

# TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



## What is Big Dig?!

Cumberland Trail Conference's  
marathon trailbuilding session,  
May 1 to June 14

**Why are they doing it?** To build many miles of new trail to further complete Cumberland Trail mileage

**Where is Big Dig?** Smoky Mountain Segment..

**Who's involved?** EVERYBODY can participate. We need all kinds of volunteers: trailbuilders, cooks, shuttlers, photographers, motivators. People who love hiking trails, and want to give back for all the hiking trails they've loved over the years, will enjoy participating in the **Big Dig**.

**How is CTC going to make it work?** By adhering to the tried and tested BreakAway model they've perfected over the years. Teams of volunteers led by trained "WagonMasters," with intermediate supervision by student leaders, will build assigned portions of trail each day.

**Can they make it easy for volunteers to participate?** Sure can! CTC will feed you 3 meals a day and put you up for as many nights as you are willing to stay! They'll train you in trailbuilding techniques. Or, if you just want to help cook, they'll provide you a good place to stay, and a well-designed kitchen in which to help the team prepare meals.

**But can they make it fun?!** Ask any BreakAway alumni - they'll give you a resounding YES! Trailbuilding, the fellowship with other volunteers, and the interactive educational programming that goes with it is fun and rewarding.

**If you can't actually build trail, the CTC would be glad to accept any donations for food and other items which you would like to make.** Call the CTC office at 931-456-6259 or register online at [www.cumberlandtrail.org](http://www.cumberlandtrail.org). Make your plans now and contact the CTC ASAP to let them know what you would like to do.

## NEW NAMES, NEW PEOPLE, NEW PLACES!

I wish to welcome D. Jack Smith, a member of our Memphis Chapter to our Board of Directors. He is filling a vacancy of West TN Director at Large. We need Jack and his creative ideas to further our cause by introducing West Tennesseans to the joys of hiking in our most precious state. Jack's background is in Law and that can be a wonderful asset to our Board. Also, I am pleased to welcome Robert (Bob) Richards to fill the much too-long vacancy of TN Rails to Trails Advisory Council. Bob is a long-standing member of our Nashville Chapter and we look forward to his involvement in this critically important office. In real life, Bob is the Greenways and Trails Coordinator for the State of Tennessee. What a blessing to have Bob! I am very happy to have Jack and Bob on our Board. They both come at a great time when we have exciting happenings and much to accomplish. Our next board meeting will be at a new facility (see additional information listed) and I look forward to seeing everyone there.

Rosemary Marshall, President of Tennessee Trails Association

**Save the Date October 24, 25 & 26, 2008**  
**TTA's 2008 Annual Meeting Indian Creek Camp (Liberty, TN)**  
**Lots more information to come.**

# CUMBERLAND TRAIL CONFERENCE

## CUMBERLAND TRAIL CONFERENCE STAFF:

General Manager..... Tony Hook.....[tony.hook@frontiernet.net](mailto:tony.hook@frontiernet.net)  
Trail Development Coordinator..... Amanda Leamon.....[amanda.leamon@frontiernet.net](mailto:amanda.leamon@frontiernet.net)  
Trail Programs Coordinator..... Alex Schafer.....[alex.schafer@frontiernet.net](mailto:alex.schafer@frontiernet.net)  
Office Manager..... Marleya Pendleton.....[marleyapendleton@frontiernet.net](mailto:marleyapendleton@frontiernet.net)

Office Location..... 19 East 4<sup>th</sup> Street  
..... Crossville, TN 38555  
Office Hours..... 8am-5pm  
Phone: ..... 931-456-6259  
Fax: ..... 931-456-4934  
Email: [cumberlandtrail@rocketmail.com](mailto:cumberlandtrail@rocketmail.com)  
Website: [www.cumberlandtrail.org](http://www.cumberlandtrail.org)

## Cumberland Trail Spring Programs 2008

**March 27-April 3: NCCC Week-** Join a dedicated group of young people in construction of the Cumberland Trail from Frozen Head State Park to the Sundquist WMA. This will be a *Back Country Outing* in Frozen Head State Park; therefore volunteers are responsible for their own camping gear and the CTC will provide food and water. Work day will be 8-4:30 every day.

**April 7-11: Grassy Cove Week-** a NCCC team and volunteers will perform maintenance on Black/Brady Mountains. Food and lodging will be provided by the CTC @ Devil's Step Hollow in the Sequatchie Valley. Work day will be 8-4:30 every day.

**May 1-June 14: Big Dig 2008** in the Smoky Mountain Segment, food and lodging will be provided by the CTC @ Stony Fork School. Work day will be 8-4:30 every day.

**May 1-12: Phase 1** of bridge building in Rock/Possum/Soddy, food and lodging provided @ the Lutheran Camp near Soddy Daisy, Tennessee. Work day will be 8-4:30 every day.

**May 4-10: AHS Week-** The Cumberland Trail Conference will host an American Hiking Society Volunteer Vacation which will focus once again on the Smoky Mountain Segment. This is not limited to only AHS members but anyone who wants to work with this high spirited and hard working group of people. Food and lodging will be provided by the CTC @ Stony Fork School. Work day will be 8-4:30 every day.

**May 16-18:** Come out for the **Scout Weekend**, where you'll get the chance to work with girls and boy from all over Tennessee. Boys and Girl Scouts will be staying @ Nick's Creek Campground. For this event, food, water, and camping gear will be provided by the scout groups. There is a \$3.00 registration fee to cover the cost of the patch.

**May 19-June 14: Phase 2** of bridge building in Rock/Possum/Soddy, food and lodging will be provided @ Lutheran Camp near Soddy Daisy, Tennessee. Work day will be 8-4:30 every day.

