

TENNESSEE TRAILS

THE MONTHLY NEWSLETTER OF THE TENNESSEE TRAILS ASSOCIATION

Mission: To promote, construct and maintain a statewide system of hiking trails, and to work for the conservation of natural resources inherent to this objective.

SPONSOR FOR THE CUMBERLAND TRAIL



Saving Two Large Tracts of Land Give the State and Area Something to Brag About

Saving 75,000 acres of woodland for a working forest and for outdoor recreation is no small task, and the efforts by several groups that resulted in an agreement reached early August deserve recognition.

The acreage is in Anderson, Scott and Campbell counties. Under terms of the agreement announced Friday, the Conservation Fund purchased the surface rights to the two tracts, and Renewable Resources Inc., a private timber investment company based in Massachusetts, bought the timbering rights.

The property is known as the Cumberland Forest and previously was owned by International Paper. The total project of purchasing the land cost about \$19 million, with \$9.57 million from the Conservation Fund for surface rights and \$9.4 million from Renewable Resources Inc. for the timber rights.

The Conservation Fund will transfer its interest in the acreage to the Tennessee Wildlife Resources Agency, possibly as a new wildlife management area adjacent to the existing Royal Blue Wildlife Management Area, which totals 50,000 acres. Restrictive covenants will require environmentally sound timber management to protect the ecosystem and provide economic benefits to the neighboring region.

Negotiations for the purchase occurred over 18 months and included the Nature Conservancy, the Cumberland Trail Conference, the U.S. Fish and Wildlife Service and TWRA.

(cont. on pg. 2)

The Tennessee Walk Through Cumberland Trail SP September 3-23

Come celebrate the creation of the Cumberland Trail State Park! Join Governor Sundquist, Deputy Governor Justin Wilson, county and community officials, community residents, Cumberland Trail volunteers, and a host of others as we do *The Tennessee Walk* on the Cumberland Trail. Hikes, dedications, and various fun events are planned throughout September.

Watch the CTC website (www.cumberlandtrail.org) for details as they are confirmed.

Sep 3-4	Hamilton County
Sep 5-6	Bledsoe County/Rhea County
Sep 9-10	Cumberland County
Sep 11-12	Off in Remembrance of Sept. 11, 2001
Sep 13-14	Morgan County
Sep 16-17	Campbell County
Sep 18-19	Claiborne County
Sep 23	Special Dedication Ceremony on Black Mtn., Crossville

Savage Gulf State Natural Area Bridge Building Project Volunteers Needed Sept 7 & 14

No experience required!

Here's a great opportunity to make a contribution to one of Tennessee's favorite hiking destinations! Join members of the Highland Rim, Murfreesboro and Nashville chapters on September 7 and September 14 to help construct two small bridges in the Savage Gulf SNA. Volunteers will help carry bridge materials and construct the bridges. Building materials and tools, supervision, and lunch will be furnished. Everyone is welcome and encouraged to H-E-L-P, but we ask that you **PLEASE RSVP** so that we'll have an accurate head count for the lunch that is being provided to all participants.

We will meet at 8:30am CDT at the Savage Gulf Ranger station on both dates. For those wanting to camp, free camping will be available at the Savage Gulf Ranger Station campground. For additional information and to register, contact either Brent Morris (931-454-1718 / bmorris@edge.net), or Anne Wesley (615-851-1052 / ttahiker@msn.com)

Your help is greatly appreciated!

National Public Lands Day Fifth Year TTA Participates Two Projects Need Your Help Sept 28 (& 29)

In years past we have volunteered on National Public Lands Day exclusively in Big South Fork NRR, which we will do again this year, however, this year we've added a trail project at Edgar Evins State Park, to allow volunteers choices. Both parks REALLY need our help! Projects planned in each park involve general trail maintenance work, such as clearing debris from the trail, re-cutting trail tread to smooth out the uneven areas and trail blazing. (cont. on pg. 2)

**Reminder:
Our Annual Meeting
is Nov. 8-10, 2002
at Fall Creek Falls
State Park**

**Registration Deadline
is September 8.**

Page 9 and the insert in the middle of this newsletter contains information and a Registration Form.

National Public Lands Day – Two Projects (cont. from pg. 1)

Big South Fork NRRRA:

Our trail work in the Big South Fork NRRRA is scheduled for Sat., Sep 28 only. Work will take place in the Leatherwood Ford area, with the help and supervision of the park's staff. Participants will receive a NPLD certificate of appreciation, poster ("Explore America's Backyard" which contains a photo of wildflowers beside a lake in Wyoming's Bridger Wilderness), the satisfaction of being a "helping hand for America's lands," and contributing to the improvement of our public places for current and future generations. We will meet at the East Rim Maintenance area at 8:30am ETZ. The East Rim Maintenance area is 10 miles west of Oneida on Route 297 (Leatherwood Ford Road). You can expect to be done by 2pm. Bring lunch and water. (Special arrangements can be made if you are unable to meet us at 8:30am.) For additional information, call Harold at 865-689-7757, or e-mail him: h.m.draper@att.net

Edgar Evins State Park:

At Edgar Evins SP, we have planned for two days of trail work, which gives you the option to work one or both days - Sep. 28 and/or 29. We have partnered with Blue Ridge Mountain Sports and REI for their staff to work along side of us (*hey, what a great opportunity to get answers to your gear questions*).

We will be working on refurbishing, repairing and beautifying the trails we have so lovingly created over the last four years. This will include trees that need to be re-blazed, removal of the several large trees down over the trail, or the recently re-routed trail in one area that is in need of trail re-cuts and blazing. Some weed-eater and sling blade work may be needed. There is also a need for an alternate trail near the lake because when the lake is up, the trail disappears.

All this adds up to ... HEY! ... WE NEED YOUR HELP!

If you were any part of, or heard about, the National Trails Day event of June 2001, you will remember the pontoon boat shuttles. Well, we will have our navy in operation and work crews will again be ferried to the work locations without having to hike in carrying tools.

In addition, to the satisfaction we will receive from a job well done, and the camaraderie that goes along with meeting new and rekindling trail-building friendships, there will be F-R-E-E camping (with hot showers!) available to all those working (i.e., time in the evening for socializing).

We will meet at 8am CDT each morning at the "Old Camp Store," which is on the left side of the road just before entering the EESP campground (same place we met on NTD, June 2001).

Please pre-register so we can get an accurate head count of the tools, supplies and F-R-E-E camping spaces that will be needed by contacting Fount Bertram at 615-765-5357 (fax 615-765-5942), or e-mail him: fwbertram@heartoftn.net

Wear clothes you don't mind getting dirty, and bring work gloves, water, lunch and snacks. Some tools will be provided. You are welcome to bring your own tools, and it's recommended that you call first to see what tools are needed (fire rakes, loppers, handsaws, etc.).

NPLD is the largest volunteer, hands-on effort of its kind in the country. It is organized by the National Environmental Education & Training Foundation and sponsored by Toyota.

YOU! can make a difference to our state trails. Give back, by volunteering!

Brag About (cont. from pg. 1)

Among the more significant aspects of the purchase, the new acquisition will join Frozen Head State Park and Natural Area and the Royal Blue Wildlife Management Area, creating a 140,000-acre tract of public forest. This would make the area second in size only to the Great Smoky Mountains National Park and the Cherokee National Forest.

All Tennesseans can share the sentiments of Gov. Don Sundquist, who noted, "It's the public that really benefits. It's about setting aside and protecting land and harvesting timber in a reasonable way. It's about allowing recreation - all the things that are important for the good life in Tennessee."

