

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



4th Annual Big Dig Event Bigger 'n Before Big Dig North & Big Dig South

The Cumberland Trail Conference will hold its 4th Annual **Big Dig** program May 22 through June 30. New this year, Big Dig will be operating out of two separate base camps; offering volunteers two diverse and exciting choices – **Big Dig SOUTH** and **Big Dig NORTH**.

Big Dig South will take place May 22-June 30 in the Rock, Possum, Soddy Gorges in Hamilton County, just north of Chattanooga, TN. Volunteers will be housed and fed (three squares!) in the Dogwood Lodge Camp – a comfortable facility with lots of room for leisure activities. In the evenings, you will be treated to educational programs about the history, culture, and biodiversity of the area and Cumberland Plateau.

Big Dig North runs from May 31-June 19 near Petros (between Wartburg & Oliver Springs), TN. This will be the first time we've worked out of this area and will mark the beginning of our next major effort for trail building along the CT. **Big Dig North** also promises to be slightly more adventurous because volunteers will be camping near, or at, the worksite - with base camp right there in the vicinity. All meals and water will be provided. In addition, educational programming about the history, culture, and biodiversity of the area and Cumberland Plateau. So, if you love camping out, being **fed** good food, trail building and learning about the area, this outing is just for you.

For additional information, call the CTC office at 931-456-6259; and, if you're ready to sign on, fill out and mail the registration form found on page 2 of this newsletter.

Don't delay, sign up for the Big Dig nearest you!

National Trails Day



June 3, 2006

v Two Statewide National Trails Day Events Saturday June 3, 2006

The Cumberland Trail Conference is offering trail hikes and trail maintenance sessions on the Cumberland Trail in several locations around the Rock, Possum, Soddy area. A "friends" get-together is planned for later in the day/evening.

Accommodations and campsites are available for free at Dogwood Lodge Camp on a first come, first serve basis. For more information, call the CTC office at 931-456-6259, or visit the website at www.cumberlandtrail.org

For chapters in the Middle TN area, the NTD project this year will take place on the Tennessee side of the Walls of Jericho in Bear Hollow Mtn WMA.

Our goal is to build a new section of hiking trail that will create a day loop near the Bear Hollow trailhead parking lot. The terrain is fairly flat. Tools will be furnished -- no experience required!

Plan on getting a little bit dirty and having a whole lotta FUN! (T-shirts and door prizes to be given away!!)

Bring plenty of water, snacks and lunch.

We will meet at 9:00am (Central Time) at the new Bear Hollow Mtn WMA trailhead parking lot (Tennessee side of Walls of Jericho) located off Hwy 16. Please arrive a few minutes ahead of 9:00 so we can quickly take care of the paperwork, provide instructions, pass out tools, etc. and get on the trail shortly thereafter.

If possible, each chapter participating needs to select an "event leader" to serve as your local point of contact (to help coordinate RSVPs, carpooling, etc.) to this event. For additional information, contact Brent Morris at 931-728-8726 or brentmorris@ispwest.com.

MARK YOUR CALENDARS!
Start making plans now to attend
The annual meeting at Land Between
the Lakes
Brandon Springs on Oct 20-22, 2006!
Register Early in This Issue

CUMBERLAND TRAIL CONFERENCE

Office Location 19 East 4th Street
 Crossville, TN 38555
 Office Hours 8am-5pm
 Phone: 931-456-6259
 Fax: 931-456-4934
 Email: cumberlandtrail@rocketmail.com
 Website: www.cumberlandtrail.org

CUMBERLAND TRAIL CONFERENCE STAFF:

Executive Director Paul Freeman paul.freeman@frontiernet.net
 Trail Development &
 Maintenance Coordinator: **Tony Hook** tony.hook@frontiernet.net
 Office Manager Janet D. Smith janet.d.smith@frontiernet.net

In addition to the Bob Brown Award, which is awarded to the most outstanding individual volunteer, the Cumberland Trail Conference is sponsoring the annual Volunteer TTA Chapter of the year award. This award will go to the TTA chapter with the most volunteer hours in support of the Cumberland Trail for the year. The first place award is a plaque that will have the winning chapter's name engraved on it, and every year the winning chapter's name will be added. The plaque will be presented and displayed at the annual TTA meeting. After the meeting, the plaque will be displayed at a prominent location in the CTC office. The second place chapter will be awarded a certificate of appreciation for their volunteer efforts. I have attached a picture of the plaque.

Since the CTC is keeping track of volunteer hours for this award, it is important for TTA members to let me know when there are volunteer hours in support of the Cumberland Trail outside of the Cumberland Trail Conference's scheduled programs. I want to thank all the TTA members for the past tremendous volunteer effort and I look forward to working with the TTA volunteers in the future. I can be contacted at the CTC office, 931-456-6259, or at tony.hook@frontiernet.net. Since this is the inaugural year of this award, it will be interesting to see which chapter is the first on the plaque.

