

In other areas, a very successful letter writing campaign by TTA members and others spurred the State and Hamilton County to action in cleaning up the illegal dumps along Hotwater Road in the CT'S Soddy segment. These dumps next to the trail were an environmental hazard and in the opinion of several dozen trail users an eyesore for the Cumberland Trail State Scenic Trail. Over several weeks, dozens of dump truck loads of household/industrial garbage, and used tires were hauled away vastly improving the landscape of Little Soddy Gorge. In addition, fencing and signs were installed at the pullouts on Hotwater Road to discourage further dumping. Please visit the CTC website for more information about this operation and other volunteer opportunities

Of course, none of these triumphs would have been possible without the wonderful volunteer support that the CTC enjoys. The CTC staff wants to thank everyone that has made the first 6 months of 2008 quite an accomplishment for the CT project.

### **(cont) Do You Remember?**

Oh yes, there are the infamous and often hysterical auctions (live and silent) where handmade crafts, hiking gear and "gag items" move quickly to the highest bidder. You'll find bargain prices on gently loved treasures at the White Elephant Sale, and delicious made-from-scratch Bake and Snack Sale items. With the holiday season approaching, the auctions are a perfect venue for purchasing gifts while supporting a good cause – the building of the Cumberland Trail. All proceeds from auctions, white elephant, and bake sale items will help fund the Cumberland Trail Conference's 2009 Spring Breakaway\* program in March.

Good fellowship, great hikes, beautiful lakeside setting, stimulating and entertaining programs, tasty meals, and an opportunity to support the Cumberland Trail – what more could you want???

So don't hesitate. Register today on the Registration Form found within the pages of this newsletter. Also, watch for information that will be posted on our website ([www.TennesseeTrails.org](http://www.TennesseeTrails.org)) and follow the link "Annual Meeting".

Remember – it's a big-0 celebration, too. If you have memorabilia or photos from TTA events of the past, bring them – the hosting Nashville chapter has set aside space for a display to commemorate our 40-year history. Contact Nora Beck and let her know what you want to bring so we can be ready.

*\*BreakAway, which runs the entire month of March, is an Alternative Spring Break program and opportunity for students of colleges and universities to participate in a service project – in this case, trail building and maintenance on our wonderful Cumberland Trail.*

## **BIG SOUTH FORK CHAPTER**

### **CHAPTER OFFICER:**

423-628-6475

Jim Meadows

[jhnmhm@highland.net](mailto:jhnmhm@highland.net)

### **SECRETARY / TREASURER:**

423-628-5521

Benita Howell

[bjhowell@highland.net](mailto:bjhowell@highland.net)

### **BOARD REPRESENTATIVES:**

615-824-7048

Tim & LynnTakacs

[lynntakacs@comcast.net](mailto:lynntakacs@comcast.net)

or [ttakacs@comcast.net](mailto:ttakacs@comcast.net)

### **OUTINGS COORDINATOR**

423-628-5521

Tom Howell

[tshowell1003@highland.net](mailto:tshowell1003@highland.net)

*(Call Tom & volunteer to lead an outing.)*

**July 26** Burnt Mill Bridge Loop, Big South Fork NRA This 4.3 mile moderate hike mostly follows Clear Fork River in shade, but dress for warm weather and bring plenty of fluids. Plan on a moderate pace and bring lunch for a stop along the trail. Meet at Harrow Road Cafe at 9:30 EDT, or at Brunt Mill Bridge parking lot at 10:00 EDT. Note that the new bridge and road repairs east of the bridge are complete. The best approach now is to turn onto West Robbins Road off TN 52 just west of the intersection of 52 with US 27 at Elgin, TN. Follow West Robbins Road through Crossroads Church intersection and look for Burnt Mill Bridge brown signs and a left turn to the bridge. Cross the bridge to the improved parking area near the trailhead. Please contact hike leaders Will and Carrie Thornthwaite to register, especially if you plan to meet the Rugby group at the trailhead. E-mail [wil@thornthwaite.com](mailto:wil@thornthwaite.com) or call 423-628-5862 and leave a message if necessary; to contact the Thornthwaites late Saturday morning, call the cell phone number 615-390-9716.

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER OFFICER:** Bobby Hardeman  
615-305-7955 puttr22@aol.com  
**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Grand Buffet (Hwy 31,  
north side of Spring Hill). Socializing and dinner at  
6:00pm CT; meeting starts at 7:00pm.