This is a major development in protecting woodlands in a nation that each year sees too much of its land given to development. Those who look after the land and those who forged this agreement deserve our applause.

"Woodland Pact Is Good." **Knoxville News-Sentinel** (August 10, 2002) August 7, 2002 <www.knoxnews.com/kns/todays_editorial/article/0,1406,KNS_362_1310151,00.html>

Evan Means Small Grants Program

Request Deadline

Dec 31, 2002

In February 2003, TTA's Board of Directors will award small grants memorializing Evan Means. The grants support special volunteer projects that are compatible with the chartered objectives of TTA: *promoting and developing a system of hiking trails in Tennessee as well as working for the conservation of natural resources*. Project proposals are due no later than December 31, 2002.

All chapters are encouraged to look within their local area, identify a special trail or park project, request and submit a formal grants application for the February 2003 Evan Means Small Grant Program Award.

Grant requests in the range of \$300-\$600 are encouraged. However, if a project requires additional grant money, considerations will be made.

For additional information and an application, please write to:

TTA Grants Administrator

P. O. Box 41446

Nashville, TN 37204

The small grants program was established in February 1999 to honor Evan Means - journalist, author, conservationist, hiker, trail builder, originator of the Cumberland Trail, and co-founder of the Tennessee Trails Association. Mr. Means won countless awards for his work over the years to protect Tennessee's natural resources and beauty, as well as for his dedication to projects that allow hikers to enjoy this natural beauty.

1-866-TN-HIKES

TTA now has a toll free number, which will be used primarily for membership recruiting. By calling 1-866-TN-HIKES (1-866-864-4537), prospective members can request copies of the application brochure as well as sample copies of the *Tennessee Trails* newsletter. Please pass this number along to potential members you meet on the trail, or elsewhere. The new number will be added to the application brochure in its next printing and will be included in all future press release packets.

2002 TTA Membership Directory

The 2002 TTA Membership Directories have been mailed! All members whose dues were current as of July 01, 2002 should have received a Directory. If you did not receive a copy, please contact Anne Wesley at 615-851-1052 or tahiker@msn.com

Joining TTA as a New Member? Membership Up For Renewal? Consider This Benefit

When you join or renew your Tennessee Trails membership, you have the opportunity to become a Supporting Member by donating a little (or a lot) above the regular dues.

In the past, Supporting Member donations in excess of the regular dues were allocated to TTA's general operating fund. At the November 2001 Annual Meeting, TTA's Board of Directors voted to allocate Supporting Member donations to the Evan Means Small Grants Fund. Your Supporting Member donations will now directly benefit trail projects throughout the state of Tennessee. We thank you all for your support of TTA at any membership level, but we hope you will enrich Tennessee's trail system by joining or renewing as a Supporting Member.

BIG SOUTH FORK CHAPTER

CHAPTER OFFICER:

Eric Wilson 423-628-2817 ericavi@nxs.net

OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Kathy Hicks 865-938-6846

Sep 28 Devil's Breakfast Table, Catoosa Wildlife Management Area, Wartburg, TN. We will hike part of the Cumberland Trail along the rim of Daddy's Creek to its confluence with the Obed. Streamside overlooks and some early fall color will be highlights. The hike is approximately 5.2 miles round trip and rated moderate to easy. Meet at Harrow Road Cafe in Rugby at 8:45 EDT. We will carpool to the trailhead by way of Wartburg. Bring lunch and water. To register or for additional information, call Barbara Stagg at 423-628-2241, or e-mail her at rugbytn@highland.net

Sep 28-29 National Public Lands Day. NPLD is the largest volunteer, hands-on effort of its kind in the country. You are invited to get involved in one of the many events planned. See pages 1 & 2 of this newsletter for two projects TTA is involved.

PLANNING AHEAD:

Oct 5 Rice Hollow. Wayne County, KY. Lavonne and Charles Gibbs will be hosting this outing on their land in Rice Hollow, which also coincides with the Annual Rice Hollow Community Picnic. Watch for additional information in the October newsletter.

Tennessee Trails Merchandise

Order Form

_____ Hiking Tennessee Trails, 5th Edition.....\$12.95
_____ TTA Patch.....6.00
Round embroidered patch, sew it on anything.
_____ TTA Window Decal3.00
A must for each car.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

PHONE hm: (____) _____ wk:(____) _____

*Mail your check payable to: Tennessee Trails Association
c/o Marietta Poteet
324 Raintree Drive
Hendersonville, TN 37075*

Please allow 4 weeks for delivery and prices shown include postage.

TTA Calendar*

The following dates (2002) refer to statewide activities that involve TTA as a whole. To prevent scheduling conflicts with major activities planned (National Trail Days, etc.), you may want to refer to this calendar.

- Sep 7 Savage Gulf SNA Bridge Project
- Sep 14 Savage Gulf SNA Bridge Project
- Sep 28 National Public Lands Day @ Big South Fork NRA & Edgar Evins SP
- Sep 29 National Public Lands Day @ Edgar Evins SP
- Nov 8-10 Annual Meeting

**Calendar will be revised as needed.*

CLARKSVILLE CHAPTER

CHAPTER OFFICER:

J.R. Tate 931-920-2692 modelt@charter.net

OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Suva Bastin 931-645-2849

MEETS: 3rd Tues, 7pm, The Crow Community Center, 211 Richview Rd

Sep 7 Pinson Mounds State Archaeological Park. Pinson, TN (near Jackson). Hike the trails in this prehistoric site. This is the largest middle woodland period mound group in the U.S. and dates back to about 1-500 A.D. The trails are rated easy, and total distance is approximately 6 miles. We will meet at 8am CDT in the parking area of the Big Lots on Riverside Drive. For additional information, call Suva Bastin at 931-645-2849.

Sep 14 Shoreline Clean Up at Land Between the Lakes. We can join groups cleaning the shore from boats or do a walking clean up. Please give back to the land we enjoy by volunteering in this effort. For information and to obtain meeting time and location, call Suva Bastin at 931-645-2849.

Sep 14 Rotary Park Hike & Picnic. Clarksville, TN. For information, call J.R. Tate at 931-920-2692.

Sep 17 **MONTHLY MEETING.** Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 7pm CDT, The Crow Community Center, 211 Richview Rd.
(cont. on pg. 4)

CLARKSVILLE

(cont. from pg. 3)

Sep 21 Red River Canoe Trip. Adams, TN. This is an easy stream for beginners to canoeing. Bring your own, or you can rent one. To register and arrange canoe rental, as well as to obtain meeting time and location, call John Sneed at 931-920-3828.

Sep 28 Walking Tour of Historic Clarksville – Riverside Drive to the Historic Train Station. Clarksville, TN. Take time to really enjoy the history and beauty of downtown Clarksville. We'll meet at 8:30am CDT at the Cumberland River Center on the Riverwalk, Riverside Drive. For more information, call Suva Bastin at 931-645-2849.

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COLUMBIA CHAPTER

CHAPTER OFFICER:

Russell Smith 615-790-1833 carving082334@aol.com

OUTINGS COORDINATORS:

(call & volunteer to lead an outing)

Amy Overton 931-388-6363 estheroverton@aol.com

Rick Pinkelton 931-987-2530

MEETING September 5. See information below.

