

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



CLARKSVILLE INVITES YOU TO ANNUAL MEETING

The Clarksville Chapter would like to invite everyone to attend our next Annual Meeting being held on October 20-22, 2006. As members of TTA, we want to establish, maintain, and preserve the trails in our great state. To ensure this continues, we need to nurture future generations by instilling the love of natural places and the need for preservation. For that reason we chose the following theme: Nurture a Tennessee Trail; Nurture a Generation!

This year we will meet in the beautiful surroundings of Land Between the Lakes (LBL). For anyone not familiar with LBL, it is located in northwest Tennessee. There are more than 200 miles of hiking trails and abandoned roads meandering through backwoods, fields and alongside peaceful lakeshores. Of course there will be a wide variety of hikes for all fitness levels. In addition to hiking, there are plenty of other places to explore, for example: the Elk and Bison Prairie, Golden Pond Planetarium, and the 1850's Homeplace.

As a group, we will be staying in the Brandon Springs Residential and Group Center situated on the shores of scenic Bards Lake and Lake Barkley. This year we were fortunate enough to reserve the entire facility instead of sharing it with another group. There will be dorm style cabins and primitive camping (with restrooms / showers in the nearby pool house). The facility has had the same kitchen staff for many years. They are known for their delicious meals, which will be prepared and served cafeteria style. Anyone with special dietary needs should include that information on the registration form.

If these accommodations are not sufficient, you may choose to make your own reservations at nearby Dover Inn Motel at 1-931-232-5556 or at Paris Landing Resort at 1-800-250-8614. Even if you choose to stay off site, we welcome you to join us for meals! Just make sure to include it on the registration form so the kitchen staff will know exactly how many to prepare.

~~For those who have never attended an annual meeting or are new to TTA, here is what you can expect:~~ meet fellow members from all over Tennessee, as well as surrounding states, two full days of hiking, entertainment, and the infamous auctions – live, silent and white elephant sale as well as a bake sale / snack bar. All of the auction proceeds will go to help fund Cumberland Trail Conference's Spring Breakaway program in March 2007. With the upcoming holiday season approaching, the auctions are the perfect venue to purchase gifts and provide a donation to the Cumberland Trail! Good food, good friends, good fellowship – what more could you want???

Look for the registration form in the newsletter. If you have questions, you can contact June Miller at stevjune@charter.net or Merri Hinton at Andrews@logantele.com. Watch upcoming newsletters for more detailed information including a schedule of events, speakers and outings!

MARK YOUR CALENDARS!

Start making plans now to attend The annual meeting at Land Between the Lakes Brandon Springs on Oct 20-22, 2006!

Register Early in This Issue

HEADS UP !!!

QUARTERLY BOARD MEETING
Saturday, August 5th, 1:00pm CST
TWRA Region 2 Building
Nashville

CUMBERLAND TRAIL CONFERENCE

Office Location 19 East 4th Street
Crossville, TN 38555
Office Hours 8am-5pm
Phone: 931-456-6259
Fax: 931-456-4934
Email: cumberlandtrail@rocketmail.com
Website: www.cumberlandtrail.org

CUMBERLAND TRAIL CONFERENCE STAFF:

Executive Director.....Paul Freeman..... paul.freeman@frontiernet.net
Trail Development &
Maintenance Coordinator: Tony Hook.....tony.hook@frontiernet.net
Office ManagerJanet D. Smith janet.d.smith@frontiernet.net

In addition to the Bob Brown Award, which is awarded to the most outstanding individual volunteer, the Cumberland Trail Conference is sponsoring the annual Volunteer TTA Chapter of the year award. This award will go to the TTA chapter with the most volunteer hours in support of the Cumberland Trail for the year. The first place award is a plaque that will have the winning chapter's name engraved on it, and every year the winning chapter's name will be added. The plaque will be presented and displayed at the annual TTA meeting. After the meeting, the plaque will be displayed at a prominent location in the CTC office. The second place chapter will be awarded a certificate of appreciation for their volunteer efforts. I have attached a picture of the plaque.

Since the CTC is keeping track of volunteer hours for this award, it is important for TTA members to let me know when there are volunteer hours in support of the Cumberland Trail outside of the Cumberland Trail Conference's scheduled programs. I want to thank all the TTA members for the past tremendous volunteer effort and I look forward to working with the TTA volunteers in the future. I can be contacted at the CTC office, 931-456-6259, or at tony.hook@frontiernet.net. Since this is the inaugural year of this award, it will be interesting to see which chapter is the first on the plaque.