Yes, I want to volunteer!
 Rock/Possum/Soddy, Tennessee

BIG DIG SOUTH
 Dogwood Lodge Camp

I will help with (circle all that apply): trail building; camp chores; kitchen/cooking; other: _____

I am unable to attend; please accept my donation \$ _____
 Donations can be mailed to CTC at the address below.

Name: _____
 Address: _____
 City, State, Zip: _____
 Phone #: _____
 Email: _____

Place an "X" after the day(s) of the week you will volunteer and **circle** the nights you require lodging.

Week 1 (May 22 – 27):
 Mon ___ Tues ___ Wed ___ Thu ___ Fri ___ Sat ___

Week 2 (May 28-June 3):
 Sun ___ Mon ___ Tues ___ Wed ___ Thu ___ Fri ___ Sat ___

Week 3 (June 4-10):
 Sun ___ Mon ___ Tues ___ Wed ___ Thu ___ Fri ___ Sat ___

Week 4 (June 11-17):
 Sun ___ Mon ___ Tues ___ Wed ___ Thu ___ Fri ___ Sat ___

Week 5 (June 18-24):
 Sun ___ Mon ___ Tues ___ Wed ___ Thu ___ Fri ___ Sat ___

Week 6 (June 25-30):
 Sun ___ Mon ___ Tues ___ Wed ___ Thu ___ Fri ___ Sat ___

Cut out and return this form to: Cumberland Trail Conference
 Big Dig - **SOUTH**
 19 East 4th Street
 Crossville, TN 38555

Or, send dates, etc. via e-mail to cumberlandtrail@rocketmail.com
 Or, call the CTC office at 931-456-6259

Yes, I want to volunteer!
 Petros, Tennessee

BIG DIG NORTH
 Base Camp

I will help with (circle all that apply): trail building; camp chores; kitchen/cooking; other: _____

I am unable to attend; please accept my donation \$ _____
 Donations can be mailed to CTC at the address below.

Name: _____
 Address: _____
 City, State, Zip: _____
 Phone #: _____
 Email: _____

Place an "X" after the day(s) of the week you will volunteer and **circle** the nights you will be camping.

Week 1 (May 31-June 3):
 Wed ___ Thu ___ Fri ___ Sat ___

Week 2 (June 4-10):
 Sun ___ Mon ___ Tues ___ Wed ___ Thu ___ Fri ___ Sat ___

Week 3 (June 11-17):
 Sun ___ Mon ___ Tues ___ Wed ___ Thu ___ Fri ___ Sat ___

Week 4 (June 18-19)
 Sun ___ Mon ___

Cut out and return this form to: Cumberland Trail Conference
 Big Dig - **NORTH**
 19 East 4th Street
 Crossville, TN 38555

Or, send dates, etc. via e-mail to cumberlandtrail@rocketmail.com
 Or, call the CTC office at 931-456-6259

TTA Annual Meeting October 20-22, 2006

Registration Form *Families: please provide the name of each member of your family attending.*

Name _____ Name _____ Name _____ Name _____ Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Chapter _____ Email _____

REGISTRATION FEE Per Person is \$15.00 Number of Persons: _____ X \$15.00 Total \$ _____

LODGING

HUT – Dormitory style cabins equipped with comfortable bunk beds and mattresses, heat and air conditioning, modern restrooms and showers. We'll have separate huts for women and men. You will need to bring shower and bed linens or sleeping bag. If you have a preference of who you want to share a cabin with, please make a note and it will be honored if possible.

HUT Fee Per Night is \$18.00 Would like to share cabin with _____
 FRI NIGHT Number of Persons _____ X \$18.00 Total \$ _____
 SAT NIGHT Number of Persons _____ X \$18.00 Total \$ _____

CAMPING

Camping Fee Per Night Per Person is \$5.00
 FRI NIGHT Number of Persons _____ X \$5.00 Total \$ _____
 SAT NIGHT Number of Persons _____ X \$5.00 Total \$ _____

MEALS

FRI DINNER Number of Persons _____ X \$8.00 Total \$ _____
 SAT BREAKFAST Number of Persons _____ X \$5.00 Total \$ _____
 SAT LUNCH Number of Persons _____ X \$5.00 Total \$ _____

Please check type/quantity of sandwich: _____ Turkey _____ Ham _____ Cheese _____ Peanut Butter & Jelly

SAT DINNER Number of Persons _____ X \$8.00 Total \$ _____
 SUN BREAKFAST Number of Persons _____ X \$5.00 Total \$ _____

Please check if you would like to request vegetarian meals. # People wanting Vegetarian Meals _____

TOTAL ENCLOSED \$ _____

Please make check payable to Tennessee Trails Association

Mail to: c/o June Miller
1002 Post Court

If you have further questions, call
June at: 931-648-4195.

