

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



Evan Means Small Grants Awarded

In February 2007, TTA's Board of Directors awarded Evan Means Small Grants to five volunteer groups across Tennessee for their trail-related projects. Volunteer-based, non-profit organizations, working alone or through public agencies, were eligible to apply for Evan Means Small Grants. These awards support special volunteer projects that are compatible with the chartered objectives of TTA: *promoting and developing a system of hiking trails in Tennessee as well as working for the conservation of natural resources.*

Congratulations to the following recipients:

- Boy Scouts of America, Troop 146 Smoky Mtn Council (Knoxville, TN) - \$347.29, to purchase lumber/materials to build a set of 10 steps and construction of a switchback on the Cumberland Trail near the Nemo Bridge trailhead. Through planning, development, leadership to others, execution and completion of this service project, a member of Troop 146 will earn his Eagle Scout Badge, and achieve rank of Eagle Scout.
- Cove Lake Chapter of TTA Chapter (LaFollette, TN) - \$600.00, for materials/landscaping to visually enhance the trailhead at LaFollette Nature Trail.
- Cumberland Trail Conference (Crossville, TN.) - \$600.00, to help defray the expense of housing and feeding the volunteers, May through June 2007, during the Spring Trail Building and Maintenance Program in the Sundquist WMA area of the Cumberland Trail.
- Touliaos Nature Center (Memphis, TN) - \$300, for materials to complete a bridge that will connect a 1.25-mile loop trail, and for trail blazing, interpretative signage and a wildlife viewing station.
- WATeR (Loudon, TN.) - \$600.00, for trail building materials for the construction of a trail along the eastern shoreline of the Tellico Lake Reservoir.

The small grants program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of Tennessee Trails Association. Mr. Means won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.

Grant requests for 2008 are currently being accepted and must be submitted by December 31, 2007. All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grant application. Grant requests in the range of \$300-\$600 are encouraged. However, if a project requires additional grant money, considerations will be made. For additional information and to obtain an application, please write to:
TTA Grants Administrator P. O. Box 41446 Nashville, TN 37204

Banff Mountain Film Festival World Tour

Nashville March 27, 2007

Want to watch some serious Eco-adventure films that feature a broad cross-section of styles and themes; including climbing, skiing, kayaking, adventure, culture and the environment. Banff Mountain Film Festival's World Tour is coming to Nashville on Tuesday, March 27, 2007. For thirty-one years the Banff Mountain Film Festival (BMFF) has been celebrating the spirit of adventure and the mountain environment. Each November, the world's best films on mountain (and outdoors) themes draw an international audience to the town of Banff, Canada, located in the Canadian Rockies. The best films from each year's festival go on tour immediately following the three-day event in Banff.

The BMFF tour makes its only stop in Tennessee at the Belcourt Theater in Hillsboro Village (Vandy area) in Nashville on Tuesday March 27 at 7:00 p.m. CT. Tickets will be available around March 5th at Blue Ridge Mountain Sports (615-356-2300) at 108 Page Rd in Belle Meade ahead of the show for \$10 per person. On the night of the show, tickets may be purchased at the Belcourt Theater for \$12 per person. Please note, since seating is limited at the Belcourt Theater, and may sell out due to the popularity of this event, it is wise to purchase the tickets ahead of time.

CUMBERLAND TRAIL CONFERENCE

Office Location 19 East 4th Street
Crossville, TN 38555
Office Hours 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

CUMBERLAND TRAIL CONFERENCE STAFF:

Executive DirectorPaul Freeman paul.freeman@frontiernet.net
Trail CoordinatorTony Hook tony.hook@frontiernet.net
Office ManagerJanet D. Smith janet.d.smith@frontiernet.net

CTC Spring 2007 Schedule (Registration is requested for these events)

February 25-March 31, Break-Away 2007, LaFollette, TN:

Break-Away 2007 will be the start of the Cumberland Trail Conference's major campaign to build the segment of trail between Frozen Head and Cove Lake State Parks, eventually connecting the two state parks. The program will be based at Galilee Bible Camp in LaFollette, Tennessee. All trail crew leaders needed and registered volunteers welcome. Transportation will be provided for volunteers from the camp to the work-site. Registration is requested in order to plan work details and the food needed.

April 26-April 30, Soddy-Daisy, TN:

Step into spring and help build wooden steps in the Board Camp Creek Gorge. Help will also be needed with some trail maintenance. Lodging and food will be provided at the Lutheran Camp. Tent camping is also available. Volunteers will be able to arrive at the camp on April 25. Registration is requested in order to plan work details and the food needed.

May 11-June 10, Spring 07 Trail Building (a.k.a. Big Dig), Stony Fork Community, TN:

Volunteers will continue the trail building effort started during Break-Away 07. Lodging and food will be provided at the Stony Fork School. Educational programs will be offered on some evenings and a "ho-down" on Friday evenings. Besides the usual personal trail building items, volunteers will need some type of bedding such as a cot or air mattress. Tent camping is also available. All volunteers are greatly needed. Registration is requested in order to plan work details and the food needed.

May 13-May 19, American Hiking Society Volunteer Vacation, Stony Fork Community, TN:

American Hiking Society volunteers will be working with CTC staff and volunteers during the Spring 07 Trail Building program. All participants will be staying at the Stony Fork School.

May 18-May 20, Scout Weekend, at Nick's Creek Campground, TN:

Scouts will camp at Nick's Campground on the New River. Saturday, May 19, will consist of morning trail construction and the afternoon will be outdoor classes on merit badge and rank advancement requirements. On Sunday, May 20, the scouts will be able to participate in a 5-or 10-mile hike. Participants are responsible for their own food, camping gear, and transportation.