TTA's Annual Awards Nominations

Are Currently Being Accepted

Tennessee Trails Award

Bill Stutz Award

Golden Squirrel Award

You've heard about them, now it's time to nominate candidates for this year's annual awards - someone you feel best fits the description for any of the awards listed below. Please submit nominations to your local Chapter Officer by July 30. Your Chapter Officer will present nominations received to the Board of Directors during the August 5 Board of Directors' Meeting. (If your Chapter Officer is a candidate, and you wish to keep it a secret, you may submit your nomination directly to TTA's President, Anne Wesley.) Awards are issued each year during the October Annual Meeting.

The *Tennessee Trails Award* is presented for outstanding contributions to the Association and/or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

The *Bill Stutz Award* is presented in honor of the late Bill Stutz, past TTA member and beloved hiker. The award is presented to an active hiker for his or her individual contribution to the Association or one of its chapters.

The *Golden Squirrel Award* is a "tongue-in-cheek" award and one we most often talk (and hear) about on the trails. Nominations are taken throughout the entire year and judged on a hike leaders' ability to totally lose their entire hike group. (**Please note:** It is not the intention of TTA, or its volunteer hike leaders, to lose their group. Sometimes it happens, and for this the *Golden Squirrel Award* exists.)

2006 Membership Directory Advertising Space is Available

Do you have a product or service that you would like to promote to our 600+ members? (Here's a golden opportunity for our real estate-, financial advisor-, caterer-, dog whisperer-, landscaper-, architect-, farmer-, handyperson- friends of our hiking community to promote their services.) How does a total cost of \$125.00 for an entire year sound? There are two sizes available for advertising in TTA's upcoming 2006 Membership Directory; both are business card sizes:

"vertical" = 2" x 3.5"

"horizontal" = 3.5" x 2"

The deadline for getting your ad into the 2006 Membership Directory is June 24. All you need to do is drop your business card into an envelope with a \$125.00 check (made out to Tennessee Trails Association, Inc.) addressed to: Tennessee Trails DIRECTORY, P.O. Box 41446, Nashville, TN 37204-1446. If you include your email address with your business card & check, a confirmation that your business card has been received will be sent; otherwise, your cancelled check and Membership Directory will be your confirmation.

NOTE: Ideally, business cards submitted should contain only black and white text/images. We will try; however, cannot guarantee the reproduction quality from business cards submitted that contain colored ink. Also, all advertisements are subject to the approval by TTA's Editorial Committee, which reserves the right to reject any ad for any reason. Questions? Contact Diane Manas at 615-352-7777, or dmanashikes@comcast.net

TTA Annual Meeting October 20-22, 2006

Registration Form Families: please provide the name of each member of your family attending.

Name _____ Name _____ Name _____ Name _____ Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Chapter _____ Email _____

REGISTRATION FEE Per Person is \$15.00 Number of Persons: _____ X \$15.00 Total \$ _____

LODGING

HUT – Dormitory style cabins equipped with comfortable bunk beds and mattresses, heat and air conditioning, modern restrooms and showers. We'll have separate huts for women and men. You will need to bring shower and bed linens or sleeping bag. If you have a preference of who you want to share a cabin with, please make a note and it will be honored if possible.

HUT Fee Per Night is \$18.00	Would like to share cabin with _____		
FRI NIGHT	Number of Persons _____	X \$18.00	Total \$ _____
SAT NIGHT	Number of Persons _____	X \$18.00	Total \$ _____

CAMPING

Camping Fee Per Night Per Person is \$5.00

FRI NIGHT	Number of Persons _____	X \$5.00	Total \$ _____
SAT NIGHT	Number of Persons _____	X \$5.00	Total \$ _____

MEALS

FRI	DINNER	Number of Persons _____	X \$8.00	Total \$ _____
SAT	BREAKFAST	Number of Persons _____	X \$5.00	Total \$ _____
SAT	LUNCH	Number of Persons _____	X \$5.00	Total \$ _____

Please check type/quantity of sandwich: _____ Turkey _____ Ham _____ Cheese _____ Peanut Butter & Jelly

SAT	DINNER	Number of Persons _____	X \$8.00	Total \$ _____
SUN	BREAKFAST	Number of Persons _____	X \$5.00	Total \$ _____

Please check if you would like to request vegetarian meals. # People wanting Vegetarian Meals _____

TOTAL ENCLOSED \$ _____

Please make check payable to Tennessee Trails Association

Mail to: c/o June Miller

**1002 Post Court
Clarksville, TN 37043**

**If you have further questions, call June at: 931-648-4195.
stevjune42@charter.net**

Due to scheduling requirements at Brandon Springs, REGISTRATION MUST BE RECEIVED on or before October 1st, 2006. SORRY, REFUNDS CANNOT BE MADE AFTER October 1, 2006.

Detach and enclose this Registration Form with your check.

