

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



National Trails Day TTA Focuses On The Big Dig Soddy Daisy, TN

Submitted by Fount Bertram
Vice President, TTA

What? You haven't heard about what we're doing for National Trails Day on June 7?! If you have, G-R-E-A-T!! If not, we're going to Soddy Daisy to help build a segment of the Cumberland Trail, and we really need your help – at least, for the day – but the entire weekend would be dynamite!!

- **Now**, is the time to do something about it! *No excuses!*
- No tools? *We have them.*
- No experience? *We'll teach you.*
- No tent? *We'll house you.*
- No food? *We'll feed you.*
- No time? *Come on, make some!!!*

I can personally guarantee that you will come away from this experience feeling better about yourself. It's a very rewarding feeling to know that you have contributed to something that is so meaningful and worthwhile.

So, come on gang...let's give something back for all of the great times we've spent on the trails! Trail work is both fun and rewarding. Challenge yourself and your chapter to spend a day...or better yet...the entire weekend working on this *Trail of Dreams*.

Just do it!!

For the full story on The Big Dig, visit the Cumberland Trail Conference's web site: www.cumberlandtrail.org/bigdig.html.

Then, register by contacting Mark Stanfill at 931-456-6259 or mstanfill@onemain.com.

Annual TTA Awards Nominations Currently Being Accepted Tennessee Trails Award Bill Stutz Award Golden Squirrel Award

You've heard about them, and now it's time to nominate candidates for this year's annual awards - someone you feel best fits the description for any of the awards listed below. Please submit nominations to your local Chapter Officer by July 28, 2003. Your Chapter Officer will present nominations received to the Board of Directors during the August 2, 2003, Board of Directors' Meeting. (If your Chapter Officer is a candidate, and you wish to keep it a secret, you may submit your nomination directly to TTA's President, Leigh Jones.) Awards are presented each year during the Annual Meeting, November 14-16, 2003.

The *Tennessee Trails Award* is presented for outstanding contributions to the Association and/or for the furtherance of trails and natural resource programs and opportunities within Tennessee.

The *Bill Stutz Award* is presented in honor of the late Bill Stutz, past TTA member and beloved hiker. The award is presented to an active hiker for his or her individual contribution to the Association or one of its chapters.

The *Golden Squirrel Award* is a "tongue-in-cheek" award and one we most often talk (and hear) about on the trails. Nominations are taken throughout the entire year and judged on a hike leaders' ability to totally lose his/her entire hike group before reaching the trail, or for getting them lost on the trail. (Please note: the *Golden Squirrel* is, of course, awarded in the spirit of fun. Despite every hike leader's best efforts and preparation, hikers can become temporarily "lost." Sometimes it happens, and for this the *Golden Squirrel Award* exists. We greatly appreciate, and thank, every TTA hike leader for volunteering his/her time to coordinate our trips.)

The Dirty Dozen!

Submitted by Sandra Spearman
The Big Dig Coordinator

The Big Dig is a happening thing and going on right now in the Rock, Possum, and Soddy gorges of Hamilton County. Volunteers started heading out for the trail on the morning of May 19, and they've been doing that every morning since! Volunteers are rotating in and out of the workdays, according to the time they can give. These volunteers are blessed with excellent leadership from a group of 12 young people that the Cumberland Trail Conference gathered to strengthen its daily staff – CTC's very own Dirty Dozen! (cont. on pg. 2)

**Tennessee
Trails
Association's
2003
Annual
Meeting
Nov 14-16
Townsend, TN**
*Six Miles Northwest
of the Great Smoky
Mountains
National Park*

CUMBERLAND TRAIL CONFERENCE

CUMBERLAND TRAIL CONFERENCE STAFF:

Executive Director..... Rob Weber.....robweber@usit.net
Resource Manager..... Arleen Scheller.....scheller@usit.net
Program Coordinator..... Mark Stanfillmstanfill@onemain.com
Office Manager..... Susan Webersweber1@usit.net

Office Location	19 East 4 th Street Crossville, TN 38555
Office Hours	8am-5pm
Phone:	931-456-6259
Fax:	931-456-4934
Email:	cumberlandtrail@rocketmail.com
Website:	www.cumberlandtrail.org

The Dirty Dozen! (cont. from pg. 1)

The Dirty Dozen came together in Soddy Daisy on May 11 for a week of preparation, and they started leading teams of volunteers after a week of training. They are a very diverse group – an education major from Virginia, a public policy major from North Carolina, a political science major from Michigan, two environmental science majors from Chattanooga, a parks and recreation major from Michigan, a graphics design major from Illinois, a criminal justice major from Florida, a special ed major from Michigan, a business/finance major from Sparta (TN), an environmental science major from North Carolina, and a wildlife management major from Sparta (TN).

They all have one BIG thing in common – they love the world of the outdoors. They are hikers, athletes, scouts, leaders in their schools and communities. They are service-oriented young people who consider their "community" to be the whole world itself, and they want to spend time making it better for everyone. They believe that helping to build the Cumberland Trail is one way for them to create something special for the benefit of many others.

But the very best thing about them is that they are HERE working with all of us who are willing to come join their team! So, if you haven't done so already, come down to Soddy Daisy. Meet Eric and Krissy and Jessica and Seth and Paige and Christina and Dan and Robyn and Sara and Glenn and Autumn and Michael. Spend a day with them out on the trail, and let their enthusiasm rub off on you. Come experience the joy of building the Cumberland Trail with some of the best people in the country – not just these young people, but also all of our volunteers, state park rangers, and CTC staff who cherish the vision of the Cumberland Trail.

The sun sets on The Big Dig 2003 on June 28 ... there's still time for you to participate!

Toward Mt. LeConte

*The path leads upward
through the new green
of early spring.*

*Fern fronds unfold slowly
grey-green near my boots,
bluets, too, the thyme-leaf heralds
of the new season.*

*Spring beauties break through
to greet us, all in pink and creamy
glory,
with the yellow dogtooth violets
and white trillium.*

*In cold January
I count the weeks,
and think of spring flowers
soon to meet the sun
in the Smokies
on the trail
to Mt. LeConte.*

Anna Clark, Winter 2003

SAVE THIS DATE! Southeast Regional Foot Trails Coalition Conference October 17 - 19, 2003

Join us October 17-19 for the second annual Southeast Regional Foot Trails Coalition (SRFTC) conference at the DuBose Conference Center in Monteagle, TN. Registration begins Friday, October 17 at 3pm (ET) and the meeting will run until 1:30pm on Sunday. Notable speakers, hikes and educational opportunities will abound as well as the chance to form friendships while networking with people who are dedicated to preserving our wilderness areas and developing a system of hiking trails throughout the Southeast (we expect representatives from close to 50 different hiking organizations!).