Clarksville, TN 37043

Due to scheduling requirements at Brandon Springs, REGISTRATION MUST BE RECEIVED on or before October 1st, 2006. SORRY, REFUNDS CANNOT BE MADE AFTER October 1, 2006.

~~Detach and enclose this Registration Form with your check.~~

Directions to Brandon Springs at Land Between the Lakes:

FROM MEMPHIS: About 200 miles from Memphis. Take I-40 East to Hwy. 641 North. Take 641 North towards Paris. At Pa take Hwy. 79 North towards Dover. Just before Dover is a large, brown sign directing you to turn left for Land Between Lakes (careful It's easy to miss!). Turn left on this road. In about 4-5 miles it turns into The Trace. Continue North past the So Welcome Station for 2 miles; Brandon Springs is on the right.

FROM NASHVILLE: About 90 miles from Nashville. Take I-24 West to US Hwy 79 (Exit 4). Take 79 to Dover. Stay on Hwy for 3 more miles to the LBL Southern Entrance (watch for a large brown sign directing you to turn right for LBL - careful it is e to miss) Turn right; this road becomes the Trace, which is the main road through LBL. Turn right on this road. In about 4-5 m it turns into The Trace. Continue North past the South Welcome Station about 2 miles; Brandon Springs is on the right.

From Knox/Nashville: Once you've reached Clarksville...Clarksville – Dover = 26 miles Dover – The Trace = 5 miles The Trace – Brandon Springs – 7 mi

From Memphis: Reached Paris...Paris – The Trace = 19 miles

The Trace – Brandon Springs = 7 mi

TTA Signs will be posted within LBL. LBL Sign for Brandon Springs 2 miles past South Welcome Station.

2006 Membership Directory Advertising Space is Available

Do you have a product or service that you would like to promote to our 600+ members? (Here's a golden opportunity for our real estate-, financial advisor-, caterer-, dog whisperer-, landscaper-, architect-, farmer-, handyperson-friends of our hiking community to promote their services.) How does a total cost of \$125.00 for an entire year sound? There are two sizes available for advertising in TTA's upcoming 2006 Membership Directory; both are business card sizes:

"vertical" = 2" x 3.5"

"horizontal" = 3.5" x 2"

The deadline for getting your ad into the 2006 Membership Directory is June 24. All you need to do is drop your business card into an envelope with a \$125.00 check (made out to Tennessee Trails Association, Inc.) addressed to: Tennessee Trails DIRECTORY, P.O. Box 41446, Nashville, TN 37204-1446. If you include your email address with your business card & check, a confirmation that your business card has been received will be sent; otherwise, your cancelled check and Membership Directory will be your confirmation.

NOTE: Ideally, business cards submitted should contain only black and white text/images. We will try; however, cannot guarantee the reproduction quality from business cards submitted that contain colored ink. Also, all advertisements are subject to the approval by TTA's Editorial Committee, which reserves the right to reject any ad for any reason. Questions? Contact Diane Manas at 615-352-7777, or dmanashikes@comcast.net

2006 Membership Directory It's Update Time!

The 2006 edition of the TTA Membership Directory will be mailed to all current members in July/August. Please be sure your dues are paid up so that you will be listed in the directory and receive your copy when it's published. Also, please let us know if your home/email address and/or telephone number has changed since the 2005 edition of the directory.

These are a few ways you can notify us of your changes:

Internet: Visit our website (www.tennesseehike.org), navigate to "Member Services," select and fill out the "Electronic Address Change Form."

Mail: Using the New/Renewal Membership Form (on the last page of this newsletter), fill in your new information, write on the form "address change" and mail to the address shown on the Membership Form.

Phone: TTA's Membership Director, Garnett Rush at 615-352-7217.

Not sure of when your membership expires? Please look at the mailing label on your current monthly newsletter; it displays your annual expiration date just above your address. You will need to renew your membership within that month showing on your mailing label in order to avoid a lapse/interruption in receiving your newsletter.

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER: Charles Gibbs
423-628-5678 cgibbs@nxs.net

SECRETARY / TREASURER: Benita Howell
423-628-5521 or 865-974-7797 bhowell@nxs.net

BOARD REPRESENTATIVES: Tim & Lynn Takacs
615-824-7048 lynnTakacs@comcast.net
or ttakacs@comcast.net

OUTINGS COORDINATOR: Eric Wilson
423-628-2817 ericavi@nxs.net
(Call Eric & volunteer to lead an outing.)

June 3 Trails in and around Rugby, Morgan County. John and Kathy Hicks will lead an easy to moderate hike of 4-5 miles on some of the historic trails and old roads that encircle the village of Rugby. Meet at Harrow Road Cafe at 9:30 a.m. Eastern time. Be prepared for a few steep grades and stream crossings. Wear sturdy boots, dress appropriately for the weather, and bring snacks, plenty of water, and bug spray. Plan also to join us for our regular first Saturday evening potluck. For information and to register, contact Eric Wilson at ericavi@nxs.net or call 423-628-2817.