**July 1** Regular monthly meeting. Reports on June hikes and other chapter activities. Details of hikes planned for July.

**July 19** Hike Old Natchez Trace/Garrison Creek Loop; 6.3 miles, moderate difficulty, mostly shady, two creek crossings, approx. hiking time-3.5 hours. Part of the trek will be on the original Natchez Trace where travelers made their way from Natchez, MS to Nashville two centuries ago. The hike travels through varied environments on its journey from Burns Branch north to Garrison Creek, crossing the clear stream twice. The path loops south, unexpectedly passing under the Natchez Parkway through a modern tunnel built just for hikers and equestrians who use this trail. We climb a piney hillside before backtracking the Old Trace to trailhead. Contact Kevin Hahn compensate@yahoo.com) or Bobby Hardeman puttr22@aol.com 615 305-7955) to carpool from A&D Market (Hwy. 431 near 840) at 8a.m. or meet the group at Burns Branch parking area on the Natchez Trace Parkway at approx. 9:00.

In observance of **National Trails Day** on June 7, chapter members met at Stillhouse Hollow Falls Natural Area in Sandy Hook. TN for clean up and maintenance of the trail the chapter helped build in 2004-05. We left the heavily used trail in good condition. It is ready for hikers to appreciate the thickly forested path and rushing water in route to the destination, the magnificent 65 ft. falls. After the workday we enjoyed a cookout at the home of one of our crew, Craig Perkins.

**Looking ahead:** Aug. 2-Hike Mossy Ridge; Aug. 23-Hike Perimeter Trail

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## COVE LAKE CHAPTER

**CHAPTER OFFICER:** Richard Helm  
423-562-1110 Richard.Helm@ahss.org  
**CO-CHAIR:** George Gill 423-562-7121  
**MEETS MONTHLY:** Beginning in April, meetings will be held at Cove Lake State Park at 6:00pm on the first Monday each month.

**June 30** meet at Cove Lake State Park shelter 1 @ 6:00 p.m. to discuss upcoming events. We will be having a corn roast feast. Everyone is welcome. More information contact Richard Helm at 423-562-1110

**July 12** meet at 8:00 a.m. @ Eagle Market parking lot. Warren Devine will lead us on the Possum Trail Creek. North of Chattanooga. More information contact Faith Dippold 423-566-8026 It will be a moderate 3-mile hike.

**July 26** We will be hiking in Ollis Creek in Ivy Dale off flat rock road. Meet 8:00 a.m. at Tank Springs parking lot. More information contact Jerry Phillips 423-563-0867

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## CLARKSVILLE CHAPTER

**CHAPTER OFFICER:** J.R. Tate 931-920-2692  
modelt@charter.net  
**OUTINGS COORDINATOR:** Suva Bastin 931-645-2849  
(call Suva & volunteer to lead an outing)  
**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday, 7:00 pm CT at Crow  
Community Center, 211 Richview Rd.

**July 5** No hike. Celebrate the holiday with family and friends

**July 12** Annual picnic at Dunbar Cave, pot luck; Hike at 5 PM (1.5 miles, easy); eat at 6 PM; Suva Bastin 931-645-2849

**July 19** Canoe the Harpeth River; pre-registration is required. Contact Bob Lyon at 931-648-2354

**July 26** Dunbar Cave tour at 10 AM, followed by hike at Dunbar Cave (1.5 miles, easy). \$5.00 fee; also, flashlights and jackets needed for the cave tour. Contact Judith Tate, 931-920-2692

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER OFFICER:** Rosemary Marshall  
865-548-6171 Rosemary\_L@hotmail.com  
**CHAPTER CO-OFFICER:** Allie Sasser Hubbs  
865-494-9522 hike\_announcement\_etchapter@yahoo.com  
**ASSISTANT CO-OFFICER:** Elise Eustace  
865-712-1916 eliseeus@hotmail.com  
**TREASURER:** Bob Uhren  
snowcap34@hotmail.com

**July 19** It's hot and time for some coolin' off. Lots of creeks in the GSMNP. Meet at the Townsend Y at 900am and we'll cross as many creeks as we can find on the trails around Elkmont. To pre-register, notify Elise Eustace at eliseeus@hotmail.com or 865-201-5806.

**July 25-27** Lakeside Retreat Ten Mile Galal and Leslie El-Sayad's lake house at 129 Brown Rd, relaxing interlude with all the comforts of home. Hikers who want to tent to bring tent, towel and personal items. Otherwise, if you want to "dorm it"; then bring your sleeping bag, towel and personal items Snacks served Friday evening (everyone should eat before they get there). Breakfast, lunch and dinner provided on Saturday If you have a special diet or want to grill something special, bring it.

