

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



Start making plans to attend the TTA annual meeting at the Clyde M. York 4-H Camp in Crossville, TN

**Mark your calendars and reserve the dates:
October 12 – 14, 2007**

Watch for details in future issues

2007 Membership Directory

It's Update Time!

The 2007 edition of the TTA Membership Directory will be mailed to all current members in June/July. Please be sure your dues are paid up so that you will be listed in the directory, and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the last directory that was published in August 2006.

Here are a few ways you can notify us of your changes:

- **Internet:** Visit our website (www.tennesseehiking.org), navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- **Mail:** Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.
- **Phone:** TTA's Membership Director, Garnett Rush at 615-352-7217.

Not sure of when your membership expires? Please look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.

National Trails Day service opportunity at Radnor Lake . . .

Chuck Robinson, outreach specialist for REI in Brentwood, TN, has asked TTA to be a sponsor for the National Trails Day service project at Radnor Lake State Natural Area. Chuck does know about the fine chance to commune with nature at the Sundquist Wildlife Management Area on that same day, building the Cumberland Trail, but we also know that not all chapters or members can plan to travel that distance.

TTA members and all who want to volunteer at Radnor are asked to gather at the main visitors' center off Granny White Pike by 8:00 a.m. on Saturday, June 2. Work will continue until noon. Friends of Radnor Lake will supply work gloves and water; and tools will be provided as well. Five bridges need new decking; and some gravel and mulch work are also on the task list. Chuck said that tee shirts will be given to the volunteers. Steve Ward, who manages the SNA, needs to know if you have a group coming. His e-mail is steve.ward@state.tn.us; please let him know if more than just one or two are coming from your chapter. If you want to MapQuest driving directions to Radnor Lake, use 1160 Otter Creek Road, Nashville, TN 37220.

CUMBERLAND TRAIL CONFERENCE

Office Location 19 East 4th Street
Crossville, TN 38555
Office Hours 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

CUMBERLAND TRAIL CONFERENCE STAFF:

Executive DirectorPaul Freeman paul.freeman@frontiernet.net
Trail CoordinatorTony Hook tony.hook@frontiernet.net
Office ManagerJanet D. Smith janet.d.smith@frontiernet.net

The Cumberland Trail Conference's 12th annual Break-Away has come to a close. This Break-Away was certainly different than the last 4 Break-Away programs. As many of you know, the trail building emphasis has shifted from the Soddy-Daisy area to the northern corridor of the Cumberland Trail near Caryville. The goal is to complete the Smoky Mountain segment of the CT which would connect Cove Lake and Frozen Head State Parks with one continuous trail. Besides a short segment of trail built during Big Dig 2006, this section of the CT has not had any new trail built since 2001. In addition this Break-Away had another twist; during the week of March 12-16 a second Break-Away took place near Crossville. Therefore, as you can imagine, many logistic issues had to be worked out and with the tremendous assistance of TTA volunteers and others all of the pieces of the puzzle fell into place and this Break-Away was a huge success. Break-Away 2007 produced many accomplishments. In the north, 253 students, 10 Americorp members, 23 trail volunteers, state park personnel, and CTC staff built approximately 4 miles of trail in 18 days totaling 8400 volunteer hours. In support of this trail building effort, 8 volunteers assisted the kitchen staff and 4065 meals were provided. This building effort almost completed the link up of trail from the New River north to completed trail at Green's Branch. In Crossville, 45 students, 19 trail volunteers, and CTC staff built approximately 1.5 miles of trail in 4 days totaling 1800 volunteer hours on the trail. Numerous volunteers supported this trail building effort by cooking and providing 750 meals. This endeavor completed the re-route of the trail on the western slope of Black Mountain down to Windless Cave.

As I stated earlier none of this would have been possible without the help of the various TTA chapters and their membership. I am sure all of the chapters assisted in some way whether it was through the proceeds of the annual auction, money and food donated during the Break-Away program, kitchen and other logistic support, or TTA members coming out and getting dirty by helping to build the trail. Without this support, all of the accomplishments of Break-Away 2007 would not have been possible and I want to say thank you. However, I ask that we do not stop with these accomplishments and we keep the momentum going. Big Dig 2007 is on the horizon, May 10-June 30, and I ask all TTA members to help support it. We will be based out of Stony Fork School near Caryville. This school was closed in the summer of 2005 and is still in good condition. It has water, electricity, a cafeteria, hot showers, and air conditioned rooms. The citizens of Stony Fork are excited about it being used which is good public relations for the trail. All that is needed are volunteers. Will you help complete the Smoky Mountain segment and bring Tennessee's 53rd state park and the vision of the TTA founders another section closer to completion? Thank you, Tony

CTC Spring 2007 Schedule

(Registration is requested for these events)

May 11-June 10, Spring 07 Trail Building (a.k.a. Big Dig), Stony Fork Community, TN:

Volunteers will continue the trail building effort started during Break-Away 07. Lodging and food will be provided at the Stony Fork School. Educational programs will be offered on some evenings and a "ho-down" on Friday evenings. Besides the usual personal trail building items, volunteers will need some type of bedding such as a cot or air mattress. Tent camping is also available. All volunteers are greatly needed. Registration is requested in order to plan work details and the food needed.