CLARKSVILLE CHAPTER

CHAPTER OFFICER: Merri Hinton
andrews@logantele.com

CO-CHAIR: Suva Bastin 931-645-2849

SECRETARY: Lucy Weikel 931-358-5794
j107sw@aol.com

TREASURER: Sandy Janus
931-551-8523
Sandi Hamilton
billhamilton@charter.net

OUTINGS COORDINATORS: 931-920-2760
(call Sandi & volunteer to lead an outing)

MEETS MONTHLY: 3rd Tuesday, 7:00 pm CT,
Crow Community Center
211 Richview Rd (Public is cordially invited!)

3 June- NATIONAL TRAIL DAYS!! Hike plans to be announced.

10 June- Hematite and Honker Lakes- Land Between the Lakes. Hike around both lakes, about 7 miles generally easy hiking. Sandy Janus 931-551-8523

17 June- White Oak Creek- This is a new hike for all of us. Joanne Brengel has found a neighbor who will allow us to hike on his land in Erin. Part of the hike is along White Oak Creek, and we may be able to take a dip. Please contact Joanne for details at 931 289-4452 or cell 216-7701

COLUMBIA/FRANKLIN CHAPTER

CHAPTER OFFICER: Sherrie Yokley
931-381-9274 yokley2004@bellsouth.net
MEETS MONTHLY: 1st Tuesday at 6:30 pm CT
Grand Buffet (North of Spring Hill)

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm
423-562-1110 Richard.Helm@ahss.org
CO-CHAIR: Mari Haslam
423-562-3227 pittsteelersfan@earthlink.net
MEETS MONTHLY: 2nd Monday at 6:00pm ET
LaFollette Recreation Center's Craft Room
201 S. 9th St.

June 12 Monthly meeting at Cove Lake Park Shelter 1. Pot Luck Dinner at 6pm. For more information call Richard at 423-562-1110.

June 17 Hike at Big South Fork. Meet at Eagle Market at 9am. Moderate Hike. For more information call Larry 423-319-6143.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Rosemary Marshall
rosemary_1@hotmail.com
TREASURER: Harold Draper
h.m.draper@att.net

June 12 In hopes of avoiding some of the summer heat we're heading to higher ground. We'll be hiking the Appalachian Trail from Clingmans Dome to Newfound Gap for a moderate hike of 7.9 miles. The group will meet in the Newfound Gap parking area at 9:00 a.m. and then shuttle over to Clingmans Dome to begin the hike. Bring snacks, lunch and plenty of water, and also be prepared for brief afternoon showers, which can occur at this time of year. This hike is being schedule on Monday, June 12 in order to avoid the large weekend crowds that normally flock to this area. Contact Bob Uhren at 865-748-9227 or snowcap34@hotmail.com for info.

June 23-25 Annual picnic, hike and car camp, Indian Boundary Campground, Cherokee National Forest, Tellico Plains, TN. Meet at the picnic grounds at 11:00 A.M. for the hike which is 3 + miles around the lake and rated easy. At 1:00 P.M., we'll have our picnic. Please bring a side dish or dessert to go with burgers and chicken. To reserve for the picnic, contact Rosemary Marshall at H-865-687-0670, Cell-865-548-6171, or rosemary_1@hotmail.com. This campground has a lake for swimming, fishing, boating, etc., plus hiking and biking trails are also available. For those who wish to spend the weekend camping, reserve your campsite, preferably in Loop A, by going online at reserveusa.com or calling 1-888-448-1474. Directions to the campground: drive south on I-75 or 411 to State Route 68, head east to Tellico Plains, take Highway 165 (Cherohala Skyway) east for 16 miles, turn left on FDR 345 and travel 2 miles to the campground. For more information, contact Robert and Patty Paul at 865-983-1985 or paul@Monroe.K12.tn.us

TTA's Annual Awards Nominations Are Currently Being Accepted

Tennessee Trails Award Bill Stutz Award Golden Squirrel Award

You've heard about them, now it's time to nominate candidates for this year's annual awards - someone you feel best fits the description for any of the awards listed below. Please submit nominations to your local Chapter Officer by July 30. Your Chapter Officer will present nominations received to the Board of Directors during the August 5 Board of Directors' Meeting. (If your Chapter Officer is a candidate, and you wish to keep it a secret, you may submit your nomination directly to TTA's President, Anne Wesley.) Awards are issued each year during the October Annual Meeting.

The *Tennessee Trails Award* is presented for outstanding contributions to the Association and/or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

The *Bill Stutz Award* is presented in honor of the late Bill Stutz, past TTA member and beloved hiker. The award is presented to an active hiker for his or her individual contribution to the Association or one of its chapters.

The *Golden Squirrel Award* is a "tongue-in-cheek" award and one we most often talk (and hear) about on the trails. Nominations are taken throughout the entire year and judged on a hike leaders' ability to totally lose their entire hike group. (**Please note:** It is not the intention of TTA, or its volunteer hike leaders, to lose their group. Sometimes it happens, and for this the *Golden Squirrel Award* exists.)