**July 25** Easy 2-3 mile walk along Kingston Park lakeside. Meet at parking lot off Hwy 58 in Kingston. Exit 352, then right (south) on Hwy 58 one mile.

**July 26** Hike to be announced. It will be easy to moderate 3-5 miles in the coolest spot we can find.

If you want to canoe, kayak, or any other water sport and have the equipment. Bring it. Lots of room for parking Call Leslie at 865-717-6246 or email les1202@aol.com for more information and directions.

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## HIGHLAND RIM CHAPTER (Tullahoma Area)

**CHAPTER OFFICER:** H.T. (Tom) Bentley  
931-455-5849 [htbentley@charter.net](mailto:htbentley@charter.net)  
**VICE PRESIDENT:** Joette Carter 931-968-0073  
**OUTINGS COORDINATOR / NEWSLETTER CONTACT:**  
Marietta Poteet 931-924-7666  
[nannietta@blomand.net](mailto:nannietta@blomand.net)

(contact Marietta & volunteer to lead an outing)

**MEETS MONTHLY:** 1st Tuesday at Crockett's restaurant in Tullahoma. Socializing & dinner at 6:00pm CT; meeting starts at 7:00pm

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**July 1,** -Dinner at Crockett's 6:00. The Program will be at 7:00. Jim and Marietta Poteet will give a report on the mechanics of trekking. Contact Tom Bentley (931) 455-5849 [htbentley@charter.net](mailto:htbentley@charter.net)

**July 6,** -Float trip down Elk River from Shiloh to Dickey Bridge. It will be a 5-6 hour float. Canoes can be rented from Elk River Outfitters. Meal following at Gary Fergus' house. Ed Burns will be grilling steak & shrimp kabobs as well as sausage kabobs, green beans from his father's garden, and rice. \$5.00 per plate. He will make enough for 2-3 kabobs per person. We should all arrive at Gary's around 3:00. Contact Barbie Taylor [mailto:teachcdc@charter.net](mailto:mailto:teachcdc@charter.net)

**July 12** - Stone Door to Greeter Falls and Blue Hole led by Marietta and Jim Poteet. It will be 6 to 7 miles on top of the rim. - Hike and Swim on this lovely cool hike. Call Marietta at 931-924-7666 or email at [nannietta@blomand.net](mailto:nannietta@blomand.net)

**July 19** - Eat Hike Eat Hike - Start 9:00 Blue Chair Sewanee. Via Gate 7 Forestry Cabin, Cherry point and Gate 4 Brakefield Rd to Gate 7. It will be 4-5 Miles easy. #5. Summer Music Festival - Contact Tom Bentley 455-5849 [htbentley@charter.net](mailto:htbentley@charter.net)

**July 26** Float the Duck River past Scenic portage at Corner Mill. Stop for lunch. Bring water cannons, frisbies, and fishing poles etc. Contact Tom Bentley (931) 455-5849 H, (931) 273-6344 C [htbentley@charter.net](mailto:htbentley@charter.net)

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### Attention: Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our web site:

[www.tennessee-trails.org/release.php](http://www.tennessee-trails.org/release.php)

**ATTENTION**  
**AUGUST NEWSLETTER**  
**DEADLINE JULY 5**

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## JACKSON CHAPTER

**CHAPTER OFFICER:** Candy Higgs  
731-695-1960 [chiggs\\_3@yahoo.com](mailto:chiggs_3@yahoo.com)  
**TREASURER:** Sara Hakim  
206-553-9334 [hakim@lambuth.edu](mailto:hakim@lambuth.edu)  
**SECRETARY** Don Dresser  
731-668-4190 [Donald\\_Dresser@usit.net](mailto:Donald_Dresser@usit.net)  
**OUTINGS COORDINATOR:** Glen Rognstad  
731-217-5966 [grogstad5966@charter.net](mailto:grogstad5966@charter.net)  
(Call Glen & volunteer to lead an outing)

**MEETS MONTHLY:** 2nd Monday at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts at 6:00pm CT; meeting starts at 7:00pm