Sep 5 MONTHLY MEETING @ MAURY COUNTY PARK. NOTICE: we've changed the meeting location for this month. At the time this newsletter was going to press, exact details of where in the park we would be meeting hadn't been determined. Therefore, please call or e-mail Russell Smith (see info above) to obtain information. For our first chapter meeting after summer break, Rick Pinkelton will present a follow-up to the backpacking seminar given by Russell Smith last spring. All chapter members (new and old) are encouraged to attend this meeting to help us plan our outings through the remainder of the year, particularly the annual statewide meeting to be held at Fall Creek Falls in November.

Sep 7 Old Stone Fort State Archaeological Area, Manchester, TN. This 3-mile loop includes an easy walk of 1.25 miles around a 2000-year-old American Indian ceremonial site of mounds and walls. Another 2 miles of trails wind through rugged scenery of a spectacular old forest, down river bottoms, up and along bluffs overlooking the cascading falls of the Duck and Little Duck Rivers. For more information and to register, call Amy Overton: 931-388-6363.

Sep 14 Ed and Mary Ruth Campbell are inviting chapter members and guests to a cookout at their home in Culleoka, TN. For directions and to register, call Ed Campbell: 931-987-3051.

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(cont.)

COLUMBIA (cont.)

TRIP REPORT:

On July 20, thirteen Columbia and Nashville chapter members launched 5 canoes and 3 kayaks into the Duck River at 9:30am in an effort to escape the summer heat. Pam Frakes and Rick Pinkelton led a 9-mile float down stream from River Rats Canoe Rental, which is located east of Columbia at the intersection of Highways 412 and 431. Two miles into the trip, the group encountered Hardison Mill, the remains of an old rock dam, which provides a series of class II rapids. Most of the paddlers chose to "run the rapids" over and over while the more faint-hearted watched in amusement. By mid-day, the paddlers had worked up a pretty good appetite. They searched and finally found a shady sandbar where they gathered for lunch. A downed tree, which apparently had been very tall, now rested just the right height off the ground to provide seating for almost everyone. After lunch, the pacesetters reached the final destination by about 2pm. This must surely have been record time for 9 miles. Those who came to shuttle the group back to their vehicles said the place was packed and they were glad the boats were being returned early so they could rent them out again. Everyone had a great time, enjoyed the fellowship, paddled hard and went home tired but looking forward to going again!

COVE LAKE CHAPTER

CHAPTER OFFICER:

Siler McCarty 423-566-1291 webmaster@tnrlca.org

MEETS: 3rd Thur, 6pm, First Presbyterian Church, LaFollette

Sep 19 MONTHLY MEETING. Learn hiker safety tips, hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 6pm, First Presbyterian Church in LaFollette.

CUMBERLAND GAP CHAPTER

CHAPTER OFFICERS:

Barbara Smith 423-869-5226 BarbSmith@ZoesMountainSports.com

Rosemary Register 423-869-2251 cugatrails@yahoo.com

Sep 14 Cudjo's Cave Tour, Cumberland Gap National Historical Park. Cumberland Gap, TN. We will be taking a cave tour through Cudjo's Cave in CGNHP. Step back in time as you hike up through the Gap to the entrance of the cave. Stand outside and feel the wind from within. This is a living, breathing example of our beautiful natural history. Bring your lanterns, headlamps or flashlights, as we enjoy discovering the many rooms within. There are quite a few steps inside the cave, so if you have bad knees you might need to reconsider. The hike round trip (including the cave) is about 3 miles, and rated easy to moderate. Everyone must pre-register, as reservations are due on Sep 12. The cost is \$7/adult, \$3.50/child (12 & under) and seniors with a Golden Age Passport. We will meet at 4pm EDT in the Daniel Boone parking lot off HWY 58. For additional information and to make your reservation, call Anita Smith or Rosemary Register at 423-869-2251, or e-mail them: cugatrails@yahoo.com

Sep 21 Cumberland Gap National Historical Park. Cumberland Gap, TN. We will hike some of the newest trails in the CGNHP. The hike is 6-8 miles roundtrip, rated as moderate, and will take us into the saddle of the Gap and up to the Cumberland Trail. Bring plenty of water and a snack. Afterward, you are invited to stay around the park for a Hawks Watch day. This has always been an exciting event for us. Every year, rehabilitated hawks are released back into nature. Last year we were able to enjoy the release of peregrine falcons that now make their home in the park. We will meet at 9am EDT at the flagpole in CGNHP. For additional information, call Rosemary Register at 423-869-2251, or e-mail her: cugatrails@yahoo.com

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EAST TN CHAPTER (Oak Ridge / Knoxville)

CHAPTER OFFICER:

Beverly Neurock 865-220-9679 bneurock@bellsouth.net

SEP 14 Hensley Settlement, Cumberland Gap National Historical Park, Middlesboro, KY. This is a 6.5-mile moderately difficult hike due to the elevation gain in the first two miles. We then hike along a ridge trail to the Hensley settlement, a restored mountain community located atop isolated Brush Mountain. Hensley settlement was named for Sherman Hensley, one of the first settlers in 1903 to call it home. Folks can visit chestnut-hewn cabins and learn about the self-sufficient lifestyle of the Hensley and Gibbon families, who kept alive characteristics of early pioneer and Appalachian life. Bring plenty of water and lunch. We will meet and carpool from the CGNHP's Visitor's Center at 9am EDT. For information and to register, call Carol Jones at 865-374-4529 or 865-675-5205.

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HIKE REPORT:

On July 20, twenty hikers braved the weather and hiked Hooper Bald to Huckleberry Knob along the Cherohala Skyway. While it rained from Lenior City to the trailhead, the skies cleared for a delightful afternoon of hiking. After paying our respects to Andy Sherman (and a light snack/lunch for some), a party of six enjoyed lunch and company at Cardin's Landing in Tellico Plains. A fine time was had by all!

HIGHLAND RIM CHAPTER (Tullahoma Area)

CHAPTER OFFICER:

Doug Ratliff 931-455-0249 dougratliff@hotmail.com

OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Alan Bryan 931-728-0765 BryanAlan@BFUSA.com
& pbryan5@bellsouth.net

MEETING: September 17. See below for information.

Sep 7 Bridge-building at Savage Gulf State Natural Area. Please see page 1 of this newsletter for details about this fun, multi-chapter service project. Everyone is welcome and encouraged to attend, but we ask that you **PLEASE RSVP** so that we'll have an accurate head count for the lunch that is being provided to all participants. For more details and to **RSVP**, contact Brent Morris via e-mail at bmorris@edge.net or by phone at 931-454-1718.

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Sep 17 **CHAPTER PICNIC & MEETING.** In lieu of our September monthly meeting, we will be gathering in a park, or someone's home (details were not available at the time this newsletter was going to the printer) for a potluck picnic, followed by a planning meeting to schedule our outings through the remainder of the year. (Families members are invited!) To find out what food/cutlery our chapter will be providing, and to obtain meeting location and time, call Doug Ratliff at 931-455-0249, or e-mail him: dougratliff@hotmail.com

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MEMPHIS CHAPTER

OFFICER:

Betty Porter 901-755-4740

CO-CHAIR:

Norma McMinn 901-785-1479

ELECTED BOARD REPRESENTATIVE:

Gloria Lenski 901-213-0604 glorialenski@yahoo.com

MEETS: 3rd Thur, 7pm, Germantown Library (Sept-May)

Sep 19 **MONTHLY MEETING.** Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 7pm at the Germantown Library.