May 13-May 19, American Hiking Society Volunteer Vacation, Stony Fork Community, TN:

American Hiking Society volunteers will be working with CTC staff and volunteers during the Spring 07 Trail Building program. All participants will be staying at the Stony Fork School.

May 18-May 20, Scout Weekend, at Nick's Creek Campground, TN:

Scouts will camp at Nick's Campground on the New River. Saturday, May 19, will consist of morning trail construction and the afternoon will be outdoor classes on merit badge and rank advancement requirements. On Sunday, May 20, the scouts will be able to participate in a 5-or 10-mile hike. Participants are responsible for their own food, camping gear, and transportation.

MAY 25-May 27, TTA Weekend (first annual), Stony Fork Community, TN:

This weekend is concurrent with the Spring 07 Trail Building Program. Lodging and food will be provided at the Stony Fork School. Besides the usual personal trail building items, volunteers will need some type of bedding such as a cot or air mattress. Tent camping is also available. This is an opportunity for all TTA Chapters to participate in helping to build the Cumberland Trail. Saturday, May 26, will be a day of trail construction in the Sundquist Wildlife Management Area. There will be a cookout that evening. Sunday, May 27, will be a day of hikes in the area. Hikes will range from easy to difficult. In addition to the trail volunteering and hikes, the TTA chapter with the most volunteers will win the CTC/TTA Volunteer Spirit Stick for the year.

June 2, National Trails Day, Stony Fork Community, TN:

This will be a day of celebrating NTD by doing trail construction in the Sundquist Wildlife Management Area. There will be a cookout that evening at Stony Fork School.

June 18-June 30, Trail Maintenance and Inventory, Cumberland Trail:

Details will be announced

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Charles Gibbs
423-628-5678 *cgibbs@highland.net*
SECRETARY / TREASURER: Benita Howell
423-628-5521 or 865-974-7797 *bhowell@nxs.net*
BOARD REPRESENTATIVES: Tim & Lynn Takacs
615-824-7048 *lynnTakacs@comcast.net*
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OUTINGS COORDINATOR Tom Howell
423-628-5521 *tshowell1003@highland.net*

TRAIL MAINTENANCE COORDINATOR: Bob Hemminger
dagbob@juno.com

Due to the **Rugby Spring Festival** and other conflicts, there are no Saturday hikes scheduled for May. Join hikes sponsored by other chapters this month, or plan to participate in Cumberland Trail weekend activities. Impromptu weekday hikes or trail work sessions will be announced via our e-mail list. To volunteer to lead hikes later in the year, or to join the chapter e-mail list, contact Tom Howell at tshowell1003@highland.net.

CLARKSVILLE CHAPTER

CHAPTER OFFICER: Merri Hinton *andrews@logantele.co*
CO-CHAIR: Suva Bastin 931-645-284
SECRETARY: Lucy Weikel 931-358-576
j107sw@aol.co
TREASURER: Sandy Janus 931-551-852
CONTACT FOR HIKES: J. R. Tate 931-920-2692
modelt@charter.n
MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT,
Crow Community Center 211 Richview Rd

May 5-6 Overnight backpacking trip, Snow Falls (6 miles) and Laurel Falls (5 miles); moderate; Merri Hinton, 270-726-3141 Alternate hike: Beaman Park; 3 miles, easy; Lilli Ball, 931-552-2773

May 12 Pennyrile Forest SP; 5 miles, easy to moderate Sandy Janus, 931-551-8523 Alternate hike: LBL section hike; 20 miles, strenuous; J.R. Tate 931-920-2692

May 19 Pickett Loop, LBL; 8 miles, moderate; Sandy Janus, 931-920-2692 Alternate Event: Work hike at Rotary Park; Judith Tate, 931-920-2692

May 25-27 TTA Memorial Day Weekend Work Hike on the Cumberland Trail at Stony Fork (Sundquist Wilderness Wildlife Area (near Careyville, TN. Lodging and food provided; bring cot/air mattress and sleeping bag.) Register with CTC, Tony Hook, 931-456-6259

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Sherrie Yokley
931-703-2251 *syokley@wavesinc.com*
MEETS MONTHLY: 1st Tuesday at 6:30 pm CT
Grand Buffet (North of Spring Hill)

May 1 Chapter Meeting 7 PM Grand Buffet Spring Hill, TN. Chad Harden, West Tennessee Stewardship Ecologist of Natural Areas for the Tennessee Department of Environmental Conservation will be our guest speaker. Chad is known to most of us for his help in building Stillhouse Hollow Falls Trail. Dinner starts at 6 and our meeting begins at 7.