**In order to make food and lodging plans, we ask that interested trail volunteers register for these events. Registration can be completed on-line at [www.cumberlandtrail.org](http://www.cumberlandtrail.org) or call the CTC office at 931-456-6259, fax 931-456-4934.**

## BIG SOUTH FORK CHAPTER

**CHAPTER OFFICER:** Jim Meadows  
423-628-6475 [jhnmhm@highland.net](mailto:jhnmhm@highland.net)  
**SECRETARY / TREASURER:** Benita Howell  
423-628-5521 [bjhowell@highland.net](mailto:bjhowell@highland.net)

**BOARD REPRESENTATIVES:** Tim & Lynn Takacs  
615-824-7048 [lynnTakacs@comcast.net](mailto:lynnTakacs@comcast.net)  
or [ttakacs@comcast.net](mailto:ttakacs@comcast.net)

**OUTINGS COORDINATOR** Tom Howell  
423-628-5521 [tshowell1003@highland.net](mailto:tshowell1003@highland.net)  
(Call Tom & volunteer to lead an outing.)

**TRAIL MAINTENANCE COORDINATOR** Bob Hemminger  
[dagbob@juno.com](mailto:dagbob@juno.com)

**Apr 12** Double Arch - Potter's Cave - White Oak Overlook, Fentress County, TN Double Arch and Potter's Cave are located inside "Double Arch Retreat" residential development. We'll carpool from Harrow Road Cafe in Rugby at 1:00 in the afternoon Eastern time, or hikers can meet at the trail head at 12:30 Central time. "Double Arch Retreat" is on the Old Mt. Helen Road, the road to Zenith, 3.2 miles east of the road to "Zenith Day Use" area. Drive about 0.7 miles past Honeycreek Horse Camp to the small parking area for Double Arch. We'll take a short walk to view the arch and explore the large rock shelter with hike leader Charles Gibbs. Then we'll take the newly graveled Park Road to the Honeycreek Trail Head parking area and hike to White Oak Overlook (3 mile round trip). This is an easy, beginner-level hike over ridge top terrain. To register and for more detailed driving directions, e-mail Charles Gibbs at [clgibbs@highland.net](mailto:clgibbs@highland.net).

## (cont) BIG SOUTH FORK

**Apr 19** Jack Carman's Wildflower Walks and Slide Program at Historic Rugby, 10:00 - 5:00 Eastern time with a lunch break. Guided walks usually include Gentlemen's Swimming Hole and Laurel Branch trails plus other walks around the village. \$12.00 registration fee. For information and to register, call (423) 628-2441 or 1-888-214-2400, or e-mail [rugbylegacy@highland.net](mailto:rugbylegacy@highland.net).

## CLARKSVILLE CHAPTER

**CHAPTER OFFICER:** J.R. Tate 931-920-2692  
[modelt@charter.net](mailto:modelt@charter.net)

**OUTINGS COORDINATOR:** Suva Bastin 931-645-2849  
(call Suva & volunteer to lead an outing)

**MEETS MONTHLY:** 3<sup>rd</sup> Tuesday, 7:00 pm CT at Crow Community Center, 211 Richview Rd.

**Apr 5** Ft. Donelson, Dover, TN; 8 miles, moderate; Jack Bastin 931-645-2849

**Apr 12** Ashland City Rails to Trails; 4 or 8 miles, easy to moderate; J. R. Tate 931-920-2692

**Apr 19** Piney River Trail, Spring City, TN; 10 miles, moderate; M. Hinton 270-725-0220

**Apr 26** Spring Fling at Dunbar Cave, Clarksville; S. Bastin 931-645-2849

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## COLUMBIA/FRANKLIN CHAPTER

**CHAPTER OFFICER:** Bobby Hardeman  
615-305-7955 puttr22@aol.com

**MEETS MONTHLY:** 1<sup>st</sup> Tuesday at Grand Buffet  
(Hwy 31, north side of Spring Hill).  
Socializing and dinner at 6:00pm CT;  
meeting starts at 7:00pm.

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**Apr. 1** Regular monthly meeting. Jerry Cooper, an avid hunter and outdoorsman, will share his adventures from a rafting trip down the Colorado River. Jerry (along with 12 other family members and friends) planned and conducted the trip last November. They put in at Page, Arizona, took out at Phantom Ranch in the Grand Canyon and hiked out to the rim, seeing wildlife and experiencing big rapids along the way. Jerry will make an exciting presentation with pictures and narration.

**Apr. 19** Possom Creek Hike. The hike is on the Possom Creek segment of the Cumberland Trail. It is a ten-mile hike starting at the Heiss Mountain Road trailhead north of Soddy Daisy on the south end going to Retro Hughes Road trailhead on the north end. There is 1000 feet of elevation gain and 1000 feet of elevation loss. We cross both Big Possom Creek and Little Possom Creek. The trail passes by Imodium Falls. Meet at A&D Market, Hwy. 431 at 7a.m. Register with hike leader Marvin Caine at (931)486-1632 or MLCaine@aol.com.

**Apr. 26** Short Springs Hike. Located 3½ miles northeast of Tullahoma on the Highland Rim, Short Springs is one of the best spring wildflower locations in the state. There are many familiar species, some uncommon plants for Middle Tennessee and state listed endangered plant species to see along the way. Meet at A&D Market, Hwy. 431 at 7a.m. Register with hike leader Brenda Callahan at (931)987-0678 or bkc4398@yahoo.com.

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## COVE LAKE CHAPTER

**CHAPTER OFFICER:** Richard Helm  
423-562-1110 Richard.Helm@ahss.org

**CO-CHAIR:** George Gill 423-562-7121

**MEETS MONTHLY:** Beginning in April, meetings will be held at Cove Lake State Park at 6:00pm on the first Monday each month. The meetings will return to the Lafollette Recreation Center in the fall.

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**Apr 6** We will be hiking the Lafollette Nature Trail meet 1:30 P.M. at the trailhead. It will be a 2-mile hike. More information contact Faith Dippold 423-566-8026

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## EAST TN CHAPTER (Oak Ridge / Knoxville)

**CHAPTER OFFICER:** Rosemary Marshall  
865-548-6171 Rosemary\_L@hotmail.com

**CHAPTER CO-OFFICER:** Allie Sasser Hubbs  
865-494-9522 hike\_announcement\_etchapter@yahoo.com

**ASSISTANT CO-OFFICER:** Elise Eustace  
865-712-1916 eliseeus@hotmail.com

**TREASURER:** Bob Uhren  
snowcap34@hotmail.com

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**Apr 5** GROTTO FALLS & TRILLIUM GAP GSMNP Come do this great hike with us. It's an easy quick trek to the waterfall and a steady climb from there up Trillium Gap. We will stop for a scenic brown bag lunch at 2.8 miles, the junction of Brushy Mtn Trail. This is a very popular fun trail. Total miles is approximately 5.6. We'll meet at the trailhead at 10:00 am est.