MAY 25-May 27, TTA Weekend (first annual), Stony Fork Community, TN:

This weekend is concurrent with the Spring 07 Trail Building Program. Lodging and food will be provided at the Stony Fork School. Besides the usual personal trail building items, volunteers will need some type of bedding such as a cot or air mattress. Tent camping is also available. This is an opportunity for all TTA Chapters to participate in helping to build the Cumberland Trail. Saturday, May 26, will be a day of trail construction in the Sundquist Wildlife Management Area. There will be a cookout that evening. Sunday, May 27, will be a day of hikes in the area. Hikes will range from easy to difficult. In addition to the trail volunteering and hikes, the TTA chapter with the most volunteers will win the CTC/TTA Volunteer Spirit Stick for the year.

June 2, National Trails Day, Stony Fork Community, TN:

This will be a day of celebrating NTD by doing trail construction in the Sundquist Wildlife Management Area. There will be a cookout that evening at Stony Fork School.

June 18-June 30, Trail Maintenance and Inventory, Cumberland Trail:

Details will be announced

Registration is requested for these events

1. Sign-up on line at www.cumberlandtrail.org
2. Call the CTC office at 931-456-6259.

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Charles Gibbs
423-628-5678 *cgibbs@highland.net*
SECRETARY / TREASURER: Benita Howell
423-628-5521 or 865-974-7797 *bhowell@nxs.net*
BOARD REPRESENTATIVES: Tim & Lynn Takacs
615-824-7048 *lynntakacs@comcast.net*
or *ttakacs@comcast.net*
OUTINGS COORDINATOR Tom Howell
423-628-5521 *tshowell1003@highland.net*

(Call Tom & volunteer to lead an outing.)

TRAIL MAINTENANCE COORDINATOR: Bob Hemminger
dagbob@juno.com

Mar 16-18 Mary Dresser will host a repeat of last year's overnight outing to Pine Mountain Settlement School in Kentucky. An all-day hike in Blanton Forest is scheduled for Saturday, and on Sunday morning a rare opportunity to visit Lilley Cornett Woods, a National Natural Landmark that contains Kentucky's largest preserved remnant of old growth forest, open only by appointment. Lodging will be available at Hill House and Laurel House; meals are available at Laurel House, and Hill House has kitchen facilities. Please register for this outing no later than March 5 with Tom Howell at tshowell1003@highland.net. Lodging will be available Friday and Saturday nights. There is room for twelve or more persons, depending on room sharing arrangements, etc. Contact Mary Dresser <mdresser@tds.net> to reserve lodging.

Tuesday hikes will continue through March, on the second and fourth Tuesdays of the month. These are usually half-day hikes in the vicinity of Rugby. All will depart from Harrow Road Cafe at 9:00 a.m. eastern time. To suggest a Tuesday hike destination, to join the e-mail list for information about Tuesday hikes, and to volunteer to lead a hike on Tuesdays or Saturdays, please contact Tom Howell at tshowell1003@highland.net.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Sherrie Yokley
931-381-9274 *yokley2004@bellsouth.net*
MEETS MONTHLY: 1st Tuesday at 6:30 pm CT
Grand Buffet (North of Spring Hill)

Mar 6 Monthly Meeting At Grand Buffet Spring Hill, TN. There is a change in the program. Ron Neal and Ken Horner will be our speakers. Ron and Ken hiked across Ireland last spring and will share photos and stories of their trip. Ron and Ken are life long hikers; they have hiked all over Tennessee and several western states. Dinner starts at 6 our program will begin at 7. Come hear of their hike across the Emerald Isle.

Mar 17 Lookout Mountain Bobby Hardeman will lead the hike at this National Park. We will meet at the A&D Market on Hwy. 231 just south of I-840. We will leave there at 7 am central time. We plan to arrive at the Incline Railway Station at the foot of Lookout Mountain, 3917 St. Elmo Ave. at 9 am central time. We will take the incline to the top of the mountain then hike the 2 blocks to Point Park, entrance

COLUMBIA/FRANKLIN (cont)

fee is \$3. We will take a brief tour of the park then hike 1/2 way down the mountain to Craven House then back 1/4 way up the mountain to the main trail and hike out to Sun Set Rock for lunch. We will hike between 5 and 6 miles with several hundred feet in altitude change. Bring water, lunch, snacks and wear sturdy boots. Remember weather on the mountain is several degrees cooler than at the base of the mountain so be prepared. There is a fee for the incline, I will find out and tell you when you register and at the March meeting. Register with Bobby at puttr22@aol.com or call (615)305-7955.

Mar 24 Short Springs Rick Lausten will lead this wild flower hike. We will meet at A&D Market on Hwy. 231 just south of I-840 and leave at 8 am. Bring water, snacks, lunch and your camera. Register with Rick at saturncar1@aol.com or call (615)373-0029.

Hike Report. On January 20 seven of our chapter members did trail work at Still House Hollow Falls. Workers included Hilda Vaughn, Dick Bray, Marvin Caine, Bobby Hardeman, Rick Lausten, Russell Smith and Bob Warnica. Chad Hardin, West Tennessee Stewardship Ecologist with the State of Tennessee Natural Areas Program coordinated our work. Thanks to all who worked.

Looking Ahead. April 3 Paul Freeman Executive Director of Cumberland Trail Conference will be the speaker at our monthly meeting.