In addition, there will be entertainment, by such dignitaries as Walkin' Jim Stoltz, famous for his long distance hikes and musical presentations; the Mountain Marchin' Mommas, a group of "mature" women who are segment hiking the A.T.; Bob Gray from the National Park Service, speaking on "Volunteerism in America;" Piney Ridge, a rather popular bluegrass band, and much more.

TTA is co-sponsoring this event with American Hiking Society (AHS) and the National Park Service's Rivers, Trails & Conservation Assistance Program. Fount Bertram, TTA's Vice-President has volunteered to help AHS and the DuBose Conference Center with the SRFTC conference site set-up and logistics. TTA members are encouraged to attend, get involved and is seeking volunteers to lead hikes in the area (South Cumberland Recreation Area is very close by), and with beverage concessions (just like we had at the Annual Meeting last Nov. at Fall Creek Falls; selling beer, wine, soft drinks and bottled water – 100% of the sales goes to TTA). Volunteers can contact Fount Bertram at 615-765-5357 or fwbertram@heartoftn.net.

For information about registering for the conference contact Jeffrey Hunter, Director, Southern Appalachians Initiative, American Hiking Society at 423-266-2507.

TTA's Calendar

The following dates in 2003 refer to statewide activities involving TTA as a whole. Please refer to this calendar often to prevent scheduling conflicts or to volunteer to get involved with major activities planned (i.e., The Big Dig!, etc.).

Now-Jun 28.... Cumberland Trail's The Big Dig!
(Soddy Daisy)
Jun 7 National Trails Day
Aug 2 Board of Directors' Meeting (Nashville)
Sep 27 National Public Lands Day
Oct 17-20 Southeast Foot Trails Mtg (Monteagle)
Nov 14-16 TTA Annual Meeting - Great Smoky
Mtns. National Park (Townsend, TN)

**Calendar will be revised as needed.*

TTA Gift Memberships Available Throughout the Year!

◆ Birthdays ◆ Anniversaries ◆ Valentine's Day ◆ Boss' Day ◆ Mother's Day ◆ Graduation ◆ Father's Day ◆ Halloween ◆ Hanukah ◆ Christmas ◆ Just Because ◆

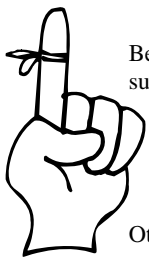
For the price of a regular membership, we will send the gift membership recipient a beautiful TTA logo patch enclosed in a card (customized for the occasion) announcing your gift. Gift memberships can be purchased by contacting Anne Wesley: ttahiker@msn.com, or 615-851-1052.

Carpool Etiquette

Gasoline prices have continued to roller coaster up and down. In any event, please be considerate and take your turn as a carpool driver. If you are a rider, always contribute to the cost of gasoline (i.e. bring small bills, it'll save time and prevent the inconvenience of having to stop to locate change).

Your driver is not a chauffeur. Assist him by reading the map and/or directions to the trailhead. Help your driver remain alert on the drive home by staying awake and conversing.

All passengers must wear seat belts to minimize the risk of injury in case of an accident. *The drive to and from a trailhead is generally the most dangerous part of any hiking trip.*



THE "10* ESSENTIALS"

Before you head out on the trail, check your pack to be sure it contains the following items:

- whistle
- water
- hat/sunglasses
- food
- map
- 1st aid kit
- compass
- flashlight
- fire starter
- rain gear/extra clothing

Other considerations:

- leave someone a copy of your hiking plans
- hiking poles
- common sense

* This list is not to be considered cast in concrete – and should be customized to each outdoor enthusiast's needs.

... Your Generosity Benefits All ...

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues. TTA recognizes the following Supporting Members for June 2003:

*Harold & Martha McCurdy - At-large Members
June Parker - Nashville Chapter*

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. At the November 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your tax-deductible Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

Exciting! Volunteer Opportunity!

At the end of 2003, the Board of Directors will be looking for someone to serve as the statewide, Membership Director for 2004 (and hopefully beyond!). This is a wonderful volunteer position (looks great on a resume) and an excellent opportunity to serve on the Board of Directors. We are soliciting names of interested people now so that a candidate can have several months of leisurely training before assuming office.

No "professional" experience is required; however, you must have: (1) internet access, (2) basic computer skills, (3) an organized filing system for maintaining membership data; (4) the ability to attend quarterly board meetings, and (5) a willingness to devote approximately four hours per week to membership-related correspondence.

Don't be shy or modest! All inquiries will be considered as "no obligation." For more details about the position, contact Anne Wesley (615-851-1052 or ttahiker@msn.com).



Tennessee Trails Association Turns 35 In December 2003

To mark this special year, a commemorative patch and t-shirt have been designed. To order yours, see the *Merchandise Order Form* on page 11.

Watch upcoming newsletters for a schedule of events planned.

LEAVE NO TRACE PRINCIPLES

- Leave what you find.
- Minimize Campfire Impacts.
- Respect wildlife.
- Be considerate of other visitors.
- Plan ahead and prepare.
- Travel and camp on durable surfaces.
- Dispose of waster properly.



Attention:
Hike Coordinators
(aka Hike Leaders)

A TTA Release of Claims & Hold Harmless Agreement form (aka "Liability Waiver") must be signed by everyone before you start your hike or before carpooling to your hiking destination. They can be obtained from your local Chapter Officer or downloaded easily from our web site:
www.tennesseehike.org/release.php

Don't Miss an Outing
Plan Ahead, Register Early!

There are times when a hike leader must limit (due to park regulations, etc.) the number of participants on an outing. Please do not wait until the afternoon or evening before the outing to RSVP. Plan ahead and register early.

BIG SOUTH FORK
CHAPTER

CHAPTER OFFICER: Julian Bankston 423-628-2845
jrbankston@nxs.net

BOARD REPRESENTATIVE: Bob Hemminger 423-628-5145
hemminr1@math.vanderbilt.edu

OUTINGS COORDINATOR:
(call & volunteer to lead an outing)
Kathy Hicks 865-938-6846 *khudson3@utk.edu*

CHAPTER NEWS:

The chapter is helping The Big Dig with food contributions. Remember to volunteer for trail building during June, if your schedule permits.

Jun 7 National Trails Day, and TTA's statewide project this year is "The Big Dig" in Soddy Daisy, TN. (15 miles north of Chattanooga). Your help is G-R-E-A-T-L-Y needed. For information, see the announcement on page 1 of this newsletter.