May 5 Bobby Hardeman will lead a hike of the Meriwether Lewis Trail at The Natchez Trace. We will meet at Columbia State Community College on Hwy. 412 and park near the Administration Building. We will leave there at 8:30 and meet at the trail head near exit 385.9 at 9. The hike is about 4 miles and rated easy. Wear sturdy boots and bring water and snacks for the trail. We should be back at Columbia State by 1. Those who want can join us at Santa Fe Cattle Company in Columbia for lunch. Please register with Bobby at puttr22@aol.com or phone (615)305-7955.

May 19 Marvin Caine will lead us on a hike at Stone Door. Our hike will begin at the Stone Door Ranger Station down thru the door and along Big Creek Trail. We will have lunch at Ranger Creek Falls then continue along Big Creek Trail out of the gulf and on to Greeter Falls. We will drop a car at this parking lot before the hike to shuttle us back to the ranger station and from there home. We will stop at Marvin's favorite restaurant for dinner on our return trip. This hike is 7 miles and rated difficult because of rock hopping and the climb out of the gulf. Wear sturdy boots and bring water, lunch and snacks for the trail. We will meet at A&D Market, 1 mile south of I-840 on Hwy. 431 (Lewisburg Hwy.) at 7:30 AM. We will not be back at A&D Market till 7 that evening. Register with Marvin at mlcaine@aol.com or phone (931)486-1632.

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm
423-562-1110 *Richard.Helm@ahss.org*
CO-CHAIR: George Gill
423-562-7121
MONTHLY MEETING: **May 7** 6:00pm Cove Lake State Park Shelter One. Call Richard for info 562-1110

May 19 Lafollette Nature Trail. 3 miles easy. Meet at 2pm in parking lot behind city hall. Call Richard 562-1110.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall
rosemary_1@hotmail.com
CO-CHAIR: Allie Hubbs
Hike_announcement_etchapter@yahoo.com
TREASURER: Harold Draper
.h.m.draper@att.net

May 5 Cumberland Trail, Smoky Mountain Segment: Continuing our exploration of the northern part of the CT, and as a prelude to the CTC's Spring Trail Building on the Smoky Mtn. Segment this year, we'll day hike part of the CT above Caryville to Montgomery Fork. About 7 miles roundtrip out and back with an option to hike farther, if the group wants, toward the current end of the existing trail. Meet at 9 a.m. at Cracker Barrel at the Merchants Road exit of I-75 on the north end of Knoxville. From there, we will carpool, about a 45-minute drive. Anyone wanting to do breakfast, meet at 8 a.m. For more information and to register, contact Russ Manning at 865/257-0427 (cell) or preferably russmanning@charter.net.

May 20th: Clear Creek Trail (Historic Hike) Norris, Tennessee This is a scenic and pristine walk in the Norris watershed through hardwood forests populated by songbirds, deer, and wild flowers. This area was the former site of the town of Peril. We will see where electricity was generated at the turn of the 20th century (decades before TVA), and visit an historic cemetery. You'll be surprised to learn that a chair factory and mill operated here. Nature has reclaimed all traces of this early settlement. The hike begins from the Norris pumping station on Lower Clear Creek Rd and runs about 2.5 miles along and across Clear Creek with several historic markers and sites along the way. The hike is about 5 miles round trip of mostly level terrain, although there is a hill going up to the old Red Hill Church cemetery. Bring water, waterproof your boots, and bring your camera. This is a nice relaxing walk next to a beautiful stream with a history lesson combined. **Directions:** Going north from Knoxville on I-75, take Exit 122 (Norris/Clinton). Turn right on Hwy. 61, travel past the Museum of Appalachia, and turn left (north) on Hwy. 441 toward Norris Dam. Travel 4 miles to the Lenoir Museum and turn right at the Grist Mill onto a gravel road (Clear Creek Rd) and follow it for approximately one mile. Turn left just past the water tank and then right into the parking area.