CLARKSVILLE CHAPTER

CHAPTER OFFICER: Merri Hinton *andrews@logantele.co*
CO-CHAIR: Suva Bastin 931-645-2842
SECRETARY: Lucy Weikel 931-358-5792
j107sw@aol.co
TREASURER: Sandy Janus 931-551-8522
CONTACT FOR HIKES: J. R. Tate 931-920-2692
modelt@charter.n

MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT,
Crow Community Center 211 Richview Rd

Mar 3 Edgar Evins State Park; 7 miles, moderate to strenuous; Sandy Janus, 931-551-8523 Alternate hike: Dunbar Cave State Natural Area; 2 miles, easy; Pam Gadsby, 931-552-2325

Mar 10 Fall Creek Falls State park; 5 miles, moderate; Bob Lyon, 931-648-2354 Alternate opportunity: CTC Spring BreakAway at Sundquist WMA (see below)

Mar 17 Fiery Gizzard; 12 miles, strenuous; Suva Bastin, 931-645-2849 Alternate hike: Rotary Park; 3 miles, easy; Lilli Ball, 931-552-2773

Mar 24 LBL NS Trail Cleanup Hike; 8 miles, moderate; Sandy Janus, 931-551-8523
Alternate Hike: McGreggor Park Riverside Walk; 1 mile, easy; Judith Tate, 931-920-2692

Mar 31 Fort Donelson National Battlefield Trail Day—historical tour by Park Rangers; 6 miles, easy to moderate; J.R. Tate 931-920-2692

(Note: CTC Spring BreakAway goes from February 25th to March 31st. Please volunteer, as you are able. Contact Tony Hook, CTC Trails Development, 931-456-6259.)

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall
rosemary_J@hotmail.com
TREASURER: Harold Draper
h.m.draper@att.net

Mar 17 Great Smoky Mountains, Lead Cove, Bote Mountain & Finley Cane Trails. We'll combine these three trails to form a moderate 7.1-mile loop hike along the slope of Bote Mountain. The hike begins with a 1200' climb over 1.8 miles on Lead Cove to the intersection with Bote Mountain. From there it's a gentle descent down Bote Mountain and Finley Cane back to the cars. We'll meet in the parking area at the Townsend Wye for an 8:45 departure to the trailhead. Contact Bob Uhren at 865-748-9227 or snowcap34@hotmail.com for info.

March 24. Bradley Fork to Cabin Flats, Great Smokey Mountain National Park. We will start at Smokemont Campground (the far end of D loop). Bradley Fork rises 700 feet in 4 miles and features the great sounds and sights of pretty creeks and perhaps a few early wildflowers. Cabin Flats adds another mile and features old growth forest of tulip, cucumber, basswood and buckeye trees. We'll enjoy lunch at campsite #49 and head back to the campground (10 miles round trip). Bring lunch and dress appropriately for some rocky sections. Meet at the Smokemont Campground at 9:00 am ET. For information and to register contact Lynn Kszos at 865-675-1483 or kszos@charter.net .

HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: Tom Bentley
931-455-5859 *htbentley@charter.net*
VICE PRESIDENT: Joette Carter 931-968-0073
TREASURER: Marietta Poteet 931-924-7666
NEWSLETTER CONTACT: Sharon Bell 932-455-1652
MEETS MONTHLY: 1st Tuesday at 7:00p at the Crockett's restaurant in Tullahoma

Mar 6: Monthly Meeting. The monthly meeting will return to Crockett's Restaurant. We will meet at 6:00 for dinner and socialization. Business meeting will begin at 7:00. Ranger Stephanie Barton of Old Stone Fort will be our guest speaker. She will present a program on Ancient tools of the Native American Indians.

Mar 17: The monthly "Eat, Hike, Eat" Hike. We will meet at The Blue Chair in Sewanee www.thebluechair.com/index.htm. We will then hike the Perimeter Trail from Morgan's Steep to Elliot Point via Otey Point, Harper's Loop and Audubon Lake. We will return on the Fire Break. Rated Easy. For those who wish we will then go to a local restaurant for lunch. Contact Tom Bentley@ 931-455-5849 or *htbentley@charter.net*

Mar 24: Joette Carter will be leading a hike to Reuben Creek, Sherwood, TN. This is a beautiful area on private land. It will be a 6-8 mile hike rated moderate. This is a beautiful area. It will have several creek crossings, waterfalls, wild flowers, and some off trail. Bring lunch and

HIGHLAND RIM (cont)

water. Contact Joette Carter at 931-968-0073 before Friday, March 23rd.

Mar 31: Jim and Marietta Poteet will lead a hike to the Piney River Trail in the Piney River Pocket Wilderness. It will be a 10-mile hike rated moderate due to length. It is a beautiful area with many scenic parts of the trail and hopefully with a multitude of wildflowers blooming. Remember it is 10 miles and we will be slow so everyone will have a chance to observe and photograph the wild flowers. Bring lunch and plenty of water. Please call or email Marietta at 931-924-7666 or *nannietta@blomand.net*.

JACKSON CHAPTER

CHAPTER OFFICER: Gary Cooper
731-424-5375 *gcooper52@yahoo.com*
MEETS MONTHLY: 1st Tuesday. Socializing & meal starts at 6:00p CT; meeting starts at 7:00 at Perkins Restaurant 999 Vann Drive in Jackson

Mar 10 Fort Henry Trails, Land Between the Lakes. This will be a gorgeous walk to see spring coming to LBL. The hike is rated moderate for the slightly hilly terrain. Elevation change is 250 feet. Wear sturdy shoes and bring a jacket, food and water. Carpool: Gather at the Suede Restaurant on North Highland around 8:00 amCT and leave at 8:15. We will depart from the trailhead at 10:00am if you do not plan to carpool. To reach the trailhead proceeds east on US79 for 19 miles past Paris and about 2 miles past the Tennessee River. Take the first left into the LBL, which is not always clearly marked. Travel north on Fort Henry Road past the entrance to Piney Campground for an additional 2 miles. Turn left down a side road and bear left again to reach the parking area. (Boswell landing is down the same side road, if you bear right). For information and to register, contact Donald Dresser at 731-668-4662 or *donald_dresser@usit.net*

Mar 12-Monthly meeting-NOTE this is a new date for our Meeting. Come to hear about new hikes and to talk about the ones we did last month. Come to eat at 6:00 or at 7:00 for the meeting. Everyone welcome.