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**July 19** -Buffalo River Canoe Trip, Flatwoods Tennessee. Canoeing is a great way to get out and enjoy the outdoors during the hot summer months. Your other choices are waterfalls, caves or the mountains, all of which are hard to find in West Tennessee. Actually there is both a waterfall and a cave that can be visited during the trip. Canoeing offers a lot of fun and excitement. The Bell Bridge to Slink Shoals run is an easy 10 miles and takes about 5-hours with a minimum of paddling - the trip is very suitable for beginners. The river has beautiful scenery with many turtles, birds, and fish to be seen. Other wildlife includes the local clientele, which tend to be a bit on the beer drinking redneck side - tattoos are the norm. It's not uncommon to see people jumping from the high bluffs into the river at the end of Horseshoe bend - I would need to have quite a few beers in me before I would attempt such a feat. We will carpool from the Shoney's on Highland Ave I-40 exit 82 in Jackson @ 7:00 AM or we will meet up at 9:00 AM at Flatwoods Canoe Rental Parking Lot. Flatwoods is about halfway between Nashville and Jackson. Cost of canoe rental is approximately \$30. The Buffalo River is a perfect stream for beginners - it is not a very deep river but it has a lot of small rapids to keep it from getting boring. If you decide to canoe the Buffalo River, you will not be disappointed. For further information and to register (I need to get a head count for canoes) contact Glen Rognstad at 731-217-5966 or email at [grogstad5966@charter.net](mailto:grogstad5966@charter.net).

There will not be another meeting until September.

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## MEMPHIS CHAPTER

**CHAPTER OFFICER:** Sandra Amsden  
901-830-8311 [amsden61@yahoo.com](mailto:amsden61@yahoo.com)  
**MEETS MONTHLY:** (Sep - May) 3rd Thursday at 7:00pm CT at Cordova Library, 8457 Trinity Rd.

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No chapter meeting and hikes scheduled for the month of July and August. In the meantime, check out other TTA chapter hike listings and join a hike!

## 2008 Annual Meeting Registration Form

October 24 – 26, 2008

Indian Creek Youth Camp (Liberty, TN)

**Complete a separate form for each attendee.** Make copies as needed. **Please print neatly or type.** Unless otherwise noted, costs are per person. **Forms must be postmarked no later than October 5** - registrations received by October 5 will receive confirmation via snail-mail or e-mail.

Name:		Address:	
City:	State:	Zip:	Chapter:
Telephone – Day:		Night:	Email:

<b>LODGING</b> <small>THE FINE PRINT. A limited number of Guest &amp; Counselor rooms are available and will be assigned to attendees staying the entire Annual Meeting weekend on a first-come, first-served basis. If you have plans to share a Guest/Counselor Room, please enter the name in the space provided.</small>	<small>Place an "X" in the appropriate box for the date and type of lodging desired.</small>			Costs	TOTAL
	Fri Oct 24	Sat Oct 25			
<b>GUEST Room</b> - motel style accommodations with 1 queen bed, private toilet and bath/shower. Room contains its own heat/AC controls, and <b>INCLUDES BED LINENS &amp; TOWELS</b> , but not toiletries. Available as a Single or Double. <i>If you are sharing, please tell us with who:</i>				<b>\$60/night</b> <small>For 1 or 2 people</small>	\$
<b>COUNSELOR Room</b> - contains 1 queen bed and 1 bunk bed, private toilet and shower, shares heat/AC w/Dorm next door. <b>NO LINENS.</b> You will need to bring your own bed linens/sleeping bag, towels and toiletries. Available as a Single or Double. <i>If you are sharing, please tell us with who:</i>				<b>\$47/night</b> <small>For 1 or 2 people</small>	\$
<b>Dorm Room</b> - there will be separate Dorms for men and women. Each Dorm sleeps a total of 11 people (5 bunk beds & 1 queen bed). Each Dorm has toilets & showers. You will need to bring bed linens/sleeping bag, towels and toiletries. <i>If you have a preference of whom you wish to share a Dorm with, please list the names on the back of this Registration Form and if possible, your request will be honored.</i>				<b>\$20.00</b> <small>per person / night</small>	\$
<b>Tent Camping</b> – separate men's & women's bathrooms available close by. You will need to bring your own bedding/sleeping bag, towels and toiletries. <i>If you are sharing, please tell us with who:</i>				<b>\$12.00</b> <small>per person / night</small>	\$
<b>RV</b> (no hook-ups) - separate men's & women's bathrooms available close by. You will need to bring your towels and toiletries. <i>If you are sharing, please tell us with who:</i>				<b>\$14.00</b> <small>per person / night</small>	\$
<b>I am staying offsite</b> and will be making my own lodging arrangements					<b>N / A</b>
<b>LODGING SUB TOTAL:</b>					<b>\$\$</b>