Jun 14 Exploring the University of Tennessee Arboretum. Oak Ridge, TN. This 250-acre nature sanctuary has over 2500 native and exotic woody plant specimens; collections of holly, magnolia, and dwarf conifers are special attractions. We'll take easy, educational walks along the four self-guided trails that total almost 4¾ miles. Carpoolers will meet at 9am ET at the Harrow Road Café in Rugby (we'll make a stop at the Oak Ridge Farmer's Market for fresh veggies - you might want to bring a cooler - before reaching the arboretum). Others can connect with us at the Market around 10:15am, or at the Arboretum around 11am. Bring water and snacks. Afterwards, we'll visit Baskin Robbins for a post-hike refreshment. For information and to register, contact Vi Biehl or Eric Wilson at 423-628-2817 or *ericavi@nxs.net*. To learn about the Arboretum, visit: www.taes.utk.edu/stations/utforest/news.htm.

CLARKSVILLE CHAPTER

CHAPTER OFFICER: Bill Hamilton 931-920-2760
billhamilton@charter.net

OUTINGS COORDINATORS:
(call & volunteer to lead an outing)
Faye Balbac 931-553-6826
Sandi Hamilton 931-920-2760
billhamilton@charter.net
Sandra Koenig 931-645-2048

MEETS MONTHLY - 3rd Tuesday at 7pm CT
Crow Community Center
211 Richview Rd

Jun 7 National Trails Day, and TTA's statewide project this year is "The Big Dig" in Soddy Daisy, TN. (15 miles north of Chattanooga). Your help is G-R-E-A-T-L-Y needed. For information, see the announcement on page 1 of this newsletter.

Jun 14-15 (Sat-Sun) Hiking and Camping, Cumberland Falls State Resort Park (CFSRP). Corbin, KY. We will be hiking and camping overnight at CFSRP in Kentucky. Cumberland Falls is located in the Daniel Boone National Forest. Known as the "Niagara of the South," this waterfall forms a 125-foot wide curtain that plunges 60 feet into the boulder-strewn gorge below. The mist of Cumberland Falls creates the magic of the moonbow, only visible on a clear night during a full moon. This unique phenomenon appears nowhere else in the Western Hemisphere. For information and to register, contact Wanda McCluskey at 931 906-3338.

Jun 17 **MONTHLY MEETING.** Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 7:00pm CT at the Crow Community Center.

Jun 21-22 (Sat-Sun) Backpacking at Virgin Falls, Bowater Pocket Wilderness Area. Sparta, TN. Come join Darryl Butts on an overnight backpacking trip to Virgin Falls. Enjoy the hike down to the falls and see the cave that the falls cut out of the cliff. Over the 2 days, we will hike a total of 9 miles over terrain rated moderate for the rocky and uneven trail. For information and to register, call Darryl Butts at 931 645-9177.

Jun 28 Old Stone Fort State Archaeological Park. Manchester, TN. The Old Stone Fort is a 2000-year old American Indian ceremonial site. It consists of mounds and walls, which combine with cliffs and rivers to form an enclosure measuring 1¼-miles around. The enclosed 50-acres seem to have served as a central ceremonial gathering place for some 500 years. We will enjoy a 5-mile leisurely hike around this very historical area on terrain rated easy to moderate (only for the few short hills). For information and to register, call Jack Bastin at 931-645-2849.

Water: It's a Real Lifesaver

Pure water is vital to health. Our bodies cannot store water, so we must drink constantly. The need for water is driven by temperature, metabolism and work. Our bodies perspire to control the body's core temperature during exercise, such as hiking. Water is also needed by the body for breaking down and metabolizing our food intake. Even while resting, we can lose 4 pints (2 liters) of water per day just through normal perspiration, urination and breathing.

Hiking is a strenuous activity, and adequate hydration is crucial for optimal performance and health.

How much water to drink? Drink frequently, between 1 to 2 cups of water per hour and before you feel thirsty, to avoid dehydration. (A good sign that you've drunk enough water - clear urine! Cloudy or colored urine indicates the need to drink more.) You can be slightly dehydrated and not feel thirsty. The signs and symptoms of dehydration may include fatigue, flushed skin, headache, dizziness, chest pain, irritability, feeling tired, and cramps. Extreme cases of dehydration could lead to death.

If you've run out of water, and as long as you're close to a water source, most water can be made fit to drink. Never assume the water source to be safe - even if the water is fast flowing, crystal clear and cold. How you purify your water is a matter of preference; however, some methods are safer than others.

One of the most reliable methods of purifying your water is to boil it. This requires a heat source and a container to boil the water - items not common to a day hiker's backpack. Another effective treatment is to use purification tablets (iodine). They are lightweight and easy to use. One pill purifies one quart of water in about 10 minutes. A drawback to iodine tablets is the bad taste it leaves in the water. However, neutralizer tablets placed into the water after the purification process will eliminate the iodine aftertaste. Finally, there are filters. Water is hand pumped through a narrow intake hose, where it passes into a filter assembly for purification, then exits ready to drink. Filters don't leave a bad aftertaste, weigh as little as $\frac{3}{4}$ of a pound, are easy to use and remove a wide range of contaminants; both organic and inorganic.

For a day hike you may not need to consider utilizing any of the above water treatment processes - just be sure you have plenty of water for the hike, and enough to get you back into civilization.

COLUMBIA CHAPTER

CHAPTER OFFICER: Russell Smith 615-790-1833 carving082334@aol.com

OUTINGS COORDINATORS: (*call & volunteer to lead an outing*)

Rick Lausten 615-0373-0029 Tanya Juday 931-490-0856

MEETING June 21st. See information below.

CHAPTER NEWS:

Our May chapter meeting took place without any hitches, unlike April's. A total of 9 members gathered at the Honors Inn Restaurant to hear backpacking experiences from our two speakers, Tanya Juday and Gloria Dale Williams, who were very interesting and informed us on the fun and rigors of backpacking. Wonderful pictures made all of us want to hit the trail. Thank you Tanya and Gloria Dale!

In lieu of our monthly meeting in June, we will gather on June 21 at the home of Russell and Joyce Smith. See June 21 below.

Please welcome our new Hiking Coordinators: Rick Lausten and Tanya Juday. Both have experience hiking and can assist you with planning outings that you volunteer to lead for our chapter.

Due to many of our members volunteering to help with The Big Dig, we haven't planned many activities in June. If you have an extra day or two, or three, and would like to get involved, call Mark Stanfill at 931-456-6259.

Jun 7 National Trails Day, and TTA's statewide project this year is "The Big Dig" in Soddy Daisy, TN. (15 miles north of Chattanooga). Your help is G-R-E-A-T-L-Y needed. For information, see the announcement on page 1 of this newsletter.

Jun 21 Chapter Picnic, Brief Meeting & Hike. It's now officially summer, and to kick it off, we will be gathering at the home of Joyce and Russell Smith (4833 Byrd Lane in Bethesda) for our chapter picnic. The picnic starts at 11:30am CT, followed by a brief business meeting, and a hike. Bring your favorite potluck dish and soft drink to share. Please RSVP in order for us to plan for the correct number of attendees with Russell or Joyce Smith at 615-790-1833.