Directions: In Gatlinburg turn at Traffic Light #8. Take Historic Nature Trail Drive. It turns into one lane. Drive past the Roaring Fork parking area and look for the Grotto Falls trailhead. If you have any questions, call Lesley Price at 865-254-1193 or stenogirlprice@comcast.net.

**Apr 26** GSMNP-WHITE OAK SINKS VIA CHESTNUT TOP TRAIL This hike will start at the Townsend 'Wye' parking lot entrance to the Park. We'll begin ascending Chestnut Top Trail for 1200' over a distance of 2.7 miles before intersecting Schoolhouse Gap Trail at 4.3 miles and turning right. At the picnic table at the Park boundary we begin the off-trail descent into White Oak Sinks. While in the 'Sinks' we'll check out the Bat Cave, sinkholes, the disappearing waterfall, and the abundance of wildflowers. We exit White Oak sinks via a sometimes steep, well-worn path that leads back to Schoolhouse Gap Trail near the Turkey Pen Ridge Trail intersection. It's then just 1.1 miles down to Laurel Fork Rd. Total hiking distance will be about 7.5 miles and is rated moderate. Wear sturdy hiking boots and bring lunch and water. Meet at 9:00 A.M. ET at the Townsend Wye. For more info on this hike contact Keith Mertz at keithmertz@hotmail.com or 865-982-7368.

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### TTA's Calendar\*

The following dates in 2007 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you . . .

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days, etc.)
- will consider organizing/leading volunteers from your chapter/region for an event listed
- can be sure to prevent scheduling conflicts with an activity you wish to plan

Apr 7-13	TDEC's Natural Areas Week (Statewide)
Apr 18-30	CTC's Big Dig Trail Building Event on the Cumberland Trail
Apr 19	Earth Day Events (Observed Apr 22)
May 1-31	CTC's Big Dig Trail Building Event on the Cumberland Trail
May 3	Board of Directors' Quarterly Meeting (Location TBA)
May 4-10	American Hiking Society's Volunteer Vacation Trail Building Event on the Cumberland Trail
May 16-18	Boy & Girl Scout Troops Trail Building Event on the Cumberland Trail
Jun 1-14	CTC's Big Dig Trail Building Event on the Cumberland Trail
Jun 7	National Trails Day
Aug 2	Board of Directors' Quarterly Meeting (Location TBA)
Sep 14-20	B.R.A.T. (Proceeds Benefit the Cumberland Trail)
Sep 27	National Public Lands Day (Location TBA)
Oct 24-26	Annual Meeting (Liberty, TN) hosted by Nashville Chapter

\*Calendar will be revised as needed.

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## HIGHLAND RIM CHAPTER (Tullahoma Area)

**CHAPTER OFFICER:** H.T. (Tom) Bentley  
931-455-5849 *htbentley@charter.net*  
**VICE PRESIDENT:** Joette Carter 931-968-0073  
**OUTINGS COORDINATOR / NEWSLETTER CONTACT:**  
Marietta Poteet 931-924-7666  
*nannietta@blomand.net*

*(contact Marietta & volunteer to lead an outing)*

**MEETS MONTHLY:** 1st Tuesday at Crockett's restaurant in Tullahoma.  
Socializing & dinner at 6:00pm CT; meeting starts at 7:00pm

**Apr 1** - Flowers of Tennessee will be the subject of our monthly meeting. Meet at Crocketts in Tullahoma at 6:00 for dinner and 7:00 for the meeting/program. Contact Tom Bentley 931-455-5849 or 931-273-6344.

**Apr 13** - Short Spring Wildflower Hike at 7:30, 10:00 and 2:00. Hikes will be lead by Dennis Horn and Don Davidson. Meet at the parking lot for the natural area located under the water tower.

**Apr 16** - The Big Dig 1008 begins and runs through June 14th. Locations will be announced at <http://www.cumberlandtrail.org>.

**Apr 19** - Eat-hike-eat #4 at Saint Andrews Trails and Trilliums Wildflower Hikes. The Shakerag Hollow will be filled with wildflowers and a lovely hike. It is rated moderate. The distance is only 2 miles; however, there is a short ascent near the end. This hike will be slow with ample opportunities for pictures and study of the wildflowers. Many options will be available. Look at the website for Trails and Trilliums, Sewanee St. Andrews for meeting locations and times.

**Apr 26** - Joette Carter will lead a hike to the Walls of Jericho via Mill Creek (Red trail) and return via Alabama trail. Contact Joette at 931-968-0073.

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## JACKSON CHAPTER

**CHAPTER OFFICER:** Candy Higgs  
731-695-1960 *chiggs\_3@yahoo.com*  
**TREASURER:** Sara Hakim  
206-553-9334 *hakim@lambuth.edu*  
**SECRETARY** Don Dresser  
731-668-4190 *Donald\_Dresser@usit.net*  
**OUTINGS COORDINATOR:** Glen Rognstad  
731-217-5966 *grogstad5966@charter.net*

*(Call Glen & volunteer to lead an outing)*

**MEETS MONTHLY:** 2nd Monday at Perkins Restaurant, 999 Vann Drive in Jackson. Socializing & dinner starts at 6:00pm CT; meeting starts at 7:00pm

**Apr 5** - Natchez Trace - It will be a six mile hike. We'll start at the lodge and walk around the lake to the dam where we'll have lunch. We'll then hike back to the lodge. Bring plenty of water and wear sturdy shoes. This hike is rated moderate. For additional information and registration, please contact Gary Cooper @ [gcooper52@yahoo.com](mailto:gcooper52@yahoo.com).