JACKSON CHAPTER

CHAPTER OFFICER: Gary Cooper
731-424-5375 *gcooper52@yahoo.com*
MEETS MONTHLY: 1st Tuesday. Socializing & meal starts at 6:00p CT; meeting starts at 7:00 at Perkins Restaurant 999 Vann Drive in Jackson

May 12-Cloudland Canyon -Roy Corley 731-668-5070 This is a great hike with wonderful views for more details and to register call Roy Corley or roycorley@aeneas.net

HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: Tom Bentley
931-455-5859 *htbentley@charter.net*
VICE PRESIDENT: Joette Carter 931-968-0073
TREASURER: Marietta Poteet 931-924-7666
NEWSLETTER CONTACT: Sharon Bell 932-455-1652
MEETS MONTHLY: 1st Tuesday at 7:00p at the Crockett's restaurant in Tullahoma

May 26 Canoe or kayak 8 to 10 miles on Elk River, scenic and clear water for more info and to register, call Joette at (931) 968-0073 before May 26th

May 28 (Memorial Day) Lake party/picnic in Tennessee. Come anytime after 11 am until ? 5 mile easy hike at 1:30 pm Small lake with paddle boats and canoes, hiking trails, picnic pavilion Bring: whatever food, ice, drinks, etc you want to eat, swim suits weather permitting Also lawn chairs, however, there are 15 chairs already there. Gas grill provided, and campfire for those who want to stay really late. Bring fishing poles, if you like to Fish but you need a Tennessee fishing license.....however, chances are no game warden will come and give anyone a ticket. Joint party with Sierra Club For information, call Joette(931) 968-0073 no need to call and confirm as I will be there regardless. **DIRECTIONS:** From courthouse at Winchester, go west on business 64 (courthouse will be on your left and movie theater on your right at square) about 2miles and turn south (left) onto hwy 16. Cross 4 lane hwy 64 and continue up Keith Springs Mountain (about 10miles from this intersection ...16 and 64).I am located between mile marker 22 and 23 on hwy 16 on the left at "Jehovah Jireh Lane". Follow this asphalt driveway to lake.

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MEMPHIS CHAPTER

CHAPTER OFFICER: Carolyn Pierce
901-755-5635 cedpierce2000@yahoo.com
MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00 pm at Cordova Library, 8457 Trinity Rd. Turn east off Germantown Parkway onto Trinity Rd. approx. 1 mile on the right. Library shares entrance with Bert Ferguson Community Center

May 5, Jonesboro Nature Trail - Hike Cancelled
May 12, V&E Greenline Meet John Martin at 9 a.m. at the northwest corner of Rhodes College Campus at Jackson and University. We will caravan to the V&E Greenline at Springdale and railroad. This is an easy 3 mile walk. Questions, call Pam Beale at 901-385-9620.

May 17, Monthly Meeting - Cordova Public Library at 8457 Trinity Road. Hear about past and upcoming hikes and meet/greet members and friends.
May 20, Memphis Chapter Annual Picnic The picnic will be at the lakeside home of John and Regena Martin (canoes and paddle boats available). This is a potluck, bring your favorite summer dish and a lawn chair. Socializing 1-2 p.m. and eat at 2 p.m. The address is 3876 S. Lakewood Dr., in the Lake Windermere subdivision near Raleigh. For directions, call John or Regena at 386-3722

May 20, Memphis Chapter Annual Picnic The picnic will be at the lakeside home of John and Regena Martin (canoes and paddle boats available). This is a potluck, bring your favorite summer dish and a lawn chair. Socializing 1-2 p.m. and eat at 2 p.m. The address is 3876 S. Lakewood Dr., in the Lake Windermere subdivision near Raleigh. For directions, call John or Regena at 386-3722.

Don't Miss an Outing Plan Ahead Register Early!

Our hike coordinators are volunteers. Make it easier for them to contact you if a hike needs to be cancelled by registering!

There are times when a hike leader must limit the number of participants (due to park regulations, etc.) on an outing. Please do not wait until the afternoon or evening before the outing to RSVP.

Plan ahead and register early.

Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. Please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him or her by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident !!! *The drive to and from a trailhead is generally the most dangerous part of any hiking trip.*

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER: Rita Senko
865-354-6101 rsenko@usit.net
SECRETARY/TREASURER: Mitze Anderson
931-788-6731 mitze1@yahoo.com

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at 931/484-9152 or Jim McCullough at sue1290@frontiernet.net. Rain cancels.

May 10 Monthly Chapter meeting. Joey Carlton, Cumberland Trail State Park ranger, will do a presentation about snakes of Tennessee. Join us at 6:30 PM at the Art Circle Public Library Community Room for a live look at some beautiful and often misunderstood creatures.

May 12 - Walls of Jericho, Tennessee/Alabama line The Walls of Jericho is a large, bowl-shaped natural amphitheater that is part of more than 21,000 acres of rivers, forested uplands and caves spreading across the Alabama and Tennessee state line acquired by the Nature Conservancy. The hike is about 4 miles in length, one way, and is downhill most of the route into the gorge. It is a strenuous hike, so wear comfortable shoes and bring plenty of water, lunch, and snacks. The trail is well marked but often is muddy for days after a rain shower. Several streams have to be crossed, so either bring a second pair of river shoes or plan on getting a little wet. The driving time from Crossville is a little over 2 hours. The hiking time will be about five hours. Meet at the Tractor Supply in Crossville at 7 am CDT to carpool. Contact Joe Matlock at (865) 354-6101 for more information.