Mar 24-25-Sewanee Wild Flower (Collins Gulf)-This is a yearly favorite. This hike is one of the very best. Come and enjoy. We will work it so everyone can participate regardless of your fitness level. To register and get all the details contact Glen Rognstad 731-217-5966 *grogstad5966@charter.net*

Please register for hikes, due to changes in the weather they may need to be changed. We want to be able to contact you.

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER:

865-354-6101

Rita Senko

rsenko@usit.net

SECRETARY/TREASURER: Mitze Anderson

931-788-6731

mitze1@yahoo.com

There is a **leaderless hike** (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at 931/484-9152 or Jim McCullough at sue1290@frontiernet.net. Rain cancels

Mar 3: Old Stone Fort and Short Springs, Manchester, TN. We will do old stone fort (3 mi, easy) first, have lunch at jiffy burger, and hike short springs (3-4 mi w/ some moderate footing) afterwards. Taken together I guess the hikes are in the moderate class.

Old stone fort is an ancient Indian encampment with a small museum and some nice scenery on the trail. Short Springs with Machine falls and its rock cliffs is more of a scenic experience. Wear hiking boots; bring extra socks in case of wet feet, water, lunch and snacks. Jiffy Burger is an old-fashioned hamburger joint like used to exist before McDonalds. Food and ambiance are good, but none too healthy. Let's meet in front of Tractor Supply at **7:00 CST**. It's about a 90 min drive to Manchester, so expect to return to Crossville about 4:00. For more information and to register, contact Jim McCullough at sue1290@frontiernet.net or 931/484-8222.

Mar 24: Black Mountain to Windless Cave and to Cox Valley, Crossville, TN. This hike will follow the recently completed reroute of the trail to Windless Cave and continuing down to Cox Valley Road. The hike is about 4.5 miles down the side of the mountain. There are some spectacular views from the overlooks. A shuttle will be required. The hike is rated moderate due to the elevation change. Wear hiking boots and bring water, lunch and snacks. Meet at the Cumberland Mountain State Park Visitor's Center at 8 AM CDT. For more information and to register, contact Jim Hardy 931/277-5154.

MEMPHIS CHAPTER

CHAPTER OFFICER: Gloria Lenski

glorialenski@yahoo.com

MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00 pm at Cordova Library, 8457 Trinity Rd. Turn east off Germantown Parkway onto Trinity Rd. approx. 1 mile on the right. Library shares entrance with Bert Ferguson Community Center

Mar 3, Big Hill Pond State Park, near Pocahtontas, TN 1 ½ hour from Memphis Carpool leaves Target located at 325 New Byhalia Rd and Hwy 72 (Poplar Ave), at 8:00 a.m. or meet at boat dock in park at 9:30 a.m. CST. 7-8mile-loop trail rated moderate over wooded hills to fire tower overlooking Tuscumbia river valley. We cross 0.8-mile boardwalk over Dismal Swamp Bring lunch and water. Boots recommended. Register for carpool call Margaret Dixon 662-893-1794.

Mar 11, Lucius Burch Natural Area - Yellow Trail Meet at 1:00 p.m. in the Lucius Burch Natural Area off Germantown Road. Turn off at traffic light on Germantown Road between Agri Center & Lowe's. Weather permitting we do a 3-4 mile hike. For information call Francis Ruffin at 901-396-1108.

Mar 15, Monthly Meeting Cordova Public Library 7 p.m. Join fellow hikers to learn about Costa Rica, the world leader in rainforest preservation and eco-tourism. Freddie Felt,

MEMPHIS (cont)

Memphis Chapter TTA member, photographed her recent experience there in rainforest, Arenal Volcano, animals, birds, a river journey, the western coast and more.

Mar 17-18, Petit Jean Mountain State Park, Morrilton, AR We will explore one of the state's highest waterfalls, a natural cave area with Indian pictographs, and several unique rock formations. Meet Deena Spuryer, at Mather Lodge on top of mountain, 8:30 a.m. We shuttle down the road to the Cedar Creek trailhead, for easy to moderate 4-mile hike. This includes view of Cedar Falls, exploring Rock House Cave and Turtle Rocks. You need flashlight to see pictographs in cave shelter. We shuttle back to lodge for lunch. The lodge has wonderful restaurant. After lunch, we hike 2 1/2-mile hike to base of Cedar falls. This is moderate hike, and steep going out! There are other neat things to do on mountain. Visit Petit Jean's gravesite and boardwalk, (which offer view of Arkansas River), Automobile Museum, and Bear Cave. These sites are walking distance from parking lot. Sunday morning, we meet at lodge a 8: 30, shuttle short way to trailhead at "Seven Hollows". This is easy 4-mile hike, with beautiful scenery and interesting things to explore. We finish in time to head back to Memphis by noon. Pre-registration required. Call Deena Spuryer at 901-266-7281 to register. Reservations for park lodge, cabin, or camping call 800-264-2462. If you stay at a hotel in Morrilton, plan on a 15-20 minute drive to lodge atop Petit Jean. Directions to park: take Hwy 9 (Exit 108) off I-40 at Morrilton south 9 miles to Oppelo. Head west 12 miles on Hwy 154 to park; OR, take Hwy 7 off I-40 (south). Driving time est. 3 hours from Memphis. www.petitjeanstatepark.com

Mar 24, Shelby Farms Park (Walnut Grove Road) . Meet front of Park Visitor Center at 9:00 a.m. for easy 3 to 4-mile call John Martin at 901-386-3722

Mar 31, Mousetail Landing State Park and Lady Finger Bluff Trail, Parsons, TN Carpool 7:30 a.m. from Memphis / Shelby County Visitor's Center at exit 25 on I-40 (south on Highway205 toward Collierville from I-40), or meet at 10 a.m. Mousetail Landing Park. The 8-mile trail rated mod. with steep, rugged hills. We eat lunch at shelter on bluff overlooking Tennessee River. To register for carpool, call Charlie Bright 901-829-4434 or e-mail charliebright@yahoo.com. Directions: Take I-40 to Exit 126, south on Hwy 69 14 miles to Parson, TN. Travel east on Hwy 412 for 6 miles and cross the Tennessee River. Take left on Hwy 438, travel 2.5 miles. Park entrance on left. Drive 1 mile to park visitor center parking lot

Apr 1, Overton Park Old Growth Forrest & V&E Greenline John Martin will lead an easy 2 - 3 mile walk through the Old Growth Forest and the V&E Greenline. Meeting time and location: 9:00 a.m. at the bridge at the end of Old Forest Lane east of the Memphis College of Art and adjacent to Rainbow Lake playground parking lot in Overton Park. For additional information contact John at 901-386-3722.