Jun 27-29 (Fri-Sun) Backpacking in the Great Smoky Mountains National Park. We will be backpacking out of the Cades Cove area up to the Appalachian Trail. Starting on the Anthony Creek Trail, we will walk uphill through a hemlock and rhododendron forest before reaching the Bote Mountain Trail. We plan to camp on Friday night at a primitive campsite (you will need a tent), and on Saturday night, we will stay at Russell Field shelter which is on the Appalachian Trail. On Sunday, we will make our way down the Russell Field Trail to our cars. Over this 2½-day outing we will have covered a total of 12.8 miles. This outing is rated moderate to strenuous for the elevation climbs/descents, and rocky and uneven terrain, and recommended for those with intermediate level backpacking skills. The group's size is limited to 6. To register, call Russell Smith at 615-790-1833.

HIKE REPORT:

On April 12, in observance of State Natural Areas Week, Dusty Doddridge led 14 hikers through trails at Radnor Lake State Natural Area. They enjoyed seeing acres of wildflowers and a herd of deer. Everyone had a great time!

COVE LAKE CHAPTER

CHAPTER OFFICER: Richard Helm 865-426-4472

RHelm@ahss.org

CO-CHAIR: Mari Haslam 423-562-3227

pittsteelersfan@earthlink.net

MEETS MONTHLY - 2nd Monday at 6pm ET

LaFollette Recreation Center's Craft Room
201 S. 9th St.

Jun 7 National Trails Day, and TTA's statewide project this year is "The Big Dig" in Soddy Daisy, TN. (15 miles north of Chattanooga). Your help is G-R-E-A-T-L-Y needed. For information, see the announcement on page 1 of this newsletter.

Jun 9 MONTHLY MEETING. Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 6:00pm ET at the Craft Room in the LaFollette Recreation Center, 201 South 9th Street.

Jun 14 Chimney Tops Trail, Great Smoky Mountains National Park. This 4-mile hike is rated difficult because of the steady, steep climb (1,400ft in 2 miles). The final ascent to the top of the rock structure requires hand over hand climbing. From the top is a fabulous view of Mt. LeConte and surrounding mountain ranges and valleys. We will eat dinner at the Apple Barn in Pigeon Forge after the hike. We will meet at 8am ET and carpool from the Eagle Market. For information and to register, call Patricia Bolton at 423-562-4625.

Jun 28 Rhododendron Hike on the Sheltowee Trace, Daniel Boone National Forest. Winchester, KY. After having visited last Nov, we are returning to this delightful 6-mile hike on one of the most beautiful sections of the Sheltowee Trace. Crossing a few small creeks, this trail approaches a deep gorge and then passes four waterfalls (one audible only) as it follows the rim. The loveliest of these cascades down a lush cliff on the opposite side of the gorge (think, Hawaii). After passing along cliffs, rock houses, and through a mountain laurel ridge, the trail drops down to scenic Cane Creek, which it crosses on a metal footbridge. Once out of earshot of Cane Creek, the hiker can hear Van Hook Falls. Nestled in a rhododendron (which should be in bloom) basin, this waterfall drops about 20 feet off a rock shelf, which can be passed underneath behind the falls. We will meet at 8am ET and carpool from the Eagle Market. For information and to register, call Richard Helm at 865-426-4472. (cont.)

Hike Registration? Why?

Our hike coordinators are volunteers. Make it easier for them to contact you in the event their hike needs to be cancelled by registering!

Please, be considerate and register.

COVE LAKE (cont.)

HIKE REPORTS:

On Apr 16, a group led by Vance Lawson explored an old nature trail, which follows Big Creek in downtown LaFollette. This short easy trail (a little over a mile in length) boasts an abundance of wildflowers. We saw foamflower, Sweet William, Toadshade (trillium), Solomon's Seal (true and false), Hepatica, Purple Phacelia, and Wood Anemone, to name only a few. The restoration of this trail is a goal for the Cove Lake Chapter.

On Apr 23, a group of five of us, led by Faith Dippold, did more trail work on the Volunteer Loop. Several trees had fallen over the trail. These were removed, the whole trail was raked, and trash was picked up to make it ship shape for a hike scheduled May 8.

On April 26, eight hikers participated in a moderately rated hike utilizing North Old Mac and Judge Branch Trails, and most of the South Old Mac Trail. The route covered approximately seven miles. Undeterred by a light rain, which fell early in the hike, we enjoyed the relatively cool temperatures and the profusion of wildflowers. Judge Branch presented us with some pleasant whitewater views. We visited Tub Spring and the fire tower, which is the highest point in the park. The view from the tower was somewhat curtailed by the clouds, but still worth the climb to those who ascended the tower. Upon reaching the parking area, we enjoyed a delicious potluck picnic before heading home. *Submitted by Gordon Early.*

On May 8, we participated in a Senior Citizens hike on different portions of the Cumberland Trail (Cumberland Mt. Segment). Hikers met at the new trailhead parking lot (which has recently been planted with wildflowers, including goldenrod!) on Bruce Creek Gap Rd. near Cove Lake SP. One group, led by Jim & Bonnie Pitt and Jerry Phillips, hiked the Volunteer Loop. Another group, led by Arleen Scheller of the CTC, hiked up to the Devil's Racetrack on a recently completed section of the Trail. Another group, led by Ed and Faith Dippold, took the Trail from the trailhead to Bruce Creek Gap.

CUMBERLAND GAP CHAPTER

CHAPTER OFFICER: Rosemary Register 423-869-2251

cugatrails@yahoo.com

CHAPTER NEWS:

Due to busy schedules and prior commitments, we did not plan any meetings/outings for the month of June. Watch upcoming newsletters for future announcements and outings. Until then, you are always welcome to participate in any of our other chapter's (13 to choose from) outings, events and meetings.

EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER: Beverly Neurock 865-220-9679

bneurock@bellsouth.net

Jun 7 National Trails Day and East TN Chapter's Challenge. Soddy Daisy, TN. Together, as a chapter, we have accepted TTA's challenge (see TTA's Focus on pg. 1 of this newsletter) by volunteering to work at The Big Dig event – for the day. Everyone is encouraged to participate. Knoxville metro area volunteers wishing to work on Sat., June 7 will meet at 8am ET to carpool from Bimbo's Fireworks in Lenoir City (Exit 81 on I-75). Plan to return about 5pm. To register, contact Harold Draper at 865-689-7757 or *h.m.draper@att.net*. For those wishing to volunteer over several days, please contact Mark Stanfill at 931-456-6259. (cont. on pg. 7)

EAST TN

(cont. from pg. 6)

Jun 14 Injun Creekside Hike and Grapeyard Ridge Trail. Greenbrier area of Great Smoky Mountains National Park. We will start this hike from the Greenbrier Ranger Station on a 3-mile, un-maintained trail that follows Injun Creek. At its intersection with Grapeyard Ridge Trail (at campsite #32), it's 3.4 miles and mostly downhill to our cars. On Grapeyard Ridge Trail we'll see the remnants of steam engine #4246, which overturned into the creek in the 1920s. Total hiking distance is 6.4 miles. Bring lunch, plenty of water, and wear sturdy hiking boots. Because this is a one-way hike (not a loop), it is necessary that we park cars at each end of the hike. We will meet at 9am ET at the Gatlinburg Welcome Center on US-441. For information and to register, contact Jay Ross at 865-560-0100 or jmrfeb6@aol.com.