Sep 21 Village Creek State Park. Wynn, AR (near Forrest City, AR). Join us for a 10-mile loop trail with an option to shorten it to a 5-mile hike. The trail is rated easy to moderate. Bring lunch and plenty of water. We will carpool from Davis-Kidd at 7:30am CDT, or you can meet us at the park's visitor's center at 9am. For more information, call Freddi Felt at 901-685-9915.

MURFREESBORO CHAPTER

CHAPTER OFFICER:

Mark Stanfill 615-867-0847 athike718@netzero.net

OUTINGS COORDINATOR:

(call & volunteer to lead an outing)

Brent Morris 931-454-1718 bmorris@edge.net

MEETS: 2nd Tues, 7pm, Wilderness Station @ Barfield-Crescent Park, 697 Barfield Rd.

Sep 10 **MONTHLY MEETING.** Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store! See you at 7pm at the Wilderness Station at Barfield Crescent Park.

Sep 7 Bridge-building at Savage Gulf State Natural Area. Please see page 1 of this newsletter for details about this fun, multi-chapter service project. Everyone is welcome and encouraged to attend, but we ask that you **PLEASE RSVP** so that we'll have an accurate head count for the lunch that is being provided to all participants. For more details and to **RSVP**, contact Brent Morris via e-mail at bmorris@edge.net or by phone at 931-454-1718.

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Sep 21 Lookout Mountain. Chattanooga, TN. Join us for this picturesque 8-mile hike! Wear sturdy hiking boots, and bring water and lunch. We'll meet at 7am CDT at the Murfreesboro Cracker Barrel (I-24 & HWY 231). For additional information and to register, call Martin McCollough at 615-896-1043.

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NASHVILLE CHAPTER

CHAPTER OFFICER:

Dan Brennan 615-837-4324 osrwodan@aol.com

OUTINGS COORDINATOR: (call & volunteer to lead an outing)

Elizabeth Gerlock 615-356-6260 eygerlock@aol.com

MEETS: 4th Tues, 7pm. **St. Bernard Academy 2021 21st Ave South**

HIKING HOTLINE 615-367-7045

AFTER WORK HIKES, Warner Park. Nashville, TN. You are invited to join Gary Parker for "After Work Hikes" at the Warner Parks on the following dates in September: 5, 10, 12, 17, 19 and 26. He is usually at the Warner Park Nature Center (HWY 100) at 5:30pm and starts hiking between 5:45-6:00pm. To accommodate the diversity of hikers that participate, the hiking format has changed. **TUESDAY** hikes (9/10&17) will be geared for the beginner or less aggressive hiker, and will offer both a 2½ and 4½ mile hike at a leisurely to moderate pace and should be completed by 7:30pm. **THURSDAY** hikes (9/5&12&19&26) will be geared for the seasoned or aggressive hiker, and will consist of either a 4½ or 6½ mile hike at an aerobic, somewhat demanding pace and should be completed by 7:30-8:00pm. The hikes are conducted regardless of the weather. For additional information and to register, contact Gary Parker: 615-287-1371(hm), 615-277-2006(wk), garyparker@mindspring.com & garyp@werthan.com

Sep 7 Bridge-building at Savage Gulf State Natural Area. Please see page 1 of this newsletter for details about this fun, multi-chapter service project. Nashvillians can meet at 7am CDT at the I-24 (exit 59) Bell Road Target to carpool to Savage Gulf, however, we ask that you **PLEASE RSVP** so that we'll have an accurate head count for the lunch that is being provided to all participants. For more details and to **RSVP**, contact Anne Wesley via e-mail at tahiker@msn.com or by phone at 615-851-1052.

Sep 7 "First Saturday Hike" at Beaman Park. Joelton, TN. This will be a creek hike with Jimmy Smith, aquatic biologist with the Tennessee Department of Environment and Conservation. Learn about the diverse aquatic life found in the creeks of Beaman Park. The terrain is rated easy to moderate; however, you will need to wear shoes you won't mind getting wet – this is a creek hike. Bring water and snacks. We will meet at 9am CDT. To register and obtain the meeting location, call Nancy Dorman: 615-299-9586.

Sep 8 Whitewater Rafting on the Ocoee River. Ducktown, TN. Join us for rafting the Middle Ocoee. Come dressed to get wet, and bring a change of clothes, and money for lunch and dinner. Pre-payment of \$48 for rafting is required by Sep 4th. To register and obtain additional information, call Keith White at 615-305-9078 or e-mail him: takehike@bellsouth.net

Sep 8 Stone Door to Greeter Falls, Savage Gulf State Natural Area. Tracy City, TN. We will hike to the Stone Door and take the Big Creek Rim Trail to the Alum Gap campsite and then on to Greeter Falls. Even though the hike is rated easy due to little elevation change except around Greeter Falls, the round trip mileage is 9.4 miles and should be undertaken only by hikers accustomed to hiking a distance of 9 to 10 miles. We will have numerous overlooks into the gorges shaped by the creeks and rivers that formed Savage Gulf. We will see both Upper and Lower Greeter Falls, which are stunning waterfalls. We may have a swim at the Blue Hole depending on the weather and interest. Wear sturdy boots and bring water, snacks, and lunch. To register and obtain meeting time and location, call Jim or Marietta Poteet at 615-824-7666.

Sep 13 (Fri) Shortest Hike & Dinner. You just hike from your car into the restaurant. All are invited for an evening of socializing and dinner (remember to bring \$\$\$ to pay for your meal) at Tabouli's, a Greek restaurant in the Belmont University area. Tabouli's is located at 2015 Belmont Blvd. We will start gathering at 7pm CDT. No need to register; however, if you have questions, call Paul Smith: 615-832-9388, or e-mail him: paolov@bellsouth.net

Sep 14 Bridge-building at Savage Gulf State Natural Area. Please see page 1 of this newsletter for details about this fun, multi-chapter service project. Nashvillians can meet at 7am CDT at the I-24 (exit 59) Bell Road Target to carpool to Savage Gulf, however, we ask that you **PLEASE RSVP** so that we'll have an accurate head count for the lunch that is being provided to all participants. For more details and to **RSVP**, contact Anne Wesley via e-mail at tahiker@msn.com or by phone at 615-851-1052.

Sep 15 Bearwaller Gap Trail, Carthage, TN. This trail provides lovely overlooks with sweeping views of the Cordell Hull Lake, which was built by the Corps of Engineers on the Cumberland River. The trail is 5.7 to 6 miles long and is rated moderate due to elevation changes of 300 to 400 ft. This is a one-way hike and will require a car shuttle. Wear sturdy boots and bring water, snacks, and lunch. To obtain meeting time and location, and to register, call Nancy Juodenas at 615-643-0936, or e-mail her: nancyjuodenas@earthlink.net

Sep 15 Fiery Gizzard to Raven Point Hike. Tracy City, TN. This 8.1-mile loop is rated difficult, so wear sturdy boots. Bring water, lunch, and for those interested - swimwear (swimming at Sycamore Falls). We will meet at 7am CDT at the Target parking lot on Bell Rd (I-24 at exit 59). To register and obtain additional information, call Keith White at 615-305-9078 or e-mail him: takehike@bellsouth.net

Sep 17 (Tue) Friends of Beaman Park have invited us to their educational program, "The Problem with Exotic Plants." Hear guest speaker LinnAnn Welch, a Naturalist from Radnor Lake State Natural Area discuss efforts to eliminate exotic plants and what concerned citizens can do to help. Learn what is an exotic plant and why they are harmful to our native landscapes. The program meets from 6:30-8:00pm CDT at the Bordeaux Branch Library, 4000 Clarksville Pike (Nashville). If you need more information, call Nancy Dorman at 615-299-9586.