May 19 - Cloudland Canyon, Rising Fawn, Georgia (Northwest Georgia) Located on the western edge of Lookout Mountain, this is one of the most scenic parks in Georgia, offering rugged geology and beautiful vistas. The park straddles a deep gorge cut into the mountain by Sitton Gulch Creek, and elevation differs from 800 to 1,980 feet. The hike along the West Rim and Waterfalls Trail includes a 600-step staircase on the way to two waterfalls cascading over layers of sandstone and shale into pools below. The total hiking distance will be about five miles and about three to four hours in length. The driving time from Crossville is a little over 2 hours. Bring water, lunch, and snacks. Meet at Cumberland Mountain State Park boat dock parking lot at 7am CDT. Contact Jim McCullough at 931/484-822 or at sue1290@frontiernet.net for more information

LEAVE NO TRACE PRINCIPLES

- Leave what you find.
- Minimize Campfire Impacts.
- Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waste properly.

MURFREESBORO CHAPTER

CHAPTER OFFICER: Anna Bertram
abertram@dtccom.net 615-765-5357
OUTINGS COORDINATOR: Millette Jones
millette.jones@comcast.net 615-397-9588

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT
Barfield-Crescent Park's Wilderness Station
697 Barfield-Crescent Rd., Murfreesboro

May 5 - Fall Creek Falls State Park- Paw Paw Trail, easy, 5.3 miles.

Beginning at the Nature Center the first trail is an easy 4.5 mile loop featuring overlooks of Cane Creek Falls, Cane Creek Gorge, and Fall Creek Falls. The second 0.8 mile loop includes further overlooks of Cane Creek Gorge, Rocky Point, and Fall Creek Falls. Bring water and lunch for a total hiking time of about 2 ½ hours. Alternately, some may wish to have lunch at the Inn. To register contact Nabil Wakid at 615-893-7942 or email nwakid@bellsouth.net

May 8 – Monthly Meeting at 6 PM - Finger Food Supper and Hike Planning for August 2007 through January 2008. This is one hour earlier than usual so we can eat and get our scheduling done by 8:30 PM. It's time now for each Murfreesboro Chapter member to be thinking about a new schedule of hikes and other outings. Which ones have you enjoyed the most? What hikes would you like to do in the future? What hikes will you be willing to lead? What dates will you be available? Bring your written list, your calendars, brochures, and anything else you need to help out with the planning. As for the Finger Foods . . . just bring anything you wish to share, such as sandwiches, chips and dips, veggie or fruit trays, cookies, pretzels, etc. Beverages, plates, cups, and utensils will be furnished. Any questions? Contact Anna Bertram, abertram@dtccom.net or 615-765-5357.

May 12- South Cumberland State Park- Collins Gulf, moderate/difficult, 10 miles. Jim and Marietta Poteet will lead this hike to Collins Gulf, which should be a beautiful hike with wildflowers, waterfalls, and pleasant spring temperatures. This hike is rated moderate/difficult due to length and rocky terrain. At press time there were still plans in the making for a carpool from Murfreesboro. Please check the TTA website for up-to-date information about whom to contact.

May 18 – 20 – Car Camping weekend at Cloudland Canyon State Park, Rising Fawn, Georgia. This will be a fun weekend of day hikes, camp cooking, and relaxing with friends. Cloudland Canyon is on the back side of Chattanooga's Lookout Mountain. It's an easy drive there; just take I-24 to I-59 toward Birmingham (before Chattanooga), take the Trenton Exit and follow the signs. It is the only place around here where mountain laurel and rhododendron bloom at the same time, and usually they are at their showiest the week before Memorial Day. The campgrounds and cabins are clean and attractive. Campgrounds and cabins require reservations and fill up early, so hop to it as soon as possible if you plan to stay either or both nights. To reserve overnight accommodations and for more information on the park, go to the following website: gastateparks.org To let Fount and Anna know to expect you, please send a message to: fwbertram@dtccom.net or phone 615-765-5357

MURFREESBORO (cont)

May 19 –Cloudland Canyon State Park- West Rim Trail, easy/moderate, 5 miles. (Same directions as above.) If you cannot camp this weekend, we invite you to join us for a beautiful day hike along the west rim of Lookout Mountain. The features include interesting rock formations and breathtaking overlooks; we may also see the native rhododendron and mountain laurel in full bloom. Meet at the park office at 10 AM, but please let us know to expect you. There is a park access fee of \$3 per vehicle. You will be welcome to rest and eat your sack lunch with us at the campground after the hike, or eat in a nearby restaurant. If there is enough interest it may be possible to have a carpool convoy from Murfreesboro. Please contact Fount or Anna Bertram to signup, and for more information – fwbertram@dtccom.net or 615-765-5357