Attention: Hike Coordinators (aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our website: www.tennesseetrails.org/release.php

HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER: Doug Ratliff
931-455-0249 dougratliff@hotmail.com
MEETS MONTHLY: 3rd Tuesday. Socializing & meal at 6:00p;
meeting starts at 7:00p at the Western Sizzlin'
restaurant in Tullahoma

June 20 Monthly Meeting. Join us at 6:00 PM at the Tullahoma Western Sizzlin if you want to eat and at 7:00 PM for the program

June 24 Perimeter Trail, Sewanee, TN. We will continue the Eat-Hike a portion of the Perimeter Trail-Eat hike this month and in future months. The hike will be approximately five miles. There will also be time to do other things in the area. We will meet at The Blue Chair restaurant in Sewanee at 9:00 A.M. Contact Joan Bentley at (931) 455-5849 or jrbentley@edge.net to register.

JACKSON CHAPTER

CHAPTER OFFICER:

731-424-5375

Gary Cooper

gcooper52@yahoo.com

MEETS MONTHLY: 1st Tuesday. Socializing & meal starts at 6:00p CT; meeting starts at 7:00 at Perkins Restaurant 999 Vann Drive in Jackson

June 6 Monthly Meeting - Socializing and meal 6:00pm meeting starts at 7:00. Come and add your ideas and listen to plans about things to do during the hot summer months when we usually don't get out and hike.

June 17 Annual Picnic-Chickasaw State Park-We will start gathering at 11:30am and plan to eat at 12:00 noon. Bring food to share, non-alcoholic beverages, lawn chair and/or blanket and insect repellent. After lunch we will hike through the woods or around the lake. Other activities are paddleboats and swimming. We will try to save a covered picnic table near the lake. Ask at the visitor center for the "Hike Group" and look for TTA signs. To pre-register, please contact Gary Cooper 731-424-5375 or *gcooper52@yahoo.com*

MURFREESBORO CHAPTER

CHAPTER OFFICER:

615-765-5357

Anna Bertram

abertram@heartoftn.net

OUTINGS COORDINATOR:

615-867-3301

Ron Dunn

trekkingtn@yahoo.com

(Call Ronn & volunteer to lead an outing)

MEETS MONTHLY: 2nd Tuesday at 7:00 pm CT
Barfield-Crescent Park's Wilderness Station
697 Barfield Rd., Murfreesboro

Jun 3 - National Trails Day Project We will join our TTA Regional Representative, Brent Morris, and other Middle Tennessee Chapters on the TN side of the Walls of Jericho to build a day loop trail near the parking lot. Tools and instructions will be furnished. Wear sturdy footwear and work clothes, bring snacks, lunch, and lots of drinking water. This will be a workday but it will be fun too! A car pool will leave from the new Wal-Mart parking lot on Rutherford Blvd. (up front, near the gas pumps) at 7:30 AM CDT to arrive at the trailhead by 9AM. Contact Tammy Day to signup or for more information *tlday@Comcast.net* or 615-904-0009.

Jun 10 - Murfreesboro Beginner and New Comer Hike. Join us for a splash in the delightful Horseshoe Falls of Short Springs Natural Area in Tullahoma TN. This is a perfect hike for a warm summer day. We will combine two trails for a 3.5-mile hike along the stream and to the falls. Bring water, snacks, hiking boots and clogs or extra socks so you can play in the water too. After our hike all interested may join for lunch at Crockett's. For more information call or email Jeanne' at 615-890-9084 or *hoaxie@comcast.net*.

Jun 13 - Annual Members & Friends Cookout-Picnic at 6 PM CDT - This replaces the monthly meeting. TTA will furnish hamburgers, hotdogs, beverages and eating utensils. Bring a dish to share, your family, neighbors, co-workers, and other friends for this annual social event. We will meet in the larger J shelter house nearest to the Wilderness Station if the weather is fair. If not, we will hold it in the smaller shelter house (up close)

MURFREESBORO (cont.)

or in the regular meeting room. Please let us know approximately how many to expect so we can buy supplies accordingly, and let us know how many require vegetarian substitutes for the patties or hotdogs. Contact Anna *abertram@heartoftn.net* or 615-765-5357 to RSVP.