Sep 18 (Wed) After work rollerblading in Crockett Park. Brentwood, TN. All skill levels welcomed - some of us are beginners! We will rollerblade for about 1 to 1½ hours. There aren't any hills to climb or go down unless you want to! We will meet at 6pm CDT at Crockett Park, on Concord Rd across from the Brentwood library (I-65 south – you'll see the big antenna on the left). For information, call Paul Smith: 615 832-9388, or e-mail him: paolov@bellsouth.net

Sep 21 Parsons, TN. This 8.2-mile loop trail provides a walk through hardwoods, several cedar glades, and an overlook of the Tennessee River. The terrain is rated moderate. Wear sturdy boots and bring water, snacks, and lunch. To register, and obtain meeting time and location, call Nancy Juodenas at 615-643-0936, or e-mail her: nancyjuodenas@earthlink.net

(Sep 21 Outings cont. on pg. 7)

Sep 21 Mountain biking at Bowie Park. Fairview, TN. Bowie Park is one of the most popular places to ride in Middle TN. We will ride the 6-mile perimeter trail in both directions for a total of 12 miles. You can ride either 6 or 12 miles. All riders must wear a helmet!!! If the trail is wet, it is closed to bikes and if this should happen, we will meet at Percy Warner's "Deep Wells" parking lot for an alternative ride around the one-way loop road. Bring water, snacks, bike and helmet. You are responsible for contacting Bowie Park on the morning of Sep 21 to check if the bike trail is closed (615-799-2484x820) and if so, we'll meet at Deep Wells. To obtain meeting times, for either location and to register, call Hugh Tobin at 615-790-9567(hm), 615-371-4748(wk).

Sep 24 PRE-MONTHLY MTG DINNER at BOSCO'S. Hillsboro Village, 1805 21st Ave South. We're gathering for a pre-meeting dinner (and opportunity to socialize while enjoying a good restaurant!) at Bosco's in Hillsboro Village. Bosco's is about 4 blocks from our monthly meeting location, and with parking very limited in the "Village," you are advised to park at St. Bernard's and walk to Bosco's. We'll meet around 5:15pm CST and DEPART FOR THE MEETING AT 6:35PM. BRING \$\$\$ to pay for your meal. You do not need to register, however, if you have questions, call Paul Smith: 615-832-9388.

Sep 24 MONTHLY MEETING. Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! Lots in store!

**Are you new to Nashville? Hiking? Interested in checking out a hiking club? Or, just want a gentler hike? This is the hike for you. Meet new, as well as seasoned hikers who also share your desire to be outdoors. You are encouraged to use this time to learn about hiking and TTA while enjoying the great outdoors with friendly people.*

Sep 28 Newcomers Hike at the Shelby Bottoms Greenway. Nashville, TN. Come and enjoy this completed section of Greenways planned for Nashville. The Greenway follows the river with occasional views of the river. Even though it is flat and paved, total distance is 8 miles (4 miles each way). We will determine the group's interest in completing the entire one-way trail. After the hike, we will have lunch at the Rose Pepper Cantina on Eastland Avenue. Bring water and money (for the restaurant) and wear comfortable shoes. The trail begins under the railroad trestle in Shelby Park, at the end of Shelby Avenue. Follow the Greenway signs after taking the Shelby Avenue exit off of the Interstate I-65/I-24. We will meet at 8:30am CDT in the parking lot for the Greenway. For additional information, call Elizabeth Gerlock at 615-356-6260, or e-mail her: eygerlock@aol.com

Sep 28 "How to Lead a Successful Hike," Beaman Park Volunteer Hike Leader Training. Joelton, TN. Fall is when the hike schedule at Beaman Park really heats up. Become a Friends of Beaman Park volunteer hike leader. Volunteer training is scheduled for 1pm CDT. Vera Vollbrecht from the Warner Park Nature Center will be our guest speaker. The training will cover all the issues you need to know to be a hike leader at Beaman Park. Veteran and novice hike leaders are encouraged to attend. New volunteer hike leaders are always welcome. For additional information and to register, call Nancy Dorman at 615-299-9586.

Sep 28-29 National Public Lands Day. NPLD is the largest volunteer, hands-on effort of its kind in the country. You are invited to get involved in one of the many events planned. See pages 1 & 2 of this newsletter for two projects TTA is involved.

Sep 29

We will enjoy views of Percy Priest Lake, mixed forests, and cedar glades on this one-way trail that follows the eastern shore of Percy Priest Lake to a primitive campsite. We will return on the same trail, which will make this hike an 11-12 miler, with little elevation change. This hike is rated easy for the terrain, but should be undertaken by only those who are comfortable hiking a total of 11-12 miles. Bring lunch, snacks, and water, and wear sturdy boots. We will meet at 8am CDT at the trailhead for the Volunteer Trail on Baker's Grove Road. Long Hunter State Park charges a \$3 per vehicle per day access fee. If you haven't already purchased the annual Multi-Visit Pass, you can purchase one when you arrive, or feed the machine \$3 to park. For additional information and to register, call Brian Dion at 615-331-7331, or e-mail him: Brian.Dion@state.tn.us

PLANNING AHEAD: RESERVATIONS ARE DUE Sep 15 Oct 25-27

horizons with a quick trip out West to tackle two popular trails in Arizona's Valley of the Sun, and experience the nightlife, shopping or sight-seeing in beautiful Scottsdale and the aptly named city of Paradise Valley. Join Dallas Shewmaker for a long weekend and a relatively inexpensive taste of the desert southwest. On Fri, we'll depart Nashville early and fly into Phoenix, get an early lodging check in, and tackle Camelback Mountain. The trail at Camelback is about 2½ miles round trip, with intense elevation gains and requires some boulder scrambling. On Sat, we'll drive two hours south to Picacho Peak State Park, just outside of Tucson, and hike the Hunter Trail. The Hunter Trail is about 5 miles and rated difficult because the route is steep and twisting, with steel cables (gloves are recommended) anchored into the rock in places where the surface is bare. On Sun, we may get in a small hike before catching our flight back to Nashville. For more details, call Dallas Shewmaker at 615-260-8990, or e-mail him: dallas@citylegalguide.com

NORTHWEST CHAPTER (UT at Martin / Weakley County)

CHAPTER OFFICERS:

Jim Clark 731-587-7369 / 2225 jclark@utm.edu
Joe Seago 731-588-5836 joeseago@backpacker.com

MEETS: 2nd Tue, 7pm, UT Martin Campus, Boling University Center, Room 231 **ONLY** when college is in session
website: www.utm.edu/~jclark/trails/

Sep 7 Porters Creek Man-way, GSMNP. Chris Fox will be leading a group up the Porters Creek Man-way -- an un-maintained trail that ends at the Appalachian Trail at Dry Sluice Gap. For those who wish to DAYHIKE (in and out on Sat.) this challenging (DIFFICULT & STRENUOUS) hike, it will require a return vehicle at Newfound Gap. For those who wish to BACKPACK (in Fri., out Sun.), this challenging (even more DIFFICULT & STRENUOUS) hike, we will stop at Charlie's Bunion, follow the AT past Ice Water Spring shelter, and then use the Boulevard Trail, pass over Mt LeConte, and utilize the Brushy Mountain/Porters Creek Trails to return to Greenbrier. Due to the difficulty of this hike, the necessity for a car shuttle for day-hikers, and the need to make reservations at GSMNP for the backpackers -- ALL PARTICIPANTS MUST PRE-REGISTER with Chris Fox: 731-586-4744.