Directions to Brandon Springs at Land Between the Lakes:

FROM MEMPHIS: About 200 miles from Memphis. Take I-40 East to Hwy. 641 North. Take 641 North towards Paris. At Paris, take Hwy. 79 North towards Dover. Just before Dover is a large, brown sign directing you to turn left for Land Between The Lakes (careful It's easy to miss!). Turn left on this road. In about 4-5 miles it turns into The Trace. Continue North past the South Welcome Station for 2 miles; Brandon Springs is on the right.

FROM NASHVILLE: About 90 miles from Nashville. Take I-24 West to US Hwy 79 (Exit 4). Take 79 to Dover. Stay on Hwy 79 for 3 more miles to the LBL Southern Entrance (watch for a large brown sign directing you to turn right for LBL - careful it is easy to miss) Turn right; this road becomes the Trace, which is the main road through LBL. Turn right on this road. In about 4-5 miles it turns into The Trace. Continue North past the South Welcome Station about 2 miles; Brandon Springs is on the right.

From Knox/Nashville: Once you've reached Clarksville...Clarksville – Dover = 26 miles Dover – The Trace = 5 miles The Trace – Brandon Springs – 7 mi

From Memphis: Reached Paris...Paris – The Trace = 19 miles
The Trace – Brandon Springs = 7 mi

TTA Signs will be posted within LBL. LBL Sign for Brandon Springs 2 miles past South Welcome Station.

These are actual comments left on Forest Service registration sheets and comment cards by backpackers completing wilderness camping trips. "A small deer came into my camp and stole my bag of pickles. Is there a way I can get reimbursed? Please call". "Escalators would help on steep uphill sections." "Instead of a permit system or regulations, the Forest Service needs to reduce worldwide population growth to limit the number of visitors to wilderness." "Trails need to be wider so people can walk while holding hands." "Found a smoldering cigarette left by a horse." "Trails need to be reconstructed. Please avoid building trails that go uphill." "Too many bugs and leeches and spiders and spider webs. Please spray the wilderness to rid the area of these pests" "Please pave the trails so they can be plowed of snow in the winter." "Chairlifts need to be in some places so that we can get to wonderful views without having to hike to them." "Need more signs to keep area pristine." "A McDonald's would be nice at the trailhead." "The places where trails do not exist are not well marked." "Too many rocks in the mountains."

CLARKSVILLE CHAPTER

CHAPTER OFFICER: Merri Hinton
andrews@logantele.com

CO-CHAIR: Suva Bastin 931-645-2849

SECRETARY: Lucy Weikel 931-358-5794
j107sw@aol.com

TREASURER: Sandy Janus
 931-551-8523

OUTINGS COORDINATORS: Sandi Hamilton
 931-920-2760 *billhamilton@charter.net*
(call Sandi & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT,
 Crow Community Center
 211 Richview Rd (Public is cordially invited!)

8 July –Narrows of the Harpeth – Canoe approximately 11 miles along the Harpeth River. Call Bob Lyon at 931-648-2354

15 July - Early Morning Hike at Dunbar Cave – Set your alarm early and join us on the trail at 7:30 a.m. for a hike before it gets too hot! We'll go to a local café for coffee/juice and bagels or fruit for a light breakfast. Call Renae Gills at 931-648-1448

22 July Annual Chapter Picnic at Dunbar Cave – It's July which means that we cancel the monthly meeting and instead gather at Dunbar Cave for a hike and potluck supper. The group will gather at 4:00 to hike a variation of the Recovery Trail. Bring your favorite dish to share and we'll eat about 5:30. Call Suva Bastin 931-648-2849.

29 July – Sunset Hike at Long Hunter State Park – Experience a lovely 12-mile hike along the shores of Percy Priest Lake. It's a level trail and rated easy. We'll start hiking late afternoon so we will finish about sunset! Call Suva at 931-648-2849

How can you tell the kind of hiker by what they do with an M+M on the trail:

1. Day Hiker: steps over it
2. Section Hiker: picks it up, eats it, and keeps going
3. Thru Hiker: eats the M+M, then starts digging in the ground to see if there are any more.

Anyone heard any good hiker jokes? Or maybe you have an amusing anecdote which you heard or which happened to you. Send them to editor@tennesseetrails.org

Spring Cleaning???
Don't throw away your
"treasures"-
Donate them to TTA's
Annual
Meeting Auctions!

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm
 423-562-1110 *Richard.Helm@ahss.org*

CO-CHAIR: Mari Haslam
 423-562-3227 *pittsteelersfan@earthlink.net*

MEETS MONTHLY: 2nd Monday at 6:00pm ET
 LaFollette Recreation Center's Craft Room
 201 S. 9th St.

Contact Richard Helm for information about any hikes scheduled for July. Enjoy the summer!