<b>MEALS</b> <small>Each meal may be ordered separately. NOTE: Carnivore and lacto-ovo vegetarian diets were taken into consideration when planning the menu for Dinner &amp; Breakfast – no need to request special meals, but if you have special dietary concerns, please contact Toni Reeves: 615-372-1582 / treeves@bellsouth.net</small>	<small>Place an "X" in the appropriate box for the dates and meals desired.</small>			Cost/M meal Per Person	TOTAL
	Fri Oct 24	Sat Oct 25	Sun Oct 26		
<b>BREAKFAST</b>				<b>\$ 9.50</b>	\$
<b>TRAIL / SACK LUNCH</b> <small>Please write in sandwich selection. CHOICES ARE: Tuna Fish or Peanut Butter &amp; Jelly</small>				<b>\$ 8.75</b>	\$
<b>DINNER</b>				<b>\$ 11.00</b>	\$
<b>MEALS SUBTOTAL:</b>					<b>\$</b>

*Enter LODGING & MEALS SUBTOTALS above to the REGISTRATION FEE below to get the GRAND TOTAL.*

<p><b>REFUND POLICY:</b> All cancellations and requests for a refund must be in writing. No refunds will be made after September 30, 2008. Persons canceling before September 30 will be refunded in full, less the \$15 Registration Fee.</p> <p><b>PLEASE NOTE:</b> Indian Creek Camp has a strict policy against alcohol, drugs and firearms.</p>	<p><b>REGISTRATION FEE = \$15 per person</b> <i>This registration fee cannot be pro-rated. The full amount is required of each participant, regardless of the number of days attending.</i></p> <p><b>LODGING SUBTOTAL</b> (from above)      \$</p> <p><b>MEALS SUBTOTAL</b> (from above)      \$</p> <p style="text-align: right;"><b>GRAND TOTAL:</b>      \$</p> <p>One check may cover more than one registration, <b>but please send the individual forms and check together.</b> Make your check payable to: Tennessee Trails Association c/o Diane Manas 5729 Stoneway Trail; Nashville, TN 37209-4556 Need more info? 615-352-7777 / DManasHikes@comcast.net</p>
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# START SAVING FOR THE ANNUAL MEETING!!!

Bring all those wonderful goodies you have stashed away but aren't using.

TTA needs it!!!

The silent and not so silent auction and the white elephant table at the annual meeting await your donations.

One person's junk is another person's .....?????????

## NEW VOLUNTEER PROGRAM

At South Cumberland State Recreational Area Workdays of varying levels of difficulty Adopt - A - Trails available The 4th Saturday of every month July 26th is the 1st planned workday Lunch will be served at each workday event If you are interested or want more information about this wide ranging program, please contact Frank Cregor 931-692-6289 or Marietta Poteet 931-924-7666 or write southcumberland@gmail.com We look forward to seeing you out on the trail.

## **Carpool Etiquette**

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change). Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing. All passengers must wear seat belts to minimize the risk of injury in case of an accident !!! The drive to and from a trailhead is generally the most dangerous part of any hiking trip.

## **TTA's Calendar\***

The following dates in 2007 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you . . .

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.)
  - will consider organizing/leading volunteers from your chapter/region for an event listed
  - can be sure to prevent scheduling conflicts with an activity you wish to plan
- |           |  |
|-----------|--|
| Aug 2     | Board of Directors' Quarterly Meeting (Location TBA)     |
| Sep 14-20 | B.R.A.T. (Proceeds Benefit the Cumberland Trail)         |
| Sep 27    | National Public Lands Day (Location TBA)                 |
| Oct 24-26 | Annual Meeting (Liberty, TN) hosted by Nashville Chapter |

\*Calendar will be revised as needed.

## **LEAVE NO TRACE PRINCIPLES**

- Leave what you find.
- Minimize Campfire Impact
- Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waste properly.