June 17-18 - Beginning Backpacker's Hike, Montgomery Bell State Park, Burns, TN. We will hike through diverse forest rich in Tennessee beauty and history. Along the way we'll see evidence of old iron ore operations, and visit a chapel and log cabin commemorating the birthplace of the Cumberland Presbyterian Church. In addition we may be fortunate enough to spot some of the wildlife (deer, hawk, pileated woodpecker) that calls the park home. The 6.9-mile West Loop trail is rated moderate and does involve small creek crossings so proper footwear is suggested. On Saturday we will hike in 4.2 miles to the Woodland Shelter. Plan on bringing a tent, or you can call the park and check on the condition of the shelter. Sunday we will finish our loop and hike 2.7 miles back to the cars. There is a \$3.00 per vehicle state park access fee, so bring \$ for the machine. Those leaving from Murfreesboro will car pool from the Sam's parking lot at 11:00 a.m. CDT on Saturday. Those that want to meet us at the park should meet us at the picnic area near Church Hollow at 1:00 p.m. CDT. We will hike rain or shine. We will have over 7 hours of daylight to hike in, set up camp, practice filtering water and using our camp stoves. We will have a leisurely Sunday morning (weather permitting) with more time to practice our backcountry culinary skills. If you have any questions, please call Tammy Day at 615-904-0009 or email *tlday@Comcast.net*. If you have some experience, and you'd like to come along to lend a hand, Tammy is looking for a co-leader!

Jun 23-25 - Trail Work at the Big Dig, Soddy Daisy, TN. This not only will be your last chance this year to help with the Big Dig but it may be your best time to do it because you'll join other friends in the Murfreesboro Chapter in the effort! Plans are to go as a group and work as a group like we did last year if we can get enough participants. Room and board will be furnished at Dogwood Camp. Contact Fount Bertram to signup or for details at *fbertram@heartoftn.net* or 615-765-5357.
Planning Ahead

Jul 1 - Day Hike at Night! Beat the heat with a late day hike. Bring a flashlight for this 3 to 4 mile easy hike in the woods at Murfreesboro's Barfield Crescent Park. The hike will start promptly at 6 PM CDT. It gets dark much earlier in the woods under all that foliage so those without flashlights will be discouraged from joining us. We'll go somewhere near the park afterwards for some cool ice cream treats. Contact Tony and Millette Jones at *millette.jones@Comcast.net* or 615-397-9588.

Jul 11 - Monthly Meeting at 6 PM CDT. Six months planning of hikes and activities. Please be thinking about hikes you want to do and those you will be willing to lead in the months ahead. We need input from everyone. The membership has requested this be in combination with a finger-food supper again.

MEMPHIS CHAPTER

CHAPTER OFFICER: Carolyn
901-755-5635 *cedpierce2000@yah*
BOARD REPRESENTATIVE: Gloria
901-213-0604 *glorialenski@yah*

MEETS MONTHLY: (Sep - May) 3rd Thursday at 7:00 pm at Cordova Library, 8457 Trinity Rd. Turn east off Germantown Parkway onto Trinity Rd. approx. 1 mile on the right. Library shares entrance with Bert Ferguson Community Center

It's vacation time! No chapter meeting and hikes are scheduled for the month of June. In the meantime, check out other TTA chapters hike listings and join a hike!
OTHER - For West TN Hikers
Last year Sherry Rogers started a yahoo group called Memphis Hiking. This group shares information on hikes we do on the spur of the moment, hike photos and other hike related topics. Membership required. To join email MemphisHiking-subscribe@yahoo.com

NASHVILLE CHAPTER

CHAPTER OFFICER: Jim Johnson
615-356-6246 *jimjohnsonjr@gmail.com*

OUTINGS COORDINATOR: Nancy Juodenas *njuodenas@hotmail.com*
(email Nancy & volunteer to lead an outing)

MEETS MONTHLY: 4th Tuesday at 7:00 pm CT
TN Wildlife Resources Association meeting room at Ellington Agricultural Center, 5105 Edmondson Pike. For directions, visit: www.tennesseetrails.org/nashville.php

HIKING HOTLINE: 615-367-7045

June 3 Beaman Park First Saturday Hike 9-noon Age level: Adults, 8+ Don't miss this opportunity to take a guided hike with one of the many knowledgeable Friends of Beaman Park volunteers and explore the still new Beaman Park – it's 1,500 acres of forest on the Highland Rim and a natural treasure! Friends of Beaman Park call Warner Park Nature Center 615-352-6299 for reservations and directions.

June 20th Centennial Park Hike This is a flat great beginner's hike. Bring water and food to snack. Afterwards we will sit, eat out snacks and listen to the symphony play. Call Julie Walski 333-6904 for info for meeting time and place. Please contact Julie prior to June 11th,

Jun 21 (Wed) After Work Walk on Main Drive, Percy Warner Park. Nashville, TN. How about a walk that takes us from daylight through dusk into dark (twilight), and during a time when the wildlife starts stirring about in preparation for the night ahead? Who knows what we may see/hear. You can leave your hiking boots at home because we will be walking on the paved road - Main Drive – in Percy Warner Park. You will need to wear comfortable shoes, and bring water - just in case you get thirsty. You may even want to bring a headlamp (flashlight) even though we should be back at our cars before it gets really dark. This walk is rated easy because of the smooth surface and minimal ascent – there is one hill;

NASHVILLE (cont.)

however, it is gradual. We'll be walking the 1.8-mile loop that starts at the end of Belle Meade Blvd. Meet at 6:30 pm (CT) at the flagpole just inside the stone arches at the end of Belle Meade Blvd, we should be finished by 7:45pm. No RSVP required. If you have questions, call Diane Manas at 615-352-7777.