May 26-27 – First Annual TTA Weekend on the Cumberland Trail This Memorial Day Weekend is an opportunity for all TTA Chapters to participate in helping to build the Cumberland Trail. Saturday, May 26, will be a day of trail construction in the Sunquist Wildlife Management Area. There will be a cookout that evening. If you stay for Sunday, May 27, it will be a day of hikes in the area. Hikes will range from easy to difficult. The TTA chapter with the most volunteers will win the CTC/TTA Volunteer Spirit Stick for the year. The real prize, though, will be the personal satisfaction participants will experience when they contribute their efforts to the completion of their/our trail. Lodging and food will be provided at the Stony Fork School, near Caryville (East TN). Besides the usual personal trail building items, volunteers will need some type of bedding such as a cot or air mattress. Tent camping is also available. Please contact your Chapter Officer if you are willing to coordinate a carpool or convoy for this event – Anna Bertram, abertram@dtccom.net or 615-765-5357

Attention: Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website: www.tennesseehike.org/release.php

NASHVILLE CHAPTER

CHAPTER OFFICER: Nora Beck
615-617-6486 *nora_beck@comcast.net*

OUTINGS COORDINATOR: Libby Francis *Libbyslibbys@Comcast.net*
(*email Libby & volunteer to lead an outing*)

MEETS MONTHLY:

HIKING HOTLINE: 615-367-7045

May 22 Our monthly meeting takes the form of our Annual Picnic! Join us for hikes and a potluck picnic at Edwin Warner Park. Hikes are scheduled to begin as early as 3pm. Supper will get underway around six-ish at Picnic Area #10, the same area we've used for the past several years. After dinner, we'll finish off with a twilight hike through the hills. For more information on the day's events, call Jim or Jenice Johnson at 356-6246.

May 5 Centennial Park, Nashville Walk in the park with Mayor Purcell. Nashvillians can take a walk in the park with Mayor Bill Purcell each month during the Celebrate Nashville festivities. The walk will be held rain or shine on the first Saturday of each month through June. Most of the walks will be about an hour long. All hikes are free, open to the public and start at 9am CT. For more information on these hikes, call the Mayor's office at 615-862-6000.

May 6 Hike with Dave Walton. May 6 Cheeks Bend Bluff View Trail near Columbia/Wild Turkey Trail at Henry Horton State Park. This is a Sunday afternoon doubleheader featuring a pair of easy hikes within an hour of Nashville. Cheeks Bend, located in the Yanahli Wildlife Management Area, measures an easy 1.8 miles. It features views of the Duck River along wooded bluffs. Afterward we'll take the half-hour ride to Henry Horton, outside Chapel Hill, and take in the Wild Turkey Trail. It also is rated easy; it measures 2.5 miles, mostly through woods. For more details and to pre-register, call Dave Walton at 292-1384.

May 12 Jones Mill and part or all of Bryant's Grove, Nashville. Jones Mill is a new and beautiful 2.8 mile trail on the way to Bryant's Grove, Long hunter State Park. It's a nice easy trail. There's a great view of Percy Priest Lake. Call Robbie Benson for time and place to meet.

Work 615-781-6504 or cell 615-419-1165

May 19 Bearwaller Gap Trail. Carthage, TN. This Corps of Engineers trail extends from Tater Knob Overlook above the Cordell Hull Dam to Defeated Creek Recreation Area on Cordell Hull Lake for a total of 5.7 miles. The trail provides many dramatic overlooks from the bluffs, and often we spot wild turkeys, turkey vultures, and waterfowl. This is a one-way hike and requires a car shuttle between the Tater Knob Overlook and Defeated Creek Recreation Area. The trail is rated moderate for the several rolling hills we will climb. Bring snacks, lunch, water, and wear hiking boots. For more information and to register contact Jim Johnson, 615-356-6246 or e-mail at jimjohnsonjr@gmail.com.

NASHVILLE (cont)

May 19 Trail Building Workday at Beaman Park, Nashville. 9:00 am to noon CT. This trail building project will connect the new nature center site with the existing park trail system. Bring work gloves. We will provide the tools. Meet at the Creekside Trailhead. For more info, call Libby Francis at 615-889-5718 or e-mail libbyslibbys@comcast.net.

May 20 Walls of Jericho 7 mile hike rated strenuous due to the elevation change of 100 feet and the slippery areas near the bottom of the trail. Creek crossing is involved. This hike is well worth the effort due to the 150-200 foot rock cliffs in the canyon from which the area derives its name. Wear boots, bring hiking stick, water, snacks, lunch and money for carpooling. Meet at the Target on Bell Road at 8:00 a.m. For more information and to register call Garnett Rush at 615-352-7217 or e-mail *rushga01@yahoo.com*.