**Apr 12** - We'll be hiking in southern Illinois. For additional information and registration, please contact Sara at [hakim@lambeth.edu](mailto:hakim@lambeth.edu)

**Apr 14** - Monthly meeting: meet at Perkins Restaurant. Dinner at 6:00 p.m. and meeting at 7:00 p.m.

**Apr 26** - Fisher Lake in Memphis. We will hike around the lake. For registration and information, please contact Anne Goodson @ [goodsona!@juno.com](mailto:goodsona!@juno.com).

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## MEMPHIS CHAPTER

**CHAPTER OFFICER:** Sandra Amsden  
901-830-8311 *amsden61@yahoo.com*  
**MEETS MONTHLY:** (Sep - May) 3rd Thursday at 7:00pm CT at Cordova Library, 8457 Trinity Rd.

**Apr 6**, Kennedy Park Explore the urban wilderness along the Wolf River Flood plain, a short yet scenic 2-½ mile path through cypress and tupelo gum wetlands and bottomland hardwood forest. Meet John Martin at 2:00 p.m. For information call John at 901-386-3722. Directions: I-40 Exit 10 onto Covington Pike North, go 2 miles turn left onto Raleigh LaGrange Rd, go 1 mile and look for park sign on the left. 4577 Raleigh LaGrange Rd38128

**Apr 12**, Crowley's Ridge State Park, Jonesboro, AR---Registration Required ---Join us for an easy to moderate 3 - 4 mile hike in the hills of Crowley's Ridge State Park. Dancing Rabbit Trail twists and turns through the forest and hills, crossing Dancing Rabbit Arroyo, a dry ravine. We will add a couple more short hikes for a total length of 3-4 miles. The park is an historic area where the first pioneers settled this part of Arkansas. The drive up the ridge from Jonesboro is particularly lovely if the dogwoods are in bloom. Allow yourself enough time to enjoy them and the winding road. The road is a part of the Crowley's Ridge Parkway, a national scenic byway. Meet at the visitor center at 10 am. Bring mosquito repellent, water, and lunch. Rain will cancel. Hike leader: Kristel Reed. Registration required. Email:(by Thurs) [krisriverwalker@wmconnect.com](mailto:krisriverwalker@wmconnect.com) Cell901-289-5981DIRECTIONS: Take I-40 west across the river to West Memphis. Take I-55 North towards St. Louis. Take the exit for Highway 63 North to Marked Tree and Jonesboro. When you get to Jonesboro, take Highway141 North. Stay alert for signs---you will have to make a few turns in the city. It is about 15 miles from Jonesboro to the park. When you are nearing the park, leave Highway 141 as it goes left, and take Highway 168 to the right or straight ahead. The park is not far from there. The visitor center is on the right.

**Apr 17**, Monthly Meeting at Cordova Public Library 7:00p.m. Keith Kirkland, Executive Director, Wolf River Conservancy The Wolf River Conservancy (WRC) has been around for 23 years. We just celebrated our best year yet. Topic for the presentation will be the WRC's mission to protect and enhance the Wolf River for passive recreation and education. The WRC is working to transform the urban Wolf River into the backbone of an incredible park and greenway system. When completed Memphians will be able walk, run, bike ride or roller blade from the Ms. R. Greenway Trail on Mud Island 30 miles to Collierville/Arlington Rd without ever crossing the street. Bring a friend and your questions about the greenway. <http://www.wolfriver.org/>

**Apr 19**, Meeman-Shelby Forest Join us for one of the BEST hikes in West Tennessee .Meet at the Park's Visitor Center at 9:00 a.m. for a 4-5 mile hike, bring water and snack/lunch. For information, call Jerry Lenski at 901-213-0604. Directions: From I-40, take Exit 2-A, turn right, go past 6 traffic lights to Watkins Road, turn left and continue until the road dead ends. Turn left, drive 1mile to a four-way stop and General Store then turn right, continue 1 mile, turn left into the park. [www.tnstateparks.com](http://www.tnstateparks.com)

**MEMPHIS cont. on page 5**

## (cont) MEMPHIS

**Apr 20.** V&E Greenline and Old Growth Forest If you are looking for an easy walk, meet John Martin at Overton Park, 2:00 p.m. Sunday for a 2-3 mile walkthrough the Old Growth Forrest and along the V&E Greenline. Meet at the bridge at the end of Old Forest Lane east of the Memphis College of Art and adjacent to Rainbow Lake playground parking lot in Overton Park. For additional information contact John at 901-386-3722.

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### MURFREESBORO CHAPTER

**CHAPTER OFFICER:** Millette Jones  
615-397-9588 *millette.jones@comcast.net*

**OUTINGS COORDINATOR / CO-OFFICER:** Tony Jones  
615-397-4463 *awj68@comcast.net*

*(Call Tony & volunteer to lead an outing)*

**MEETS MONTHLY:** 2nd Tuesday at 7:00 pm CT  
Barfield-Crescent Park's Wilderness Station  
697 Barfield-Crescent Rd., Murfreesboro

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**Apr 5.-** Madison County Green Mountain Nature Trail and Tennessee River Greenway, Huntsville. This 4-mile hike will be in two parts; both led by Bob Goodwin & Sandra Parker. Part 1 is the Madison County Green Mountain Nature Trail. Green Mountain (1,500 feet) is one of several mountains in the Huntsville area it includes a small lake, old cabin and a covered bridge. There will be minimal elevation gains. After our hike we will have lunch at a local restaurant. Then we will go to the nearby Tennessee River Greenway for Part 2 along the Tennessee River, beginning at Dittos Landing. Tony Jones will be the carpool coordinator and we will meet at Midway Diner on US 231 towards Shelbyville for breakfast at 7AM. We will depart for the hike from there at 8AM. For more info on CARPOOL ONLY, contact Tony at [awj68@comcast.net](mailto:awj68@comcast.net) or 615-397-4463. For more information and to register for the hike, please contact Bob Goodwin at [CAMEL40@earthlink.net](mailto:CAMEL40@earthlink.net) or 256-564-8417.

**Apr 8- Monthly Meeting,** 7PM at the Wilderness Station at Barfield Crescent Park. Our program for the evening will be from Kregor Adventures and Heli-Hiking in Canada.