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall
rosemary_1@hotmail.com

TREASURER: Harold Draper
h.m.draper@att.net

July 8 We will hike the Porter Creek Trail in the Great Smoky Mountains. This is an approximate 7-mile hike rated moderate with gradual elevation. Bring water and snack and enjoy the mountain air. We will meet at the Porter Creek trailhead at 10:00 am EST. To pre-register, call Rosemary Marshall 865-687-0670 or Rosemary_L@hotmail.com

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Charles Gibbs
423-628-5678 *cgibbs@nxs.net*
SECRETARY / TREASURER: Benita Howell
423-628-5521 or 865-974-7797 *bhowell@nxs.net*
BOARD REPRESENTATIVES: Tim & LynnTakacs
615-824-7048 *lynntakacs@comcast.net*
or *ttakacs@comcast.net*
OUTINGS COORDINATOR Eric Wilson
423-628-2817 *ericavi@nxs.net*

(Call Eric & volunteer to lead an outing.)

July 15 Nemo Bridge Trail, Obed NRA, Wartburg, TN. Wil and Carrie Thornthwaite will lead this hike on the 5-mile loop to Alley Ford and back. We'll stop for lunch on the banks of the Obed at Alley Ford. This hike is rated moderate because of some up and down hiking; there are interesting rock formations on the road down to Alley Ford. Most of the trail is shaded, but dress for high humidity and bring plenty of water and bug spray. Meet at Harrow Road Cafe in Rugby at 9:30 EDT or at the parking lot on the Wartburg side of Nemo Bridge at 10:30 EDT. For more information and to register, contact Wil at wil@thornthwaite.com.

July 22 Devil's Racetrack, Cumberland Trail, Caryville, TN. Roland Rivet will lead this hike of approximately 3.2 miles each way to the Devil's Racetrack and back from the trail head parking area on Bruce Gap road, or if the weather is especially hot and humid, we can opt for a shorter hike. The trail is generally rated moderate with some short strenuous sections. Dress appropriately for the weather, wear sturdy boots, and bring plenty of water and snacks. Hikers will meet at Shoney's in Caryville at 10:00 EDT; those who want to car pool from Rugby should let Eric Wilson know ericavi@nxs.net and plan to meet at Harrow Road Cafe at 9:00 EDT. For more information and to register, e-mail Roland at roland_rivet@msn.com or phone 865-457-2480.

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Sherrie Yokley
931-381-9274 *yokley2004@bellsouth.net*
MEETS MONTHLY: 1st Tuesday at 6:30 pm CT
Grand Buffet (North of Spring Hill)

No hikes are planned for July, but we will have a chapter meeting to develop a hiking schedule for this fall and winter. The chapter meeting is normally on the first Tuesday of the month, but as the first Tuesday is July 4, we will have our meeting on **July 11**. Chapter members are urged to think about hikes they may want to lead or suggest.

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HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: Doug Ratliff
931-455-0249 *dougratliff@hotmail.com*
MEETS MONTHLY: 3rd Tuesday. Socializing & meal at 6:00p;
meeting starts at 7:00p at the Western Sizzlin' restaurant
in Tullahoma

July 8 Elk River canoe/kayak. Scenic, Cool River about 10-mile float. Meet at Pat's Restaurant in Estill Springs for 8:30 am breakfast or meet group around 9:30 am at Pat's to just do the river. Pat's is on the right heading to Winchester from Tullahoma, just before city hall in Estill Springs. Bring lunch and water for river trip. Call Joette for more information or to see if there is space available in canoes/ kayaks. (931) 968-0073.

July 18 Monthly Meeting. Join us at 6:00 PM at the Tullahoma Western Sizzlin' if you want to eat and at 7:00 PM for the program.

July 22 Stone Door to Big Creek Rim to Greeter Falls for a hot hike and a cool swim. The hike is rated moderate to difficult due to the 9.8-mile distance. It will be a pleasant hike in the South Cumberland Area to a cooling swim at Greeter Falls. Call Marietta Poteet nannietta@blomand.net or Jim Poteet at poteet@genesco.com or call at 931-924-9666.

July 22 Perimeter Trail, Sewanee, TN. We will continue the Eat-Hike a portion of the Perimeter Trail-Eat hike this month and in future months. The hike will be approximately five miles. There will also be time to do other things in the area. We will meet at The Blue Chair restaurant in Sewanee at 9:00 A.M. Contact Tom Bentley at (931) 455-5849 or HTbentley@edge.net to register.

Chapter News

At our June 6 Chapter meeting, the Columbia-Franklin chapter welcomed Allen Underwood, author of "Of Courage Undaunted: The Mysterious Death of Meriwether Lewis." Allen gave a lecture concerning the death of Lewis and refuting the common belief that Lewis committed suicide, but rather may have been murdered. It was an interesting and thought-provoking lecture.