June 24 - Fiery Gizzard in South Cumberland. It is a difficult hike over slick rocks, a steep ascent and descent with more hiking over large boulders through the stream. It is a beautiful hike through a streambed and on top for gorgeous views of the plateau for the hearty hiker who has never been on this hike. Register with Marietta Poteet nannietta@blomand.net or Jim Poteet jpoteet@genesco.com or call at 931-924-7666. We will be meeting at the South Cumberland Park Office.

Jun 24 Hiking Community Volunteers "½ Day" Event. Radnor Lake SNA. Nashville, TN. Join members of the hiking community, Friends of Radnor Lake and REI to help with general trail maintenance. Radnor Lake SNA is one of Nashville's gems, offering us respite from the daily hustle bustle of life, 4½ miles of hiking trails, a huge lake to relax by and an abundance of flora and fauna to view. Show your support this morning by volunteering 3-4 hours to help with any number of projects that are constantly in process such as mulching trails, clearing invasive exotics, maybe helping with a bridge repair or trail re-route. No previous experience is required and everything learned can be applied to any other trail project (for example, the Cumberland Trail). You will be provided with ample instructions, supervision and materials; plus, water and FREE parking. See you at 8:00am at Radnor Lake's Visitor's Center (accessed via Otter Creek Road off of Granny White Pike). You should be done between 11:30am and noon, and still have plenty of time in the day to get a hike in (with new friends) before departing the premise. For additional information, call the Radnor Lake Visitor's Center office at 615-373-3467.

Jun 28 (Wed) After Work Walk on Main Drive, Percy Warner Park. Nashville, TN. See Jun 21, above.

PLANNING AHEAD: Jul 1-Jul 4 (Sat-Tue) Baxter Creek, Mt. Sterling, Balsam Mtn Ridge and Appalachian Trails Backpack, Great Smoky Mtns Nat'l Park. Newport, TN. This outing is for experienced backpackers due to the amount of elevation gained (4,000 ft) on the first day, number of miles (11.5) covered on the second day and for the mixed bag of terrain we'll encounter over the entire 4 days (uneven with roots, rocks, ruts, mud and several ascents/descents). Our rewards: cooler temperatures once we reach the 5,000-5,800-ft range, some wildflowers and glorious views during this ridgeline walk. We'll hike 6.1 miles on Sat., 11.5 on Sun., 7.6 on Mon., and 8.6 on Tue. To avoid an early Sat. morning departure from Nashville, which would be necessary for reaching the trailhead before the day's heat sets in, reservations have been made for us to camp Fri. night in Big Creek Campground (where we start the hike Sat.) at the Horse camp (it was the only place available for less than \$70/night). We will share the cost of the campsite, which will be minimal! The group size will be limited to 6 and solely dependant on what the Backcountry Permit Office shows available when our reservations are made (30 days ahead of our arrival). Therefore, early REGISTRATION IS ADVISED, RSVPs beyond the initial 6 will be added to a waiting list. To register, or for more information, call Diane Manas at 615-352-7777.

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Spring Cleaning???
Don't throw away your "treasures"-
Donate them to TTA's Annual
Meeting Auctions!

**NORTHWEST CHAPTER
(UT at Martin/Weakley County)**

CHAPTER OFFICER: Jim Clark
731-587-2225 jclark@utm.edu

MEETINGS: usually the 2nd Thursday of each month at 7:00pm CT on the UT Martin Campus, Boling University Center, Rm 231, during the academic calendar, but call for confirmation, or visit our [chapter website at www.utm.edu/~jclark/trails/](http://www.utm.edu/~jclark/trails/)

We'll be hiking with other groups this month. See you there.

SODDY DAISY CHAPTER

This chapter is being reorganized. For further information, contact Charles Jones, East Tennessee Representative At-Large at cejones9@earthlink.net. In the interim, you are welcome to attend other chapters (13 to choose from) outings, events and meetings.

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER: James Hubert
931-459-4839 jhubert1@frontiernet.net
SECRETARY/TREASURER: Mitze Anderson
931-788-6731 Wanderso121@yahoo.com

MEETS MONTHLY: 2nd Thursday at 6:30pm CT
Art Circle Public Library's Community Room, 154 East 1st Street, Crossville

There is a leaderless hike (typically 5 - 7 miles) every Wednesday morning. For additional information or to get on an e-mail list for the hikes, contact Bill Harris at 931/484-9152 or e-mail Jim McCullough at sue1290@frontiernet.net. Rain cancels.