Jun 21 Curry Mtn., Meigs Mtn. and Meigs Creek Trails, Great Smoky Mountains National Park. We'll combine the Curry Mtn., Meigs Mtn. and Meigs Creek Trails to form an 8.7-mile hike beginning at Metcalf Bottoms and finishing at the Sinks. Hopefully, we'll get to see the rhododendron in early bloom as we hike up Curry Mtn., and if it's a clear day, panoramic views of Sugarland Mountain and Mt. LeConte. Time permitting we can pay our respects to the Huskey and Ownby families buried in the old cemetery just off the Meigs Mtn. Trail. We'll complete the hike with a slow steady descent down the Meigs Creek Trail to the Sinks. The hike is rated easy to moderate with the most challenging portion being the hike down Meigs Creek Trail, where we will encounter between fifteen and twenty creek crossings (bring extra socks). Sturdy hiking shoes and a good walking stick are strongly recommended for this hike. Bring lunch, snacks and plenty of water. We'll meet at 8:30am ET in the back end of the Metcalf Bottoms picnic area. Because this is a one-way hike (not a loop), it is necessary that we park cars at each end of the hike, and should be on the trail by 9am. For information, and to register contact Bob Uhren at 865-977-9333 or snowcap34@msn.com.

HIKE REPORT: *Submitted by Don Coffman*

On April 26, four members and two visitors hiked the popular Alum Cave Trail to Mt. LeConte on a cool, cloudy day, which threatened rain, but didn't deliver. For two, it was their first hike to the top of Mt. LeConte. We were rewarded by seeing a few wildflowers in season, rubbing elbows with hiking groups from two separate colleges, and fog which blocked the exquisite view this trail boasts.

HIGHLAND RIM CHAPTER

(Tullahoma Area)

CHAPTER OFFICER: Doug Ratliff 931-455-0249 dougratliff@hotmail.com

OUTINGS COORDINATOR: Alan Bryan 931-728-0765

BryanAlan@BFUSA.com & pbryan5@bellsouth.net

MEETS MONTHLY - 3rd Tuesday at 7pm CT

D.W. Wilson Center, 501 N. Collins St., Tullahoma

CHAPTER NEWS:

Many of our chapter members are volunteering to help with The Big Dig each weekend in June, in addition to what has been planned for National Trails; therefore, we did not plan any weekend hikes in June. If you have not volunteered yet, it's not too late. For all of the details about The Big Dig, visit the Cumberland Trail Conference's web site: www.cumberlandtrail.org/bigdig.html. To volunteer, phone or e-mail Mark Stanfill (931-456-6259 / mstanfill@onemain.com).

Jun 7 National Trails Day and Highland Rim Chapter's Challenge. In observance of National Trails Day we, as a chapter, accept TTA's challenge (see TTA's Focus on pg. 1 of this newsletter) by volunteering to work at The Big Dig event. All kinds of volunteers are needed: trail builders, cooks, car drivers, etc. For those wishing to volunteer for just the one day (June 7), contact Doug Ratliff at 931-455-0249 to arrange carpooling. And, if you plan on volunteering over several days, please contact Mark Stanfill at 931-456-6259 to arrange housing/meals.

Jun 17 **MONTHLY MEETING.** Alan Hale will describe his family's camping adventures in Mexico. One of the highlights of the trip was rappelling into the *Sótano de las Golondrinas*, translated means "pit of swallows," one of the largest open-air pits in the world. This is the deepest free-drop pit in the world at more than 1,200 feet! People have been able to perform stunts ranging from base-jumping to parachuting, while one landed a hot air balloon inside the cave. Join us for this fun and educational evening. Guests are always welcome. See you at 7:00pm CT at the D.W. Wilson Community Center in Tullahoma.

Jun 18 (Wed) Old Stone Fort State Archaeological Park. Manchester, TN. Join us for a Wednesday evening spin around Old Stone Fort State Archaeological Park. We'll hike the scenic Backbone Loop Trail that follows the Duck River. The hike is approximately 3 miles in length and is rated moderate (a few short climbs). We'll meet at 4:15pm CT at the park's museum. To register, contact Brent Morris at 931-454-1718 or bmorris@edge.net.

MEMPHIS CHAPTER

OFFICER: Betty Porter 901-755-4740

CO-CHAIR: Norma McMinn 901-785-1479

BOARD REPRESENTATIVE: Gloria Lenski 901-213-0604

glorialenski@yahoo.com

MEETINGS WILL RESUME IN SEPTEMBER

CHAPTER NEWS:

It's vacation time! No chapter meetings and hikes are scheduled for the months of June and July. Our next event will be the Chapter Picnic on Sunday, August 24. In the meantime, you are always welcome to participate in any of our other chapter's (13 to choose from) outings, events and meetings.

If you are planning to work at the Big Dig, please send in your registration form ASAP. If you have not volunteered yet, it's not too late. For all of the details about The Big Dig, visit the Cumberland Trail Conference's web site: www.cumberlandtrail.org/bigdig.html. To volunteer, phone or e-mail Mark Stanfill at 931-456-6259 or mstanfill@onemain.com

Jun 7 National Trails Day, and TTA's statewide project this year is "The Big Dig" in Soddy Daisy, TN. (15 miles north of Chattanooga). Your help is G-R-E-A-T-L-Y needed. For information, see the announcement on page 1 of this newsletter.

MURFREESBORO CHAPTER

CHAPTER OFFICER: Martin McCulloch 615-896-1043 mam1932@earthlink.net

OUTINGS COORDINATOR: (call & volunteer to lead an outing)

Ray & Linda Eckerson 615-847-0322 reckerson@comcast.net

MEETS MONTHLY - 2nd Tuesday at 7pm CT, Barfield-Crescent Park's Wilderness Station
697 Barfield Rd., Murfreesboro

Jun 7 National Trails Day, and TTA's statewide project this year is "The Big Dig" in Soddy Daisy, TN. (15 miles north of Chattanooga). Your help is G-R-E-A-T-L-Y needed. For information, see the announcement on page 1 of this newsletter.