**Apr 12-** Brady Mountain Segment of the Cumberland Trail in Crossville, The hike is about 8 miles from Highway 68 to Jewitt Road. There will be views of Grassy Cove below, Black Mountain to the north and on a clear day, the Smoky Mountains to the east. It is rated moderate to strenuous because of the elevation gain. Bring water, snacks, lunch and wear sturdy hiking boots. For information and to register contact Sara Pollard at 615-896-5804 or [spollard@mtsu.edu](mailto:spollard@mtsu.edu).

**Apr 18-20-** Cosby Area Loop- GSPMP, 18 miles, strenuous. Elevation gains over 3,000 ft. Highlights include old-growth forest and spring wildflowers. We will hike 12.5 miles on Saturday beginning at the Cosby Campground. We will take the Gabe Mt. Trail to Maddron Bald Trail to campsite #29. Sunday morning we will finish our ascent to over 5,000 ft. We will take the Snake Den Trail down to the Cosby Campground. Hike is limited to **8** experienced backpackers. Contact Tammy Day to register. [tday@comcast.net](mailto:tday@comcast.net)

## (cont) MURFREESBORO

**Apr 19** - Edgar Evins State Park Spring Fling, near Smithville on Centerhill Lake -- Celebrate Earth Day on a 2 mile birding and wildflower hike at 8:30 AM, rated moderate due to change in elevation, but we will go very slowly. By popular request, Melissa Turentine will lead the hike. She is very knowledgeable about the birds and wildflowers we will encounter. While at the park you may wish to take advantage of the other hiking trails, and enjoy a delicious meal at the Sweet Water Grille at the marina. Contact Fount Bertram for details, [fwbertram@dtccom.net](mailto:fwbertram@dtccom.net) or 615-765-5357

**Apr 22 --** Adventure Trip to Jack Daniels Distillery, and Lunch at Miss Mary Bobo's Boarding House Restaurant, Lynchburg, TN, rated easy. The distillery tour is free and lasts about 1 hour 15 minutes. Lunch costs \$19 per person, plus gratuity. The meal is hearty southern country fare, served family style. It includes two meats, 6 vegetables, beverages, bread, and dessert. The menu varies daily. No one leaves hungry from this famous eatery! Advance reservations are required for the restaurant, plus a non-refundable deposit of 50% of the bill for groups. This means Fount and Anna must put a check in the US Mail for 50% of the bill by March 29th to confirm the reservations. To assure your place at the table contact Anna or Fount Bertram as soon as possible at [abertram@dtccom.net](mailto:abertram@dtccom.net) or 61 5-765- 5357, and make arrangements to get your deposit to them, perhaps at the March monthly meeting. Anna and Fount have room for 6 more in their SUV, and will lead a carpool from Murfreesboro

**Apr 26-** Spring Wildflowers and Potluck Social, approx 4 miles, easy/moderate, Monterey. Join us for our 7<sup>th</sup> Hike & Potluck at the Bowling Farm. This 3-hour hike is rated moderate for several big hills and a creek crossing. We will be hiking some new trail and some trails we have enjoyed in the past. Bring a covered dish to share. If you are not up to the hike please come anyway, you can sit on the covered porch, socialize and enjoy the spring air. Meet at the Food Lion on Rutherford and Tennessee Blvds., we will depart promptly at 8am. For more info or to sign up contact Tony & Millette Jones at 615-397-4463 or [awj68@comcast.net](mailto:awj68@comcast.net)

### **Planning ahead-**

**May 3** – Wade Mountain Preserve is a Land Trust property located in Northwest Huntsville. Bob Goodwin and Sandra Parker will lead a 5-mile moderate hike. There should be an abundance of wildflowers. For more information and to register for the hike, please contact Bob Goodwin at [CAMEL40@earthlink.net](mailto:CAMEL40@earthlink.net) or 256-564-8417.

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Save the  
Date

TTA's 2008 Annual Meeting October 24, 25 & 26, 2008  
Indian Creek Camp (Liberty, TN)

## We have a new place for our board meetings!!!!

Shelby Bottoms Nature Center  
1900 Davidson St. Nashville

Saturday, May 3, at 1 p.m.

If someone from the Shelby Bottoms staff is available, I've asked them to come in for a couple of minutes at the beginning of the meeting to tell us about the center - as far as I know, it's the first "green" nature center in the Metro Parks system. There's more info on the Metro Parks website if you need it for the newsletter: [www.nashville.gov/parks/nature](http://www.nashville.gov/parks/nature)

### Directions to Shelby Bottoms.1900 Davidson Street. Nashville

From I-24 West, take exit #49 at Shelby Avenue and turn right at traffic light. Turn right at South 5th St and continue to stop sign. Turn left onto Davidson Street and follow to the Shelby Park entrance at the stone columns. Continue along river road to entrance of Shelby Bottoms Greenway under the railroad bridge.

For anyone coming from East or West TN, you would go west on I-24 from I-40.

### LEAVE NO TRACE PRINCIPLES

- Leave what you find.
- Minimize Campfire Impacts.
- Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waster properly.



## NASHVILLE CHAPTER

### CHAPTER OFFICER:

615-517-6486

Nora Beck

[nora\\_beck@comcast.net](mailto:nora_beck@comcast.net)

### OUTINGS COORDINATOR:

Libby Francis

[libbyslibbys@comcast.net](mailto:libbyslibbys@comcast.net)

*(email Libby & volunteer to lead an outing)*

### MEETS MONTHLY: 4<sup>th</sup> Tuesday at 7:00 pm CT

TN Wildlife Resources Association meeting room at Ellington Agricultural Center, 5105 Edmondson Pike. For directions, visit: [www.tennessee-trails.org/nashville.php](http://www.tennessee-trails.org/nashville.php)

**Apr 22 - Monthly Meeting:** Hikers get a special thrill taking trails that lead to views of our wonderful Tennessee rivers and waterfalls. The highlight of our March meeting will be Jonathan Harwell's presentation on "Beautiful Tennessee," which focus on the blueways - the rivers and streams of the state. Jonathan works for Nashville Public Television, WNPT, and his video presentation is bound to inspire. For a taste of some of the sights we'll see, you can go to <http://www.wnpt.net/tn/btn2/gallery.html>

**Apr 19 EARTH DAY FESTIVAL -:** Nashville TTA will have the TTA display at the Earth Day Festival in Centennial Park. Some members have already volunteered, but more are needed. You're bound to see folks you know at this big and free event - come and help staff the booth for a while, then take in the many other informative and inspiring displays. We'll be there by 10 to set up the booth, and the event will last from 11:00 a.m. to 7 p.m. Contact Nora Beck to pick your time slot - [nora\\_beck@comcast.net](mailto:nora_beck@comcast.net). This is the 38th Earth Day - it's only two years younger than TTA.