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## MURFREESBORO CHAPTER

**CHAPTER OFFICER:** Millette Jones  
615-397-9588 [millette.jones@comcast.net](mailto:millette.jones@comcast.net)  
**OUTINGS COORDINATOR / CO-OFFICER:** Tony Jones  
615-397-4463 [awj68@comcast.net](mailto:awj68@comcast.net)

*(Call Tony & volunteer to lead an outing)*

**MEETS MONTHLY:** 2nd Tuesday at 7:00 pm CT  
Barfield-Crescent Park's Wilderness Station  
697 Barfield-Crescent Rd., Murfreesboro

**BLOG** [www.ttfamurfreesboro.blogspot.com](http://www.ttfamurfreesboro.blogspot.com)

**July 8-** Monthly Meeting at Barfield Crescent Park Wilderness Station. 7PM. Program to be announced on blog.

**July 12-13-** Backpack to Big South Fork, 10 miles, moderate. We will hike the yahoo Arch/Megro Creek/Sheltoewe Trace Loop. There will be stream crossings and beautiful views and overlooks. There will be about 550 feet of elevation change. For all information and to sign up contact Charlotte Broyles at [broylescha@hotmail.com](mailto:broylescha@hotmail.com) or 615-890-6308.

**July 12-** Stone Door to Greeter Falls and Blue Hole in South Cumberland Recreational Area. 6 to 7 miles, moderate. Led by Jim and Marietta Poteet We will swim, hopefully at Greeter Falls and/or Blue Hole. Come and join us for this cool and refreshing hike. Contact Marietta at [nannietta@blomand.net](mailto:nannietta@blomand.net) or 931-924-7666 for further information.

**July 19-** Chattanooga Adventure Trip to TN Aquarium. We will Leave Murfreesboro at 7:15 AM Central Time we will arrive at the aquarium about 10:30 AM Eastern Time. Individuals are responsible for purchasing their own tickets, which are \$19.95 plus \$2.00 each for advance purchase by internet or telephone. If you do not purchase them in advance you may expect to stand in line at the ticket office. The website <http://www.tnaqua.org/index.asp> will fill you in on details. It will take about 3 hours to tour both sections of the aquarium so take a snack you can eat on the go. We will enjoy a late lunch at one of many nearby restaurants after the tour. If time and weather permit we will walk across the world's longest pedestrian bridge to Coolidge Park, home of the famous enclosed carousel. Contact Fount or Anna Bertram for information and to signup: [abertram@dtccom.net](mailto:abertram@dtccom.net) or 615-765-5357

**July 26-** Float the Duck River past Scenic portage at Cortner Mill. Stop for lunch. Bring water cannons, Frisbees, and fishing poles etc. Contact Tom Bentley (931) 455-5849 H, (931) 273-6344 C [htbentley@charter.net](mailto:htbentley@charter.net). This is a joint venture between Murfreesboro and Highland Rim. **Murfreesboro members need to contact Millette Jones: 615-397-9588 or [millette.jones@comcast.net](mailto:millette.jones@comcast.net)** to register. Canoes and Kayaks may be rented for the weekend from MTSU's Rec Center.

### Planning Ahead

**Aug. 2-** Rock Island Day Hike. Hike the trail and then swim in the cool water of the falls!

**Aug. 2-3-** Virgin Falls Beginners Backpack Trip 8.5 miles, moderate.

**Aug. 12-** Monthly Meeting at Barfield Crescent Park. 7PM

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## NASHVILLE CHAPTER

**CHAPTER OFFICER:** Nora Beck  
615-517-6486 [nora\\_beck@comcast.net](mailto:nora_beck@comcast.net)  
**OUTINGS COORDINATOR:** Libby Francis  
[libbyslibbys@comcast.net](mailto:libbyslibbys@comcast.net)

*(email Libby & volunteer to lead an outing)*

**MEETS MONTHLY:** 4<sup>th</sup> Tuesday at 7:00 pm CT  
TN Wildlife Resources Association meeting room at  
Ellington Agricultural Center, 5105 Edmondson Pike. For  
directions, visit: [www.tennesseehike.org/nashville.php](http://www.tennesseehike.org/nashville.php)

**July 22** Program Meeting, 7 P.M. Tom Gmitter trains people who want to hike the Grand Canyon and take part in other outdoor adventures. He'll be bringing his expertise to the Nashville chapter and anyone else who wants to attend. Mike Wilson, one of his trainees, will contribute some "dents" to accompany Tom's "dos." We meet in the Region 2 headquarters building of the Tennessee Wildlife Resources Agency on the Ellington Agricultural Center Campus - go to [tennessee-trails.org](http://tennessee-trails.org), click on "Chapters," locate Nashville, and you'll see a link for a map. Meeting and program are followed by refreshments and time to get acquainted.