MURFREESBORO CHAPTER

CHAPTER OFFICER: Anna Bertram

abertram@dtccom.net 615-765-5357

OUTINGS COORDINATOR: Millette Jones

millette.jones@comcast.net 615-397-9588

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT

Barfield-Crescent Park's Wilderness Station

697 Barfield-Crescent Rd., Murfreesboro

Mar 3- Green Mountain, Huntsville, Alabama. Rising 1,500 feet above sea level, Green Mountain is one of several mountains in the Huntsville area. Bob Goodwin and Sandra Parker will lead this easy to moderate six mile hike which will include panoramic views of Huntsville, the Tennessee Valley, and a small lake on the mountain top. The trail is in good condition, but rocky and uneven in the first and last half mile. There will be a 300 foot elevation gain in the first half mile, and then the trail follows the top of Green Mountain and is mostly flat. After our hike we will have a potluck lunch at Bob Goodwin's home in nearby Hampton Cove. Bob and Sandra will provide the chili, Sandra's world famous cornbread, and cold drinks. You may bring chips, salads, or anything else that goes with chili. A carpool will leave from the Murfreesboro Sam's Club overflow parking lot next to Hardees at 8:00 AM. Distance from Sam's Club to Green Mountain is about 90 miles. For more information and to register for the hike, please contact Bob Goodwin at CAMEL40@earthlink.net or 256-564-8417.

Mar 13- Monthly Meeting- Barfield Crescent Park-Wilderness Center- 7pm. Ever dreamed of going to far off places to hike and explore? Don't miss this opportunity to hear first-hand how Richard Savage fulfilled some of his hiking dreams. Richard is a member of the Highland Rim Chapter and a two-time thru-hiker of Australia's longest hike, the 700 mile long Heysen Trail. We are sure you won't want to miss his tales.

Mar 17 - Volunteer to lead a hike, join a hike with another Chapter, or go on the Annual Waterfall Tour sponsored by the Friends of Edgar Evins State Park, near Smithville. Participants in the waterfall tour will ride state vans to several scenic waterfalls and stop for lunch at a local restaurant. This is not a hike but is a good way to get out and enjoy some of the beauties of Tennessee without much effort. There is a suggested donation of \$5 per person for the tour, plus bring money for lunch. Contact Fount Bertram fwbertram@dtccom.net or 615-765-5357 for reservations.

Mar 23-25- Camping/hiking weekend in the Big Creek area of the Great Smoky Mountains-

Join us as we enjoy this less explored area of the beautiful Smokies. The Big Creek area is in the far northeast corner of the park. Folks will be camping Friday and Saturday nights and enjoying various day hikes. Some of the hiking possibilities include the Big Creek Trail that will take you past two waterfalls and would be rated easy to moderate depending upon the distance hiked. More challenging trails include the hike up Chestnut Branch Trail to the incredible Mt. Cammerer fire tower. A must do for those up to the 12 mile hike, but keep in mind you can take ALL day to do this hike. Another

MURFREESBORO (cont)

challenging trail would be the 12.2 mile climb up to Mt. Sterling via the Baxter Creek Trail. A very short drive would land you in the parking lot for a short walk up to Max Patch. This is a very beautiful, grassy bald that gives you a 360 degree view of this amazing area. For those that aren't up to the longer hikes, and don't want to fish the rivers, or enjoy the pleasures of the campground, Waynesboro, NC is nearby, as is Hot Springs, NC (wonderful natural hot springs to enjoy). Tammy Day is organizing this fun-filled weekend. To sign up or for questions, please email her at tlday@comcast.net.

Mar 24- Foster Falls Area Hike, South Cumberland State Park. This is a 4 to 5 mile loop about 8 miles south of Tracy City off highway 41. From the parking lot we will hike down to the river and cross over the cable bridge to view the falls. We will then skirt along the bottom of famous cliffs known to rappel climbers as the White Walls and the Dihedrals. A steep climb precedes our way back along the top of the cliffs. You will need sturdy boots and plenty of water. After the hike we will have lunch in Monteagle. Register with Nabil Wakid at nwakid@bellsouth.net or call 615-893-7942.

Mar 31 - Piney River Trail Day Hike, near Spring City, 10 miles, easy except for length. Jim and Marietta Poteet will lead this multi-chapter wildflower hike in the Piney River Pocket Wilderness.) It is a beautiful area with many lovely features. Hopefully the wildflowers will be blooming. Marietta wishes to remind everyone that the trail is 10 miles long and the pace will be slow due to watching for wildflowers. Take the usual water and snacks, and a lunch to eat on the trail. Murfreesboro Chapter people need to contact their local member, Ron Dunn, for information about the hike or carpool, and to sign up -- trekkingtn@yahoo.com or 615-867-3301

Mar 31 - Barfield Crescent Park, Murfreesboro. This hike loops through the naturally preserved portion of Barfield Crescent Park. It heads away from the Wilderness Station, from there, it skirts along the shore and bluff of this quintessential Middle Tennessee stream. The path then heads up to Marshall Knob and a stone fence, whose origin is the subject of debate. It is 4 - 5 miles of rocky and hilly paths, rated moderate. The group will meet at 9:00 at the Wilderness Station and the hike will begin at 9:15 with lunch afterwards at a local restaurant. Be sure to bring water and wear sturdy shoes. For more info or to register for this hike contact Jaye Kiblinger at jayekib1@comcast.net