**Apr 6, Cumberland River/Bicentennial Trail, Ashland City, TN.** We will hike the Eagle Pass section of the Cumberland River Trail. It is an easy four miles round trip. There will be abundant wildflowers if it is anything like last year and we may spot some bald eagles. There is an established eagle's nest that is visible from the trail and with a good pair of binoculars you can see the mating pair and the eaglets. There will also be an option to extend the hike to the Mark's Creek Trailhead which would add an extra 4 miles for those who would like a longer hike. Bring water, snacks, tennis shoes will be O.K. on this hike, and money for lunch. We will eat at Stratton's. Call Nancy at 615-319-8811 or e-mail her at [njuodenas@hotmail.com](mailto:njuodenas@hotmail.com) for meeting time and place.

**Apr 13 - Mammoth Cave Railroad Trail, KY -** This is a new trail (opened December 2007) that roughly follows the old railroad spur which brought 19th century tourists from Glasgow Junction (Park City) to Mammoth Cave. We'll walk approximately 8.5 miles on a gravel surface (which can be muddy if the weather has been rainy). About 50% of the trail is flat, and the rest of it is rolling, hilly terrain. We'll meet at 7:30 am (central) off I-65 North. The drive to Mammoth Cave National Park is 1.5 hrs from Goodlettsville. Please contact me via e-mail BEFORE Saturday, April 12, and I will send you the meeting location and more information about this trip. Anne Wesley [ttahiker@msn.com](mailto:ttahiker@msn.com) 615-851-1052

**Apr 19 Twin Arches Loop, Big South Fork NRA, Jamestown, TN.** This is a moderately difficult hike of 5 miles. It is one of the favorite hikes in Big South Fork due to the two large rock arches along the trail. After the arches we'll go around the loop along some bluffs under some rock houses and over some rocks before reaching level ground at Jake's place. Lunch will be on

NASHVILLE cont. on page 7

## (cont) NASHVILLE

the grounds of Charit Creek Lodge. There is a steep 1-mile climb at the end of the hike. Wear sturdy hiking shoes and bring snack, lunch and water. For more information and to register call Garnett Rush at 352-7217 or e-mail [rushga01@yahoo.com](mailto:rushga01@yahoo.com).

**Apr 27** Shelby Bottoms/Stones River Greenway, Nashville, TN. We will hike Shelby Bottoms Greenway all the way to the dam at Percy Priest Lake. The hike will be 11 miles starting at Shelby Park and ending with a shuttle from the dam. This scenic trail runs along the Cumberland and Stones Rivers with many wildflowers and songbirds to cheer you on. Bring water and snacks. Tennis shoes would be fine. This hike is subject to change based upon completion of the pedestrian bridges crossing the rivers. People wanting to go on the hike should **EMAIL** Jerry at [Bigwagee@aol.com](mailto:Bigwagee@aol.com)

### **2008 Membership Directory** **It's Update Time!**

The 2008 edition of the TTA Membership Directory will be mailed to all current members in May/June. Please be sure your dues are paid up so that you will be listed in the directory, and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the last directory that was published in July 2007.

Here are a few ways you can notify us of your changes:

- • **Internet:** Visit our website ([www.tennesseehike.com](http://www.tennesseehike.com)), navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- • **Mail:** Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.
- • **Email / Phone:** TTA's Membership Director, Garnett Rush at [rushga01@yahoo.com](mailto:rushga01@yahoo.com) or 615-352-7217.

Not sure of when your membership expires? **Please** look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.

## **NORTHWEST CHAPTER** **(UT at Martin/Weakley County)**

**CHAPTER OFFICER:** Jim Clark 731-587-2225  
[jclark@utm.edu](mailto:jclark@utm.edu)

Our Chapter is working on the 2008 hike schedule and is active despite not having an announcement for specific hikes. Call Jim Clark at 731-587-2225 to find out what you can do to help the chapter.

## **PLATEAU CHAPTER (Crossville)**

**CO-CHAPTER OFFICERS:** Jan Barber  
931-839-6663 [taxxing@aol.com](mailto:taxxing@aol.com)

931-788-1724 Myrna Hollowat  
[genetn1@hotmail.com](mailto:genetn1@hotmail.com)

**SECRETARY/TREASURER:** Jim Grove  
**MEETS MONTHLY:** 2nd Thursday at 6:30pm CT. Art Circle Public Library's Community Room, 154 East 1<sup>st</sup> Street, Crossville

*There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at 931-484-9152 or Jim McCullough at [sue1290@frontiernet.net](mailto:sue1290@frontiernet.net). Rain cancels.*

**Apr 5.** Piney River Trail, Spring City, TN. Designated as a pocket wilderness by the Bowater Paper Company, it is now part of the Cumberland Trail State Park. The trail is 8 miles long one way and will require a shuttle. The hike is rated moderate due to the length. This is a great hike for wildflowers. We will also visit the Spider Den to see the interesting rock formations. Wear boots, and bring water, lunch and snacks. Meet at the parking lot in front of Trinity Tabernacle Assembly of God Church on Highway 127 South in the Homesteads at 8:00 AM CDT. For more information and to register, contact Carolyn Miller at 931/456-4465 or by e-mail at [cardan@frontiernet.net](mailto:cardan@frontiernet.net).