**July 4** Beat the Heat Sunrise Hike on Mossy Ridge Trail in Warner Park. Nashville, TN. Better reach for your coffee as soon as your alarm clock goes off, or you're going to miss this one entirely. Mossy Ridge Trail is 4.5 miles and this hike will be rated moderate due to several short hills, uneven terrain and speed (~2-2½ miles/hr) at which we will be hiking - gotta beat the heat! Please remember to eat breakfast before arriving, wear sturdy hiking shoes, and bring plenty of water. Afterward, we will regroup for coffee and a snack close by at Bruegger's Bagel Bakery (bring \$ to pay for your coffee/snack). We'll meet in the Deep Well area of the park at 6:15 am CT, and hit the trail shortly thereafter, and be finished by 8:00 am. To get to Deep Well from Nashville: head west on Hwy 70 (West End Ave). In Belle Meade (after crossing over Woodmont Blvd, passing Kroger on the right, the mansion on the left), Hwy 70 splits. Take the left side, which puts you on Hwy 100. Go approx 2 miles and turn left into the grey stone entrance, drive to the end/t-intersection - you're in Deep Well. For additional information, call Diane Manas at 615-352-7777.

**July 7** After Work Walk on Main Drive and short segment of the Warner Woods Trail, Percy Warner Park. Nashville, TN. How about a walk that takes us from daylight through dusk into dark (twilight), and during a time when the wildlife starts stirring about in preparation for the night ahead? Who knows what we may see/hear. Most of our walking will take place on the road; however, we will hike a short segment of Warner Woods Trail before it gets dark in order to create a 3.5-4 mile loop. You will need to wear trail worthy shoes, and bring water - just in case you get thirsty - it will be hot. You may even want to bring a headlamp (flashlight) even though we should be back at our cars before it gets really dark. This walk is rated moderate because of the HEAT, one or two short hills on the road, and uneven hiking trail surface. Meet at 6:30 pm (CT) at the flagpole just inside the stone arches at the end of Belle Meade Blvd, we should be finished by 8:15pm. No RSVP required. If you have questions, call Diane Manas at 615-352-7777.

**July 28** After Work Walk on Main Drive and short segment of the Warner Woods Trail, Percy Warner Park. Nashville, TN. See the July 7 description above.

## Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change). Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing. All passengers must wear seat belts to minimize the risk of injury in case of an accident !!! *The drive to and from a trailhead is generally the most dangerous part of any hiking trip*

## 2008 Membership Directory It's Update Time!

The 2008 edition of the TTA Membership Directory will be mailed to all current members in May/June. Please be sure your dues are paid up so that you will be listed in the directory, and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the last directory that was published in July 2007.

Here are a few ways you can notify us of your changes:

- • **Internet:** Visit our website ([www.tennesseetrails.org](http://www.tennesseetrails.org)), navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- • **Mail:** Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.
- • **Email / Phone:** TTA's Membership Director, Garnett Rush at [rushga01@yahoo.com](mailto:rushga01@yahoo.com) or 615-352-7217.

Not sure of when your membership expires? **Please** look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.

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## NORTHWEST CHAPTER (UT at Martin/Weakley County)

CHAPTER OFFICER: Jim Clark 731-587-2225  
[jclark@utm.edu](mailto:jclark@utm.edu)

Our Chapter is active despite not having an announcement for specific hikes. Call Jim Clark at 731-587-2225 to find out what you can do to help the chapter.

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## PLATEAU CHAPTER (Crossville)

CO-CHAPTER OFFICERS: Jan Barber  
931-839-6663 [taxxing@aol.com](mailto:taxxing@aol.com)

931-788-1724 [genet1@hotmail.com](mailto:genet1@hotmail.com)

SECRETARY/TREASURER: Jim Grove

MEETS MONTHLY: 2nd Thursday at 6:30pm CT. Art Circle Public Library's Community Room, 154 East 1<sup>st</sup> Street, Crossville

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at (931) 484-9152 or Jim McCullough at [sue1290@frontiernet.net](mailto:sue1290@frontiernet.net).  
Rain cancels.

No hikes scheduled for July.

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## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Pam Miller 931-526-9259  
[pdmiller@citlink.net](mailto:pdmiller@citlink.net)

**July 12** Charlies Bunion, Great Smoky Smoky Mountains National Park, Gatlinburg, TN. Our hike begins at Newfound Gap and will follow the Appalachian Trail to Charlie's Bunion, a huge rock outcrop with views all around. There will also be an optional side-trip to the Jump-Off. The trail is always above 5000 feet so temperatures should be pleasant. The hike is 8 miles (9 with the Jump-Off) and is rated moderate to strenuous due to the uneven and rocky terrain. Bring snacks, water, and lunch. You can meet us in the Penney's parking lot in Cookeville at 7:00am CT. For information and to register contact Sam Smith at 423-291-9496 or [samuel\\_smith\\_37683@yahoo.com](mailto:samuel_smith_37683@yahoo.com).