PLANNING AHEAD

April 7 - Day hike again in the mountains near Huntsville, Alabama, about 4 to 5 miles, moderate. Contact Bob Goodwin camel40@earthlink.net or 256-564-8417

SHIRT CLEARANCE SALE -- We have a few shirts left with the TTA logo silk screened on the front, and the boots, website address, and the words "Come Hike With Us" on the back. These good looking, quality shirts are available to members of all Chapters on a first come, first serve basis. Contact Anna Bertram abertram@dtccom.net or 615-765-5357

Sweat Shirts -- medium grey-- size small (3 left), and size 2X (1 left) -- now \$14.99 each

Long Sleeve T-shirts -- white XL (3 left), and grey XL (2 left) -- now \$10.99 each

Short Sleeve T-shirts -- turquoise XL (2 left), medium green XL (5 left), off white, size medium (1 left), off white, size XL (3 left) -- now \$9.99 each

NASHVILLE CHAPTER

CHAPTER OFFICER: Jim Johnson
615-356-6246 jimjohnsonjr@gmail.com

OUTINGS COORDINATOR: Libby Francis
Libbyslibbys@Comcast.net
(email Libby & volunteer to lead an outing)

MEETS MONTHLY:

HIKING HOTLINE: 615-367-7045

Mar 27 Monthly Program Meeting---This month our guest is the much-decorated Nature photographer Robin Conover. Robin is the Production and Photography Manager at Tennessee Magazine. Her work is also on display each year in the Friends of Radnor Lake calendar as well as at shows throughout the country. You can get familiar with Robin's art at her website, www.conoverphoto.com. Robin will share some of her choice images with us, with an emphasis---hey, Spring is here!---on wildflowers. 7PM at the TWRA Region 2 Headquarters building on the campus of Ellington Agricultural Center.

Mar 4 **Sewanee Perimeter Loop**, Sewanee, TN Moderately difficult loop hike of about 9 miles, starting and ending at the Green View trailhead. Bring water, snacks/lunch, sturdy boots, and clothing appropriate for the weather. Option to stop in town for a late lunch / early dinner after the hike. Call Doug Burroughs at (615) 587-0085 for more information, meeting time, and to register.

Mar 10 **Mossy Ridge Trail**, Warner Parks, West Nashville, TN. Bloodroot, Spring Beauties, Cut-leaf Toothwort, Phacelia, oh my. March comes in like a lion and goes out like a lamb. Depending on where Mother Nature is in this cycle will determine which wildflowers will be visible. Mossy Ridge trail is 4.5 miles long, and rated moderate due to the uneven terrain and several ascents/descents we will encounter along the way. Bring water and snacks, and wear sturdy hiking shoes/boots. We will meet at 10:00am CT in the "Deep Well" area of the park. To get to Deep Well from Nashville: head west on Hwy 70 (West End Ave). In Belle Meade (after crossing over Woodmont Blvd, passing Kroger on the right, the mansion on the left), Hwy 70 splits. Take the left side, which puts you on Hwy 100. Go approx 2 miles and turn left into the grey stone entrance, drive to the end/t-intersection - you're in Deep Well. If you reach Old Hickory Blvd, you've gone too far. For additional information, call Diane Manas at 615-352-7777.

Mar 12-15 Smokies Backpack Details are still in the planning stages. If you are interested, contact Nancy Juodenas at 615-227-4595 or e-mail njuodenas@hotmail.com

March 15, 22, and 29 Radnor Lake State Natural Area, Nashville, TN. After work hikes. Enjoy great views of the lake as the trees fill out and see the wild flowers. Newcomers as well as seasoned hikers are welcome. We will hike Ganier Ridge and the Lake trail (as much as we are able before dark) for a total of around 4 miles. The trails are rated easy; though there are some short elevations, wear comfortable shoes. Meet at the east parking lot on the Franklin Rd side of Otter Creek Rd at 4:00 PM CDT. For more information and to register contact Robbie Benson, wk 615-781-6504 or cell 615-419-1165.

Mar 17 **Trail building Workday at Beaman Park**, Nashville. 9:00 am to noon CT. This trail building project will connect the new nature center site with the existing park trail system. Bring work gloves. We will provide the tools. Meet at the Creekside Trailhead. For more info, call Libby Francis at 615-889-5718 or e-mail libbyslibbys@comcast.net.

NASHVILLE (cont)

Mar. 18 **Old Stone Fort/Short Springs Loops** - This 2 part hike is great for beginners. Old Stone Fort, in the Manchester area, is a moderate 2.6 mile hike over high river bluffs, narrow rock ledges, riverside bottomland and waterfalls circling around a 2,000 year old stone wall built by ancient American natives. We will then lunch at beautiful Rutledge Falls located a few miles down the road. The second part of the hike is about 4 miles further to Short Springs State Natural Area, near Tullahoma. This 2.9-mile loop is a moderate hike through hardwood forest with waterfalls. Bring water, snacks, lunch and money for carpooling. For more information, meeting time, and to register call Garnett Rush at 615-352-7217 or e-mail rushga01@yahoo.com.

Mar 31 **Montgomery Bell Trail, Eastern Section**, Burns, TN. Newcomers Intermediate Hike, This is a 6.2 mile hike rated easy due to little elevation change, but be prepared to walk 6 miles. We will cross several streams and walk along Creech Hollow Lake. We will hope to see wildflowers. Wear sturdy boots due to mud and stream crossings and bring water and snacks. After the hike we will gather for lunch at the Perfect Pig in White Bluff. We will meet at 8:00 at the Kroger's Parking lot on Charlotte Pike or you may meet us at 9:00 at the Visitor's Center in the Park. The Park is off US 70 between White Bluff and Dickson. Call Elizabeth Gerlock at 615-356-6260 or 615-516-3478 or e-mail her at eygerlock@bellsouth.net for more information and to register. Please include phone number.