JACKSON CHAPTER

CHAPTER OFFICER:

731-424-5375

No Monthly Meeting in July

Gary Cooper

gcooper52@yahoo.com

Chapter News- The Jackson group participated in a short hike at Natchez Trace for National Trails Day. Looking forward to improve and build trails at Natchez Trace in the future.

Other Activities July 8- Buffalo River Canoe Trip. Suitable for beginners. Registration is required by July 5. For registration and additional information contact Glen Rognstad at grogstad5968@charter.net or 731-217-5966.

MEMPHIS CHAPTER

CHAPTER OFFICER:

901-755-5635

BOARD REPRESENTATIVE:

Carolyn Pierce

cedpierce2000@yahoo.com

MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00 pm at Cordova Library, 8457 Trinity Rd. Turn east off Germantown Parkway onto Trinity Rd. approx. 1 mile on the right. Library shares entrance with Bert Ferguson Community Center

It's vacation time! No chapter meeting and hikes are scheduled for July. In the meantime, check out other TTA chapters hike listings and join a hike!

ForWestTNHikers

Last year Sherry Rogers started a yahoo group called Memphis Hiking. This group shares information on hikes we do on the spur of the moment, hike photos and other hike related topics. Membership required. To join email MemphisHiking-subscribe@yahoogroups.com

MURFREESBORO CHAPTER

CHAPTER OFFICER:

615-765-5357

OUTINGS COORDINATOR:

615-867-3301

(Call Ronn & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT

Barfield-Crescent Park's Wilderness Station
697 Barfield Rd., Murfreesboro

Jul 1 - Sunset Hike and Ice Cream Social, Barfield Park, Murfreesboro. Join us for a 1.5-mile hike along the Rocky Path Trail at Barfield Park. We will depart promptly at 6:30 pm CDT. The trail is rated easy to moderate for uneven terrain. After our hike we will cool off with homemade ice cream (provided by Tony and Millette) at the park pavilion. Required on this hike will be sturdy footwear and a flashlight! Sign-up early so we can make enough ice cream for all! Contact Tony or Millette Jones at millette.jones@Comcast.net or 615-397-9588 or 615-397-4463.

MURFREESBORO (cont)

Jul 11 - Monthly Meeting at 6 PM - Finger Food Supper and Hike Planning for August through January. Please come prepared to take an active part in your Chapter's 6-month hike planning session. We want input from everyone! Bring your schedules, information about hikes and other activities you want to do, and those you are willing to lead. Know the dates you will be available to lead hikes or activities when you volunteer, if at all possible. This will help the planning go more smoothly and shorten the time it takes to get it done. For those new to our Finger Food Suppers bring anything to share that can be eaten with the fingers. Examples are appetizers, sandwiches, bite sized fresh fruit trays, vegetable trays, chips and dips, cookies, and cup cakes. TTA will furnish eating utensils and beverages. Feel free to contact me for more information or suggestions contact Anna Bertram at abertram@heartoftn.net or 615-765-5357.

Jul 15 - Radnor Lake State Natural Area, Nashville, TN. We will hike an easy to moderate 3.5 to 4 miles on several trails along and around the lake. This is a beautiful natural area with lots of wildlife and beautiful scenery as well as varying terrain. Meet at Sam's Club at 8:00 am CDT. Bring water, comfortable footwear and \$\$ for a late brunch or early lunch in the area after the hike. Contact Felicia at 615-904-9604; cell 615-476-6054 or fsearcy@Comcast.net.

Jul 29 - Dunbar Cave State Natural Area, Clarksville. We will depart Murfreesboro at 10:00 am CDT for an afternoon hike and guided cave tour at Dunbar Cave. When we arrive in Clarksville we will stop for lunch at a local restaurant, then on to the park for an easy to moderate 1-mile hike along the Short Loop Trail ending at the cave. At 3:00 pm we will join the naturalist-led cave tour for an easy .5-mile journey where we will learn the rich history of the area and cool off in the 58-degree cavern. The cave tour costs \$4 per person (cash or check) and you must bring a flashlight (rentals are \$2). Space is limited to 10 cavers so sign up early to avoid disappointment! Bring money, flashlight, plenty of water, sturdy footwear and a light jacket for the cave tour. Contact Tony or Millette Jones at millette.jones@Comcast.net or 615-397-9588 or 615-397-4463.

Planning Ahead

Aug 18-20 - Weekend at Cloudland Canyon State Park (GA, near Chattanooga). By unanimous vote of all who went to Cloudland Canyon in May, we will again make it a weekend event! Camp or rent cottages, or come and join us for the day Saturday. You may make your reservations for a campsite or cottage online at <http://gastateparks.org/info/cloudland> The West Rim Trail is calling us back! Too hot to hike? We will beat the heat by doing some cool things in Chattanooga. Saturday we will go to Rock City, and maybe Ruby Falls. Watch for more details next month. Contact Fount or Anna at fwbertram@heartoftn.net or 615-765-5357 for more information.