## OFFICERS:

### President

Rosemary Marshall 865-548-6171  
*Rosemary\_L@hotmail.com*

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LouAnn Partington 931-393-4835  
*louannpartington@bellsouth.net*

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### Membership

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### Cumberland Trail Conference Representative

Ray Garrett 865-483-4466  
*garrett.ray@comcast.net*

### TN Rails To Trails Advisory Council

Bob Richards 615-532-0753  
*robert.richards@state.tn.us*

CHAPTER REPRESENTATIVES ON THE BOARD  
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

### Newsletter Editor

Leslie El-Sayad *editor@tennesseetrails.org*

## Newsletter Deadlines:

Deadlines for Chapter announcements  
 and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
<b>July 5</b> .....	Aug 1
Aug 5 .....	Sept 1
Sept 10 .....	Oct 1

Articles submitted are subject to editing and  
 will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

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We have an arrangement with amazon.com where TTA receives a commission on all items purchased (such as books, magazines, music, electronics, even perfume – anything purchased through the amazon.com website!!!!) when you enter their site through our website. It's very easy! Go to the TTA website ([www.tennesseetrails.org](http://www.tennesseetrails.org)), navigate to the "To Buy!" page, then follow the link to the "virtual bookstore." Commissions are earned solely on sales made through the TTA website, therefore always enter amazon.com from the TTA website, and do not sign up for their one-click service.

## Tennessee Trails Merchandise Order Form

\_\_\_\_\_ TTA Patch .....5.00  
*Round embroidered patch, sew it on anything.*

\_\_\_\_\_ TTA Window Decal .....2.00  
*A must for each car. Removable, no adhesives.*

\_\_\_\_\_ TTA License Plate .....12.00  
*Perfect for the front bumper of your car.*

\_\_\_\_\_ TTA 35<sup>th</sup> Anniversary Commemorative Patch .....5.00  
*Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.*

\_\_\_\_\_ TTA Flashlight Carabineer Key Ring, blue .....3.00

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_ Zip: \_\_\_\_\_

PHONE hm: (\_\_\_\_) \_\_\_\_\_ wk:(\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Mail your check payable to: Tennessee Trails Association  
 c/o Marietta Poteet  
 525 Huckleberry Place  
 Monteagle, TN 37356  
*nannietta@blomand.net*

*Please allow 4 weeks for delivery and prices shown include postage.*

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446  
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**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

**A NEW MEMBER**

July 08

**RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Garnett Rush 615-352-7217 [rushga01@yahoo.com](mailto:rushga01@yahoo.com)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

*PLEASE, PRINT CLEARLY.*

- \_\_\_ Individual \$25.00
- \_\_\_ Family \$35.00
- \_\_\_ Student (FULL-TIME) \$15.00
- \_\_\_ Supporting (\$50.00, \$100.00 or more)
- \_\_\_ Life Member (Individual) \$500.00
- \_\_\_ Life Member (Family) \$750.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone ( \_\_\_ ) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Work Phone ( \_\_\_ ) \_\_\_\_\_  
e-mail \_\_\_\_\_

Please do not list my e-mail address in the TTA Annual Membership Directory

**Please list me with the following chapter:**

- |                       |   |                                      |                          |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork    | ___ Cumberland Gap                      | ___ Memphis                          | ___ Plateau (Crossville) |
| ___ Clarksville       | ___ East TN (Oak Ridge/Knoxville)       | ___ Murfreesboro                     | ___ Soddy Daisy          |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville                        | ___ Upper Cumberland     |
| ___ Cove Lake         | ___ Jackson                             | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville)      |
|                       |   |                                      | ___ At Large             |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

**As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.**

## Purchase Order

Tennessee Trails Association  
P. O. Box 41446  
Nashville, TN 37204-1446

Leslie El-Sayad  
Home: 865-717-6246  
Les1202@aol.com

June 17, 2008

Color Plus Printing  
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Nashville, TN 37210

Leonard Chavaz  
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colplprt@bellsouth.net

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Leonard, please contact Garnett Rush at 615-352-7217

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