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm
423-562-1110 Richard.Helm@ahss.org

CO-CHAIR: George Gill
423-562-7121

MEETS MONTHLY: 1st Monday at 6:00pm ET LaFollette Recreation Center's Craft Room 201 S. 9th

Mar 5 Monthly Meeting

Mar 10 Bruce Gap to Eagle Bluff to see Devil's Racetrack. Rated Moderate, 4 miles. Meet at Bruce Gap Parking Lot at 9am Contact Jerry Phillips, 563-0867 for information.

Mar 31 Savage Gardens, rated easy. Meet at Eagle Market at 2p.m.. Call Richard Helm, 562-1110 for information.

NORTHWEST CHAPTER (UT at Martin/Weakley County)

CHAPTER OFFICER: Jim Clark 731-587-2225
jclark@utm.edu

Contact Jim Clark for information about hikes.

Be sure to participate with other chapters on weeks when our chapter does not have a hike.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Pam Miller 931-526-9259

Mar 3 Gilbert Gaul Loop, Fall Creek Falls State Park, Pikeville, TN. The loop begins on an old dirt road, travels downhill to an open field close to the Gilbert Gaul homestead, and finally on to the head of the lake. From this point, the actual trail begins along the lake, continues on to the Frazier Rain Shelter (our lunch venue) then alongside the Park lakeside villas. The hike is 3.36 miles with the only elevation change being a gentle hill of .2 miles before returning to the old road. This trail is new and unmarked but not difficult to follow. As time permits, we can add the Paw Paw trail (2.6 miles) and/or the Cable Trail (.25 miles ... rated strenuous), if the group decides to add a more challenging trail segment to the day. Bring lunch, water, snacks, sturdy hiking boots, etc. You can meet us at 9:30am CT in the Penney's parking lot in Cookeville or at the US Bank across from McDonald's in Sparta at 10:00. For information and to register contact Mary Jane Ware at 931-738-4500 or mjhike@blomand.net.

Mar 10 River Trail, Bridgestone-Firestone Centennial Wilderness, Sparta, TN. We will pass by Upper and Lower Polly Branch Falls and then join the Caney Fork River Trail before hiking to Yellow Bluff Overlook. The hike will be 8 to 10 miles and is rated moderate. An alternate is available for those wanting a shorter hike. Bring water, snacks, and lunch. You can meet us at 8:00am CT in the Penney's parking lot in Cookeville or at the US Bank across from McDonald's in Sparta at 8:30. For information and to register Marnell Cothran at 931-738-5874 or leron@blomand.net or Cindy Walinski at 931-394-3413 or cjwalinski@blomand.net.

Mar 17 Black Mountain, Crab Orchard, TN. Enjoy some mountain bushwhacking on this sometimes strenuous trek to Windless Cave on the newly proposed track and as yet uncompleted section of the Cumberland Trail. Enjoy the breathtaking views from the top of Black Mountain. You can meet us at 10:00am CT in the Penney's parking lot off of Exit 287 of I-40 in Cookeville at 10:00am CT or at 11:00 at Black Mountain's mountaintop trailhead parking lot off of the I-40 Crab Orchard exit. We will hike to Windless Cave for lunch along the proposed Cumberland Trail and return to the bluffs along the existing trails. Dress for the weather in layers and bring hiking boots. Bring water, snacks, and lunch. A hiking stick or trekking poles are recommended. For information and to register contact Paul Miller at 931-526-9259 or pdmiller@citlink.net.

Mar 24 North Chickamauga Pocket Wilderness, Soddy-Daisy, TN. This hike features fine views of Chickamauga Gulch, waterfalls, and old coal mining structures. The hike is about 7 miles and is rated moderate to strenuous. We will eat lunch at the cable crossing. There is an option of hiking an additional mile by making the descent to Stevenson Branch, which is strenuous. Bring snacks, water, and lunch. You can meet us at 7:30am CT in the Penney's parking lot in Cookeville or at the US Bank across from McDonald's in Sparta at 8:00. For information and to register contact Pete Broehl at 931-738-3551 or pabroehl@tnaccess.com.

Mar 31 Fiery Gizzard, South Cumberland Recreation

UPPER CUMBERLAND (cont)

Area, Tracy City, TN. This trail begins on top of the plateau within Tracy City. Then, immediately descends into a beautiful old growth hemlock forest at the head of the gorge of Fiery Gizzard Creek. There are lots of impressive rock formations in the area. Later, the trail enters younger forest and ascends further down the creek to an overlook at Raven Point. Those wanting a shorter hike can now return to the beginning via the Dog Hole Trail for a total hike of about 9 miles. The Fiery Gizzard Trail continues mostly on top of the plateau through gently rolling oak forest, reaching Foster Falls at the southern end at about 12 ½ miles. The trail is rated strenuous for the rocky, uneven terrain and the distance covered. Hiking boots are essential. You can meet us at 7:00am CT in the Penney's parking lot in Cookeville or at the US Bank across from McDonald's in Sparta at 7:30. For information and to register contact Richard Savage at 931-526-2035 or savgae_richard@hotmail.com.

TTA's Calendar*

The following dates in 2007 refer to statewide activities that TTA as a whole participates in. Please refer to this calendar often so that you . . .