Jun 10 MONTHLY MEETING. Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 7:00pm CT at the Wilderness Station in Barfield Crescent Park.

Jun 21 Fiery Gizzard, South Cumberland Recreation Area. Monteagle, TN. Fount Bertram & Martin McCullough will be leading two separate hikes in this area. The two hikes will start together. Fount will lead the shorter segment to Sycamore Falls (rated moderate), while Martin will be heading to Raven Point (rated moderate to strenuous for the rocky terrain and miles hiked), and/or leading those who want to continue to the other end (full distance is rated strenuous). YOU MUST REGISTER! Contact either contact Fount Bertram (615-765-5357) or Martin McCullough (615-896-1043). Carpoolers will meet at 8am CT at the Cracker Barrel at I-24 & Hwy 231 intersection.

OTHER ACTIVITIES:

Jun 21 Paddle/Float the Stone's River East Fork. Murfreesboro, TN. For information, contact Heloise Shilstat at 615-631-5884, 615-896-6278 or stillwild@bellsouth.net

HIKE REPORT: Submitted by Bertha Chrietzberg

On April 12, in observance of State Natural Areas Week, a total of 50 wildflower enthusiasts (and hikers) showed up at Edgar Evins State Park (EESP) for several hikes offered throughout the day on the two-mile Highland Rim Nature Trail. Because of the number of people that came out, we divided the group into several smaller groups. Hike leaders included Bob Brown (founding member of TTA), Bertha Chrietzberg, Jane Norris (TN Native Plants Society) and Wayne Morris (EESP Park Ranger). Near the top of the steep hill, early wildflowers were still in bloom, and as we neared the lakeshore in the valley, later flowers were in bloom. In addition to many kinds of ferns, we saw 5 species of Trillium, Squirrel Corn, Dutchman's Bitches, Liverwort, Yellow Mandarin, Sweet Cicily, Celadine Poppy and Golden Seal. Afterwards, we boarded the "Party Barge" to visit a distant hillside that was filled with Wild Hyacinth. Along the way, we passed a heron rookery with about 8-10 large blue herons nesting. To reach the Wild Hyacinth covered hillside, we made a short climb to the top of a hill. Along the way we saw lots of Dwarf Larkspur in bloom – beautiful! Then we reached the Wild Hyacinth, so thick that there must have been an acre of them – growing down to the lake and over to the other side of the hill – in profusion! It was a very rewarding day of wildflowers!

NASHVILLE CHAPTER

CHAPTER OFFICER: David Furse 615-353-6435 dfurse@comcast.net

OUTINGS COORDINATOR: (call & volunteer to lead an outing)

Elizabeth Gerlock 615-356-6260 eygerlock@aol.com

MEETS MONTHLY - 4th Tuesday at 7pm CT St. Bernard Academy Building, 2021 21st Ave South
HIKING HOTLINE - 615-367-7045

Jun 1 Radnor Lake State Natural Area. Nashville, TN. Come and enjoy a Sunday morning hike on the Ganier Ridge and South Cove Trails for a total of 4½ miles with several moderate ascents and descents. We will meet at the Park's Nature Center at 9am CT. Wear boots, and bring water and snacks. For information, contact Deanna Adams at 615-646-1578 or deanna.adams@lycos.com.

Jun 1 Bearwaller Gap Trail. Carthage, TN. From Tater Knob to Defeated Creek (or visa versa), we will enjoy views of Cordell Hull Lake from the high bluffs overlooking the lake created by damming the Cumberland River. The trail is 5.7 miles and a one-way hike (not a loop), which requires our parking cars at each end of the hike. The trail is rated moderate due to several fairly steep climbs. Wear sturdy hiking boots, and bring water, snacks, and lunch. We will meet at 8am CT at Kinko's on Donelson Pike (Exit 216 off of I-40). For information and to register, contact Brian Dion at 615-331-7331 or Brian.Dion@state.tn.us.

Jun 7 Beaman Park. Joelton, TN. 1st Saturday Hike in Beaman Park. Joelton, TN. Join us as we explore Nashville's newer park being developed by volunteers. Our hike will be from 9:00am until 12:00 noon CT on terrain rated easy to moderate. We will meet at the spring on Little Marrowbone Road. For information and to register, contact Nancy Dorman at 615-299-9586, or nancydorman@yahoo.com.

Jun 7 National Trails Day and Nashville Chapter's Challenge. In observance of National Trails Day we, as a chapter, accept TTA's challenge (see TTA's Focus on pg. 1 of this newsletter) by volunteering to work at The Big Dig event. All kinds of volunteers are needed: trail builders, cooks, car drivers, etc. For those wishing to volunteer for just the day (June 7), or several days, please call Mark Stanfill at 931-456-6259 to arrange housing/meals.

Jun 14 Lake, Ganier Ridge and South Cove Trails, Radnor Lake State Natural Area. Nashville, TN. This is a good hike for those new to hiking, or for those with only a half-day to spare, yet wish to get outside. The three trails we hike form a 4½-mile loop and will have 2-3 short hills to climb. Wear boots and bring water and snacks. We will meet at 9am CT at the Nature Center. For information and to register, call Nancy Juodenas at 615-419-7775 or 615-643-0936.

(cont. on pg. 9)

NASHVILLE (cont. from pg. 8)

Jun 15 Fiery Gizzard and Dog Hole Trails, South Cumberland Recreation Area. Tracy City, TN. This hike is approximately 8 miles and rated moderate to strenuous for the ROCKY terrain we pass through. Along the way, you can expect to see overlooks, streams, waterfalls, rock formations, and BOULDERS. Bring lunch, snacks, water, and wear sturdy boots. We will meet at 8am CT to carpool from the Target on Bell Rd. (Exit 159 off of I-24). For more information and to register, contact Brian Dion at 615-331-7331 or Brian.Dion@state.tn.us.

Jun 21 Rock Creek Loop (Big South Fork National River & Recreation Area) and Rock Creek Trail (Pickett State Park). Jamestown, TN. We will start on the Rock Creek Loop in BSFNRRRA, ford Rock Creek to a seldom-used connector trail, and complete a loop on the Rock Creek Trail in PSP before connecting back up to finish the first loop we started. This hike is rated moderately difficult due to the two stream crossings and the total distance of about 11 miles. Be sure to wear sturdy hiking boots, and bring lunch, water, and snacks. Also, bring a flashlight or headlamp (for the abandoned tunnel) and sandals (or beach shoes) for making the stream crossings. Plan to leave Nashville at 7am CT. For information and to register, call Doug Burroughs at 615-587-0085.

Jun 22 Bowie Nature Park. Fairview, TN. Bowie Nature Park is close to Nashville and a beautiful area of woods and streams. The trails are rated easy because there is very little elevation change; however, due to the number of miles we will travel (6-8), we'll rate this outing moderate. We will meet at 9am CT to carpool from the Kroger on Charlotte Pike, near Whitebridge Rd. For information and to register, contact Peter Gregory at 615-300-8174 or pgregory@starband.net.