Oct 20-22 - Annual Meeting at Land Between the Lakes National Recreation Area, hosted by the Clarksville Chapter. It's time to mail in your reservation form and money if you have not already done so. There will be hiking, awards, socializing, the big annual auction, and much more. This is open for the whole membership and everyone is encouraged to attend. This is the only time during the year the general membership is assembled to vote on important issues that impact the present and future of our organization.

NASHVILLE CHAPTER

CHAPTER OFFICER: Jim Johnson
615-356-6246 jimjohnsonjr@gmail.com

OUTINGS COORDINATOR: Nancy Juodenas
njuodenas@hotmail.com
(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT
TN Wildlife Resources Association meeting room at
Ellington Agricultural Center, 5105 Edmondson Pike. For
directions, visit: www.tennessee-trails.org/nashville.php

HIKING HOTLINE: 615-367-7045

July 1 Beaman Park First Saturday Hike 9-noon Age level: Adults, 8+ Don't miss this opportunity to take a guided hike with one of the many knowledgeable Friends of Beaman Park volunteers and explore the still new Beaman Park – it's 1,500 acres of forest on the Highland Rim and a natural treasure! Friends of Beaman Park call Warner Park Nature Center 615-352-6299 for reservations and directions.

July 1-July 4 (Sat-Tue) Baxter Creek, Mt. Sterling, Balsam Mtn Ridge and Appalachian Trails Backpack, Great Smoky Mtns Nat'l Park. Newport, TN. This outing is for experienced backpackers due to the amount of elevation gained (4,000 ft) on the first day, number of miles (11.5) covered on the second day and for the mixed bag of terrain we'll encounter over the entire 4 days (uneven with roots, rocks, ruts, mud and several ascents/descents). Our rewards: cooler temperatures once we reach the 5,000-5,800-ft range, some wildflowers and glorious views during this ridgeline walk. We'll hike 6.1 miles on Sat., 11.5 on Sun., 7.6 on Mon., and 8.6 on Tue. To avoid an early Sat. morning departure from Nashville, which would be necessary for reaching the trailhead before the day's heat sets in, reservations have been made for us to camp Fri. night in Big Creek Campground (where we start the hike Sat.) at the Horse camp (it was the only place available for less than \$70/night). We will share the cost of the campsite, which will be minimal! The group size will be limited to 6 and solely dependant on what the Backcountry Permit Office shows available when our reservations are made (30 days ahead of our arrival). Therefore, early REGISTRATION IS ADVISED, RSVPs beyond the initial 6 will be added to a waiting list. To register, or for more information, call Diane Manas at 615-352-7777.

Ideally, I may head to the Smokies on Thu, June 29 in the morning to get in a day hike on both Thu & Fri (you're invited as well). Since I do have a campsite in Big Creek for Friday eve, which is where the outing will start on Sat morning, for those arriving after dark on Friday, I will volunteer to pitch your tent so that it is ready when you arrive – sorry, you will have to carry all of the rest of your stuff and make your own bed when you arrive!

July 12 (Wed) After Work Walk on Main Drive, Percy Warner Park. Nashville, TN. How about a walk that takes us from daylight through dusk into dark (twilight), and during a time when the wildlife starts stirring about in preparation for the night ahead? Who knows what we may see/hear. You can leave your hiking boots at home because we will be walking

NASHVILLE (cont)

on the paved road - Main Drive – in Percy Warner Park. You will need to wear comfortable shoes, and bring water - just in case you get thirsty. You may even want to bring a headlamp (flashlight) even though we should be back at our cars before it gets really dark. This walk is rated easy because of the smooth surface and minimal ascent – there is one hill; however, it is gradual. We'll be walking the 1.8-mile loop that starts at the end of Belle Meade Blvd. Meet at 6:30 pm (CT) at the flagpole just inside the stone arches at the end of Belle Meade Blvd, we should be finished by 7:45pm. No RSVP required. If you have questions, call Diane Manas at 615-352-7777.

July 15 Grundy Forest Day Loop, Tracy City, TN This is an easy 2 mile loop hike at the start of the Fiery Gizzard Trail in South Cumberland Recreation Area. We will take the hike at a leisurely pace, stopping to admire the waterfalls, cascades, and creeks along the way. Wear or bring swim wear and water shoes, because there are lots of good swimming holes and it is bound to be hot and what better way to cool off? There will also be an option to continue on to the Dog Hole Trail and Raven Point if enough people are interested. (About 7 more miles). Bring water, snacks and lunch. Good hiking shoes will make the hike more pleasant. To register and for more information contact Nancy Juodenas at njuodean@hotmail.com or 615-319-8811

July 19 (Wed) After Work Walk on Main Drive, Percy Warner Park. Nashville, TN. See July 12 above

July 22 Stone Door to Big Creek Rim to Greeter Falls for a hot hike and a cool swim. The hike is rated moderate to difficult due to the 9.8-mile distance. It will be a pleasant hike in the South Cumberland Area to a cooling swim at Greeter Falls. Call Marietta Poteet nannietta@blomand.net or Jim Poteet at poteet@genesco.com or call at 931-924-9666.