June 3. National Trails Day. Plan to join the Cumberland Trail Conference Big Dig program in Soddy-Daisy or work with TTA at the Walls of Jericho trailhead. See the newsletter for more details.

June 17. Colditz Cove State Natural Area, Allardt, TN and Gentlemen's Swimming Hole, Rugby, TN. Colditz Cove features a pristine 1.5-mile loop to the 60-foot high Northrop Falls. A short drive brings us to the Gentlemen's Swimming Hole for an additional 2-mile hike. These hikes are moderately easy hikes. Meet behind the Cracker Barrel at 8:00 CDT. For more information and to register, please contact Pam and Terry Brophy 931/707-7234 or tpbrophy@multipro.com

Reminder: The chapter annual picnic is approaching. The picnic will be at Dartmoor marina again in Fairfield Glade on Saturday July 29th. More details to follow in the July newsletter.

**UPPER CUMBERLAND CHAPTER
(Sparta / Cookeville)**

CHAPTER OFFICER: Richard Save
931-526-2035 savage_richard@hotmail.com

June 10 North Old Mac and South Old Mac Trails, Frozen Head State Park, Wartburg, TN. We will hike to the fire tower on Frozen Head Mountain, one of the highest peaks in the Cumberland's. We will ascend the mountain on the North Old Mac Trail and descend on South Old Mac. The hike is about 7 miles and is rated moderate to strenuous because of the elevation change. Bring snacks, water, lunch, and wear sturdy hiking boots. You can meet us at 8:00am CT in the Penney's parking lot in Cookeville. For information and to register contact Marnell Cothran at 931-738-5874 or leron@blomand.net.

June 24 Honey Creek Trail, Big South Fork NNRA, Jamestown, TN. This trail features waterfalls, rock houses, and gorge overlooks. The trail is 5 ½ miles long with difficult rock scrambles, stream crossings, and steep slopes. Bring snacks, water, lunch, and wear sturdy hiking boots. You can meet us at 8:00am CT at Penney's parking lot in Cookeville. For information and to register contact Cindy Walinski at 931-394-3413 or cwalinski@blomand.net.

OFFICERS:

President

Anne Wesley 615-851-1052
ttahiker@msn.com

Vice-President

Rosemary Marshall 865-687-0670
Rosemary_L@hotmail.com

Treasurer

LouAnn Partington 931-393-4835
louannpartington@bellsouth.net

Secretary

Carolyn Miller 931-456-4465
cardan@frontiernet.net

Past President

Fount Bertram 615-765-5357
fwbertram@heartoftn.net

Previous Past President

Leigh Jones 931-484-5298
Cejones9@earthlink.net

West TN At-Large Director

Don Dresser 731-668-4662
Donald_dresser@usit.net

Middle TN At-Large Director

Brent Morris 931-728-8726
brentmorris@ispwest.com

East TN At-Large Director

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Membership

Garnett Rush 615-352-7217
rushga01@yahoo.com

Cumberland Trail Conference

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TN Rails To Trails Advisory Council

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CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor

Leslie El-Sayad editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for Chapter announcements
and articles of special interest
are due as follows:

Due	For Newsletter Dated
June 10	July 1
July 10	Aug 1
Aug 10	Sept 1

Articles submitted are subject to editing
and will be included as space permits.

Please send all submissions to:
editor@tennesseetrails.org

ADOPT-A-TRAIL NEWS

ADOPT-A-TRAIL OFFICER

Harold Draper 865-689-7757 h.m.draper@att.net

Have you considered ...

maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

**To publicize your next trail volunteer day,
contact Harold Draper at 865-689-7757**

TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

WEBSITE www.TNRailsTrails.org

**TRAC is in the process of being reorganized.
Stay tuned for further information.**

MISSION: To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.

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NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
 To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

A NEW MEMBER

Jun 06

RENEWING MY MEMBERSHIP

Memberships are for one year, unless you have a Lifetime Membership.
 Gift Memberships are also available. Contact our Membership Director,
 Garnett Rush 615-352-7217 rushga01@yahoo.com

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

PLEASE, PRINT CLEARLY.

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Name _____
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Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | | |
|-----------------------|---|--------------------------------------|--------------------------|
| ___ Big South Fork | ___ Cumberland Gap | ___ Memphis | ___ Plateau (Crossville) |
| ___ Clarksville | ___ East TN (Oak Ridge/Knoxville) | ___ Murfreesboro | ___ Soddy Daisy |
| ___ Columbia/Franklin | ___ Highland Rim (Manchester/Tullahoma) | ___ Nashville | ___ Upper Cumberland |
| ___ Cove Lake | ___ Jackson | ___ Northwest (UT at Martin/Weakley) | (Sparta/Cookeville) |
| | | | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.

Purchase Order

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May 17, 2005

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- His picking newsletters up from you at Color Plus Printing or,
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- Your delivering newsletters to June Parker's home in West Meade where the newsletter party will be taking place on Tuesday, March 21, 2006 at 7:00pm.