Sep 12 MONTHLY MEETING. Learn hiker safety tips; hear about past and upcoming hiking trips and meet/greet members/friends. New hikers are always welcome! See you at 7pm CDT in room 231 of the University Center, on the U.T. Martin campus.

(cont. on pg 8)

NORTHWEST (cont. from pg. 7)

Sep 21 Members are encouraged to support the Brian Brown Greenway Foundation by purchasing advance tickets to one or more of the performances of the Carson Barnes Circus at the Martin Recreational Complex. Proceeds from this event go to aid the Greenway project.

Sep 28 Eagle Point Trail, Mousetail Landing State Park, Parsons, TN. We will do the 8-mile backcountry loop. With only a couple ridge climbs and dramatic views of the Tennessee River, this hike is one of West Tennessee members' favorites. There are two options for meeting us. For the carpoolers, we'll meet at 8am CDT at the UT Martin University Center parking lot. Or, you can meet us at 10am at the Mousetail Landing SP Visitor's Center. For additional information and to register, call Jim Clark at 731-587-2225.

Sep 28-29 National Public Lands Day. NPLD is the largest volunteer, hands-on effort of its kind in the country. You are invited to get involved in one of the many events planned. See pages 1 & 2 of this newsletter for two projects TTA is involved.

PLANNING AHEAD:

Oct 12 Shawnee National Forest. Last fall we hiked Jackson Hollow, and last spring we enjoyed a portion of the River-to-River Trail in Ferne Clyffe State Park. Both hikes were among our favorite events of last year. Although our actual destination is yet to be determined (Lusk Creek Wilderness Area, Bell Smith Springs), this area has so much to offer that one cannot fail to have a good time. For information, call Jim Clark at 731 587-2225.

Oct 19-20 (Sat-Sun) Roan Mountain Backpack. Roan Mtn., TN. Chris Fox will lead a group up Roan Mountain from the US-19E side, and end at Carvers Gap. This is a one-way trip and will require a shuttle. Because this backpack starts early Sat. morning, it is advised that you arrive at the Roan Mtn. area on Fri., We will overnight on the area known as Big Hump (no water at the site, but GREAT views). Over the two days we'll cover a total of 14½ miles over terrain rated as strenuous to difficult due to the many hills we will climb and descend. Everyone is responsible for their own gear and transportation to our meeting spot, and ALL PARTICIPANTS MUST PRE-REGISTER with Chris Fox at 731-586-4744.

Nov 16 Return to Shiloh. We got half the compass trail covered last spring before running out of time. Depending on the size and makeup of the group, we will complete the trail we began or start over. Either way, by then we will have had frost, and the woods' undergrowth should be manageable. This is a great way to learn history, learn or brush up on compass skills, and have a great time on a late fall day. For information, call Jim Clark at 731 587-2225.

THE "10* ESSENTIALS"

Before you head out on the trail, check your pack to be sure it contains the following items:

- whistle
- water
- rain gear/extra clothing
- food
- map
- 1st aid kit
- compass
- flashlight
- fire starter
- hat/sunglasses

Other considerations:

- leave someone a copy of your hiking plans
- hiking poles
- common sense

* This list is not to be considered cast in concrete – and should be customized to each outdoor enthusiast's needs.

PLATEAU CHAPTER (Crossville)

CHAPTER OFFICER:

Bill Haynes 931-707-7606 billhaynes@citlink.net

MEETING: Sep 21. See below for information.

There is a leaderless hike every Wednesday morning at 8:30am CDT. We USUALLY meet at the boat launch area of Cumberland Mountain State Park. The hikes are moderately paced and may average five or six miles. For information, call Bill Haynes: 931-707-7606. Rain cancels.

Sep 21 ANNUAL CHAPTER PICNIC (HIKE & MEETING). In lieu of our September monthly meeting, we will gather at SHELTER #4 in Cumberland Mountain State Park from 11am-3pm CDT. (For those interested in a short hike before the festivities, meet us at 9am at the boat dock parking lot.) Please bring a potluck salad, vegetable, or dessert, and we will provide the drinks and meat. This year's theme will be "How I Spent My Summer Vacation," so bring pictures and stories! Other business will include planning our upcoming hikes, nominating new officers, and planning ideas for the upcoming year.

Sep 28 Laurel Falls and Bryan Overlook on the Laurel-Snow Segment of the Cumberland Trail. Dayton, TN. This hike is 8 miles over terrain rated moderate. This was the first national recreation trail in Tennessee and the first in the nation to be designated on private land by the U.S. Dept. of the Interior. The trail begins at about 850-ft. elevation and follows an old 19th century railroad bed along Richland Creek Gorge and climbs to the 80-ft. high Laurel Falls. We'll continue on to Bryan Overlook with its view of the Tennessee Valley (1,700 ft. elevation). Bring lunch and plenty of water. We will meet at 8am CDT at the Cumberland Mtn. State Park's Visitor's Center in Crossville. For additional information and to register, call Jim McCullough at 931-484-8222.

Sep 28-29 National Public Lands Day. NPLD is the largest volunteer, hands-on effort of its kind in the country. You are invited to get involved in one of the many events planned. See pages 1 & 2 of this newsletter for two projects TTA is involved.

UPPER CUMBERLAND CHAPTER (Sparta / Cookeville)

CHAPTER OFFICERS:

Helen Anglemier 931-858-5947
helena@cookeville.com

OUTINGS COORDINATOR:

Sue Bass 931-528-1386
take-a-hike@charter.net

Sep 28 Fall Creek Falls State Park. Pikeville, TN. FCFSP is known for its scenic gorges and waterfalls. Fall Creek Falls is 256 feet high and 63 feet taller than Niagara Falls. Our hike will be 5 miles, over terrain rated easy, and take in the views surrounding the lake. After the hike and depending on the group's decision, we may have lunch at the park's restaurant (bring \$\$\$ to pay for your lunch). When registering for this hike, please let the hike coordinator know if you will be lunching at the restaurant. We will be meeting at 8:30am CDT at Penney's (Jefferson side of Cookeville Mall) or 9:00am at the bank in Sparta (off Highway 111 across the side street from McDonalds). For additional information and to register, call Oliver Hill at 931-738-5005.

Sep 28-29 National Public Lands Day. NPLD is the largest volunteer, hands-on effort of its kind in the country. You are invited to get involved in one of the many events planned. See pages 1 & 2 of this newsletter for two projects TTA is involved.

TTA's Annual Meeting

November 8-10
Fall Creek Falls State Park

Annual Meeting Update

If you've not attended before, you can expect a fun-filled weekend of hiking, socializing, entertainment and TTA business. This year, our meeting is taking place in Fall Creek Falls State Park, about 50 miles south of Cookeville.

We're nearing the September 8 deadline for guaranteeing Inn Rooms, Cabins, and Villas, so don't delay or you're only option for housing will be the Group Cabin or Campsite. Use the Registration Form inserted in this newsletter to make your reservation.

Several **FUN** fund-raising activities will occur over the course of the weekend. (Bring your coins, cash and checkbook.)

- Bake Sale – Hikers need calories, there will be yummy baked goods throughout the weekend.
- White Elephant Sale – Better than a flea market. You may find previously loved outdoor gear and household merchandise, like art and books – everything is priced to sell!
- Silent Auction – You'll have part of Friday and most of Saturday to place your silent bidding choices on items just as nice as those in the Live Auction.
- Live Auction – Expect a wide variety of top-quality items; from outdoor gear and clothes, hand made quilts and art, to vacation packages.