**Apr 10.** Chapter meeting. Art Circle Public Library Community Room. 6:30 PM CDT. Get ready for spring and come listen to our special guest Jack Carman, author of *Wildflowers of Tennessee*, a statewide full-color field guide for wildflowers. Mr. Carman will give the same presentation at Cumberland Mountain State Park, at 2:30 pm on Friday, April 11<sup>th</sup> at the park restaurant. His book will be available at the meeting and at the park.

**Apr 26.** Twin Arches Loop, Big South Fork. This is a moderately difficult hike of 5 miles. It is one of the favorite hikes in the Big South Fork due to the two large rock arches along the trail. After the arches we'll go around the loop to the right, along some bluffs, under some rock houses, and over some rocks before reaching level ground at Jake's place. Lunch will be at Charit Creek Lodge. If we time it right, we should see some huge trillium as we leave Charit Creek Lodge. There is a steep 1-mile climb at the end of the hike. Wear sturdy hiking shoes and bring snacks and water. Meet behind the Cracker Barrel in Crossville at 8 AM CDT to carpool. For more information and to register, please contact Carolyn Miller at 931/456-4465 or by e-mail at [cardan@frontiernet.net](mailto:cardan@frontiernet.net)

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## UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Pam Miller 931-526-9259  
*pdmiller@citlink.net*

**Apr 5** Castle Rock, Frozen Head State Park, Wartburg, TN. The first section of this hike is an ascent of 2 difficult miles to the Cumberland Trail but about 14 switchbacks make the hike a little bit easier. When we reach the Cumberland Trail we will follow the trail west to a pond (distance 2 to 2 ½ miles -our lunch stop). We will then return the way we came and go to Castle Rock. We will then reverse course and return to the trailhead by the same trail we came up on. The hike is 9.5 miles and rated difficult because of the ascent of Castle Rock. Bring snacks, lunch, water, and wear hiking boots. You can meet us at 8:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Pete Broehl at 931-738-3551 or *pabroehl@tnaccess.com*.

**Apr 12** Standing Stone State Park Lake Trail, Hilham, TN. This hike is about 5 miles and rated easy to moderate. Hopefully we will see a lot of wildflowers. You can meet us at 9:00am CT in the Penney's parking lot in Cookeville. Bring snacks, water, lunch, and hiking boots. For information and to register contact Hix Stubblefield at 931-526-2312 or *hixstub1@citlink.net*.

**Apr 19** Lilly Cliffs and Lilly Boulders, Lancing, TN. These two hikes total about 6 miles over rough terrain causing the hike to be rated difficult. The first hike begins at the top of Lilly Cliffs, which overlook the 200-foot Clear Creek gorge. After hiking downstream along the top of the gorge and passing several overlooks the trail descends to the base of the cliffs and heads back upstream along the cliff line, climbing back to the top and the cars. The second hike is a trip into Lilly Boulders which is a network of rock houses and large boulders that climbers use to practice maneuvers. Bring water, snacks, lunch, hiking boots, and \$1 to pay to park on private property. You can meet us at 8:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Kathleen Sullivan at 931-520-6294 or *ksully@frontiernet.net*.

**Apr 26** Savage Gulf Waterfalls, Savage Gulf State Natural Area, Altamont, TN. Highlights of this hike include six of the major waterfalls of Savage Gulf and the spectacular spring wildflower displays. This hike will begin at the Greeter Falls parking lot. We will see Upper and Lower Greeter Falls before descending into the gulf and taking the side trip to Ranger Falls. We will then continue along the Big Creek Gulf and Connector Trails before ascending from the gulf on the Collins Gulf Trail past Horsepound and Suter Falls. This hike is about 14 ½ miles and rated strenuous. Bring snacks, water, lunch, and hiking boots. You can meet us at 7:00am CT in the Penney's parking lot in Cookeville or at the US Bank across from the McDonald's in Sparta at 7:30. For information and to register contact Richard Savage at 931-526-2035 or *savage\_richard@hotmail.com*.

**Apr 26** Stone Door Ranger Station to Collins West, Savage Gulf State Natural Area, Beersheba Springs, TN. Highlights of this hike include impressive overlooks of Big Creek Gulf, the Stone Door, waterfalls, the sink of Fall Creek, and usually fantastic April trillium displays in Collins Gulf. We will descend into Savage Gulf through the Stone Door before joining the Connector Trail. We will follow the Connector Trail across the gulf before ascending from the gulf on the Collins Gulf Trail past Horsepound and Suter Falls. The hike is about 9 ½ miles and rated moderate to strenuous because of the distance, elevation changes, and rocky footing in some parts. Bring snacks, water, lunch, and hiking boots. You can meet us at 9:00am CT in the Penney's parking lot in Cookeville or at the US Bank across from the McDonald's in Sparta at 9:30. For information and to register contact Hix Stubblefield at 931-526-2312 or *hixstub1@citlink.net*.

### Tick Season is Approaching Be Prepared!

Tick season usually begins in late March (or whenever the warm spring weather arrives) and lasts until the first major frost. Unlike other biting insects, ticks do not bite immediately; they crawl around and find a nice, warm, hairy area, and then dig in.

You can prevent bites by wearing gaiters or long pants, tucked into your socks, spraying your clothes and skin with insect repellent, treating your clothes (not your skin) with Permethanone, and checking your body regularly for ticks. If you wear shorts, you will need to inspect your bare legs often. Light-colored clothing makes it easier to spot and remove a tick.

Although there are many methods for removing ticks, it is best to use forceps or tweezers, grasp the tick closely around its entire body, and pull straight out, gently and firmly. Afterwards scrub and sterilize the area.

Tiny deer ticks can cause Lyme Disease. In addition, larger ticks can carry Rocky Mountain Spotted Fever. If you experience flu-like symptoms and/or a spotted or measles-like rash, see a doctor immediately. Both conditions are treatable but fatal if not treated properly.

### Hike Registration? Why?

Our hike coordinators are volunteers. Make it easier for them to contact you in the event their hike needs to be cancelled by registering!