Jun 24 **MONTHLY MEETING.** Let's call this one "Kilimanjaro 2." Following on the March presentation by Jane Holston, in which she recounted her conquest of the great mountain, we will visit Africa again. Our guest will be David Condra, who has also scaled Kilimanjaro, and he will give us a comparative view of the trek. Also, David will return to Africa for more hiking this summer and will tell us of his plans.

**Are you new to Nashville? Hiking? Interested in checking out a hiking club? Or, just want a gentler hike? This is the hike for you. Meet new, as well as seasoned hikers who also share your desire to be outdoors. You are encouraged to use this time to learn about hiking and TTA while enjoying the great outdoors with friendly people.*

Jun 28 Newcomers' Hike at Edwin Warner Park. Nashville, TN. We will explore some of the trails and roads of the Edwin Warner Park section of Warner Parks. After the hike, we will go to a nearby restaurant for lunch (bring \$\$ to pay for your meal). Bring water, and wear hiking boots or comfortable walking shoes. We will meet in the first parking lot on the right as you enter Edwin Warner Park off of Hwy. 100. (Follow the sign on Hwy. 100 directing you to the Nature Center and after you have turned into the park, make your first right into the parking lot.) For information and to register, call Sue Waldrop at 615-662-7594.

OTHER ACTIVITIES:

Jun 8 Centennial Park Walk, Picnic, and Nashville Symphony Concert. Nashville, TN. Take an easy walk through Centennial Park to see recent improvements as well as historical landmarks. Bring a picnic supper and afterwards we will attend the Nashville Symphony concert. For meeting time and location and to register, call Julie Walski at 615-333-6904.

Jun 24 Pre-Monthly Meeting Dinner at Brown's Diner, 2102 Blair Blvd. Meet at 5:15pm, and depart for the meeting at 6:30pm. Questions? Contact Paul Smith at 615-832-9388, or paolov@bellsouth.net

PLANNING AHEAD:

July 25-27 (Fri-Sun) Backpacking in the Smokemont & A.T. Areas of the Great Smoky Mountains National Park. Because Fri. morning will be spent on driving (we're leaving Nashville around 6am CT), we won't arrive to the Smokies until late morning; therefore, we will dayhike the afternoon in the Newfound Gap area. A group campsite in Smokemont has been reserved for Fri. night so we can begin our backpacking trip early on Sat. morning. Each day, we will be hiking on terrain that is uneven with roots, rocks, mud, and the usual GSMNP ascents/descents; therefore, this outing is only open to experienced backpackers. The group size is limited to 8 and registration is required **BEFORE** June 16, **or after** July 12. A \$5 non-refundable deposit will secure your reservation, and cover your share of the campsite's cost. Everyone is responsible for her/his own gear (tent/tarp required because there aren't any backcountry shelters), food and transportation. On Fri., (7.4 miles) we will hike the A.T. to Sweat Heifer, Sweat Heifer and Kephart Prong Trails. On Sat., (9.6 miles) we will backpack the A.T. to Dry Sluice Gap, Dry Sluice Gap and Cabin Flats to campsite #49. On Sun., (7 miles) Cabin Flats to Bradley Fork, then Bradley Fork to Smokemont Loop Trail and exit in Smokemont Campground. Please refer to your Smokies guidebooks for narratives on the trails' characteristics. For more information and to register, call Diane Manas at 615-352-7777.

NORTHWEST CHAPTER

(UT at Martin & Weakley
County)

CHAPTER OFFICER:

Jim Clark 731-587-2225

jclark@utm.edu

MEETINGS WILL RESUME IN AUGUST

WEBSITE - www.utm.edu/~jclark/trails/

CHAPTER NEWS:

Our student and faculty members are on summer break; therefore, we have not scheduled any meetings or activities for June-July. Upon our return in August, we will post hikes and meeting announcements to our website, as well as in this newsletter. Until then, have a great summer, and remember – you are always welcome to participate in any of our other chapter's (13 to choose from) outings, events and meetings.

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER:

Charlie Jones 931-277-3228 cejones@Crossville.com

OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Carolyn Miller 931-260-6674 cardan@usit.net

*** NEW *** MEETING DATE: 2nd Thursday at 7pm CT

*** NEW *** LOCATION: Community Room in Art Circle
Public Library, 154 East 1st Street in Crossville

There is a leaderless hike every Wednesday morning at 8:30am CDT. We usually meet at the boat launch area of the Cumberland Mountain State Park. The hikes are moderately paced and may average five or six miles. For additional information, call Bill Haynes: 931-707-7606. Rain cancels.

Jun 7 National Trails Day, and TTA's statewide project this year is "The Big Dig" in Soddy Daisy, TN. (15 miles north of Chattanooga). Your help is G-R-E-A-T-L-Y needed. For information, contact the CTC office at 931-456-6259 or cumberlandtrail@rocketmail.com.

Jun 12 MONTHLY MEETING. PLEASE NOTE THE FOLLOWING CHANGES: (1) We will meet on the 2nd Thursday of each month; and (2) We have a new meeting location - Art Circle Public Library's Community Room, 154 East 1st Street in Crossville. This month's topic is "Hors d'oeuvres & Chapter History" - a time to share food, and hear/tell stories and show pictures about TTA. Join us for this fun and educational evening. New members and guests are always welcome. See you at 7pm CT.

Jun 14 Twin Arches Loop, Big South Fork National River & Recreation Area, Jamestown, TN. Come see the largest natural rock bridge complex in the state of Tennessee. This 5-mile hike is always a good one in the summer. It is rated moderate due to the elevation change, several sets of stairs and the need to cross a small boulder field. We will walk over and under the arches, then go to Charit Creek Hostel and through the Jakes Place farm site. Wear sturdy hiking boots, and bring water, lunch and snacks. We will meet at 8am CT to carpool from the Cracker Barrel at I-40 and HWY-127 in Crossville. For information and to register, call Bill Eldridge at 931-456-4459.

Jun 21 Laurel Falls, Bowater Pocket Wilderness Area, Dayton, TN. This 5-mile hike follows a creek for much of the way to the waterfall. The hike is rated moderately difficult due to the elevation change and some rock scrambling at the top of the waterfall. Wear sturdy hiking boots, and bring water, lunch and snacks. We will meet at 8am CT to carpool from the Visitor's Center at Cumberland Mountain State Park. For information and to register, contact Jim McCullough at 931-484-8222 or sue1290@multipro.com.