- will know when your volunteering interests are especially needed (such as during BreakAway, National Trail Days,
- will consider organizing/leading volunteers from your chapter/region for an event listed
- can be sure to prevent scheduling conflicts with an activity you wish to plan

Feb 25-Mar 3	CTC's Spring BreakAway, Wk 1 in Sundquist WMA (Wartburg/Caryville)
Mar 4-10	CTC's Spring BreakAway, Wk 2 in Sundquist WMA (Wartburg/Caryville)
Mar 11-17	CTC's Spring BreakAway, Wk 3 in Sundquist WMA (Wartburg/Caryville)
Mar 18-24	CTC's Spring BreakAway, Wk 4 in Sundquist WMA (Wartburg/Caryville)
Mar 25-31	CTC's Spring BreakAway, Wk 5 in Sundquist WMA (Wartburg/Caryville)
Apr 2-8	TDEC's Natural Areas Week (Statewide)
Apr 21	Earth Day Events (Observed Apr 22)
Apr 28	Board of Directors' Quarterly Meeting (Location TBA)
May 3-6	American Hiking Society's Great Southeastern Hiking Festival (Montreat, NC)
May 11-Jun 10	CTC's Spring Trail Building in Sundquist WMA (Caryville)
May 25-27	TTA Weekend: Trail Building in Sundquist WMA (Caryville)
Jun 2	National Trails Day
Aug 4	Board of Directors' Quarterly Meeting (Location TBA)
Sep 29	National Public Lands Day (Location TBA)
Oct 27	Make a Difference Day (National Volunteer Week)
Oct 12-14	Annual Meeting (Crossville, TN)

*Calendar will be revised as needed.

OFFICERS:

President

Anne Wesley 615-851-1052
ttahiker@msn.com

Vice-President

Rosemary Marshall 865-687-0670
Rosemary_L@hotmail.com

Treasurer

LouAnn Partington 931-393-4835
louannpartington@bellsouth.net

Secretary

Carolyn Miller 931-456-4465
cardan@frontiernet.net

Past President

Fount Bertram 615-765-5357
fwbertram@dtccom.net

Previous Past President

Leigh Jones 352-472-3602
Cejones9@bellsouth.net

West TN At-Large Director

Don Dresser 731-668-4662
Donald.Dresser@usit.net

Middle TN At-Large Director

Brent Morris 931-728-8726
brentmorris@ispwest.com

East TN At-Large Director

VACANT

Membership

Garnett Rush 615-352-7217
rushga01@yahoo.com

Cumberland Trail Conference

Representatives

Sandra Spearman 931-839-2320
sandbar@multipro.com

TN Rails To Trails Advisory Council

VACANT

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements
and articles of special interest
are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
Feb 10	Mar 1
Mar 10	Apr 1
Apr 10	Jun 1

Articles submitted are subject to editing
and will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

2007 Membership Directory

It's Update Time!

The 2007 edition of the TTA Membership Directory will be mailed to all current members in June/July. Please be sure your dues are paid up so that you will be listed in the directory, and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the last directory that was published in August 2006.

Here are a few ways you can notify us of your changes:

- **Internet:** Visit our website (www.tennesseetrails.org), navigate to "Member Services," select and fill out the "Electronic Address Change Form."
- **Mail:** Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.
- **Phone:** TTA's Membership Director, Garnett Rush at 615-352-7217.

Not sure of when your membership expires? Please look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.

Tennessee Trails Merchandise Order Form

_____	TTA Patch	5.00
	<i>Round embroidered patch, sew it on anything.</i>	
_____	TTA Window Decal	2.00
	<i>A must for each car. Removable, no adhesives.</i>	
_____	TTA License Plate	12.00
	<i>Perfect for the front bumper of your car.</i>	
_____	TTA 35 th Anniversary Commemorative Patch	5.00
	<i>Round embroidered patch commemorating TTA's 35th Anniversary, sew it on anything.</i>	
_____	TTA Flashlight Carabineer Key Ring, blue	3.00

Name: _____

Address: _____

City: _____ State: ____ Zip: _____

PHONE hm: (____) _____ wk:(____) _____

E-mail Address: _____

Mail your check payable to: Tennessee Trails Association
c/o Marietta Poteet, 525 Huckleberry Place
Monteagle, TN 37356
nannietta@blomand.net

Please allow 4 weeks for delivery and prices shown include postage.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446
ADDRESS SERVICE REQUESTED

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Nashville, TN
PERMIT NUMBER 4053



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

Mar 07

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Garnett Rush 615-352-7217 rushga01@yahoo.com

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
- ___ Family \$35.00
- ___ Student (FULL-TIME) \$15.00
- ___ Supporting (\$50.00, \$100.00 or more)
- ___ Life Member (Individual) \$500.00
- ___ Life Member (Family) \$750.00

Name _____

Address _____

City _____ State _____

Home Phone (___) _____ Zip _____ -- _____

Work Phone (___) _____

e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork | ___ Cumberland Gap | ___ Memphis | ___ Plateau (Crossville) |
| ___ Clarksville | ___ East TN (Oak Ridge/Knoxville) | ___ Murfreesboro | ___ Soddy Daisy |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville | ___ Upper Cumberland |
| ___ Cove Lake | ___ Jackson | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| | | | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.

Purchase Order

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204-1446

Leslie El-Sayad
Home: 865-717-6246
Les1202@aol.com

February 15, 2006

Color Plus Printing
4825 Trousdale Dr, #102
Nashville, TN 37220

Leonard Chavaz
615-781-1071
cell ph: 615-207-0947
colplprt@bellsouth.net

Newsletter Printing

Cover Date:

Mar 2007

Number of pages submitted
with this purchase order:

10 pages

Printed Paper size:

two - 11 x 17 sheets
one - 8½ x 11 sheets
printed on 2 sides
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight:

20 pound paper weight

Paper Color:

white

Ink Color:

black

Print Quantity: 850 pieces

Approximate Cost:

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Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204

Leonard, please contact TTA Newsletter Party Coordinator Contact Diane
Manas, Newsletter party on February 20 at 7pm

- Their picking newsletters up from you at Color Plus Printing or,
- Your delivering newsletters to Their home or,
- Your delivering the newsletters to the location of the Newsletter Party