*Please, be considerate and register.*

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Save  
the  
Date

TTA's 2008 Annual Meeting  
October 24, 25 & 26, 2008  
Indian Creek Camp (Liberty, TN)  
Lots more information to come



## OFFICERS:

### President

Rosemary Marshall 864-548-6171  
*Rosemary\_L@hotmail.com*

### Vice-President

LouAnn Partington 931-393-4835  
*louannpartington@bellsouth.net*

### Treasurer

Don Dresser 731-668-4662  
*Donald\_Dresser@usit.net*

### Secretary

Carolyn Miller 931-456-4465  
*cardan@frontiernet.net*

### Past President

Anne Wesley 615-851-1052  
*ttahiker@msn.com*

### Previous Past President

Fount Bertram 615-765-5357  
*fwbertram@dtccom.net*

### West TN At-Large Director

D. Jack Smith 901-685-1586  
*djlawfirm@yahoo.com*

### Middle TN At-Large Director

Libby Francis 615-889-5718  
*libbyslibbys@comcast.net*

### East TN At-Large Director

Joe Matlock 865-354-6101  
*matlockjf@usit.net*

### Membership

Garnett Rush 615-352-7217  
*rushga01@yahoo.com*

### Cumberland Trail Conference Representative

Ray Garrett 865-483-4466  
*garrett.ray@comcast.net*

### TN Rails To Trails Advisory Council

Bob Richards 615-532-0753  
*robert.richards@state.tn.us*

CHAPTER REPRESENTATIVES ON THE BOARD  
 ARE LISTED WITHIN EACH CHAPTER'S HEADER

### Newsletter Editor

Leslie El-Sayad *editor@tennesseetrails.org*

## Newsletter Deadlines:

Deadlines for Chapter announcements  
 and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
<b>April 5</b> .....	May 1
May 10 .....	June 1
June 10 .....	July 1

Articles submitted are subject to editing and  
 will be included as space permits.

Please send all submissions to:  
*editor@tennesseetrails.org*

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We have an arrangement with amazon.com where TTA receives a commission on all items purchased (such as books, magazines, music, electronics, even perfume – anything purchased through the amazon.com website!!!!) when you enter their site through our website. It's very easy! Go to the TTA website ([www.tennesseetrails.org](http://www.tennesseetrails.org)), navigate to the "To Buy!" page, then follow the link to the "virtual bookstore." Commissions are earned solely on sales made through the TTA website, therefore always enter amazon.com from the TTA website, and do not sign up for their one-click service.

## Tennessee Trails Merchandise Order Form

\_\_\_\_\_ TTA Patch .....5.00  
*Round embroidered patch, sew it on anything.*

\_\_\_\_\_ TTA Window Decal .....2.00  
*A must for each car. Removable, no adhesives.*

\_\_\_\_\_ TTA License Plate.....12.00  
*Perfect for the front bumper of your car.*

\_\_\_\_\_ TTA 35<sup>th</sup> Anniversary Commemorative Patch .....5.00  
*Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.*

\_\_\_\_\_ TTA Flashlight Carabineer Key Ring, blue .....3.00

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_ Zip: \_\_\_\_\_

PHONE hm: (\_\_\_\_) \_\_\_\_\_ wk:(\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Mail your check payable to: Tennessee Trails Association  
 c/o Marietta Poteet  
 525 Huckleberry Place  
 Monteagle, TN 37356  
*nannietta@blomand.net*

*Please allow 4 weeks for delivery and prices shown include postage.*

Tennessee Trails Association  
P.O. Box 41446  
Nashville, TN 37204-1446  
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First Class Mail  
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Nashville, TN  
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**NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.**  
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.  
**PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!**

**YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .**

**A NEW MEMBER**

Apr 08

**RENEWING MY MEMBERSHIP**

Memberships are for one year, unless you have a Lifetime Membership.  
Gift Memberships are also available. Contact our Membership Director,  
Garnett Rush 615-352-7217 [rushga01@yahoo.com](mailto:rushga01@yahoo.com)

**Please Mail This Form To:**  
**Membership Director**  
**P.O. Box 41446**  
**Nashville, TN 37204-1446**

*PLEASE, PRINT CLEARLY.*

- \_\_\_ Individual \$25.00
- \_\_\_ Family \$35.00
- \_\_\_ Student (FULL-TIME) \$15.00
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- \_\_\_ Life Member (Individual) \$500.00
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City \_\_\_\_\_ State \_\_\_\_\_  
Home Phone ( \_\_\_ ) \_\_\_\_\_ Zip \_\_\_\_\_ -- \_\_\_\_\_  
Work Phone ( \_\_\_ ) \_\_\_\_\_  
e-mail \_\_\_\_\_

Please do not list my e-mail address in the TTA Annual Membership Directory

**Please list me with the following chapter:**

- |                       |   |                                      |                          |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork    | ___ Cumberland Gap                      | ___ Memphis                          | ___ Plateau (Crossville) |
| ___ Clarksville       | ___ East TN (Oak Ridge/Knoxville)       | ___ Murfreesboro                     | ___ Soddy Daisy          |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville                        | ___ Upper Cumberland     |
| ___ Cove Lake         | ___ Jackson                             | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville)      |
|                       |   |                                      | ___ At Large             |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

**As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.**

## Purchase Order

Tennessee Trails Association  
P. O. Box 41446  
Nashville, TN 37204-1446

Leslie El-Sayad  
Home: 865-717-6246  
Les1202@aol.com

March 17, 2008

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Leonard Chavaz  
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colplprt@bellsouth.net

## Newsletter Printing

Cover Date: April 2008

Number of pages submitted  
with this purchase order: 10 pages

Printed Paper size: 2 - 11 x 17 sheets  
1 - 8½ x 11 sheets  
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11 x 17 pages to be folded in ½ by Color Plus

Paper Weight: 20 pound paper weight

Paper Color: white

Ink Color: black

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Leonard, please contact Diane Manas at 615-352-7777  
or 615-351-6431 to arrange:

- Her picking up newsletters from you at Color Plus Printing or,
- Your delivering newsletters to her home or,
- Your delivering newsletters to the newsletter party, which will be:  
March 20 at 6:00pm at Nora Beck's; 3811 Baxter Ave, Nashville (37216); 517-6486