*The TTA Board of Directors voted in August to dedicate the fund-raising proceeds to the Cumberland Trail BreakAway programs. Twice per year, college students from all over the nation come to TN to spend 1-3 weeks lovingly building Tennessee's Millennium Legacy Trail and first linear state park - the Cumberland Trail State Park. Funds are used to feed and house our TTA and CTC volunteers, who also give of their time and energy to work along with these students, and to purchase trail materials such as bridge supplies.

Annual Meeting Events Planned

(Times are Central)

Friday	2:00pm	Hike (2.4 miles)
	3:00p	Check-in Begins
	6:00-7:30p	Dinner Buffet
	8:15-10:00p	Reception (Wine/Cheese & Entertainment)
Saturday	7:00-8:30a	Breakfast Buffet
	8:15-10:00a	Morning Hikes Depart (choice of 6 hikes)
	1:00-3:00p	Afternoon Hikes Depart (choice of 2 hikes)
	5:30-7:00p	Dinner Buffet
	6:45-7:30p	Chapter Reports, Election of Officers, Award Presentations
	7:30p - ???	Auction
Sunday	7:00a-	Check-out Begins
	7:30-8:30a	Continental Buffet
	8:30a	Morning Hikes Depart (choice of 2 hikes)
	8:30a	Board of Director's Meeting



**Registration
 Deadline is
 September 8**

Annual Meeting Auction

Each year, during TTA's Annual Meeting weekend, we have an Auction (Silent and Live), which allows us the opportunity to raise FUNds (in a F-U-N way) to be used for subsidizing trail projects throughout the state. This year, TTA's Annual Auction will be held on Saturday evening, November 9, during the Annual Meeting at Fall Creek Falls State Park. In order for the auction to be successful, we rely on the help of our members (and chapters) to gather items.

**... please, won't you help ...
 ... gather treasures for ...
 ... TTA's Annual Auction?**

We are requesting the help of each chapter to obtain White Elephant items and 6-8 top-quality items (merchandise, services, and/or handcrafted-crafted goods) for the silent and live auctions. So, check your home for top-quality items (look in your closets, basements and garages); ask local businesses to donate merchandise and/or services (be sure to contact your chapter chairperson for solicitation materials to take with you when soliciting your local businesses); share your talents for woodworking and crafts; or make a cash donation to your local chapter to purchase items for the auction.

Outdoors gear and clothing are always popular, as well as handcrafted items. If you have a favorite photograph from a TTA hike, consider having it enlarged and framed to put in the auction.

When making your donation, or soliciting a local business for items, please note that TTA is a 501c3 non-profit organization and donations received are tax deductible. In addition, a special "THANK YOU" column will appear in our December *Tennessee Trails* newsletter and recognizes each person/business who has helped in making this event successful.

Contact Libby Francis (615-889-5718 / libbylibbys@comcast.net) if you have a special item you'd like to donate, or know of a merchant we can contact for a donation.

Yum Yum ...Calling All Bakers ...

We also need baked goods. Hikers need lots of calories to replace what they've burned on the trails. We welcome cookies, cakes, breads, pies, brownies, candies, etc. Individually wrapped portions are handy for tucking into daypacks.

Haven't Registered Yet?

Deadline is September 8

The Registration Form is located on the insert within this newsletter.

CUMBERLAND TRAIL CONFERENCE

CUMBERLAND TRAIL CONFERENCE CONTACTS:

Executive DirectorRob Weber robweber@usit.net
 Resource ManagerArleen Scheller scheller@usit.net
 Program CoordinatorAndy Wright awright@onemain.com
 Office ManagerSusan Weber sweber1@usit.net

Office Location 19 East 4th Street
 Crossville, TN 38555
 Office Hours 8am-5pm
 Phone: 931-456-6259
 Fax: 931-456-4934
 Email: cumberlandtrail@rocketmail.com
 Website: www.cumberlandtrail.org

1st Cumberland Trail "Stump Jump" Ultra-Marathon Trail Run Tennessee River Gorge Segment October 5



Many of you have hiked the Cumberland Trail in Chattanooga...can you imagine RUNNING it? In a timed race? Yes, Ultra-Marathoners from across the country will be coming to Tennessee to run a 50K marathon on our very own CTSP! Rock Creek Outfitters of Chattanooga is hosting the race, and will donate all proceeds to the Cumberland Trail *Pathways* campaign for land acquisition. Visit the CTC website (www.cumberlandtrail.org) or Rock Creek Outfitters website (www.rockcreek.com/cumberland_race.asp) for details. You can participate in the race, cheer the runners on, or help out with race logistics.

... Volunteer Opportunities ... No Experience Required!

Sep 6-8 Back Country Outing. Join Carl Turner for a weekend of trail revitalization in the North Chickamauga Pocket Wilderness. The group will backpack into the interior of the gorge, set up camp, and revive this segment of trail. Participants are responsible for supplying their own backpacking equipment (tent, sleeping bag, tarp, etc.) and food for the weekend. CTC will supply the tools and training.

Sep 22-28 AHS Volunteer Vacation. Come, and work with volunteers from all over the country. Our project during this period will be constructing new trails in the Rock/Possum/Soddy gorges. We will be car camping at the Possum Creek Campground, near Bakewell. Let's get several Tennesseans out with them, to make them feel at home!

PLANNING AHEAD:

Oct 5-6 FrontCountry Outing. Rock/Possum/Soddy Segment. Car camping at Possum Creek Campground.

Oct 10-13 Fall Breakaway. Students from local colleges will be working on the Rock/Possum/Soddy Segment. Car camping at Possum Creek Campground.

Oct 17-20 Fall Breakaway II. Students from local colleges will be working on the Rock/Possum/Soddy Segment. Car camping at Possum Creek Campground.

Oct 25-27 BackCountry Outing. We will be building trail to connect with the new Greens Branch Bridge on the Smoky Mountain Segment.

October 12, Hike Against Hunger (cont. on pg. 11)

CTC's 3rd Annual Trail Training Workshop September 13-15

The Cumberland Trail and Rock Creek Gorge will provide the backdrop for two days of education and fun on trail building and leadership skills. The program will have a focus on "hands on" trail building techniques to include teaching the trail "experience", trail layout & design, switchback design, the "treaded" side-hill cutting techniques, the "creativity" of building rock steps, erosion techniques (wood and rock waterbars), trail blazing, pole bridges, and much more. Additionally, our Wagonmasters will provide trail leadership, teambuilding, supervisory, and work organization skills. In addition to these basic and advanced trail building skills, participants will receive basic first aid training.

All training is provided by CTC's experienced trail "Wagonmasters" in both a limited classroom setting and two day's worth of hands-on work sessions on the Rock Creek Segment of the CT.

Need More Information? Volunteer Today!!! . . .

Call or E-mail
 ♦ Andy Wright ♦ 931-456-6259 ♦
 ♦ awright@onemain.com ♦

↕ Sign Me Up ↕

YES! SIGN ME UP FOR THE SEPTEMBER 13-15, 2002 TRAIL TRAINING WORKSHOP

Name (and/or Organization): _____
 Address: _____
 City: _____ State: _____ Zip: _____ ---
 HM Ph: (_____) _____ WK Ph (_____) _____
 E-mail: _____

_____ I am a TTA/CTC volunteer. I've enclosed \$45.
(I agree to work 2 days during CTC programs within 1 year.)

_____ I am a TN State employee. I've enclosed \$65.
I work in (Name of Dept): _____
and my Title is: _____

_____ I am not a TTA/CTC volunteer or TN State employee, and have enclosed \$85.

REGISTRATION DEADLINE IS SEPTEMBER 1, 2002!