May 26 Sellars Farm State Archaeological Area, near Lebanon, TN. Our easy, 2 mile hike will take us through the site of a fortified prehistoric Native American village of the Mississippian cultural period occupied from 1000 AD to 1300 AD. We will see earthen walls and a burial mound. There are interpretive signs to guide our visit. This site is managed by Longhunter State Park. Bring water and wear comfortable shoes. Contact Libby Francis for meeting time and place and to register, 615-889-5718 or e-mail libbyslibbys@comcast.net

NORTHWEST CHAPTER (UT at Martin/Weakley County)

CHAPTER OFFICER: Jim Clark 731-587-2225
jclark@utm.edu

Contact Jim Clark for information about hikes.

Be sure to participate with other chapters on weeks when our chapter does not have a hike.

TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

WEBSITE www.TNRailsTrails.org

MISSION: *To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.*

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Pam Miller 931-526-9259

pdmiller@citlink.net

May 5 Burgess Falls, Burgess Falls State Natural Area, Cookeville, TN. In celebration of spring commencement we will be hiking at Burgess Falls State Natural Area. We will be hiking to the falls as well as taking the ridge top trail (approximately 2.5 miles total). Please meet us at 2:00pm CT in the Penney's parking lot in Cookeville. Bring water and an appetite - following the return to Cookeville we will be eating at El Tapatio. For further information contact Jeremy Ey at 615-519-9868 or kayakerscout@hotmail.com.

May 12 Buggytop Trail, Carter State Natural Area, Sewanee, TN. We will hike to Lost Cove Cave's impressive Buggytop entrance which has an 80 foot mouth carved out of a 150 foot cliff. The hike is about 4.5 miles and is rated moderate. We will also do the short walk to the Natural Bridge and hike to Sewanee's Bridal Veil Falls. This hike is 2-3 miles and is also rated moderate. You can meet us at 8:00am CT in the Penney's parking lot in Cookeville or at the US Bank across from McDonald's in Sparta at 8:30. For information and to register contact Pete Broehl at 931-738-3551 or pabroehl@tnaccess.com.

May 19 Stinging Fork Pocket Wilderness Trail, Twin Rock Nature Trail, Upper Piney Falls Loop, Spring City, TN. We will hike trails in two of the wilderness areas on Shut-In Gap Road. The Stinging Fork Pocket Wilderness Trail provides an overlook of the Stinging Fork River gorge at Indian Head Point and ends at the Stinging Fork Falls. The trail is 3 miles round trip and is rated moderate. The Twin Rocks Nature Trail provides an overlook of the Piney River Valley at Twin Rocks. The trail is 2.5 miles round trip and is rated moderate. We will also do a 2 mile hike to Piney Falls in the Piney Falls State Natural Area. Bring water, snacks, and lunch. You can meet us at 8:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Pete Broehl at 931-738-3551 or pabroehl@tnaccess.com.

May 26 Hidden Passage Trail, Pickett State Park, Jamestown, TN. This 10-mile loop trail is noted for rock houses and other interesting formations passed along the way. It is rated easy for the terrain and moderate for the length. You can meet us at 8:00am CT in the Penney's parking lot in Cookeville. Bring water, snacks, and lunch. For information and to register contact Eugene Cummings at 931-528-6139.

ADOPT-A-TRAIL NEWS

ADOPT-A-TRAIL OFFICER

Harold Draper 865-689-7757 h.m.draper@att.net

Have you considered ...maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

To publicize your next trail volunteer day, contact Harold Draper at 865-689-7757

TTA's Calendar*

The following dates in 2007 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you . . .

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days,
- will consider organizing/leading volunteers from your chapter/region for an event listed
- can be sure to prevent scheduling conflicts with an activity you wish to plan

May 3-6	American Hiking Society's Great Southeastern Hiking Festival (Montreat, NC)
May 11-Jun 10	CTC's Spring Trail Building in Sundquist WMA (Caryville)
May 25-27	TTA Weekend: Trail Building in Sundquist WMA (Caryville)
Jun 2	National Trails Day
Aug 4	Board of Directors' Quarterly Meeting (Location TBA)
Sep 29	National Public Lands Day (Location TBA)
Oct 27	Make a Difference Day (National Volunteer Week)
Oct 12-14	Annual Meeting (Crossville, TN)

*Calendar will be revised as needed.