July 22 Hiking Community Volunteers "½ Day" Event. Radnor Lake SNA. Nashville, TN. Join members of the hiking community, Friends of Radnor Lake and REI to help with general trail maintenance. Radnor Lake SNA is one of Nashville's gems, offering us respite from the daily hustle bustle of life, 4½ miles of hiking trails, a huge lake to relax by and an abundance of flora and fauna to view. Show your support this morning by volunteering 3-4 hours to help with any number of projects that are constantly in process such as mulching trails, clearing invasive exotics, maybe helping with a bridge repair or trail re-route. No previous experience is required and everything learned can be applied to any other trail project (for example, the Cumberland Trail). You will be provided with ample instructions, supervision and materials; plus, water and FREE parking. See you at 8:00am at Radnor Lake's Visitor's Center (accessed via Otter Creek Road off of Granny White Pike). You should be done between 11:30am and noon, and still have plenty of time in the day to get a hike in (with new friends) before departing the premise. For additional information, call the Radnor Lake Visitor's Center office at 615-373-3467.

NASHVILLE (cont)

July 29 Big South Fork and Highland Manor weekend, Jamestown, TN We will attend Highland Manor Winery's Upper Cumberland Cajun Day starting at 11:30-5:00. There will be live Cajun music, Cajun Food and, of course, wine. The Winery has generously allowed us to camp on the grounds, with use of their restrooms and hot and cold running water. There will be a hike to Northrup Falls in the afternoon on Saturday for those who want to get wet or just cool off. (less than 2-mile loop). Sunday there will be an excursion to Historic Rugby with a 2-mile hike to the Gentlemen's Swimming Hole and the Meeting of the Waters and a possible lunch at the Harrow Road Cafe. Some people will be traveling to the area Friday, to camp at Pickett State Park. For more information and to register for this fun weekend, (you can participate in all or some of the events, your choice), call or e-mail Nancy Juodenas at 615-319-8811 njuodean@hotmail.com

NORTHWEST CHAPTER (UT at Martin/Weakley County)

CHAPTER OFFICER: Jim Clark
731-587-2225 jclark@utm.edu

MEETINGS: usually the 2nd Thursday of each month at 7:00pm CT on the UT Martin Campus, Boling University Center, Rm 231, during the academic calendar, but call for confirmation, or visit our chapter website at www.utm.edu/~jclark/trails/

Please participate in other chapters hikes this month Stay in shape and see you soon.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICER: Richard
931-526-2035 savage_richard@hotmail.com

No hikes planned in July. Be sure to join nearby chapters to hike.

A great schedule of hikes is upcoming in August and September.

SODDY DAISY CHAPTER

This chapter is being reorganized. For further information, contact Charles Jones, East Tennessee Representative At-Large at cejones9@earthlink.net. In the interim, you are welcome to attend other chapters (13 to choose from) outings, events and meetings.

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER: James Hubert
931-459-4839 jhubert1@frontiernet.net

SECRETARY/TREASURER: Mitze Anderson
931-788-6731 Wanderso121@yahoo.com

MEETS MONTHLY: 2nd Thursday at 6:30pm CT
Art Circle Public Library's Community Room, 154 East 1st Street, Crossville

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information, or to get on an email list for the hikes, contact Bill Harris (931-484-9152) or Jim McCullough (sue1290@frontiernet.net). Rain cancels.

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at 931/484-9152 or e-mail Jim McCullough at sue1290@frontiernet.net. Rain cancels.

July 8. Lost Creek Cave, Sparta, TN. It's hot weather, so we have planned a hike into Lost Creek Cave to see a 50-foot waterfall. The cave is tall enough that you will be able to walk to the waterfall with no need to crawl. The hike is only 1-¼ miles one way, but is rated moderate to difficult due to the need to climb over some rocks and boulders. A flashlight and extra batteries are required. Wear sturdy hiking boots and bring water, lunch and snacks. Meet at the Kroger Parking lot on Highway 70 in Crossville at 8 AM. For more information and to register, call Bill Harris at 931/484-9152.