Jun 28 Gentlemen's Swimming Hole (Rugby, TN.) and Colditz Cove State Natural Area (Allardt, TN.). We will combine two short hikes, which will total 3½ miles. The Gentlemen's Swimming Hole is about 1 mile roundtrip. The 1½-mile loop at Colditz Cove SNA takes you behind the 60-foot high Northrup Falls. Overall, this outing is rated moderate due to some steps to the Gentlemen's Swimming Hole and the elevation change at Colditz Cove SNA. Wear sturdy hiking boots, and bring water, lunch and snacks. We will meet at 8am CT to carpool from the Cracker Barrel at I-40 and HWY-127 in Crossville. For information and to register, contact Terry or Pam Brophy at 931-707-7234 or tpbrophy@multipro.com.

SODDY DAISY CHAPTER

Leigh Jones 931-277-3228

cejones@crossville.com

Fount Bertram 615-765-5357

fwbertram@heartoftn.net

CHAPTER NEWS:

Susan Turner recently accepted a wonderful opportunity to return to school to learn how to operate a semi-tractor trailer so she can team with her husband, Carl, who is also a driver. (Congrats!) Unfortunately, Susan won't have time to do the Chapter Officer duties; therefore, we are seeking someone to fill this vital position through the remainder of the year (and beyond). We (the Board of Directors) will give our assistance and support to the person(s) who steps forward. In the interim, you are welcome to attend any of our other chapter's (13 to choose from) outings, events and meetings.

UPPER CUMBERLAND CHAPTER

(Sparta / Cookeville)

CHAPTER OFFICER:

Helen Anglemier 931-858-5947

helena@cookeville.com

OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Sue Bass 931-528-1386

take-a-hike@charter.net

CHAPTER NEWS:

Warm weather is fast approaching, and we don't have any hikes planned for June, July, or August although some spontaneous ones might come up. If you would like to be notified when a spontaneous hike is planned, contact either chapter office above and ask to be added to the list. Until then, remember, you are always welcome to participate in any of our other chapter's (13 to choose from) outings, events and meetings.

There is a possibility that several members will plan an impromptu hike to Mt. LeConte in June sometime (if you are interested in getting on the notification list, contact either chapter officer listed above).

Later in the summer, we will be gathering (possibly for a picnic) to plan our upcoming hikes in the fall and to nominate and elect new chapter officers. Watch upcoming newsletters for this information.

Jun 7 National Trails Day, and TTA's statewide project this year is "The Big Dig" in Soddy Daisy, TN. (15 miles north of Chattanooga). Your help is G-R-E-A-T-L-Y needed. For information, see the announcement on page 1 of this newsletter.

OFFICERS:

President
Leigh Jones 931-277-3228
cejones@crossville.com

Vice-President
Fount Bertram 615-765-5357
fwbertram@heartoftn.net

Treasurer
June Parker 615-832-5418
jmparker13@hotmail.com

Secretary
Anna Clark 731-587-2225
aclark@utm.edu

Past President
Libby Francis 615-889-5718
libbyslibbys@comcast.net

Past President
Jim Potet 615-824-7666
jpoteet@genesco.com

West TN At-Large Director
Jerry Lenski 901-255-6574
jlenski@yahoo.com

Middle TN At-Large Director
Brent Morris 931-454-1718
bmorris@edge.net

East TN At-Large Director
VACANT

Membership
Anne Wesley 615-851-1052
ttahiker@msn.com

Cumberland Trail Conference Representatives
Barry & Sandra Spearman 931-839-2320
sandbar@multipro.com

TN Rails To Trails Advisory Council
Jim Deming 615-354-9767
jdeming@tals.org

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor
Diane Manas 615-352-7777
editor@tennesseetrails.org

Newsletter Deadlines:

Deadlines for chapter announcements and articles of special interest are due as follows:

<u>Due</u>	<u>For Newsletter Dated</u>
June 10 th	July 1 st
July 10 th	August 1 st

ATTN: August 1st September 1st

Articles submitted are subject to editing and will be included as space permits.

Please send all submissions to:

Diane Manas
5729 Stoneway Trail
Nashville, TN 37209
615-352-7777

editor@tennesseetrails.org

ADOPT-A-TRAIL NEWS

ADOPT-A-TRAIL OFFICER:

Harold Draper 865-689-7757

h.m.draper@att.net

Have you considered ...

Maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

To obtain an Adopt-A-Trail or Trail Inspection form, call Harold Draper: 865-689-7757

TENNESSEE RAILS-TRAILS ADVISORY COUNCIL

(TRAC)

BOARD REPRESENTATIVE:

Jim Deming 615-354-9767

jdeming@tals.org

WEBSITE - www.TNRailsTrails.org

MISSION: To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.

New!

Tennessee Trails Merchandise Order Form

_____ TTA Patch 6.00
Round embroidered patch, sew it on anything.

_____ TTA Window Decal 3.00
A must for each car.

**35th
Anniversary**

**TTA turns 35 in December 2003! Celebrate
TTA's Birthday, and show
your affiliation with pride!**

_____ TTA 35th Anniversary Commemorative T-Shirt... 16.00
*Choose Size: Small / Medium / Large / X-Large
Choose Color: Sand / Yellow / Stone-Gray*

_____ TTA 35th Anniversary Commemorative Patch 6.00
*Round embroidered patch commemorating TTA's
35th Anniversary, sew it on anything.*

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

PHONE hm: (____) _____ wk:(____) _____

*Mail your check payable to: Tennessee Trails Association
c/o Marietta Poteet
324 Raintree Drive
Hendersonville, TN 37075*

Please allow 4 weeks for delivery and prices shown include postage.

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

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PERMIT NUMBER 4053



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below.

PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM ...

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Jun 03

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

Memberships are for one year, unless you have a Lifetime Membership.
Gift Memberships are also available. Contact our Membership Director,
Anne Wesley, at 615-851-1052 or ttahiker@msn.com

PLEASE, PRINT CLEARLY.

___ Individual	\$25.00	Name _____
___ Family	\$35.00	Address _____
___ Student (FULL-TIME)	\$15.00	City _____ State _____
___ Supporting (\$50.00, \$100.00 or more)		Home Phone (___) _____ Zip _____ -- _____
___ Life Member (Individual)	\$500.00	Work Phone (___) _____
___ Life Member (Family)	\$750.00	e-mail _____
		<input type="checkbox"/> Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | | |
|--------------------|---|--|
| ___ Big South Fork | ___ East TN (Oak Ridge/Knoxville) | ___ Northwest (UT at Martin/Weakley) |
| ___ Clarksville | ___ Highland Rim (Manchester/Tullahoma) | ___ Plateau (Crossville) |
| ___ Columbia | ___ Memphis | ___ Soddy Daisy |
| ___ Cove Lake | ___ Murfreesboro | ___ Upper Cumberland (Sparta/Cookeville) |
| ___ Cumberland Gap | ___ Nashville | ___ At Large |

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.