OFFICERS:

President

Anne Wesley 615-851-1052
ttahiker@msn.com

Vice-President

Rosemary Marshall 865-687-0670
Rosemary_L@hotmail.com

Treasurer

LouAnn Partington 931-393-4835
louannpartington@bellsouth.net

Secretary

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cardan@frontiernet.net

Past President

Fount Bertram 615-765-5357
fwbertram@dtccom.net

Previous Past President

Leigh Jones 352-472-3602
Cejones9@bellsouth.net

West TN At-Large Director

Don Dresser 731-668-4662
Donald Dresser@usit.net

Middle TN At-Large Director

Brent Morris 931-728-8726
brentmorris@ispwest.com

East TN At-Large Director

VACANT

Membership

Garnett Rush 615-352-7217
rushga01@yahoo.com

Cumberland Trail Conference

Representatives

Ray Garrett 865-483-4466
garrett.ray@comcast.net

TN Rails To Trails Advisory Council

VACANT

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad *editor@tennesseetrails.org*

Newsletter Deadlines:

Deadlines for Chapter announcements
and articles of special interest
are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
May 5	June 1
Jun 10	July 1
July 10	Aug 1

Articles submitted are subject to editing
and will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

2007 Membership Directory Advertising Space is Available

Do you have a product or service that you would like to promote to our 600+ members? (Here's a golden opportunity for our real estate-, financial advisor-, caterer-, dog whisperer-, landscaper-, architect-, farmer-, handyperson-friends of our hiking community to promote their services. How does a total cost of \$125.00 for an entire year sound? There are two sizes available for advertising in TTA's upcoming 2007 Membership Directory; both are business card sizes:

"vertical" = 2" x 3.5"

"horizontal" = 3.5" x 2"

The deadline for getting your ad into the 2007 Membership Directory is May 21. All you need to do is drop your business card into an envelope with a \$125.00 check (made out to Tennessee Trails Association, Inc.) addressed to: Tennessee Trails DIRECTORY, c/o Diane Manas, 5729 Stoneway Trail, Nashville, TN 37209-4556. If you include your email address with your business card & check, a confirmation that your business card has been received will be sent; otherwise, your cancelled check and Membership Directory will be your confirmation.

NOTE: Ideally, business cards submitted should contain only black and white text/images. We will try; however, cannot guarantee the reproduction quality from business cards submitted that contain colored ink. Also, all advertisements are subject to the approval by TTA's Editorial Committee, which reserves the right to reject any ad for any reason. Questions? Contact Diane Manas at 615-352-7777, or *dmanashikes@comcast.net*

Tennessee Trails Merchandise Order Form

_____ TTA Patch 5.00
Round embroidered patch, sew it on anything.

_____ TTA Window Decal 2.00
A must for each car. Removable, no adhesives.

_____ TTA License Plate 12.00
Perfect for the front bumper of your car.

_____ TTA 35th Anniversary Commemorative Patch 5.00
Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.

_____ TTA Flashlight Carabineer Key Ring, blue 3.00

Name: _____

Address: _____

City: _____ State: ____ Zip: _____

PHONE hm: (____) _____ wk:(____) _____

E-mail Address: _____

Mail your check payable to: Tennessee Trails Association
c/o Marietta Poteet, 525 Huckleberry Place
Monteagle, TN 37356
nannietta@blomand.net

Please allow 4 weeks for delivery and prices shown include postage.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

First Class Mail
U.S. Postage Paid
Nashville, TN
PERMIT NUMBER 4053



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

May 07

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Garnett Rush 615-352-7217 rushga01@yahoo.com

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
- ___ Family \$35.00
- ___ Student (FULL-TIME) \$15.00
- ___ Supporting (\$50.00, \$100.00 or more)
- ___ Life Member (Individual) \$500.00
- ___ Life Member (Family) \$750.00

Name _____
Address _____
City _____ State _____
Home Phone (___) _____ Zip _____ -- _____
Work Phone (___) _____
e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork | ___ Cumberland Gap | ___ Memphis | ___ Plateau (Crossville) |
| ___ Clarksville | ___ East TN (Oak Ridge/Knoxville) | ___ Murfreesboro | ___ Soddy Daisy |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville | ___ Upper Cumberland |
| ___ Cove Lake | ___ Jackson | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| | | | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.

Purchase Order

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204-1446

Leslie El-Sayad
Home: 865-717-6246
Les1202@aol.com

Color Plus Printing
4825 Trousdale Dr, #102
Nashville, TN 37220

April 16, 2007

Leonard Chavaz
615-781-1071
cell ph: 615-207-0947
colplprt@bellsouth.net

Newsletter Printing

Cover Date:

May2007

Number of pages submitted
with this purchase order:

10 pages

Printed Paper size:

two - 11 x 17 sheets
one - 8½ x 11 sheets
printed on 2 sides
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight:

20 pound paper weight

Paper Color:

white

Ink Color:

black

Print Quantity:

850 pieces

Approximate Cost:

Send **TAX EXEMPT** Invoice to:

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204

Leonard, please contact TTA Newsletter Party Coordinator Contact Diane
Manas, Newsletter party on April 23 at 7pm

- Their picking newsletters up from you at Color Plus Printing or,
- Your delivering newsletters to Their home or,
- Your delivering the newsletters to the location of the Newsletter Party