**ENCLOSE YOUR PAYMENT WITH
 THIS REGISTRATION FORM &
 MAIL IT TO:
 Cumberland Trail Conference
 19 E. 4th Street
 Crossville, TN 38555**

Registrants will receive an information packet after the Sep 1st registration deadline.

OFFICERS:

President
Leigh Jones 931-277-3228
cejones@crossville.com

Vice-President
Fount Bertram 615-765-5357
fwbertram@heartoftn.net

Treasurer
Carol Haley 901-388-9163
hav2hike@aol.com

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Past President
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jlenski@yahoo.com

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bmorris@edge.net

East TN At-large Director
VACANT

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ttahiker@msn.com

Cumberland Trail Conference Representatives
Barry & Sandra Spearman 931-839-2320
sandbar@multipro.com

TN Rails To Trails Advisory Council
Jim Deming 615-354-9767
jdeming@tals.org

CHAPTER REPRESENTATIVES ON THE BOARD
ARE LISTED WITHIN EACH CHAPTER'S HEADER

Newsletter Editor
Diane Manas 615-352-7777
dmanashikes@comcast.net
dmanashikes@yahoo.com

Newsletter Deadlines:

Announcements and articles
received on/before September 10th
will appear in our
October 1st newsletter

Articles submitted are subject to editing and
will be included as space permits.

Please send all submissions to:

Diane Manas
5729 Stoneway Trail
Nashville, TN 37209
615-352-7777

When sending by email, use both:

dmanashikes@comcast.net
dmanashikes@yahoo.com

Cumberland Trail Conference

(cont. from pg. 10)

2nd Annual Hike Against Hunger on the Cumberland Trail October 12

Last year's event was so successful, we are hosting another "Hike Against Hunger" on the Cumberland Trail to benefit the Chattanooga Area Food Bank. Registration is 8:30am-9:30am EDT. Choose from a 2-mile, 4-mile or 8-mile course from Shackleford Ridge Park to Rainbow Lake, Edwards Point, Mushroom Rock, and enjoy the many colors of autumn, all while enjoying the outdoors and helping feed Tennessee Valley families. To request a register form, contact the Food Bank at: 423-622-1800 or cafb@chattanooga.net

TENNESSEE RAILS-TRAILS ADVISORY COUNCIL (TRAC)

BOARD REPRESENTATIVE:

Jim Deming 615-354-9767 jdeming@tals.org
web site: www.TNRailsTrails.org

MISSION: To act as a resource and mentor for the planning, development and management of rail-trails throughout the State of Tennessee for the purposes of appropriate recreation, preservation of rail corridors and alternate transportation, in order to benefit the general public, communities, commerce and tourism.

ADOPT-A-TRAIL NEWS

ADOPT-A-TRAIL OFFICER:

Harold Draper 865-689-7757 h.m.draper@att.net

Have you considered ...
Maintaining a particular trail or section of trail?

Through the cooperation of land managers, who periodically inform us of volunteer opportunities, TTA can put you in touch with several Adopt-A-Trail programs, or offer suggestions on how to approach local land managers in your area.

The Adopt-A-Trail program is quite simple and flexible. Volunteers or chapters select the trail they wish to adopt and at the same time determine the level of trail maintenance they wish to undertake. Their only commitment is to hike, inspect, and report on the trail's conditions and maintenance needs twice per year. Light trail maintenance (clipping, pruning, trash and minor blow-down removal) is encouraged during each inspection. Serious trail problems identified will be reported to the local land management agency for resolution.

To obtain an Adopt-A-Trail or Trail Inspection form,
call Harold Draper: 865-689-7757

Board Of Director's Vacancies

The Tennessee Trails Association is administered by volunteers elected by you, our members. As a member, you have the opportunity to serve on TTA's Board of Director's, be it at the local or state level.

Currently, the Board is seeking to fill the state Treasurer's and East TN At-large Director's positions for 2003.

Any member who wishes to obtain a description of responsibilities, volunteer or submit names for consideration may contact:

Jim Poteet 615-824-7666 jpoteet@genesco.com
Jerry Lenski 901-255-6574 jlenski@yahoo.com
Diane Manas 615-352-7777 dmanashikes@comcast.net

Tennessee Trails Association
P.O. Box 41446
Nashville, TN 37204-1446

ADDRESS SERVICE REQUESTED

First Class Mail
U.S. Postage Paid
Nashville, TN
PERMIT NUMBER 4053



NOTICE: YOUR MAILING LABEL CONTAINS YOUR MEMBERSHIP EXPIRATION DATE.
To avoid any interruption with delivering your newsletter, we ask that you renew at least one month before the date shown. Use the Membership Form provided below. If you fail to re-apply we will send you one newsletter and a reminder notice. If you have not re-applied by this time, your membership will terminate.
PLEASE RENEW, STAY INFORMED, WE NEED YOU!!!

YES, I WANT TO JOIN TENNESSEE TRAILS ASSOCIATION, I AM . . .

- A NEW MEMBER**
 RENEWING MY MEMBERSHIP

Sep 02

Please Mail This Form To:
Membership Director
P.O. Box 41446
Nashville, TN 37204-1446

(Memberships are for one year, unless you have a Lifetime Membership.)

PLEASE, PRINT CLEARLY.

- ___ Individual \$25.00
- ___ Family \$35.00
- ___ Student (FULL-TIME) \$15.00
- ___ Life Member \$500.00
- ___ Supporting (\$200.00, \$100.00, \$50.00 or other)

Name _____
Address _____
City _____ State _____
Home Phone (___) _____ Zip _____ -- _____
Work Phone (___) _____
email _____

Please do not list my e-mail address in the TTA Annual Membership Directory

Please list me with the following chapter:

- | | |
|---|--|
| ___ Big South Fork | ___ Memphis |
| ___ Clarksville | ___ Murfreesboro |
| ___ Columbia | ___ Nashville |
| ___ Cove Lake | ___ Northwest (UT at Martin/Weakley) |
| ___ Cumberland Gap | ___ Plateau (Crossville) |
| ___ East TN (Oak Ridge/Knoxville) | ___ Upper Cumberland (Sparta/Cookeville) |
| ___ Highland Rim (Manchester/Tullahoma) | ___ At Large |

**Gift Memberships
Are Available !!!**

Contact our Membership Director
Anne Wesley (615) 851-1052
tahiker@msn.com

When you become a TTA member, you will receive: (1.) TTA's Hiking Handbook, a reference book containing information about TTA, trail etiquette, hiker responsibilities, etc. (2.) TTA's monthly newsletter, containing information on hiker safety, upcoming hikes / overnight trips, volunteer opportunities, chapter meeting announcements, as well as events occurring within TTA's Associate Organizations: C.T.C. and T.R.A.C. (3.) Annual Membership Directory, listing members by chapter and how to reach them. You are invited to attend any number of monthly meetings scheduled, where you will enjoy diverse programs, socializing and refreshments. In addition, in the spring and fall we meet at one of Tennessee's many parks for a weekend of hiking, camaraderie and where the board members can meet to exchange ideas and hear reports on TTA's progress.

As a member of TTA, you are welcome to attend all TTA / CTC / TRAC functions.