July 15. Nemo Bridge to Alley Ford on the Obed Wild and Scenic River Segment of the Cumberland Trail, Wartburg, TN. Come explore the forest and walk along the Obed River on this popular segment of the CT. This 6-mile hike (3 miles in and 3 miles out) starts at the Nemo Bridge and gradually ascends to the top of the gorge passing bluffs along the way. Meet at the Dairy Queen on Genesis Road at 8:00 AM CDT. For more information and to register, contact Gene or Myra Holloway at 931/788-1724 or by e-mail at genetn1@hotmail.com for details.

July 29. Chapter Picnic. Annual Chapter Potluck Picnic from 5:00 – 8:00 PM CDT at Dartmoor Marina in Fairfield Glade. We will be able to swim, take boat rides, paddle canoes, etc. and then feast. This is also when we will be planning hikes for the fall. For information on directions, call Terry Brophy at 931/707-7234. RESERVATIONS are required for the grilled main dish (furnished) and Fairfield Glade guest passes and must be made by July 22. Bring a side dish as well as your own drinks and utensils. To make RESERVATIONS, please call Sue/Bill Eldridge at 931/456-4459 or e-mail at billsue@frontiernet.net.

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ttahiker@msn.com

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Rosemary_L@hotmail.com

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Donald.Dresser@usit.net

Middle TN At-Large Director

Brent Morris 931-728-8726
brentmorris@ispwest.com

East TN At-Large Director

VACANT

Membership

Garnett Rush 615-352-7217
rushga01@yahoo.com

Cumberland Trail Conference

Representatives

Sandra Spearman 931-839-2320
sandbar@multipro.com

TN Rails To Trails Advisory Council

VACANT

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements
and articles of special interest
are due as follows:

Due	For Newsletter Dated
July 10	Aug 1
Aug 10	Sept 1
Sept 10	Oct 1

Articles submitted are subject to editing
and will be included as space permits.

Please send all submissions to:

editor@tennesseetrails.org

ADOPT-A-TRAIL NEWS

ADOPT-A-TRAIL OFFICER

Harold Draper 865-689-7757 h.m.draper@att.net

Have you considered ...

maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

**To publicize your next trail volunteer day,
contact Harold Draper at 865-689-7757**

TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

WEBSITE www.TNRailsTrails.org

**TRAC is in the process of being reorganized.
Stay tuned for further information.**

MISSION: To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.

Tennessee Trails Merchandise Order Form

_____ TTA Patch6.00
Round embroidered patch, sew it on anything.

_____ TTA Window Decal3.00
A must for each car. Removable, no adhesives.

_____ TTA License Plate14.00
Perfect for the front bumper of your car.

_____ TTA 35th Anniversary Commemorative T-Shirt ...16.00*
*Choose Size: Small / Medium / Large / X-Large
Choose Color: Sand / Yellow / Stone-Gray*

_____ TTA 35th Anniversary Commemorative Patch6.00
*Round embroidered patch commemorating TTA's 35th
Anniversary, sew it on anything.*

_____ TTA Flashlight Carabineer Key Ring, blue6.00

_____ *Shipping & Handling on T-shirt Orders ONLY!!! ..1.50

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PHONE hm: (____) _____ wk:(____) _____

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Mail your check payable to: Tennessee Trails Association
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NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

Jul 06

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Garnett Rush 615-352-7217 rushga01@yahoo.com

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
- ___ Family \$35.00
- ___ Student (FULL-TIME) \$15.00
- ___ Supporting (\$50.00, \$100.00 or more)
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Name _____
Address _____
City _____ State _____
Home Phone (___) _____ Zip _____ -- _____
Work Phone (___) _____
e-mail _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork | ___ Cumberland Gap | ___ Memphis | ___ Plateau (Crossville) |
| ___ Clarksville | ___ East TN (Oak Ridge/Knoxville) | ___ Murfreesboro | ___ Soddy Daisy |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville | ___ Upper Cumberland |
| ___ Cove Lake | ___ Jackson | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| | | | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.

Purchase Order

Tennessee Trails Association
P. O. Box 41446
Nashville, TN 37204-1446

June 15, 2005

Leslie El-Sayad
Home: 865-717-6246
Les1202@aol.com

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cell ph: 615-207-0947
colplprt@bellsouth.net

Newsletter Printing

Cover Date:

July 2006

Number of pages submitted
with this purchase order:

10 pages

Printed Paper size:

two - 11 x 17 sheets
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printed on 2 sides
11 x 17 pages to be folded in ½ by Color Plus

Paper Weight:

20 pound paper weight

Paper Color:

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Ink Color:

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Print Quantity:

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Approximate Cost:

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Leonard, please contact Jerry Hendrixson at 615-227-4595,
or 615-738-0582 to arrange:

- His picking newsletters up from you at Color Plus Printing or,
- Your delivering newsletters to his home or,
- Your delivering newsletters to the newsletter party will be taking place around June 24, 2006 at 7:00pm.